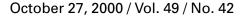


MORBIDITY AND MORTALITY

WEEKLY REPORT



- 954 Levels of Diabetes-Related Preventive-Care Practices — United States, 1997–1999
- 959 End-Stage Renal Disease Attributed to Diabetes Among American Indians/ Alaska Natives With Diabetes — United States, 1990–1996
- **962** Folate Status in Women of Childbearing Age — United States, 1999

965 Notice to Readers

# National Diabetes Awareness Month — November 2000

November is National Diabetes Awareness Month. In the United States, an estimated 15.7 million persons have diabetes (1). During 1990–1998, the prevalence of diagnosed diabetes among adults, including gestational diabetes, increased 33% (2). During November, CDC, in collaboration with 59 state and territorial diabetes control programs and other partners, will highlight activities that increase awareness of the need for persons with diabetes to receive influenza vaccine and of the growing public health problem of type 2 diabetes in children and adolescents.

Persons with diabetes should receive pneumococcal and annual influenza vaccinations because they are more likely than persons without diabetes to die with complications of influenza and pneumonia (3). In 1997, only approximately half of persons with diabetes received an annual influenza vaccination, and only one third received pneumococcal vaccine (4).

Type 2 diabetes among children and adolescents appears to be a growing public health problem among American Indians/Alaska Natives and other North American ethnic populations (5). Although diabetes in children has typically been assumed to be type 1 diabetes, recent clinical case series have indicated that type 2 diabetes is emerging among black, Asian/Pacific Islander, Hispanic, and white children and may account for 8%–45% of the new cases of childhood diabetes (6).

CDC is developing population-based registries of childhood diabetes to study prevalence, incidence, natural history, and quality of care. The study will help identify future program and intervention activities.

Information about diabetes is available from CDC, by telephone (877) 232-3422; e-mail, diabetes@cdc.gov; or the World-Wide Web, http://www.cdc.gov/diabetes.

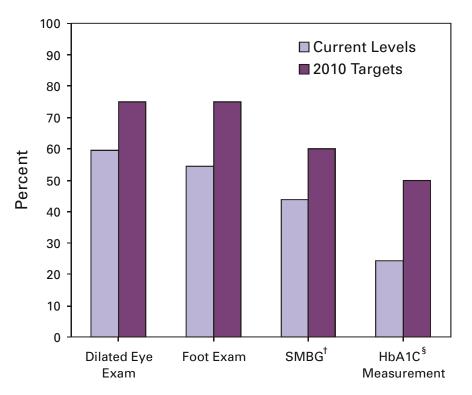
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# Levels of Diabetes-Related Preventive-Care Practices — United States, 1997–1999

Persons with diabetes are at increased risk for serious complications (e.g., blindness, kidney failure, nontraumatic lower-extremity amputations, and cardiovascular disease) (1). Preventive-care practices, such as annual dilated eye and foot examinations, self-monitoring of blood glucose, and glycemic control, are effective in reducing both the incidence and progression of diabetes-specific complications (2–6). Despite the benefits of preventive-care practices, many persons with diabetes in the United States do not receive these services (7). The national health objectives for 2010 include increasing the proportion of persons with diabetes who 1) have an annual dilated eye examination to 75%, 2) have an annual foot examination to 75%, 3) perform self-monitoring of their blood glucose (SMBG) at least once daily to 60%, and 4) have a glycosylated hemoglobin (HbA1C) measurement at least once a year to 50%. To measure levels of preventive-care practices, CDC analyzed data from the 1997–1999 Behavioral Risk Factor Surveillance System (BRFSS). This report summarizes the results of that analysis, which indicate that levels of preventive-care practices among persons with diabetes are lower than the national health objectives for 2010 (Figure 1).

FIGURE 1. Percentage of persons with diabetes who receive preventive-care practices and national health objectives for 2010 for each practice — Behavioral Risk Factor Surveillance System, United States, 1997–1999\*



- \* Estimates are age-adjusted to the 2000 U.S. adult population, 3-year averages. Data from the following states and territories were not included in the analysis: Delaware, Illinois, Indiana, Maryland, Missouri, New York, Oklahoma, Oregon, South Carolina, South Dakota, Washington, Puerto Rico, Guam, and the U.S. Virgin Islands.
- <sup>+</sup> Self-monitoring of blood glucose.
- <sup>§</sup> Glycosylated hemoglobin.

# Diabetes-Related Preventive-Care Practices — Continued

BRFSS is an ongoing, state-based, random-digit-dialed telephone survey of the noninstitutionalized U.S. population aged ≥18 years. BRFSS is conducted in 50 states, the District of Columbia, Puerto Rico, Guam, and the U.S. Virgin Islands. This analysis was restricted to respondents who answered "yes" to the question, "Has a doctor ever told you that you have diabetes?" Women who were told they had diabetes only during pregnancy were excluded from this analysis. Persons with self-reported diabetes were asked, "When was the last time you had an eye exam in which the pupils were dilated?", "About how many times in the last year has a health professional checked your feet for any sores or irritations?", "About how often do you check your blood for glucose or sugar?", and "About how many times in the last year has a doctor, nurse, or other health professional checked you for glycosylated hemoglobin or hemoglobin 'A one C'?" Only persons who reported having seen a health professional for their diabetes during the preceding year were asked if they had their feet examined, and only patients who had seen a health professional for their diabetes during the preceding year and heard of the term "glycosylated hemoglobin" or "hemoglobin A one C" were asked if they had received a HbA1C measurement. Persons who were not asked the guestions were considered not to have received the services. Data were analyzed to determine the level of use of each preventive-care practice, by state, in the 40 states that had at least 2 years of data during 1997–1999. In addition, sociodemographic characteristics associated with use of each preventive-care practice were examined. Data were weighted to reflect the age, sex, and racial distribution of the adult, noninstitutionalized population of each state, and all estimates were age-adjusted to the 2000 U.S. adult population. Data were analyzed using SAS software, with SUDAAN to calculate point estimates and 95% confidence intervals.

Among adults with diabetes in the 40 states, substantial gaps exist between current levels of preventive-care practices and the 2010 targets (Figure 1). Sociodemographic characteristics associated with each preventive-care practice varied by practice (Table 1). Men were more likely than women to have their feet examined. Persons aged ≥45 years were more likely to report having a dilated eye examination, persons aged ≥75 years were less likely to perform SMBG, and persons aged <45 years were more likely to have their HbA1C measured. Non-Hispanic whites were more likely to perform SMBG than were persons from other racial/ethnic groups. Persons with at least a high school education and with health insurance were more likely to receive each of the four preventive-care practices.

Levels of preventive-care practices varied by state for each practice (Table 2). The proportion of persons who received an annual dilated eye examination ranged from 47.0 to 81.0, who received an annual foot examination ranged from 42.4 to 69.4, who self-monitored their blood glucose ranged from 29.7 to 65.5, and who received a HbA1C measurement ranged from 16.9 to 42.4. Three states (Alaska, Maine, and Massachusetts) met the dilated eye examination target, and one state (Montana) met the self-monitoring of blood glucose target; no state met the annual foot examination or HbA1C measurement target.

Reported by the following BRFSS coordinators: S Reese, MPH, Alabama, MBA; P Owen, Alaska; B Bender, MBA, Arizona; G Potts, MBA, Arkansas; B Davis, PhD, California; M Leff, MSPH, Colorado; M Adams, MPH, Connecticut; F Breukelman, Delaware; I Bullo, District of Columbia; S Hoecherl, Florida; L Martin, MS, Georgia; F Reyes-Salvail, MS, Hawaii; J Aydelotte, MA, Idaho; B Steiner, MS, Illinois; L Stemnock, Indiana; J Igbokwe, PhD, Iowa; C Hunt, MPH, Kansas; T Sparks, Kentucky; B Bates, MSPH, Louisiana; D Maines, Maine; A Weinstein, MA, Maryland; D Brooks, MPH, Massachusetts; H McGee, MPH, Michigan; N Salem, PhD, Minnesota;

# Diabetes-Related Preventive-Care Practices — Continued

	Dilated eye examination			Foot nination	S	MBG <sup>†</sup>	H	HbA1C⁵
Characteristic	%	(95% CI <sup>¶</sup> )	%	(95% CI)	%	(95% CI)	%	(95% CI)
Sex								
Men	60.5	(± 2.8)	58.2	(± 2.8)	43.0	(± 2.8)	24.3	(± 2.5)
Women	58.1	(± 2.2)	50.8	(± 2.2)	44.2	(± 2.2)	23.8	(± 2.0)
Age group (yrs)								
18–44	53.2	(± 3.1)	51.2	(± 3.1)	44.1	(± 3.1)	28.4	(± 2.8)
45–64	62.9	(± 1.9)	59.1	(± 1.9)	44.6	(± 1.9)	21.8	(± 1.7)
65–74	72.1	(± 2.0)	57.3	(± 2.3)	43.4	(± 2.3)	15.9	(± 1.7)
≥75	71.2	(± 2.5)	52.6	(± 2.8)	37.2	(± 2.7)	12.5	(± 2.0)
Race/Ethnicity								
White, non-Hispanic	59.6	(± 2.1)	56.2	(± 2.1)	48.1	(± 2.1)	26.5	(± 1.9)
Black, non-Hispanic	64.3	(± 3.9)	56.9	(± 4.1)	42.4	(± 4.1)	20.3	(± 3.9)
Hispanic	54.1	(± 5.0)	46.8	(± 4.9)	34.8	(± 4.5)	17.6	(± 3.9)
Asian/Pacific Islander American Indian/	61.0	(±12.0)	55.1	(±12.0)	30.6	(±11.3)	36.1	(±11.7)
Alaska Native	56.2	(±11.8)	48.9	(±11.1)	35.7	(±10.2)	23.1	(± 9.4)
Education level		,		. ,		, - ,		,
<high school<="" td=""><td>52.5</td><td>(± 4.5)</td><td>44.6</td><td>(± 4.6)</td><td>35.1</td><td>(± 4.0)</td><td>13.8</td><td>(± 3.3)</td></high>	52.5	(± 4.5)	44.6	(± 4.6)	35.1	(± 4.0)	13.8	(± 3.3)
High school	60.2	(± 3.0)	54.6	(± 3.0)	43.4	(± 3.0)	20.5	(± 2.4)
>High school	62.1	(± 2.4)	58.5	(± 2.4)	47.7	(± 2.5)	31.7	(± 2.4)
Health insurance								
Yes	61.9	(± 1.9)	56.5	(± 1.9)	46.6	(± 1.9)	25.6	(± 1.7)
No	48.0	(± 4.6)	42.1	(± 4.7)	31.3	(± 4.1)	17.4	(± 3.8)

TABLE 1. Age-adjusted proportion of persons with diabetes who received preventive care, by selected sociodemographic characteristics — Behavioral Risk Factor Surveillance System, United States, 1997–1999\*

\* Estimates are age-adjusted to the 2000 U.S. adult population, 3-year averages. Data from the following states and territories were not included in the analysis: Delaware, Illinois, Indiana, Maryland, Missouri, New York, Oklahoma, Oregon, South Carolina, South Dakota, Washington, Puerto Rico, Guam, and the U.S. Virgin Islands.

<sup>†</sup> Self-monitoring of blood glucose.

<sup>§</sup> Glycosylated hemoglobin.

<sup>¶</sup> Confidence interval.

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**Editorial Note:** The findings in this report indicate low levels of preventive-care practices and a wide gap between current state levels and the 2010 targets. States with the lowest levels were approximately 30 percentage points from reaching the target. Increasing the proportion of persons with diabetes who receive each preventive-care practice could minimize diabetes-related complications and would reduce the morbidity, mortality, and costs associated with diabetes (1). Collaborative efforts among health-care systems, health-care providers, public health officials, members of community-based organizations, and patients are needed to identify effective mechanisms for delivering improved quality care to persons with diabetes.

## Diabetes-Related Preventive-Care Practices — Continued

		ated eye mination	exa	Foot mination	S	MBG⁺	HbA1C⁵		
State	%	(95% CI <sup>¶</sup> )	%	(95% CI)	%	(95% CI)	%	(95% CI)	
Alabama	53.6	(± 8.0)	42.4	(± 7.6)	41.0	(± 8.0)	16.9	(± 5.7)	
Alaska	76.8	(± 8.0)	59.9	(±11.3)	49.5	(±11.1)	37.7	(±11.6)	
Arizona	60.5	(±12.5)	45.3	(±11.0)	42.2	(±10.9)	20.8	(± 9.0)	
Arkansas	47.0	(± 7.4)	49.0	(± 8.5)	38.4	(± 8.7)	21.0	(± 8.6)	
California	58.2	(± 5.7)	51.1	(± 5.7)	37.2	(± 5.2)	29.0	(± 5.2)	
Colorado	56.0	(±10.2)	59.6	(±10.0)	49.8	(±10.6)	40.8	(± 9.8)	
Connecticut	72.5	(± 8.8)	65.2	(± 8.6)	58.5	(± 9.4)	31.3	(± 9.7)	
District of									
Columbia	68.1	(±12.8)	57.9	(±13.6)	33.5	(±11.2)	20.7	(±12.4)	
Florida	53.5	(± 6.1)	51.7	(± 6.2)	48.1	(± 6.1)	18.8	(± 4.9)	
Georgia	57.6	(± 9.0)	52.6	(± 9.1)	41.4	(± 8.8)	18.3	(± 6.9)	
Hawaii	70.2	(±10.3)	61.8	(±10.1)	29.7	(± 9.9)	25.5	(±10.6)	
Idaho	59.6	(± 8.5)	51.4	(± 8.5)	52.7	(± 8.6)	27.8	(± 8.1)	
lowa	63.8	(± 7.4)	55.0	(± 7.7)	45.2	(± 7.6)	26.2	(± 6.8)	
Kansas	57.4	(±10.3)	49.8	(±10.6)	39.3	(±10.0)	17.1	(± 7.0)	
Kentucky	58.6	(± 6.0)	60.1	(± 5.6)	45.7	(± 6.0)	24.1	(± 5.6)	
Louisiana	66.9	(± 9.2)	52.7	(±11.1)	41.2	(±10.8)	22.0	(± 9.2)	
Maine	76.0	(± 8.9)	69.4	(±10.2)	47.9	(±11.0)	42.4	(±11.0)	
Massachusetts	81.0	(± 5.0)	65.4	(± 8.0)	51.8	(± 8.8)	27.9	(± 7.6)	
Michigan	58.0	(± 7.0)	45.8	(± 7.2)	36.3	(± 7.0)	22.1	(± 5.9)	
Minnesota	61.8	(± 5.9)	58.0	(± 5.9)	58.3	(± 5.9)	31.6	(± 5.4)	
Mississippi	52.5	(± 9.9)	52.9	(±10.2)	34.1	(± 9.1)	18.1	(± 7.8)	
Montana	66.4	(±10.2)	63.3	(±10.1)	65.5	(± 9.4)	39.9	(±10.0)	
Nebraska	55.9	(± 8.4)	58.4	(± 8.3)	55.1	(± 8.2)	38.2	(± 8.3)	
Nevada	63.5	(±10.9)	51.8	(±11.2)	35.8	(±10.3)	20.8	(± 8.3)	
New Hampshire	60.5	(±12.1)	53.6	(±12.1)	47.2	(±12.3)	31.1	(±11.4)	
New Jersey	63.6	(± 9.1)	58.6	(± 9.1)	47.5	(± 9.1)	25.6	(± 8.3)	
New Mexico	62.3	(± 7.1)	59.3	(± 7.0)	45.2	(± 7.1)	25.1	(± 6.3)	
North Carolina	67.3	(± 6.8)	54.6	(± 7.0)	42.9	(± 6.9)	23.8	(± 6.2)	
North Dakota	71.5	(±10.8)	67.8	(±10.6)	53.7	(±10.9)	35.7	(±11.2)	
Ohio	61.7	(± 9.2)	62.1	(± 9.2)	49.2	(± 9.5)	21.7	(± 8.7)	
Pennsylvania	62.4	(± 6.3)	58.3	(± 6.3)	46.6	(± 6.4)	27.8	(± 6.1)	
, Rhode Island	68.4	(± 7.9)	58.7	(± 8.0)	45.4	(± 8.0)	30.2	(± 7.9)	
Tennessee	51.7	(± 7.0)	53.2	(± 7.2)	57.4	(± 7.0)	17.2	(± 5.6)	
Texas	55.3	(± 5.9)	53.1	(± 5.8)	41.7	(± 5.6)	17.9	(± 4.2)	
Utah	63.9	(± 8.6)	65.4	(± 8.1)	54.3	(± 8.7)	31.4	(± 8.7)	
Vermont	71.9	(± 9.2)	50.8	(±11.5)	36.2	(± 9.4)	35.8	(±13.1)	
Virginia	64.2	(± 8.2)	59.3	(± 7.3)	46.5	(± 9.0)	24.2	(±11.1)	
West Virginia	55.0	(± 8.4)	63.7	(± 7.8)	50.5	(± 8.3)	24.1	(± 7.7)	
Wisconsin	64.6	(±11.2)	62.9	(±10.4)	55.3	(±10.4)	27.7	(± 9.9)	
Wyoming	56.5	(± 8.8)	48.0	(± 8.7)	50.8	(± 8.8)	30.2	(± 8.4)	

TABLE 2. Age-adjusted proportion of persons with diabetes who received preventive care, by state — Behavioral Risk Factor Surveillance System, United States, 1997-1999\*

\* Estimates are age-adjusted to the 2000 U.S. adult population, 3-year averages. Data from the following states and territories were not included in the analysis: Delaware, Illinois, Indiana, Maryland, Missouri, New York, Oklahoma, Oregon, South Carolina, South Dakota, Washington, Puerto Rico, Guam, and the U.S. Virgin Islands.
 \* Self-monitoring of blood glucose.
 \* Glycosylated hemoglobin.
 \* Confidence interval.

# Diabetes-Related Preventive-Care Practices — Continued

The only characteristics that were consistent across each preventive-care practice were education level and health insurance status. These findings suggest that socioeconomic status and access to health care have an effect on the receipt of diabetesrelated preventive-care practices. Further examination is needed to determine the role of sex, age, and race on receipt of preventive care. The variation by state in receipt of preventive care may, in part, result from differences in demographic distribution, physician practice patterns, health-care system characteristics, and patient attitudes.

The findings in this analysis are subject to at least two limitations. First, persons who live in nursing homes and in households without telephones are not included in this survey; therefore, these results cannot be generalized to these segments of the population. Second, because the data were self reported, they are subject to recall bias and may be underreported or overreported.

CDC, in collaboration with 59 state and territorial diabetes control programs, provides leadership for a coordinated, multifaceted approach to increasing awareness and education about diabetes, improving the quality of diabetes care, promoting early detection of diabetic complications, and monitoring trends in the quality of care received by persons with diabetes. CDC and the National Institutes of Health will cosponsor the National Diabetes Education Program, which develops educational tools and communitybased interventions and establishes public and private partnerships to address the needs of persons with diabetes and raise general awareness about the disease. CDC also supports Diabetes Today, a program that provides health professionals and community leaders with the skills needed to mobilize communities and improve diabetes care. CDC also is working with managed-care partners to determine how to improve care for persons with diabetes. Project TRIAD (Translating Research into Action for Diabetes) is a multicenter study that includes several managed-care organizations. Information on these prevention programs is available on the World-Wide Web at http://www.cdc.gov/diabetes/ projects/index.htm.

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# End-Stage Renal Disease Attributed to Diabetes Among American Indians/Alaska Natives With Diabetes — United States, 1990–1996

Diabetes is the leading cause of end-stage renal disease (ESRD) (i.e., kidney failure requiring dialysis or kidney transplantation), and ESRD treatment has increased among American Indians/Alaska Natives (Al/ANs) (1,2). To assess trends in the incidence of ESRD attributable to diabetes mellitus (ESRD-DM) treatment among Al/ANs with diabetes, CDC and the Indian Health Service (IHS) analyzed data from the U.S. Renal Data System (USRDS). This report summarizes the findings of the analysis, which indicate that the incidence of ESRD-DM treatment is increasing among Al/ANs with diabetes, particularly young Al/ANs.

USRDS is a surveillance system for ESRD supported by the Health Care Financing Administration (HCFA), the federal agency that administers the Medicare program which reimburses >90% of the ESRD treatment in the United States (1). USRDS collects, analyzes, and distributes information about the incidence, prevalence, treatment, and costs of ESRD (1), including demographic (e.g., age, sex, and race) and ESRD-related information (e.g., first date of treatment and primary cause of renal failure), ESRD-DM\* (i.e., listed in USRDS as the primary cause of renal failure), and first treatment (e.g., kidney dialysis, peritoneal dialysis, or kidney transplantation) in each year during 1990–1996. The incidence of ESRD-DM treatment was calculated using annual age-specific and sexspecific diabetes prevalence estimates from the IHS outpatient database (3) and annual estimates of the AI/AN population from the U.S. Bureau of the Census. Incidence of ESRD-DM treatment was age-adjusted by the direct method based on the 1980 U.S. population with diabetes (4).

In 1990, 394 Als/ANs with diabetes began treatment for ESRD-DM; in 1996, 719 began treatment (Table 1). During 1990–1996, of 3884 Al/ANs with diabetes who began treatment for ESRD-DM, 2221 (57%) were women. During this period, the age-adjusted incidence of ESRD-DM treatment increased 24%, from 472 to 584 per 100,000 persons with diabetes (Table 1). The relative increase in the age-adjusted incidence was 32% among women and 14% among men. In 1996, the age-adjusted incidence of ESRD-DM treatment among Al/ANs with diabetes was 584 per 100,000 persons with diabetes compared with 378 among the entire U.S. population with diabetes (4). Incidence of ESRD-DM treatment among Al/ANs with diabetes increased with age (Figure 1). In 1996, incidence ranged from 278 per 100,000 persons with diabetes among Al/ANs aged <45 years to 723 among those aged ≥65 years. During 1990–1996, incidence increased 58% among Al/ANs aged <45 years, 9% among those aged 45–64 years, and 34% among those aged ≥65 years.

Reported by: National Diabetes Program Headquarters, Indian Health Svc. Epidemiology and Statistics Br, Div of Diabetes Translation, National Center for Chronic Disease Prevention and Health Promotion, CDC.

**Editorial Note:** ESRD-DM is a disabling and costly condition that disproportionately affects Al/ANs and is associated with high mortality (1). The data analyzed in this report suggest that the incidence of ESRD-DM treatment among the Al/AN population with

<sup>\*</sup>Diabetes as the primary disease causing renal failure is determined by ESRD treatment providers and reported on the Medical Evidence Form of HCFA using a detailed code from a list of diseases.

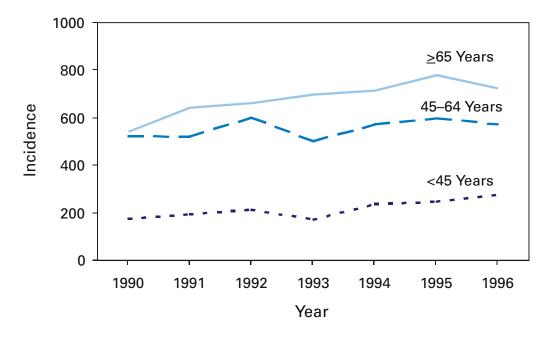
#### End-Stage Renal Disease — Continued

		Men		/omen	Total		
Year	No.	Incidence	No.	Incidence	No.	Incidence	
1990	182	516.9	212	439.0	394	472.4	
1991	190	549.9	249	489.9	439	514.7	
1992	229	601.2	294	533.0	523	561.1	
1993	207	515.5	298	527.3	505	524.3	
1994	260	571.6	356	569.7	616	573.0	
1995	286	611.9	402	608.1	688	610.9	
1996	309	589.0	410	577.5	719	584.3	

TABLE 1. Number and incidence* of American Indians/Alaska Natives with dia-
betes who initiated treatment for diabetes-related end-stage renal disease, by
year and sex — United States, 1990–1996

\* Per 100,000 persons with diabetes. Incidence of treatment was age-adjusted based on the 1980 U.S. population with diabetes.

# FIGURE 1. Incidence\* of treatment for end-stage renal disease attributed to diabetes among American Indians/Alaska Natives with diabetes, by age and year — United States, 1990–1996



\* Per 100,000 persons with diabetes.

diabetes is increasing. The increase in treatment, especially among those aged <45 years, contributes further to the large and growing public health problem of diabetes among AI/ANs (*3,5*).

Reasons for the increased incidence of ESRD-DM treatment need further research; however, possible factors include higher incidence of ESRD-DM, changes in treatment and care practices, greater recognition of the etiologic role of diabetes in ESRD, better access to or acceptance of treatment, or a combination of these factors. Risk factors for

## End-Stage Renal Disease — Continued

developing ESRD-DM include familial and genetic factors, duration of diabetes, hypertension, and hyperglycemia (2).

The findings in this report are subject to at least four limitations. First, the data are for persons receiving ESRD treatment as reported to HCFA and do not include patients who die of ESRD before receiving treatment and those who are not reported to HCFA. Second, racial/ethnic misclassification of Al/ANs in USRDS data may result in an underestimation of incidence (6). Third, underreporting of Al/ANs in U.S. census counts may result in an overestimation of incidence. Finally, IHS data may not account for the total Al/AN population and may result in overestimation or underestimation of the number of Al/ANs with diabetes and, therefore, the incidence of ESRD-DM. Although these biases may have affected the magnitude of incidence estimates, trends in incidence would not be affected if the biases remained constant over time.

The increased incidence of ESRD-DM treatment poses a public health challenge for AI/AN communities. Moreover, during 1990–1996, the age-adjusted prevalence of diabetes among AI/ANs increased by 24% compared with 14% among the U.S. general population (*3*). Interventions are needed to prevent both diabetes and diabetes-related renal disease among AI/ANs. Regular exercise, improved nutrition, and reduced body weight may prevent or delay the onset of diabetes (*7*). Among persons with diabetes, aggressive blood sugar and hypertension control and the use of angiotensin-converting enzyme inhibitors may prevent or delay the development of ESRD-DM (*8–10*).

In 1998, IHS granted \$30 million to tribal governments to help develop and implement interventions to prevent diabetes and its complications. In 1999, CDC, IHS, and other organizations established the National Diabetes Prevention Center in Gallup, New Mexico, to provide guidance and technical support to Al/AN communities throughout the United States and to develop, evaluate, and disseminate culturally appropriate interventions. CDC and the National Institutes of Health cosponsor the National Diabetes Education Program (NDEP) to promote early diagnosis and improve the treatment and outcomes of persons with diabetes. In 1999, in collaboration with IHS and other partners, NDEP launched a diabetes awareness campaign focused on the importance of controlling diabetes. Additional information about NDEP is available from the World-Wide Web, http:// ndep.nih.gov/; http://www.cdc.gov/diabetes; or by telephone (800) 438-5383. CDC assists the National IHS Diabetes Program by providing technical assistance on the surveillance of diabetes and its complications among Als/ANs. The continued surveillance of diabetes and its complications will be an important tool for monitoring the effectiveness of ongoing and future prevention strategies.

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# Folate Status in Women of Childbearing Age — United States, 1999

In 1992, the U.S. Public Health Service (PHS) recommended that women of childbearing age increase consumption of the vitamin folic acid to reduce spina bifida and anencephaly (neural tube defects [NTD]) cases (1). Since then, national efforts have been implemented to increase the use of dietary supplements containing folic acid (2). In 1996, the U.S. Food and Drug Administration (FDA) mandated that all enriched cereal grain products be fortified with folic acid (3). To assess levels of folic acid among childbearing-aged women, CDC compared serum and red blood cell (RBC) folate concentrations for childbearing-aged women who participated in the 1999 National Health and Nutrition Examination Survey (NHANES 1999) to childbearing-aged women who participated in the Third National Health and Nutrition Examination Survey (NHANES III, 1988– 1994). The findings indicate substantial increases in serum and RBC folate concentrations among women of childbearing age.

Both NHANES III and NHANES 1999 used a stratified, multistage probability sample of the civilian, U.S. noninstitutionalized population. NHANES III surveyed persons aged ≥2 months. NHANES 1999 surveyed persons of all ages. A household interview and a physical examination were conducted for each survey participant. During the physical examination, blood was collected by venipuncture for all persons aged ≥1 year. Serum and RBC folate were measured by the same analyst in the NHANES Central Laboratory for both NHANES III and NHANES 1999. For Phase 2 (1991–1994) of NHANES III and for NHANES 1999, the Bio-Rad Quantaphase II<sup>™</sup> simultaneous folate/vitamin B12 radioassay (Bio-Rad Laboratories, Hercules, California) was used; the Quantaphase<sup>™</sup> assay (folate alone) was used for Phase 1 of NHANES III (1988–1991) (4). Longterm quality-control data for these assays, including "bridge" control materials that were used in both surveys, indicated no analytical drift; results of all external proficiency testing challenges

#### Folic Acid — Continued

were graded as satisfactory. The overall  $\geq 6$  year mean coefficient of variation for serum and RBC folate was 5%.

From NHANES III to NHANES 1999, mean serum folate concentrations for all women aged 15–44 years increased from 6.3 to 16.2 ng/mL, and the 75th percentile increased from 7.8 to 19.5 ng/mL (Table 1). Increases in the mean serum folate concentration were of comparable magnitude for nonpregnant women (6.0 to 15.9 ng/mL), a group less likely to use folic acid-containing supplements, for women who had used a vitamin/mineral supplement at least once during the preceding 30 days (8.4 to 20.0 ng/mL), and for women who had not used supplements (4.7 to 12.6 ng/mL). Similar results were obtained for RBC folate, a better measure of longterm folate status. Mean RBC folate concentrations for all women aged 15–44 years increased from 181 to 315 ng/mL (Table 1).

Reported by: National Center for Health Statistics, National Center for Chronic Disease Prevention and Health Promotion, and National Center for Environmental Health, CDC.

**Editorial Note**: Results from NHANES 1999, which was conducted after implementation of food fortification and educational efforts to increase folate consumption, suggest that these public health actions have been effective in increasing folate status among U.S. women of childbearing age. These findings are consistent with reports of improved folate status in selected subsets of the U.S. population (*5,6*).

One of the national health objectives for 2010 is to increase the proportion of pregnancies begun with an optimum folic acid level by increasing the median RBC folate level to 220 ng/mL among nonpregnant women aged 15–44 years (objective 16-6b) (7). On the basis of NHANES 1999, this objective has been met.

Women of childbearing age in the United States who are capable of becoming pregnant should consume 0.4 mg of folic acid per day to reduce their risk for having a pregnancy affected with spina bifida or other NTDs (1). The use of vitamin supplements containing folic acid before and during early pregnancy reduces the risk for NTD (1). In addition, PHS recommended and FDA subsequently mandated fortification of the food supply to deliver folic acid to the general population. Because up to half of pregnancies are unplanned and NTDs occur early in pregnancy, before many women are aware that they are pregnant, food fortification is a particularly important approach to folic acid delivery.

The increase in blood folate levels among women of childbearing age participating in NHANES 1999 is probably the result of the fortification of enriched cereal grain products, although some of the increase may be attributable to educational efforts and an increase in women using vitamin supplements containing folic acid. Preliminary analyses indicate that the prevalence of supplement use was similar in the two surveys. Other studies have documented relatively small increases in the proportion of childbearing-aged women who regularly consume supplements containing folic acid (*8,9*). In addition, blood folate concentrations in women who did not use vitamin supplements also were higher in NHANES 1999 than in NHANES III.

Because the sample size in NHANES 1999 is smaller than that of the multiyear NHANES III, more data will be necessary to confirm these findings and to allow more detailed analyses of trends in biochemical folate status in all population subgroups, particularly in young women of different race/ethnicity and socioeconomic status.

If all women of childbearing age followed the PHS recommendation of daily folic acid consumption, the number of pregnancies affected by NTD would be reduced by half (1). Despite the substantial increase in blood folate concentrations documented for U.S.

	Sample <u>Mean</u>		Mean	10th 25th		50th			75th		90th		
Folate	size	No.	(95% CI*)	No.	(95% CI)	No.	(95% CI)	No.	(95%CI)	No.	(95% CI)	No.	(95% CI)
Serum													
1988–1994	5261	6.3	(6.1-6.5)	2.3	(2.2–2.3)	3.1	(3.1-3.3)	4.8	(4.6-5.0)	7.8	(7.4–8.1)	11.7	(11.0–12.5)
1999	658	16.2	(14.2–18.2)	6.7	(6.3–7.5)	9.6	(8.1–11.3)	14.5	(11.9–17.0)	19.5	(17.8–24.6)	28.6	(24.6–34.4)
RBC													
1988–1994	5254	181	(177–185)	92	(90-94)	120	(116–122)	160	(156–164)	223	(216–231)	296	(286–309)
1999	663	315	(289–341)	174	(161–185)	216	(201–232)	293	(240–338)	381	(341–419)	474	(434–540)

TABLE 1. Mean and selected percentiles of serum and red blood cell (RBC) folate concentrations (in ng/mL) for U.S. Folic Acid women aged 15-44 years — National Health and Nutrition Examination Surveys, United States, 1988–1994 and 1999

\*Confidence interval.

964

— Continued

# Folic Acid — Continued

women of childbearing age, full evaluation of the health impact of folic acid fortification on NTD occurrence will require additional information. Data on NTD occurrence derived from the birth certificates of babies born in 1999 (conceived in 1998, after fortification became mandatory) are scheduled to be released in 2000. These national data, along with other NTD data collected by CDC and additional analyses of data from the continuous and ongoing NHANES, will provide data to evaluate fully the impact of folic acid fortification in the United States.

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# Notice to Readers

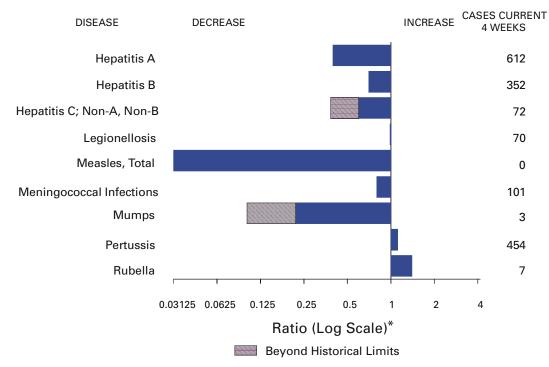
# National Epilepsy Month — November 2000

November is National Epilepsy Month. Epilepsy, a central nervous system disorder characterized by unprovoked recurrent seizures, affects approximately 2.3 million persons in the United States. Of these, approximately 316,000 are children aged <15 years. It is common for a child to daydream or, when first awakened from sleep, to appear sleepy and irritable. It also is common for a toddler to fall suddenly when learning to walk. When these behaviors occur often or in patterns, however, they actually may be signs that a child is having a seizure. To address this concern, the Epilepsy Foundation and its affiliates have launched the "Kids & Seizures: Know the Hidden Signs" campaign as the focus of this year's National Epilepsy Month activities. The activities will be directed at parents, daycare workers, and other care givers to help them recognize the common and little-known signs of epilepsy.

Additional information about epilepsy or the "Kids & Seizures: Know the Hidden Signs" campaign is available from the National Epilepsy Foundation, telephone (800) EFA-1000, or the World-Wide Web, http://www.epilepsyfoundation.org.

# Erratum: Vol 49, No. 41

In the article, "Hospital-Based Policies for Prevention of Perinatal Group B Streptococcal Disease United States, 1999," on page 938 in Table 2, the denominator in 1997 for "Hepatitis B" should be *170* hospitals and the denominator for "Standing Orders for GBS prophylaxis" should be *176* hospitals.



# FIGURE I. Selected notifiable disease reports, United States, comparison of provisional 4-week totals ending October 21, 2000, with historical data

\* Ratio of current 4-week total to mean of 15 4-week totals (from previous, comparable, and subsequent 4-week periods for the past 5 years). The point where the hatched area begins is based on the mean and two standard deviations of these 4-week totals.

		Cum. 2000		Cum. 2000
Anthrax		-	Poliomyelitis, paralytic	0
Brucellosis*		55	Psittacosis*	10
Cholera		2	Q fever*	17
Cyclosporiasis	*	37	Rabies, human	1
Diphtheria		1 1	Rocky Mountain spotted fever (RMSF)	382
Ehrlichiosis:	human granulocytic (HGE)*	146	Rubella, congenital syndrome	6
	human monocytic (HME)*	83	Streptococcal disease, invasive, group A	2,318
Encephalitis:	California serogroup viral*	92	Streptococcal toxic-shock syndrome*	64
·	eastern equine*	1	Syphilis, congenital <sup>¶</sup>	173
	St. Louis*	2	Tetanus	20
	western equine*	-	Toxic-shock syndrome	125
Hansen diseas	se (leprosy)*	55	Trichinosis	16
Hantavirus pu	Imonary syndrome*†	22	Tularemia*	106
	mic syndrome, postdiarrheal*	155	Typhoid fever	271
HIV infection,		170	Yellow fever	-
Plague	•	6		

# TABLE I. Summary of provisional cases of selected notifiable diseases, United States, cumulative, week ending October 21, 2000 (42nd Week)

-: No reported cases. \*Not notifiable in all states. \*Updated weekly from reports to the Division of Viral and Rickettsial Diseases, National Center for Infectious Diseases (NCID). \*Updated monthly from reports to the Division of HIV/AIDS Prevention — Surveillance and Epidemiology, National Center for HIV, STD, and TB Prevention (NCHSTP). Last update September 24, 2000. \*Updated from reports to the Division of STD Prevention\_NCHSTP

Updated from reports to the Division of STD Prevention, NCHSTP.

	Δ1	DS	Chlan	nydia⁺	Cryptos	poridiosis	NET		<i>coli</i> 0157:Н	7* LIS
Poporting Area	Cum.	Cum.	Cum.	Cum.	Cum.	Cum.	Cum.	Cum.	Cum.	Cum.
Reporting Area	<b>2000</b> ⁵ 30,346	1999 35,529	2000 517,486	<b>1999</b> 529,425	2000 2,039	<b>1999</b> 2,196	<b>2000</b> 3,775	<b>1999</b> 3,056	2000 2,579	<b>1999</b> 2,348
NEW ENGLAND Maine N.H. Vt. Mass. R.I. Conn.	1,599 27 28 22 1,006 78 438	1,797 55 40 15 1,210 78 399	16,732 1,163 851 428 7,040 2,048 5,202	17,018 818 789 387 7,268 1,857 5,899	94 18 21 26 26 3	161 24 17 34 61 4 21	340 25 32 31 147 18 87	367 34 30 32 161 26 84	332 26 28 33 151 16 78	336 29 20 173 26 88
MID. ATLANTIC Upstate N.Y. N.Y. City N.J. Pa.	6,780 692 3,619 1,336 1,133	9,051 958 4,835 1,666 1,592	45,544 N 20,533 6,762 18,249	53,662 N 22,194 9,963 21,505	145 99 9 9 28	462 129 211 36 86	344 249 10 85 N	270 206 17 47 N	201 43 9 89 60	111 - 17 56 38
E.N. CENTRAL Ohio Ind. III. Mich. Wis.	2,871 427 286 1,569 437 152	2,397 413 257 1,106 502 119	83,566 21,841 10,041 22,738 19,948 8,998	88,649 24,049 9,793 26,166 17,773 10,868	658 221 56 7 86 288	562 54 34 81 43 350	831 229 118 167 124 193	863 196 76 482 109 N	474 169 71 97 137	455 181 59 81 75 59
W.N. CENTRAL Minn. Iowa Mo. N. Dak. S. Dak. Nebr. Kans.	681 130 70 316 2 7 53 103	815 138 68 407 6 13 57 126	28,869 5,693 3,805 9,384 577 1,459 3,036 4,915	30,258 6,096 3,595 10,826 743 1,276 2,796 4,926	263 58 71 29 9 15 72 9	177 66 51 21 16 7 14 2	621 178 173 121 15 53 57 24	462 152 99 36 16 42 89 28	438 160 76 83 18 55 32 14	497 169 72 57 16 59 111 13
S. ATLANTIC Del. Md. D.C. Va. W. Va. N.C. S.C. Ga. Fla.	8,394 156 1,060 570 574 47 529 660 983 3,815	9,895 129 1,215 409 676 53 690 842 1,377 4,504	103,576 2,328 10,960 2,603 12,375 1,379 18,185 8,376 20,872 26,498	112,292 2,207 10,502 N 11,733 1,453 18,284 15,044 27,359 25,710	396 5 10 15 16 3 21 - 147 179	323 - 15 7 21 3 20 - 121 136	317 1 27 1 61 14 77 21 37 78	275 6 33 - 65 11 61 18 27 54	221 1 55 11 64 14 26 49	168 3 4 U 54 8 50 14 1 34
E.S. CENTRAL Ky. Tenn. Ala. Miss.	1,533 160 657 397 319	1,612 240 612 398 362	39,276 6,394 11,908 12,284 8,690	37,437 6,083 11,701 10,334 9,319	42 5 11 15 11	29 6 10 10 3	114 40 49 8 17	123 42 52 21 8	88 31 42 7 8	92 29 39 20 4
W.S. CENTRAL Ark. La. Okla. Tex.	3,049 150 510 257 2,132	3,763 155 720 102 2,786	81,282 4,809 14,928 7,092 54,453	74,479 4,909 13,434 6,472 49,664	84 10 10 16 48	76 1 23 8 44	167 55 9 17 86	108 13 13 23 59	205 30 44 14 117	134 12 13 25 84
MOUNTAIN Mont. Idaho Wyo. Colo. N. Mex. Ariz. Utah Nev.	1,131 12 19 7 258 116 367 112 240	1,399 11 19 271 74 694 116 204	29,503 1,094 1,467 646 8,340 3,685 9,527 1,626 3,118	27,160 1,262 1,397 629 5,439 4,049 10,010 1,752 2,622	146 10 19 5 62 15 11 20 4	86 10 7 1 11 37 12 N 8	382 30 61 15 147 20 45 51 13	254 22 39 14 95 11 27 30 16	219 9 97 15 34 64	208 28 15 83 5 19 43 15
PACIFIC Wash. Oreg. Calif. Alaska Hawaii	4,308 394 113 3,693 15 93	4,800 281 152 4,276 13 78	89,138 10,066 3,754 71,012 1,951 2,355	88,470 9,526 4,966 69,846 1,541 2,591	211 N 16 195	320 N 87 233 -	659 197 144 279 25 14	334 133 64 124 1 12	401 173 109 108 1 10	347 161 68 107 1 10
Guam P.R. V.I. Amer. Samoa C.N.M.I.	15 1,028 27 - -	11 1,013 25 - -	3,188 U U U	393 U U U U	- U U U		N 6 U U U	N 5 U U U		U U U U U

TABLE II. Provisional cases of selected notifiable diseases, United States, weeks ending October 21, 2000, and October 23, 1999 (42nd Week)

N: Not notifiable. U: Unavailable. -: No reported cases. C.N.M.I.: Commonwealth of Northern Mariana Islands. \* Individual cases can be reported through both the National Electronic Telecommunications System for Surveillance (NETSS) and the Public Health Laboratory Information System (PHLIS). <sup>†</sup> Chlamydia refers to genital infections caused by *C. trachomatis.* Totals reported to the Division of STD Prevention, NCHSTP. <sup>§</sup> Updated monthly from reports to the Division of HIV/AIDS Prevention — Surveillance and Epidemiology, National Center for HIV, STD, and TB Prevention. Last update September 24, 2000.

	Gono	rrhea	Hepati Non-A,	tis C;	Legione		Listeriosis	Ly	vme ease
Reporting Area	Cum. 2000§	Cum. 1999	Cum. 2000	Cum.	Cum. 2000	Cum. 1999	Cum. 2000	Cum. 2000	Cum. 1999
UNITED STATES	271,456	290,466	2,546	<b>1999</b> 2,308	772	811	570	10,997	12,868
NEW ENGLAND Maine N.H. Vt. Mass. R.I. Conn.	4,667 72 86 54 1,911 509 2,035	5,382 67 91 37 2,021 478 2,688	14 2 - 4 3 5 -	14 2 6 3 3	47 2 5 13 8 17	67 3 13 25 7 11	43 2 2 3 22 1 13	3,646 59 22 922 417 2,226	3,797 41 18 18 701 408 2,611
MID. ATLANTIC Upstate N.Y. N.Y. City N.J. Pa.	27,727 5,548 8,859 4,795 8,525	32,335 5,560 10,164 6,283 10,328	543 58 - 450 35	107 50 - 57	158 65 - 12 81	199 50 40 15 94	134 72 25 19 18	5,677 3,106 17 1,368 1,186	6,865 3,211 131 1,519 2,004
E.N. CENTRAL Ohio Ind. III. Mich. Wis.	51,216 13,155 4,749 15,340 14,309 3,663	55,895 14,737 5,213 18,529 12,625 4,791	181 10 13 157	803 3 43 740 16	200 94 33 9 41 23	225 64 34 29 58 40	94 48 7 11 25 3	300 76 32 11 181	557 41 17 17 11 471
W.N. CENTRAL Minn. Iowa Mo. N. Dak. S. Dak. Nabr	12,897 2,247 879 6,074 35 253 1 181	13,188 2,303 951 6,396 71 151 1 210	491 5 1 470 -	211 7 201 -	58 7 13 28 - 2 4	47 9 12 16 1 3	13 5 3 4 1	276 187 25 43 1 - 4	274 168 21 60 1
Nebr. Kans.	1,181 2,228	1,210 2,106	6 9	3	4	6 -	-	4 16	11 13
S. ATLANTIC Del. Md. D.C. Va. W. Va. N.C. S.C. Ga. Fla.	76,901 1,392 7,589 2,129 8,156 451 14,849 10,575 13,452 18,308	85,030 1,372 7,876 3,013 7,717 469 16,265 11,533 18,498 18,287	107 18 3 3 14 14 2 3 50	143 19 1 10 17 32 22 1 41	159 8 52 4 31 N 13 4 6 41	111 14 26 3 28 N 13 7 1 19	94 1 21 7 3 9 21 32	866 140 478 5 130 26 42 7 - 38	1,104 105 780 4 109 16 63 4 - 23
E.S. CENTRAL Ky. Tenn. Ala. Miss.	28,551 2,839 9,501 9,560 6,651	29,896 2,759 9,392 9,197 8,548	350 31 80 7 232	239 17 89 1 132	29 17 10 2	44 17 21 4 2	17 3 10 4	44 10 28 6	89 16 50 19 4
W.S. CENTRAL Ark. La. Okla. Tex.	43,013 2,600 11,052 3,146 26,215	42,857 2,649 10,818 3,185 26,205	405 9 290 8 98	449 25 267 15 142	15 - 6 2 7	10 1 5 3 1	14 1 - 6 7	36 4 3 29	46 4 8 7 27
MOUNTAIN Mont. Idaho Wyo. Colo. N. Mex. Ariz. Utah Nev.	8,030 38 69 41 2,474 820 3,193 166 1,229	7,855 43 69 25 2,022 802 3,632 174 1,088	281 4 210 21 13 17 1 12	157 5 7 41 29 28 33 6 8	35 1 5 2 12 1 7 7	40 - 2 - 11 1 6 14 6	28 - 1 5 2 12 4 4	27 - 3 9 10 - - 2 3	13 - 3 2 1 - 2 2
PACIFIC Wash. Oreg. Calif. Alaska Hawaii	18,454 1,797 525 15,549 278 305	18,028 1,624 724 15,064 249 367	174 28 27 117 2	185 17 14 154 -	71 16 N 55 -	68 15 N 52 1	133 5 5 120 3	125 7 11 105 2 N	123 7 12 104 N
Guam P.R. V.I. Amer. Samoa C.N.M.I.	547 U U U	43 272 U U U	- 1 U U U	1 - - U U U	- 1 U U U	- - U U U	- - - -	N U U U	N U U U U

	cases of selected notifiable diseas	
weeks ending October	21, 2000, and October 23, 1999	(42110 VVEEK)

N: Not notifiable.

U: Unavailable. - : N

- : No reported cases.

		.9 0000				, 1999 (42 Salmon		1
	Mal	aria	Rabie	s, Animal	NE	TSS		ILIS
Reporting Area	Cum. 2000	Cum. 1999	Cum. 2000	Cum. 1999	Cum. 2000	Cum. 1999	Cum. 2000	Cum. 1999
UNITED STATES	984	1,191	4,879	5,499	29,335	31,402	24,606	27,834
NEW ENGLAND Maine N.H. Vt. Mass. R.I. Conn.	55 6 1 2 21 8 17	54 3 2 4 19 4 22	680 110 19 52 220 54 225	734 142 44 86 177 78 207	1,858 108 119 99 1,046 117 369	1,864 119 118 82 995 109 441	1,835 83 119 108 1,022 128 375	1,879 95 112 71 1,012 140 449
MID. ATLANTIC Upstate N.Y. N.Y. City N.J. Pa.	195 64 72 33 26	343 57 198 48 40	899 623 U 162 114	1,058 754 U 158 146	3,294 990 750 725 829	4,228 1,073 1,238 859 1,058	3,357 1,046 723 444 1,144	4,398 1,141 1,270 954 1,033
E.N. CENTRAL Ohio Ind. III. Mich. Wis.	102 17 46 25 10	141 18 19 63 34 7	138 48 - 21 61 8	152 32 12 10 79 19	4,172 1,194 527 1,176 745 530	4,596 1,098 444 1,393 847 814	2,619 1,022 473 1 788 335	4,014 919 407 1,349 837 502
W.N. CENTRAL Minn. Iowa Mo. N. Dak. S. Dak. Nebr. Kans.	41 13 9 2 1 7 6	64 33 13 - - 1 4	464 74 70 48 106 80 2 84	632 90 133 28 127 158 4 92	2,068 473 314 642 48 84 191 316	1,912 503 210 613 40 83 167 296	1,997 560 185 754 67 93 83 255	2,082 619 199 755 54 107 143 205
S. ATLANTIC Del. Md. D.C. Va. W. Va. N.C. S.C. Ga. Fla.	267 4 84 15 47 3 31 2 19 62	294 1 86 17 62 2 26 14 21 65	1,977 42 338 473 101 475 142 272 134	1,784 50 337 - 466 95 377 129 178 178 152	6,602 96 689 52 828 141 910 628 1,193 2,065	6,966 135 722 68 1,102 145 1,070 537 1,129 2,058	4,341 116 643 U 746 125 916 457 1,168 170	5,518 132 769 U 906 136 1,151 426 1,421 577
E.S. CENTRAL Ky. Tenn. Ala. Miss.	42 17 11 13 1	23 7 8 7 1	172 19 88 65	222 33 79 109 1	1,798 322 512 547 417	1,787 334 483 502 468	1,292 216 583 423 70	1,231 228 508 414 81
W.S. CENTRAL Ark. La. Okla. Tex.	18 3 7 8	15 3 10 2	70 20 50	399 14 - 82 303	2,600 607 248 334 1,411	3,051 551 635 379 1,486	3,478 508 551 233 2,186	2,314 191 488 298 1,337
MOUNTAIN Mont. Idaho Wyo. Colo. N. Mex. Ariz. Utah Nev.	42 1 3 - 21 - 7 5 5 5	39 4 3 1 16 2 6 4 3	221 60 9 47 - 19 68 10 8	189 52 41 1 9 71 7 8	2,384 79 103 53 627 199 655 434 234	2,502 50 56 628 332 739 438 169	1,817 - - - - - - - - - - - - - - - - - - -	2,221 1 90 53 622 257 687 462 49
PACIFIC Wash. Oreg. Calif. Alaska Hawaii	222 24 36 157 5	218 22 19 165 1 11	258 7 230 21 -	329 - 3 319 7 -	4,559 481 265 3,560 55 198	4,496 531 373 3,252 51 289	3,870 547 318 2,783 23 199	4,177 719 408 2,779 31 240
Guam P.R. V.I. Amer. Samoa C.N.M.I. N: Not notifiable.	4 U U U	- U U U Vailable.	67 U U U	67 U U U orted cases	466 U U U U	34 480 U U U	U U U U U	U U U U U

 TABLE II. (Cont'd) Provisional cases of selected notifiable diseases, United States, weeks ending October 21, 2000, and October 23, 1999 (42nd Week)

N: Not notifiable. U: Unavailable. -: No reported cases. \* Individual cases can be reported through both the National Electronic Telecommunications System for Surveillance (NETSS) and the Public Health Laboratory Information System (PHLIS).

Ļ	NET	Shigel				ohilis Secondary)	Tuberculosis		
F	Cum.	SS Cum.	Cum.	ILIS Cum.	(Primary & Cum.	Secondary) Cum.	Cum.	rculosis Cum.	
Reporting Area	2000	1999	2000	<b>1999</b>	2000	1999	2000	1999	
JNITED STATES NEW ENGLAND	16,225 330	13,191 717	8,498 320	8,015 689	4,837 61	5,460 50	9,877 329	12,517 345	
Maine N.H.	10	5	12	14	1	- 1	12 15	16 10	
/t.	4 230	6 614	218	4 596	40	3 28	4	2	
Mass. R.I.	24	22	28	18	4	2	193 27	193 35	
Conn. /IID. ATLANTIC	56 1,697	54 873	54 1,032	57 614	15 217	16 240	78 1,828	89 2,103	
Jpstate N.Y.	624	238	180	63	12	17	235	259	
I.Y. City I.J.	627 270	293 204	426 235	205 191	101 41	102 57	998 432	1,082 433	
a. E.N. CENTRAL	176 3,261	138 2,496	191 925	155 1,333	63 938	64 997	163 1,029	329 1,341	
Dhio	314	363	215	121	66	72	205	212	
nd. II.	1,340 828	252 1,014	133 2	92 768	300 279	354 349	80 516	111 668	
Aich. Vis.	583 196	365 502	527 48	292 60	255 38	185 37	160 68	265 85	
V.N. CENTRAL	1,971	993	1,536	667	52	111	379	419	
Minn. owa	612 445	197 46	706 217	213 42	12 10	9	124 32	156 37	
Ло. I. Dak.	605 16	614 3	414 49	310 2	23	77	151 2	155 6	
S. Dak. Nebr.	7 107	13 72	4 49	6 58	- 2	- 6	14 19	17 15	
lans.	179	48	97	36	5	10	37	33	
6. ATLANTIC Del.	2,472 19	1,966 13	894 20	453 8	1,606 8	1,765 8	2,003	2,495 25	
//d. D.C.	172 67	136 46	96 U	47 U	236 43	313 43	199 24	218 38	
/a. V. Va.	375 4	113 8	304 3	54 5	107 2	131 4	216 24	221 37	
I.C.	298	168	242	77	405	412	233	369	
S.C. Ga.	111 209	104 193	78 80	55 74	171 309	220 353	104 456	207 487	
la. .S. CENTRAL	1,217 873	1,185 1,029	71 414	133 607	325 729	281 949	747 747	893 843	
ζу.	361	215	70	138	67	85	99	149	
Tenn. Ala.	306 62	596 100	305 36	401 58	438 101	531 185	280 247	287 251	
liss. V.S. CENTRAL	144 1,819	118	3 2,343	10 956	123 675	148 860	121 867	156	
Ark.	174	2,161 72	44	24	79	57	148	1,611 135	
.a. Okla.	134 99	174 465	141 35	105 149	184 107	252 157	74 111	148 149	
	1,412	1,450	2,123	678	305	394 106	534	1,179	
/IOUNTAIN /Iont.	1,003 7	866 7	571 -	618	193	196 1	397 14	426 10	
daho Vyo.	43 5	23 3	- 2	10 1	1 1	1 -	10 2	12 3	
colo. I. Mex.	216 124	158 111	156 67	123 83	10 20	2 11	57 36	58 49	
vriz. Jtah	425 71	427 54	273 73	337 58	155 1	175 2	166 41	180 34	
lev.	112	83	-	6	5	4	71	80	
ACIFIC Vash.	2,799 397	2,090 95	463 339	2,078 93	366 53	292 57	2,298 187	2,934 207	
Dreg. Calif.	154 2,206	75 1,892	94	68 1,888	5 307	6 225	25 1,901	89 2,449	
laska	8	2	3	3	-	1	82	45	
lawaii Guam	34	26 15	27 U	26 U	1	3	103	144 56	
?R.	23 U	125 U	Ŭ Ŭ	U U	122 U	131 U	238	161	
(.l. Amer. Samoa	U	U	U	U	U	U	U U	U U	
.N.M.I. I: Not notifiable.	<u> </u>	U vailable.	<u> </u>	U Inted cases.	U	U	U	U	

TABLE II. (Cont'd) Provisional cases of selected notifiable diseases, United States,
weeks ending October 21, 2000, and October 23, 1999 (42nd Week)

N: Not notifiable. U: Unavailable. -: No reported cases. \*Individual cases can be reported through both the National Electronic Telecommunications System for Surveillance (NETSS) and the Public Health Laboratory Information System (PHLIS).

and October 23, 1999 (42nd Week)												
		ienzae,		epatitis (Vi		ре	Measles (Rubeola)					
	Invasive Cum. Cum.		A Cum.	Cum.	B Cum.	Cum.	Indigenous Cum.		Imported* Cum.		Total Cum.	Cum.
Reporting Area	2000 <sup>+</sup>	1999	2000	1999	2000	1999	2000	2000	2000	2000	2000	1999
UNITED STATES	925	969	9,768	13,242	5,457	5,580	-	54	-	18	72	83
NEW ENGLAND Maine	82 1	76 5	291 17	273 11	84 5	124 1	-	2	-	4	6	11
N.H.	12	15	18	14	15	13	-	2	-	1	3	1
Vt. Mass.	6 36	5 29	8 107	18 102	6 12	3 41	-	-	-	3	3	- 8
R.I. Conn.	4 23	5 17	22 119	16 112	18 28	28 38	-	-	-	-	-	2
MID. ATLANTIC	146	167	937	997	719	714	-	14	-	5	19	5
Upstate N.Y. N.Y. City	79 30	67 53	189 277	220 334	114 357	153 217	-	9 5	-	- 4	9 9	2 3
N.J. Pa.	28 9	42 5	154 317	128 315	57 191	110 234	-	-	-	-	- 1	-
Fa. E.N. CENTRAL	9 118	159	1,137	2,480	576	234 603	-	- 8	-	-	8	2
Ohio	45	52	224	554	93	81	-	2	-	-	2	-
Ind. III.	26 40	21 65	90 417	89 641	41 106	35 52	-	4	-	-	- 4	1 -
Mich. Wis.	7	16 5	393 13	1,129 67	335 1	407 28	Ū	2	Ū	-	2	1
W.N. CENTRAL	59	59	700	649	572	224	-	2	-	1	3	1
Minn. Iowa	32 1	38 2	173 65	63 116	35 28	40 36	-	- 2	-	1	1 2	1
Mo. N. Dak.	17 1	6 1	335 3	391 2	450 2	123	-	-	-	-	-	-
S. Dak.	1	2	1	9	1	1	-	-	-	-	-	-
Nebr. Kans.	3 4	4 6	30 93	43 25	34 22	17 7	-	-	-	-	-	-
S. ATLANTIC	250	205	1,223	1,533	1,032	915	-	3	-	-	3	15
Del. Md.	- 68	53	189	2 257	100	1 126	-	-	-	-	-	-
D.C. Va.	- 35	4 16	23 129	54 142	27 137	22 75	-	- 2	-	-	- 2	- 13
W. Va. N.C.	9 20	7 29	52 121	33 134	11 205	22 194	-	-	-	-	-	-
S.C.	15	5	69	40	13	61	-	-	-	-	-	-
Ga. Fla.	57 46	55 36	224 416	407 464	162 377	136 278	-	- 1	-	-	- 1	2
E.S. CENTRAL	39 12	53	324	331	365	395	-	-	-	-	-	2
Ky. Tenn.	12 18	6 29	41 119	63 128	60 177	39 190	-	-	-	-	-	2
Ala. Miss.	8 1	15 3	52 112	48 92	47 81	78 88	-	-	-	-	-	-
W.S. CENTRAL	56	54	1,551	2,574	626	961	-	-	-	-	-	11
Ark. La.	2 11	2 12	104 55	46 191	72 87	64 156	-	-	-	-	-	4
Okla. Tex.	41 2	36 4	227 1,165	426 1,911	133 334	121 620	-	-	-	-	-	-7
MOUNTAIN	- 88	92	801	1,046	435	481	-	11	-	1	12	1
Mont. Idaho	1 4	2 1	7 22	17 36	7 7	17 25	-	-	-	-	-	-
Wyo.	1	1	39 173	8 193	25 81	12	-	-	-	-	-	-
Colo. N. Mex.	14 19	13 18	62	43	91	83 150	-	1 -	-	1 -	2	-
Ariz. Utah	37 10	48 6	396 46	579 45	164 19	119 28	-	- 3	-	-	- 3	1
Nev.	2	3	56	125	41	47	-	7	-	-	7	-
PACIFIC Wash.	87 5	104 5	2,804 241	3,359 279	1,048 91	1,163 58	-	14 2	-	7 1	21 3	35 5
Oreg. Calif.	25 28	35 50	146 2,395	213 2,837	90 849	92 985	-	11	-	3	- 14	12 17
Alaska	6	6	9	10	8	15	-	1	-	-	1	-
Hawaii Guam	23	8	13	20 1	10	13 2	- U	-	- U	3	3	1 1
P.R.	4	2	197	261	213	193	-	-	-	-	-	-
V.I. Amer. Samoa	U U	U U	U U	U U	U U	U U	U U	U U	U U	U U	U U	U U
C.N.M.I.	U	U	U	U	U	U	U	U	U	U	U	U

TABLE III. Provisional cases of selected notifiable diseases preventable by vaccination, United States, weeks ending October 21, 2000, and October 23, 1999 (42nd Week)

N: Not notifiable. U: Unavailable. - : No reported cases. \*For imported measles, cases include only those resulting from importation from other countries. \*Of 188 cases among children aged <5 years, serotype was reported for 79 and of those, 20 were type b.

	-	all		Del 23	, 1555	<u>\+211u</u>	WEEK)					
	Meningococcal Disease		Mumps				Pertussis	_	Rubella			
Reporting Area	Cum. 2000	Cum. 1999	2000	Cum. 2000	Cum. 1999	2000	Cum. 2000	Cum. 1999	2000	Cum. 2000	Cum. 1999	
UNITED STATES	1,702	1,978	-	274	299	78	5,101	5,097	4	127	239	
NEW ENGLAND Maine	112 8	94 5	-	4	8	18 6	1,206 41	612	-	12	7	
N.H.	11	12	-	-	1	5	102	81	-	2	-	
Vt. Mass.	3 64	4 54	-	1	1 4	5 2	199 808	57 425	-	8	-7	
R.I. Conn.	9 17	4 15	-	1 2	2	-	16 40	33 16	-	1 1	-	
MID. ATLANTIC	158	188	-	20	37	1	505	786	-	9	31	
Upstate N.Y. N.Y. City	54 32	57 51	-	9 4	8 11	1 -	252 44	602 48	-	2 7	18 6	
N.J. Pa.	33 39	41 39	-	3 4	1 17	-	35 174	22 114	-	-	4 3	
E.N. CENTRAL	288	354	-	28	39	4	536	452	-	1	2	
Ohio Ind.	77 41	119 53	-	7 1	14 4	- 1	265 86	177 58	-	-	- 1	
III. Mich.	64 86	95 54	-	6 14	9 8	2 1	64 66	75 48	-	1	1	
Wis.	20	33	U	-	4	Ú	55	94	U	-	-	
W.N. CENTRAL Minn.	155 18	196 45	-	19	11 1	16 15	464 285	367 187	-	2	127 5	
lowa Mo.	28 88	34 73	-	7 5	6 1	-	46 64	53 60	-	- 1	30 2	
N. Dak. S. Dak.	2 5	3 11	-	-	-	-	6	4 5	-	-	-	
Nebr. Kans.	5 7 7	10 20	-	4 3	- 3	- 1	25 34	6 52	-	1	90	
S. ATLANTIC	, 271	333	-	41	43	6	397	349	4	74	35	
Del. Md.	1 25	10 48	-	- 10	- 4	- 6	8 97	5 108	-	1	- 1	
D.C. Va.	- 37	3 45	-	- 9	2 10	-	3 90	- 19	-	-	-	
W. Va. N.C.	12 34	6 38	-	- 5	- 8	-	1 77	3 88	-	- 64	- 34	
S.C.	20 42	42	-	10	4 4	-	27	15	4	7	-	
Ga. Fla.	100	54 87	-	2 5	11	-	35 59	35 76	-	2	-	
E.S. CENTRAL Ky.	113 24	137 27	-	7 1	11	-	96 49	82 25	-	5 1	2	
Tenn. Ala.	47 32	56 33	-	2	- 8	-	28 18	34 20	-	1 3	- 2	
Miss.	10	21	-	2	3	-	1	3	-	-	-	
W.S. CENTRAL Ark.	114 12	189 31	-	24 2	38	-	285 31	185 23	-	5	14 5	
La. Okla.	35 25	59 28	-	4	10 1	-	12 19	9 33	-	1	-	
Tex.	42	71	-	18	27	-	223	120	-	4	8	
MOUNTAIN Mont.	121 4	122 2	-	19 1	22	16	661 35	639 2	-	2	16	
ldaho Wyo.	7	9 4	-	- 2	1	-	58 6	138 2	-	-	-	
Colo. N. Mex.	30 8	32 14	-	- 1 1	6 N	15	383 79	242 99	-	1	1	
Ariz.	62	40	-	4	7	-	70	95	-	1	13	
Utah Nev.	7 3	14 7	-	4 6	3 5	1	18 12	55 6	-	-	1 1	
PACIFIC Wash.	370 49	365 59	-	112 10	90 2	17 15	951 341	1,625 617	-	17 7	5	
Oreg. Calif.	59 246	65	Ν	N	N	2	105	46	-	10	- 5	
Alaska	246 8 8	229 6 6	-	81 7 14	73 2 12	-	456 20 29	924 4 34	-	-	-	
Hawaii Guam	o -	6 1	- U	-	13 3	- U	- 23	34 2	U	-	-	
P.R. V.I.	9 U	10 U	U U	- U	- U	Ū	5 U	21 U	U U	Ū	Ū	
Amer. Samoa C.N.M.I.	Ŭ	U U	Ŭ U	Ŭ U	Ŭ U	Ŭ U	Ŭ U	Ŭ U	Ŭ U	Ŭ U	Ŭ	
<b>U.IV.IVI.I</b> .	0	0	0	U	0	0	U	U	U	0	0	

# TABLE III. (Cont'd) Provisional cases of selected notifiable diseases preventable by vaccination, United States, weeks ending October 21, 2000, and October 23, 1999 (42nd Week)

N: Not notifiable. U: Unavailable.

- : No reported cases.

	All Causes, By Age (Years)					P&I <sup>†</sup>		All Causes, By Age (Years)							
Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	Total	Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	P&l⁺ Total
NEW ENGLAND Boston, Mass. Bridgeport, Conn Cambridge, Mass Fall River, Mass. Hartford, Conn. Lowell, Mass. Lynn, Mass. New Bedford, Ma New Haven, Conn Providence, R.I. Somerville, Mass. Springfield, Mass. Waterbury, Conn. Worcester, Mass. MID. ATLANTIC Albany, N.Y. Allentown, Pa. Buffalo, N.Y. Camden, N.J. Elizabeth, N.J.	. 12 23 58 31 12 ss. 25 . 42 55 . 42 . 55 . 3 0	458 105 35 35 11 20 37 23 11 19 29 44 25 51 1,565 43 14 59 24 15 51 1,565 43 14 15	34 8 2 15 4 1 3 9 9 1 1 3 9 9 1 1 3 6 9 460 5 7 1 10	44 16 5 1 5 3 - 3 1 1 5 3 - 6 2 2 153 5 - 1 4 2	13 6 2 - 1 1 1 - 1 1 - 1 1 32 - 2 3 - -	11 5 - - 2 1 - 2 1 1 45 1 - 1 - 1 - 1 - 1 - 1 - - 1 - - - - -	50 85 1 35 2 1 2 1 7 4 4 7 110 6 7	S. ATLANTIC Atlanta, Ga. Baltimore, Md. Charlotte, N.C. Jacksonville, Fla Miami, Fla. Norfolk, Va. Richmond, Va. Savannah, Ga. St. Petersburg, F Tampa, Fla. Washington, D.C Wilmington, De E.S. CENTRAL Birmingham, Al Chattanooga, Te Knoxville, Tenn. Lexington, Ky. Memphis, Tenn. Mobile, Ala.	71 50 72 51a. 73 61a. 73 182 0. 100 1. 19 851 a. 185 851 a. 185 909 71 164 75	818 93 108 63 122 48 31 47 38 57 129 63 57 129 63 19 567 131 57 78 40 105 45 32	225 36 25 20 28 15 10 18 10 11 32 20 - 191 35 16 23 44 56	100 24 18 8 10 4 6 6 3 1 11 9 7 48 9 7 6 4 4 10 5 1	49 9 11 3 5 3 1 - 2 3 7 5 - 7 7 1 4 - 3 4 3 3	25 6 3 4 1 1 2 1 1 3 3 3 - 1 8 3 1 - 4 2 6 6	74 4 15 10 12 8 1 2 3 2 13 4 - 49 14 5 3 3 7 2 7
Erie, Pa.§ Jersey City, N.J. New York City, N.Y Newark, N.J. Paterson, N.J. Philadelphia, Pa. Pittsburgh, Pa.§ Reading, Pa. Rochester, N.Y. Schenectady, N.Y. Scranton, Pa.§ Syracuse, N.Y. Trenton, N.J. Utica, N.Y. Yonkers, N.Y.	43 48 7. 1,227 46 262 252 71 35 139 31 31 88 81 88 18 16 U	36 35 850 15 20 149 47 30 108 23 22 53 12 14 U	7 10 253 19 3 62 17 3 19 7 8 10 4 2 U	2 90 9 24 4 1 5 - 2 1 - U	- 14 - 5 1 5 - 1 - 0 0	- 19 3 - 12 2 - 2 - 1 2 1 - U	1 51 11 32 14 4 8 1 U	Nashville, Tenn. W.S. CENTRAL Austin, Tex. Baton Rouge, La Corpus Christi, T Dallas, Tex. El Paso, Tex. Ft. Worth, Tex. Houston, Tex. Little Rock, Ark. New Orleans, La San Antonio, Te Shreveport, La. Tulsa, Okla.	123 1,471 88 Fex. 72 205 88 104 370 81 104 370 81 49 x. 187 58 105	79 910 54 42 51 125 61 66 199 49 17 131 41 74	31 322 21 13 49 15 22 83 22 8 43 14 19	6 149 6 4 24 9 7 59 4 12 11 1 6	5 72 5 3 2 5 1 6 28 2 12 1 2 5	2 18 2 2 2 2 3 1 4 - 1 - 1 2 3	8 99 3 4 5 13 7 5 40 3 - 8 5 6
E.N. CENTRAL Akron, Ohio Canton, Ohio Chicago, III. Cincinnati, Ohio Cleveland, Ohio Columbus, Ohio Dayton, Ohio Dayton, Ohio Dayton, Ohio Detroit, Mich. Evansville, Ind. Fort Wayne, Ind. Grand Rapids, Mi Indianapolis, Ind. Lansing, Mich. Milwaukee, Wis. Peoria, III. Rockford, III. South Bend, Ind. Toledo, Ohio Youngstown, Ohi W.N. CENTRAL Des Moines, Iowa Duluth, Minn. Kansas City, Kans Kansas City, Kans Kansas City, Kans Kansas City, Kans Kansas City, Mo. Lincoln, Nebr. Minneapolis, Min Omaha, Nebr. St. Paul, Minn. Wichita, Kans.	201 39 139 54 43 94 0 49 700 700 14 39 14 37 50	1,335 23 204 204 86 120 992 243 105 45 37 96 347 38 20 37 494 282 12 161 410 2841 244 128 41 2841 295 41 20 4 20 4	3 5 75 20 22 44 32 56 6 12 5 9 28 11 29 12 3 2 17 7 12 8 1 11 13 6 24 10 24 12	131 1 38 5 11 7 8 16 1 5 3 2 6 - 8 2 4 3 8 3 48 1 1 6 10 2 9 7 9 - 3	49 - 965326-12-7123-2251-13153812	58 3 10 3 6 1 3 7 - 1 - 4 7 - 4 2 - 5 2 11 1 - 2 1 1 1 5	150 3 5 34 9 2 9 12 13 3 5 1 5 10 2 16 3 7 6 4 1 6 6 - 1 5 10 17 8 - 8 6	MOUNTAIN Albuquerque, N Boise, Idaho Colo. Springs, C Denver, Colo. Las Vegas, Nev. Ogden, Utah Phoenix, Ariz. Pueblo, Colo. Salt Lake City, U Tucson, Ariz. PACIFIC Berkeley, Calif. Fresno, Calif. Glendale, Calif. Honolulu, Hawa Long Beach, Cali Gandale, Calif. Portland, Oreg. Sacramento, Cal San Diego, Calif. Sant Francisco, C San Jose, Calif. Santa Cruz, Calif. Seattle, Wash. Spokane, Wash. Tacoma, Wash. TOTAL	36 olo. 60 106 205 30 176 26 tah 114 152 1,581 1,581 21 93 14 15 15 15 16 160 160 160 160 160 160 160 160 160	710 94 244 45 63 142 21 118 20 79 104 1,116 12 65 37 201 14 123 159 100 U 101 17 83 41 97 7,973	189 14 8 7 25 6 33 14 33 296 7 20 1 16 11 52 3 24 4 24 U 3 24 11 4 25 3 24 24 24 24 24 29 24 20 20 20 20 20 20 20 20 20 20	79 13 4 5 10 3 19 3 13 9 10 5 2 4 1 24 3 9 8 11 U 10 2 13 5 7 857	26 2 4 3 4 - 2 - 4 5 33 - 2 - 3 7 - 1 4 7 U 5 - 2 2 326	23 1 1 1 1 1 1 1 3 1 1 3 1 1 3 1 1 3 1 1 3 1 1 3 1 1 3 1 1 3 1 1 3 1 1 3 1 1 3 1 2 3 1 1 3 1 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 2 3 1 2 3 1 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 4 6 0 2 2 2 3 2 3 4 6 0 2 2 2 3 4 6 0 2 2 2 3 4 6 0 2 2 2 3 2 2 3 2 2 3 2 2 3 2 2 3 2 2 3 2 2 3 2 2 3 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3	85 12 1 4 11 5 6 6 2 10 8 12 1 3 4 - 9 8 15 3 8 23 12 U 1 4 3 8 10 8 10 8 799

# TABLE IV. Deaths in 122 U.S. cities,\* week ending October 21, 2000 (42nd Week)

U: Unavailable. -:No reported cases. \*Mortality data in this table are voluntarily reported from 122 cities in the United States, most of which have populations of ≥100,000. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included. \*Pneumonia and influenza. \*Because of changes in reporting methods in this Pennsylvania city, these numbers are partial counts for the current week. Complete counts will be available in 4 to 6 weeks. \*Total includes unknown ages.

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