



Milestones Matter

Track your child's developmental milestones and try brain building tips to add learning to everyday moments!

Track Your Child's Development

Track how your child plays, learns, speaks, acts, and moves with CDC's *Milestone Tracker* app—and share all progress and any concerns with their doctor during well-child visits. www.cdc.gov/MilestoneTracker



BY 18 MONTHS:
Points to show you something interesting



BY 12 MONTHS:
Plays games with you, like "peek-a-boo"



BY 6 MONTHS:
Laughs with you



BY 2 MONTHS:
Smiles at you

Brain Building Tip:

Suggested Age: 0–2 years



We're surrounded by words that are ready for reading. Try reading signs aloud to your child and talk to them about what they mean.

It doesn't matter if it's a book, magazine, or billboard – it all counts! Reading to your child, anywhere and everywhere, helps them develop a rich, diverse vocabulary. Find more tips at vroom.org.



Centers for Disease Control and Prevention
www.cdc.gov/ActEarly
1-800-CDC-INFO

Do you have concerns about how your child plays, learns, speaks, acts or moves? Visit www.cdc.gov/concerned and talk with your child's doctor.

CDC does not endorse private products, services, or enterprises. Vroom Tips are not a diagnostic tool.