

HOW TO ENGAGE YOUR PATIENTS:

Make hand hygiene a topic of conversation with your patients.

ADDRESS HAND HYGIENE BEFORE YOU BEGIN CARE

Explain how and why you clean your hands before, after, and during patient care.

DISCUSS AND ACT

Let your patients know it's OK to ask you about hand hygiene. They might request that you clean your hands. Put them at ease and clean your hands for them!

Encourage patients to clean their hands and their fistula/graft access site.

THANK THEM FOR BEING ENGAGED IN THEIR CARE

Hand hygiene works better when patients and healthcare providers work together.

Contact CDC:

www.cdc.gov/info

800-CDC-INFO

(800-232-4636)

TTY 888-232-6348



Learn more at:

www.cdc.gov/HandHygiene

This material was developed by CDC. The Clean Hands Count Campaign is made possible by a partnership between the CDC Foundation, Staples and GOJO.

CLEAN HANDS COUNT

FOR DIALYSIS CARE



CLEAN HANDS COUNT

No matter where you treat patients, clean hands count.

Your hand hygiene affects patients wherever they go...



Always clean your hands:

- ▶ Studies show that some healthcare providers practice hand hygiene **less than half of the times they should.**
- ▶ Dialysis care providers may need to clean their hands **frequently.**
- ▶ **For alcohol-based hand sanitizer** your hands should stay wet for around 20 seconds if you used the right amount.
- ▶ When visibly soiled, wash hands with soap and water for at least 15 seconds.

Alcohol-based hand sanitizer is preferred unless hands are visibly soiled.



Wearing gloves is not a substitute for hand hygiene.

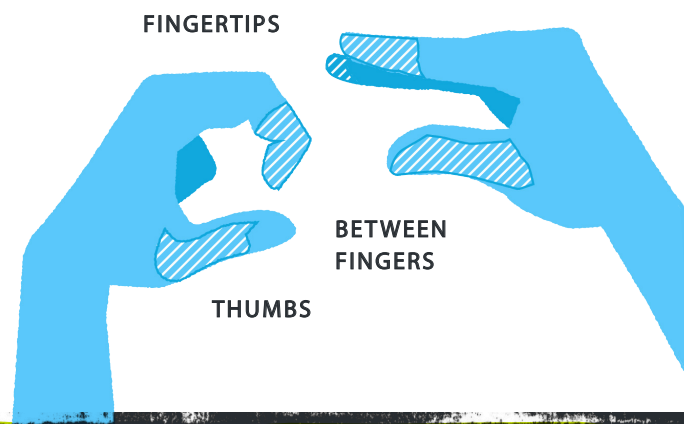
Dirty gloves can soil your hands. **Always clean your hands** after removing gloves.

It's also important to **change gloves and perform hand hygiene during patient care:**

- ▶ When gloves are damaged
- ▶ After removing a dressing or bandage
- ▶ When gloves are dirty with blood, other bodily fluids, or have other contaminated fluids on them (e.g., spent dialysate)

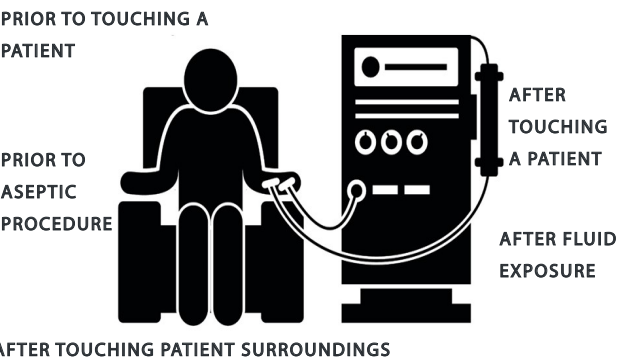
Areas you might miss:

These areas are most often missed by healthcare providers when using alcohol-based hand sanitizer.



Practice hand hygiene at key moments during care.

Clean hands count in the patient station.



A Few Hand Hygiene Opportunities

- ▶ Prior to entering station to provide patient care
- ▶ Prior to inserting, adjusting, or removing cannulation needles
- ▶ Prior to performing catheter care
- ▶ Prior to medication preparation and administration
- ▶ After touching items within the patient station
- ▶ When moving between stations