
Vital and Health Statistics

Advance Data From Vital and Health Statistics: Numbers 141–150

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Data in this report from health surveys present statistics by age and other variables on national hospital discharge; adults with noninsulin-dependent diabetes; discharges from nursing homes; inventory of long-term care places; AIDS knowledge and attitudes; and aging in the eighties, people living alone. The reports were originally published in 1987 and 1988.

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Health Practices and Perceptions of U.S. Adults with Noninsulin-Dependent Diabetes: Data From the 1985 National Health Interview Survey of Health Promotion and Disease Prevention

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Introduction

In recent years there have been notable attempts to summarize what is known about current and historical aspects of the magnitude, severity, scope, sources, and impact of diabetes mellitus as a public health problem in the United States and in other countries.¹⁻⁴ But much still remains to be clarified with regard to health practices and perceptions bearing on the self-care of diabetes mellitus. A major reason for this latter state of affairs has been the lack of appropriate sets of measurements on representative samples of persons with diabetes.

This report addresses selected aspects of these diabetes data needs for the United States based on information obtained through the 1985 National Health Interview Survey (NHIS) Health Promotion and Disease Prevention (HPDP) study. The data presented were obtained from a subsample of persons 18 years of age and over. A brief description of the procedures used in the 1985 NHIS, as well as in the HPDP study, is given in the Technical notes section of this report.

Background

Proper care and management of diabetes are essential for two reasons. No known cure for diabetes exists, and many of the acute and long-term complications of diabetes may be checked in varying degrees by appropriate treatment.⁵⁻⁶ Prescriptions for such care generally include an ongoing relationship with the health care system. Depending on the type and severity of diabetes and other patient characteristics, selective use or an optimal mix of diet, exercise, and administration of insulin or oral hypoglycemic agents constitute the essentials of treatment. A high premium also is placed on

good health practices, the use of preventive health services, and patient and family knowledge of the contribution of treatment modes to successful management of diabetes. Patient knowledge is important because, aside from regular contacts with a physician or other health care practitioners, health care of diabetes is primarily self-care.

However, until recently relatively little effort had been made to cull information describing these aspects of the management of diabetes from available national data resources. In the late 1970's, staff of the National Center for Health Statistics had collaborated with staff of the then National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases in a series of secondary analyses of data obtained through NHIS between 1973 and 1978 for persons 20 years of age and over with known diabetes. The results of those analyses were published in an article in *Health, United States, 1981*.⁷ That article described the utilization of health services (including the use of preventive health services) by adults with known diabetes and highlighted their use of diet, medication, and exercise, as well as their compliance with other good health practices. This report extends those earlier analyses.

Objective

The purpose of this report is twofold: (1) to provide more current information on selected health practices and perceptions of adults with known diabetes based on data obtained through the 1985 NHIS-HPDP study⁸⁻⁹ and (2) thereby to stimulate further analysis of this data base by diabetes researchers and by health care professionals with an interest in diabetes care. Although the information is presented without

textual summarization or detailed analytical commentary, the references cited in this introduction, in the footnotes to table 1, and in the Technical notes section of the report will guide the reader wishing to make accurate use of the information presented. Articles published in the November–December 1986 and January–February 1987 issues of the journal *Public Health Reports* are particularly helpful in locating the 1985 HPDP study's data elements in the general context of the Department of Health and Human Services' 1990 Objectives for the Nation.^{10–20}

Scope

Several aspects of the scope of this report require comment. First, "diabetes mellitus" is a term which refers to a heterogeneous group of disorders characterized by glucose intolerance.²¹ Generally, two major types of diabetes are distinguished: insulin-dependent diabetes and noninsulin-dependent diabetes. Based on an analysis of information collected in the 1976 NHIS on the age of onset of diabetes, history of medication use, and weight relative to height, it has been estimated that the vast majority (more than 90 percent) of adults with known diabetes, as ascertained through household interview surveys, have noninsulin-dependent diabetes.²² Because national health surveys, including NHIS, do not oversample insulin-dependent diabetics, national survey respondents with known diabetes are mainly persons with noninsulin-dependent diabetes. Persons with insulin-dependent diabetes are included in the NHIS sample, but in such few numbers as to have relatively little effect on the survey results. It is not possible to routinely distinguish NHIS sample cases with diabetes by the type of diabetes they have (the 1976 NHIS was an exception); therefore, users of the data presented in this report should be cautious not to generalize the information presented here to insulin-dependent diabetics 18 years of age and over. To emphasize this, the phrase "noninsulin-dependent diabetes" has been included in the title of this report, although a small number of insulin-dependent diabetics are included in the sample and in the results presented.

Because the 1985 HPDP study was not designed specifically as a survey of the health practices and perceptions of persons with known diabetes, there are some obvious aspects of their lifestyles with respect to health that are not included in this report. Questions on medication use, for example, were not asked in the 1985 HPDP study. Limited information on this latter topic from earlier NHIS surveys has been previously published.^{7,23}

Despite this limitation of the data, the 1985 HPDP study contains a wealth of information directly pertinent to a better descriptive understanding of the management of noninsulin-dependent diabetes in the United States. The information in the text table can be used to provide a current answer to the following kinds of questions: To what extent do adults with known diabetes practice what are generally considered "good" health practices? To what extent are adult diabetics knowledgeable about things that may or may not affect their chances of getting heart disease? To what extent do persons with diabetes experience stress in their lives, and to what extent do they perceive such stress to have any effect on

their health? To what extent do they engage in exercise, sports, or physically active hobbies, and what are the main types of exercise in which they engage? How many diabetics currently smoke cigarettes, and in what amounts? Are individuals with known diabetes aware of problems associated with smoking? To what extent do diabetics make use of alcoholic beverages, and to what extent are they aware of problems associated with heavy alcohol drinking? What do diabetics perceive to be the major ways of preventing tooth decay and gum disease? What do they know about reasons for tooth loss in adults? To what extent are they exposed on their jobs to occupational health hazards: noxious substances, working conditions that could endanger their health, or the risk of injury?

Because the responses to the 1985 HPDP study are presented in this report by diabetic status and age, readers also may explore age variations in health practices and perceptions among adult diabetics, as well as age-specific comparisons between persons with and without known diabetes. Also, because diabetics as a group are much older than nondiabetics,²⁴ it is important to consider whether apparent differences between diabetics and nondiabetics may simply reflect differences in practices and perceptions associated with age.

Organization of text table

Information bearing on the aforementioned kinds of questions is shown in the text table, which presents the responses to the HPDP questionnaire items in terms of estimated percents or percent distributions for all persons 18 years of age and over for three age groups by whether or not the person has known diabetes. Generally, except for the questions on knowledge of health practices where "don't know" is a legitimate response, "don't know" and other inappropriate responses were excluded from the denominator in the calculation of the estimates. In most cases, the actual question asked of the respondent is shown along with the response categories. In a few cases, there has been minor paraphrasing or combining of questions. Each question is referenced to the item number on the questionnaire.

The data in the table are organized into nine sections, as follows:

- General health habits.
- Injury control and child safety and health.
- High blood pressure.
- Stress.
- Exercise.
- Smoking.
- Alcohol use.
- Dental care.
- Occupational safety and health.

Most of the questions on knowledge of health practices have answers that currently are presumed to be correct (as determined by the Public Health Service agency with "lead" responsibility). An earlier publication in this series established the convention of highlighting these "correct" answer categories in boldface type;⁹ this convention has been continued here. However, it should be noted that the special

circumstances of persons with known diabetes were not explicitly considered by "lead" agencies in determining what a "correct response" to a particular item on the 1985 HPDP questionnaire might be.

In most instances this presents no difficulty. But in one instance the boldface-type convention for indicating a "correct" response to an HPDP question in the earlier report has been removed in this report because there is no one correct answer for persons with diabetes; that is the case of the characteristics of exercise required for cardiovascular conditioning (items R.7a, R.7b, and R.7c in the table). As is pointed out in the American College of Sports Medicine (ACSM) *Guidelines for Exercise Testing and Prescription*,²⁵ the development of an exercise program for a person with diabetes has to be done with consideration for a number of factors, including the type of diabetes the person has, whether the person's diabetes is well controlled or not well controlled, the type and amount of medication the person is taking, whether the person is obese and thereby possibly at risk of orthopedic injuries from weight-bearing activities, and whether the person has any diabetic complications that require the avoidance of excessive jarring or marked increases in blood pressure. The extent to which diabetics' perceptions and ACSM guidelines are consistent with respect to prudent exercise behavior for persons with these different types of diabetes is a topic that further analysis of the 1985 HPDP data base might be able to elucidate. However, because such an analysis would require more fine-grained tabulations than are presented in this report, the "correct" answer categories that appeared in the earlier publication for items R.7a-R.7c have been removed.

Related publications, research opportunities, and public use data tapes

For some questions in the text table, references are provided to selected publications that present related data, at

least for the general population, from previous data collection by the National Center for Health Statistics. In certain instances, data from these earlier reports can be tabulated by diabetic status by matching NHIS public use computer records containing the information about health practices with the NHIS public use computer records containing information about diabetes conditions.

Further analysis of the information presented in this report by diabetic status can be accomplished more directly because the 1985 HPDP study questionnaire included an item on whether or not the respondent had known diabetes. A number of strategic research issues can be pursued with these 1985 HPDP study data, including clarification of patterns of exercise participation among persons with known diabetes. Readers interested in this area of research are encouraged to consult the growing body of literature on this topic.²⁶⁻³¹ Discussions in the journal literature of the role of exercise in the management of diabetes generally have been written carefully so as to treat this topic in the context of the type of diabetes, medical complications, and other characteristics a person may have. Many important issues that need to be studied better in the laboratory and in the general population also have been highlighted in recent state-of-the-art reviews of the role of exercise in the management of noninsulin-dependent diabetes,³² including the Consensus Statement resulting from a recent National Institutes of Health Consensus Development Conference, "Diet and Exercise in Noninsulin-Dependent Diabetes Mellitus."³³

Information regarding the purchase of the public use data tapes for the 1985 NHIS-HPDP study can be obtained by contacting Dr. Owen T. Thornberry, Director, Division of Health Interview Statistics, National Center for Health Statistics, Room 2-44, 3700 East-West Highway, Hyattsville, Md. 20782 (telephone: (301) 436-7085).

Table 1. Estimates of the percent of population with selected behaviors and knowledge from the 1985 National Health Interview Survey Questionnaire on Health Promotion and Disease Prevention, by diabetic status and age: United States, 1985

(Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes.)

Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
		Percent of population							
	Total.....	100	100	100	100	100	100	100	100
GENERAL HEALTH HABITS									
N.1.	How often do you eat breakfast? ¹								
	Almost every day.....	79	59	75	92	54	44	62	86
	Sometimes.....	10	17	13	4	21	26	16	6
	Rarely or never.....	11	23	12	4	25	30	22	8
N.2.	Including evening snacks, how often do you eat between meals? ¹								
	Almost every day.....	39	42	42	34	39	42	38	30
	Sometimes.....	26	27	24	26	33	35	30	27
	Rarely or never.....	36	31	33	40	28	23	32	43
N.3.	When you visit a doctor or other health professional for routine care, is eating proper foods discussed?								
	Often.....	38	48	39	33	8	8	10	9
	Sometimes.....	23	21	25	23	16	16	15	15
	Rarely or never.....	37	30	33	44	66	66	64	67
	Don't visit for routine care.....	2	2	3	1	10	10	10	9
N.5.	In your opinion which of these are the two best ways to lose weight?								
	Don't eat at bedtime.....	31	25	35	30	29	28	30	32
	Eat fewer calories.....	77	75	79	76	74	73	78	73
	Take diet pills.....	1	2	1	2	2	2	1	1
	Increase physical activity.....	54	71	54	47	74	82	68	53
	Eat no fat.....	20	14	17	26	11	8	12	20
	Eat grapefruit with each meal.....	6	4	6	6	4	4	5	5
	Don't know.....	11	9	1	14	6	3	6	15
N.6.	Are you now trying to lose weight? ² (Yes).....	42	39	53	32	35	36	39	24
N.7.	Are you eating fewer calories to lose weight? ² (Persons trying to lose weight (yes) in N.6) (Yes).....	86	86	89	80	80	79	83	83
N.8.	Have you increased your physical activity to lose weight? ² (Persons trying to lose weight (yes) in N.6) (Yes).....	37	55	35	31	58	64	51	41
N.9.	Do you consider yourself overweight, underweight, or just about right? (If overweight) Would you say you are very overweight, somewhat overweight, or only a little overweight? ^{2,3}								
	Very overweight.....	17	19	22	11	8	7	11	6
	Somewhat overweight.....	21	21	22	20	17	16	21	13
	Only a little overweight.....	19	12	22	18	21	20	24	21
	About right.....	39	42	30	46	49	51	41	52
	Underweight.....	4	4	4	4	6	6	3	8
N.10.	On the average, how many hours of sleep do you get in a 24-hour period? ¹								
	Less than 7 hours.....	22	21	25	18	22	22	22	20
	7-8 hours.....	60	71	58	58	66	67	68	59
	9 or more hours.....	18	8	17	23	12	11	10	20
N.11.	Is there a particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health? ⁴ (Yes).....	95	93	94	97	77	73	83	88
N.15.	About how long has it been since you had a Pap smear test? ⁵ (Females only)								
	Less than 1 year.....	32	52	31	27	46	55	38	25
	1 year.....	17	23	18	13	17	19	17	13
	2 years.....	13	14	14	12	10	8	13	12
	3-4 years.....	10	4	12	10	7	6	10	10
	5 or more years.....	17	7	21	18	11	5	18	26
	Never.....	10	2	5	19	7	7	4	14

See footnotes at end of table.

Table 1. Estimates of the percent of population with selected behaviors and knowledge from the 1985 National Health Interview Survey Questionnaire on Health Promotion and Disease Prevention, by diabetic status and age: United States, 1985--Con.

(Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes.)

Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
GENERAL HEALTH HABITS--Con.		Percent of population							
N.16a.	About how long has it been since you had a breast examination by a doctor or other health professional? ⁵ (Females only)								
	Less than 1 year.....	44	56	43	40	51	56	45	39
	1 year.....	18	24	20	14	18	19	18	14
	2 years.....	10	5	11	10	10	8	12	10
	3-4 years.....	8	-	11	8	7	6	8	8
	5 or more years.....	11	7	10	13	8	4	12	15
	Never.....	10	7	6	15	7	7	5	14
N.16b.	Do you know how to examine your own breasts for lumps? (Females only) (Yes).....	82	93	83	76	87	89	90	78
N.16c.	About how many times a year do you examine your own breasts for lumps? (Females only)								
	12 or more times.....	35	44	37	29	32	31	37	29
	7-11 times.....	1	1	2	1	2	3	2	2
	2-6 times.....	31	31	31	30	34	37	33	25
	Once a year.....	3	5	2	3	5	5	4	4
	Never.....	11	12	9	12	14	13	13	16
	Don't know how to examine own breast.....	20	7	18	26	13	11	11	25
INJURY CONTROL AND CHILD SAFETY AND HEALTH									
O.1a.	Have you ever heard about Poison Control Centers? (Persons in families with children under 10 years of age) (Yes).....	83	92	58	92	88	89	78	63
O.1b.	Do you have the telephone number for a Poison Control Center in your area? (Persons in families with children under 10 years of age) (Yes).....	52	64	24	64	61	62	49	32
O.3.	Have you heard about child safety seats, sometimes called car safety carriers, which are designed to carry children while they are riding in a car? (Persons in families with children under 5 years of age) (Yes).....	99	100	96	100	98	98	97	98
O.4.	Did a doctor or other health professional ever tell you about the importance of using car safety seats for your children? (Persons in families with children under 5 years of age) (Yes)....	38	46	25	31	45	46	33	19
O.10.	When driving or riding in a car, do you wear a seat belt ³ --								
	All or most of the time.....	30	37	28	30	36	36	36	34
	Some of the time.....	19	15	22	17	18	19	18	15
	Once in awhile.....	11	12	12	9	14	15	14	14
	Never.....	40	37	38	44	32	30	32	37
	Don't ride in car.....	2	0	2	3	1	0	1	2
	Does this home have any working smoke detectors? (Based on Items 0.11a.-c.) (Yes).....	54	61	52	53	60	61	61	57
O.12a.	Do you know about what the hot water temperature is in this home? (Yes).....	36	38	39	32	36	33	46	35
O.13.	In the past 12 months, have you (or has anyone in your household) used a thermometer to test the temperature of the hot water here? (Yes).....	3	5	2	2	4	4	4	3
O.14.	Above what temperature will hot water cause scald injuries?								
	127 degrees or less.....	9	14	9	6	14	18	10	6
	128-139 degrees (can produce burns in less than a minute).....	1	1	2	1	2	3	2	1
	140 degrees or above (can produce burns in 5 seconds or less)...	21	20	23	19	20	18	26	19
	Don't know.....	69	65	66	75	63	61	62	74

See footnotes at end of table.

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Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
	HIGH BLOOD PRESSURE								
P.1.	I am going to read a list of things which may or may not affect a person's chances of getting heart disease. After I read each one, tell me if you think it definitely increases, probably increases, probably does not, or definitely does not increase a person's chances of getting heart disease.								
	Cigarette smoking								
	Increases.....	84	91	85	81	91	94	90	82
	Definitely increases.....	62	67	64	57	67	70	66	59
	Probably increases.....	23	24	22	23	24	24	24	24
	Does not increase.....	5	5	4	6	4	3	4	5
	Probably does not increase.....	4	4	3	4	3	2	3	3
	Definitely does not increase.....	1	1	0	2	1	1	1	2
	Don't know/No opinion.....	11	4	11	14	5	3	6	13
	Worry or anxiety								
	Increases.....	83	87	86	79	85	85	88	81
	Definitely increases.....	43	43	47	38	40	38	45	38
	Probably increases.....	41	44	39	41	45	46	43	42
	Does not increase.....	7	8	6	7	8	10	6	6
	Probably does not increase.....	4	7	4	4	6	8	5	5
	Definitely does not increase.....	3	1	2	3	2	2	1	2
	Don't know/No opinion.....	10	6	8	14	7	6	6	13
	High blood pressure								
	Increases.....	90	93	93	86	92	94	92	85
	Definitely increases.....	67	68	71	61	69	72	70	59
	Probably increases.....	23	25	22	24	23	22	22	26
	Does not increase.....	2	4	1	3	3	2	3	3
	Probably does not increase.....	2	3	0	2	2	2	2	2
	Definitely does not increase.....	1	0	0	1	1	1	1	1
	Don't know/No opinion.....	8	4	6	11	5	4	5	12
	Diabetes								
	Increases.....	74	76	77	69	61	65	58	47
	Definitely increases.....	48	52	52	42	31	33	31	24
	Probably increases.....	26	24	25	27	29	32	27	23
	Does not increase.....	8	12	7	6	10	10	10	9
	Probably does not increase.....	5	9	4	4	7	8	7	6
	Definitely does not increase.....	3	2	3	2	3	3	3	3
	Don't know/No opinion.....	19	12	15	25	29	25	32	43
	Being very overweight								
	Increases.....	91	94	93	87	94	95	94	87
	Definitely increases.....	69	75	74	61	70	72	70	60
	Probably increases.....	22	19	19	26	24	23	24	27
	Does not increase.....	3	1	2	4	2	2	2	2
	Probably does not increase.....	2	1	1	2	1	1	2	1
	Definitely does not increase.....	1	1	1	2	1	1	1	1
	Don't know/No opinion.....	7	5	5	9	4	3	4	10
	Overwork								
	Increases.....	63	77	67	55	72	78	67	58
	Definitely increases.....	31	35	34	26	31	33	31	25
	Probably increases.....	32	42	32	28	41	44	36	33
	Does not increase.....	21	14	20	26	19	16	24	24
	Probably does not increase.....	14	10	13	18	13	12	16	16
	Definitely does not increase.....	7	3	7	9	6	4	8	8
	Don't know/No opinion.....	15	9	14	19	9	6	9	18
	Drinking coffee with caffeine								
	Increases.....	48	51	48	47	52	54	51	43
	Definitely increases.....	16	16	16	15	13	13	13	12
	Probably increases.....	32	35	32	32	39	42	38	31
	Does not increase.....	26	27	27	25	29	29	30	28
	Probably does not increase.....	19	23	19	17	22	23	22	19
	Definitely does not increase.....	8	5	8	8	7	6	8	9
	Don't know/No opinion.....	26	22	25	28	19	17	19	29

See footnotes at end of table.

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(Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes.)

Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
	HIGH BLOOD PRESSURE--Con.	Percent of population							
P.1.	I am going to read a list of things which may or may not affect a person's chances of getting heart disease. After I read each one, tell me if you think it definitely increases, probably increases, probably does not, or definitely does not increase a person's chances of getting heart disease.--Con.								
	Eating a diet high in animal fat								
	Increases.....	79	85	80	75	81	81	83	77
	Definitely increases.....	44	43	51	38	42	41	45	41
	Probably increases.....	35	42	29	38	39	40	38	36
	Does not increase.....	5	4	4	6	8	9	7	6
	Probably does not increase.....	4	3	3	5	6	7	5	4
	Definitely does not increase.....	1	1	1	1	2	2	2	2
	Don't know/No opinion.....	16	11	16	19	11	11	10	17
	Family history of heart disease								
	Increases.....	79	87	81	73	84	87	84	71
	Definitely increases.....	48	57	54	38	49	51	51	39
	Probably increases.....	31	31	27	35	35	36	33	32
	Does not increase.....	9	6	8	11	8	7	8	12
	Probably does not increase.....	6	4	5	7	5	4	5	7
	Definitely does not increase.....	4	2	3	4	3	3	3	5
	Don't know/No opinion.....	12	6	11	16	8	6	8	17
	High cholesterol								
	Increases.....	83	89	84	80	87	90	88	77
	Definitely increases.....	54	58	58	48	55	55	58	49
	Probably increases.....	29	31	26	32	32	34	30	29
	Does not increase.....	4	5	3	4	4	4	4	5
	Probably does not increase.....	2	3	2	2	3	3	3	3
	Definitely does not increase.....	1	2	1	2	1	1	1	2
	Don't know/No opinion.....	13	7	13	16	9	7	8	18
P.2.	The following conditions are related to having a stroke. In your opinion, which of these conditions most increases a person's chances of having a stroke?								
	Diabetes.....	7	5	7	7	4	5	3	3
	High blood pressure.....	71	78	71	70	78	77	81	76
	High cholesterol.....	13	10	15	12	12	13	10	10
	Don't know.....	9	6	7	11	6	5	6	11
P.3.	Which one of the following substances in food is most often associated with high blood pressure?								
	Sodium (or salt).....	58	67	60	51	59	60	62	51
	Cholesterol.....	23	23	24	22	25	26	24	24
	Sugar.....	10	4	9	14	9	9	7	10
	Don't know.....	9	6	7	12	8	6	8	15
P.12a.	About how long has it been since you last had your blood pressure taken by a doctor or other health professional? ^{2,3}								
	Less than 6 months.....	83	72	81	90	55	50	59	70
	6-11 months.....	10	14	11	8	18	20	15	13
	12 months to 23 months.....	4	11	5	1	14	16	13	8
	24 months and over.....	2	3	3	1	13	14	12	9
P.12b.	Blood pressure is usually given as one number over another. Were you told what your blood pressure was, in numbers? (Persons with blood pressure checked within 24 months in 12a) (Yes).....	66	69	66	64	68	67	71	67
P.14.	Have you ever been told by a doctor or other health professional that you had high cholesterol? (Yes).....	16	12	20	14	5	2	8	10

See footnotes at end of table.

Table 1. Estimates of the percent of population with selected behaviors and knowledge from the 1985 National Health Interview Survey Questionnaire on Health Promotion and Disease Prevention, by diabetic status and age: United States, 1985--Con.

(Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes.)

Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
STRESS		Percent of population							
Q.1.	During the past 2 weeks, would you say that you experienced a lot of stress, a moderate amount of stress, relatively little stress, or almost no stress at all?								
	A lot of stress.....	20	29	24	12	20	23	19	11
	A moderate amount of stress.....	22	32	25	16	31	34	30	18
	Relatively little stress.....	20	22	18	22	23	23	22	21
	Almost none.....	34	15	30	45	25	19	27	46
	Don't know what stress is.....	4	2	3	6	2	1	2	4
Q.2.	In the past year, how much effect has stress had on your health?								
	A lot.....	18	23	23	10	12	13	13	9
	Some.....	28	40	27	24	31	34	29	21
	Hardly any or none.....	50	35	47	60	55	52	56	66
	Don't know what stress is.....	1	-	1	1	1	0	1	1
Q.3a.	In the past year, did you think about seeking help for any personal or emotional problems from family or friends? (Yes).....	10	22	10	5	15	20	9	4
Q.3b.	In the past year, did you think about seeking help for any personal or emotional problems from a helping professional or a self-help group? (Yes).....	9	20	11	4	11	14	8	4
Q.4.	Did you actually seek any help? (Yes) From whom did you seek help?								
	Family or friends.....	4	10	4	2	7	9	3	2
	Professional or self help group.....	7	11	8	4	7	8	5	3
EXERCISE									
R.2a.	In the past 2 weeks, have you done any of the following exercises, sports, or physically active hobbies ⁶ --								
	Walking for exercise.....	40	50	40	36	42	42	41	42
	Jogging or running.....	3	12	2	0	11	16	4	1
	Calisthenics or general exercise.....	10	19	7	10	23	29	16	11
	Biking.....	7	17	6	4	11	13	8	6
	Swimming or water exercises.....	3	8	2	1	10	13	6	3
R.3.	Do you exercise or play sports regularly? (Yes).....	26	41	21	24	41	47	32	30
R.4.	For how long have you exercised or played sports regularly?								
	Less than 1 year.....	4	9	3	3	5	7	4	2
	1-2 years.....	5	8	4	5	6	7	5	4
	3-4 years.....	4	6	4	4	4	4	3	3
	5 or more years.....	12	18	10	11	25	29	20	19
	Do not exercise regularly.....	75	60	79	76	60	54	69	72
R.5a.	Would you say that you are physically more active, less active, or about as active as other persons your age? ^{1,3} Is that (a lot more or a little more/a lot less or a little less) active?								
	A lot more.....	12	15	9	13	18	16	19	23
	A little more.....	10	8	8	14	16	15	16	17
	About as active.....	48	49	47	50	49	49	49	45
	A lot less.....	16	11	22	12	6	5	7	7
	A little less.....	13	18	14	10	12	14	8	7
R.7a.	How many days a week do you think a person should exercise to strengthen the heart and lungs?								
	Less than 3 days.....	4	9	3	3	6	7	4	3
	3-4 days.....	23	44	23	14	41	50	32	17
	5 days or more.....	43	33	46	45	38	34	44	46
	Don't know.....	30	14	28	38	15	8	20	34
R.7b.	For how many minutes do you think a person should exercise on each occasion so that the heart and lungs are strengthened?								
	Less than 15 minutes.....	10	8	9	11	6	4	7	9
	15 to 25 minutes.....	21	21	24	18	23	24	23	20
	More than 25 minutes.....	34	54	34	25	53	62	45	29
	Don't know.....	36	17	34	45	18	10	25	42

See footnotes at end of table.

Table 1. Estimates of the percent of population with selected behaviors and knowledge from the 1985 National Health Interview Survey Questionnaire on Health Promotion and Disease Prevention, by diabetic status and age: United States, 1985--Con.

(Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes.)

Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
EXERCISE--Con.									
Percent of population									
R.7c.	During those (number in 7b) minutes, how fast do you think a person's heart rate and breathing should be to strengthen the heart and lungs? Do you think that the heart and breathing rate should be--								
	No faster than usual.....	7	5	7	9	3	2	3	7
	A little faster than usual.....	42	44	43	41	45	45	46	45
	A lot faster but talking is possible.....	18	35	19	10	35	43	29	12
	So fast that talking is not possible.....	1	-	1	0	1	1	1	0
	Don't know.....	32	16	31	40	16	9	21	36
SMOKING									
	Cigarette smoking status (Based on Items S.1-3)								
	Never.....	44	42	35	55	46	48	37	49
	Former.....	33	21	37	34	24	18	30	34
	Current (Includes unknown amount smoked).....	22	37	28	11	30	33	32	16
	Less than 15.....	8	10	10	4	9	11	8	6
	15-24.....	7	16	7	4	13	14	13	7
	25 and over.....	7	11	10	2	8	8	10	3
S.3.	On the average, about how many cigarettes a day do you now smoke? (Current smokers)								
	Less than 15.....	34	26	37	41	32	33	27	38
	15-24.....	34	44	26	40	42	42	43	43
	25 and over.....	32	30	37	19	26	26	31	19
S.4.	Tell me if you think cigarette smoking definitely increases, probably increases, probably does not, or definitely does not increase a person's chances of getting the following problems?								
	Emphysema								
	Increases.....	88	86	89	86	91	92	92	87
	Definitely increases.....	72	69	75	70	73	74	75	71
	Probably increases.....	16	17	15	16	18	18	17	16
	Does not increase.....	2	4	2	2	2	2	2	2
	Probably does not increase.....	1	1	1	2	1	1	1	1
	Definitely does not increase.....	1	3	1	0	1	1	1	1
	Don't know/No opinion.....	10	10	8	12	7	6	6	11
	Bladder cancer								
	Increases.....	34	29	34	36	35	38	34	31
	Definitely increases.....	13	8	16	13	12	12	12	12
	Probably increases.....	21	22	19	23	24	26	21	19
	Does not increase.....	19	32	18	15	25	29	22	14
	Probably does not increase.....	12	19	12	9	18	21	14	9
	Definitely does not increase.....	7	13	6	6	8	8	8	5
	Don't know/No opinion.....	47	39	48	49	39	33	44	55
	Cancer of the larynx or voice box								
	Increases.....	81	82	83	78	88	91	87	76
	Definitely increases.....	50	53	52	46	56	59	55	47
	Probably increases.....	31	29	31	33	32	32	32	30
	Does not increase.....	4	5	3	5	3	3	3	4
	Probably does not increase.....	2	3	1	3	2	2	2	2
	Definitely does not increase.....	2	3	2	2	1	1	1	2
	Don't know/No opinion.....	15	12	14	17	9	6	10	20
	Cataracts								
	Increases.....	16	18	15	16	16	18	13	12
	Definitely increases.....	5	3	6	5	4	5	4	3
	Probably increases.....	10	15	8	11	11	13	9	8
	Does not increase.....	33	42	34	27	43	47	40	30
	Probably does not increase.....	16	17	17	13	22	25	19	14
	Definitely does not increase.....	17	25	17	14	20	22	21	15
	Don't know/No opinion.....	52	40	51	57	42	35	47	59

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Table 1. Estimates of the percent of population with selected behaviors and knowledge from the 1985 National Health Interview Survey Questionnaire on Health Promotion and Disease Prevention, by diabetic status and age: United States, 1985--Con.

(Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes.)

Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
	SMOKING--Con.	Percent of population							
S.4.	Tell me if you think cigarette smoking definitely increases, probably increases, probably does not, or definitely does not increase a person's chances of getting the following problems?--Con.								
	Cancer of the esophagus								
	Increases.....	73	75	74	71	80	83	78	69
	Definitely increases.....	36	34	39	34	43	46	41	36
	Probably increases.....	37	41	35	37	37	38	37	33
	Does not increase.....	7	11	6	6	6	6	7	6
	Probably does not increase.....	4	7	3	4	4	4	4	3
	Definitely does not increase.....	3	4	3	3	2	2	2	2
	Don't know/No opinion.....	20	14	20	23	14	11	15	25
	Chronic bronchitis								
	Increases.....	80	88	80	76	87	89	86	76
	Definitely increases.....	49	56	50	46	54	57	53	45
	Probably increases.....	30	32	30	30	32	32	33	32
	Does not increase.....	5	5	5	6	5	4	5	5
	Probably does not increase.....	3	3	3	4	3	3	3	3
	Definitely does not increase.....	2	2	2	2	2	1	2	2
	Don't know/No opinion.....	15	7	16	18	9	6	9	19
	Gallstones								
	Increases.....	11	9	11	12	11	13	9	9
	Definitely increases.....	4	2	5	4	3	3	3	3
	Probably increases.....	7	7	6	8	8	10	7	6
	Does not increase.....	36	49	36	30	46	51	43	32
	Probably does not increase.....	14	21	14	12	23	26	19	14
	Definitely does not increase.....	22	29	22	19	23	24	24	18
	Don't know/No opinion.....	53	42	52	58	43	37	47	59
	Lung cancer								
	Increases.....	89	94	90	86	95	97	94	88
	Definitely increases.....	72	75	73	69	80	84	76	72
	Probably increases.....	17	19	17	17	15	13	18	16
	Does not increase.....	3	2	2	4	1	1	2	2
	Probably does not increase.....	2	0	1	3	1	1	1	1
	Definitely does not increase.....	1	2	1	1	1	1	1	1
	Don't know/No opinion.....	8	4	8	11	4	2	4	10
S.4.	Does cigarette smoking during pregnancy definitely increase, probably increase, probably not or definitely not increase the chances of--(Persons under 45 years of age)								
	Miscarriage								
	Increases.....	74	74	-	-	74	74	-	-
	Definitely increases.....	34	34	-	-	35	35	-	-
	Probably increases.....	40	40	-	-	39	39	-	-
	Does not increase.....	8	8	-	-	12	12	-	-
	Probably does not increase.....	4	4	-	-	9	9	-	-
	Definitely does not increase.....	4	4	-	-	3	3	-	-
	Don't know/No opinion.....	18	18	-	-	14	14	-	-
	Stillbirth								
	Increases.....	68	68	-	-	65	65	-	-
	Definitely increases.....	25	25	-	-	28	28	-	-
	Probably increases.....	43	43	-	-	37	37	-	-
	Does not increase.....	11	11	-	-	14	14	-	-
	Probably does not increase.....	5	5	-	-	11	11	-	-
	Definitely does not increase.....	5	5	-	-	4	4	-	-
	Don't know/No opinion.....	21	21	-	-	20	20	-	-
	Premature birth								
	Increases.....	70	70	-	-	70	70	-	-
	Definitely increases.....	29	29	-	-	32	32	-	-
	Probably increases.....	41	41	-	-	38	38	-	-
	Does not increase.....	9	9	-	-	12	12	-	-
	Probably does not increase.....	5	5	-	-	9	9	-	-
	Definitely does not increase.....	4	4	-	-	3	3	-	-
	Don't know/No opinion.....	21	21	-	-	17	17	-	-

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Table 1. Estimates of the percent of population with selected behaviors and knowledge from the 1985 National Health Interview Survey Questionnaire on Health Promotion and Disease Prevention, by diabetic status and age: United States, 1985--Con.

(Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes.)

Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
SMOKING--Con.		Percent of population							
S.4.	Does cigarette smoking during pregnancy definitely increase, probably increase, probably not or definitely not increase the chances of--(Persons under 45 years of age)--Con.								
	Low birth weight of the newborn								
	Increases.....	74	74	-	-	80	80	-	-
	Definitely increases.....	47	47	-	-	45	45	-	-
	Probably increases.....	27	27	-	-	35	35	-	-
	Does not increase.....	5	5	-	-	7	7	-	-
	Probably does not increase.....	3	3	-	-	5	5	-	-
	Definitely does not increase.....	2	2	-	-	2	2	-	-
	Don't know/No opinion.....	22	22	-	-	13	13	-	-
S.5a.	If a woman takes birth control pills, is she more likely to have a stroke if she smokes than if she does not smoke? (Persons under 45 years of age)								
	More likely.....	52	52	-	-	63	63	-	-
	Not likely.....	7	7	-	-	6	6	-	-
	Don't know.....	41	41	-	-	31	31	-	-
ALCOHOL USE									
T.1c.	Have you had at least one drink of beer, wine or liquor during the past year? ¹ (Yes).....	37	62	38	26	66	73	63	46
T.2.	In the past 2 weeks, on how many days did you drink any alcoholic beverages, such as beer, wine, or liquor? ^{1,3}								
	Did not drink in past year.....	63	38	62	74	34	28	37	55
	None.....	15	21	16	10	14	14	14	12
	1-4 days.....	14	29	13	10	33	39	27	16
	5-9 days.....	2	5	2	1	8	10	7	3
	10-14 days.....	5	5	6	4	11	9	14	14
T.3.	In the past 2 weeks, on the days that you drank alcoholic beverages, how many drinks did you have per day, on the average? ^{1,3}								
	Did not drink in past year.....	63	38	62	74	34	28	37	55
	None.....	15	21	16	10	14	14	14	12
	1 drink.....	9	10	7	10	17	16	19	18
	2 drinks.....	7	13	8	3	16	18	16	9
	3-4 drinks.....	3	7	3	2	13	16	9	4
	5 or more drinks.....	3	9	3	1	7	9	4	1
	Drinking Index (2-week daily drinking, based on items T.1-3) ⁷								
	Did not drink in past year.....	63	38	62	74	34	28	37	55
	None.....	15	21	16	10	14	14	14	12
	Light (.01 to .21 ounce absolute alcohol).....	12	20	11	9	25	27	24	16
	Moderate (.22 to .99 ounce absolute alcohol).....	6	11	7	3	20	23	17	12
	Heavier (1.00 ounces or more absolute alcohol).....	4	8	4	3	8	8	8	6
T.6.	During the past 12 months, on how many days did you have 9 or more drinks of any alcoholic beverage?								
	1 or more days.....	4	11	4	1	12	18	6	2
	5 or more days.....	3	7	3	0	7	10	4	1
T.7.	During the past 12 months, on how many days did you have 5 or more drinks of any alcoholic beverage? ¹								
	1 or more days.....	7	20	7	2	25	33	15	6
	10 or more days.....	4	9	4	2	13	17	8	3
T.8.	During the past year, how many times did you drive when you had perhaps too much to drink?								
	1 time.....	1	4	0	-	3	5	1	0
	2 or more times.....	2	6	1	0	7	11	3	0

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Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
ALCOHOL USE--Con.		Percent of population							
T.9.	Tell me if you think heavy alcohol drinking definitely increases, probably increases, probably does not, or definitely does not increase a person's chances of getting the following problems?								
	Throat cancer								
	Increases.....	45	36	47	48	40	38	41	44
	Definitely increases.....	21	12	21	24	15	12	16	21
	Probably increases.....	25	24	25	24	25	26	24	23
	Does not increase.....	23	35	22	18	34	40	30	18
	Probably does not increase.....	15	21	15	12	23	27	20	11
	Definitely does not increase.....	8	15	8	6	11	12	10	6
	Don't know/No opinion.....	32	28	31	34	26	22	30	38
	Cirrhosis of the liver								
	Increases.....	92	93	93	91	95	96	95	88
	Definitely increases.....	78	79	82	74	79	81	80	71
	Probably increases.....	14	14	11	17	15	15	15	17
	Does not increase.....	1	2	1	0	1	1	1	1
	Probably does not increase.....	0	0	1	0	1	0	1	1
	Definitely does not increase.....	0	2	-	0	0	0	0	0
	Don't know/No opinion.....	7	5	6	9	5	3	4	11
	Bladder cancer								
	Increases.....	65	68	67	61	67	70	63	58
	Definitely increases.....	30	24	32	30	28	29	27	26
	Probably increases.....	35	44	36	31	39	41	37	32
	Does not increase.....	8	12	8	7	11	13	11	7
	Probably does not increase.....	6	7	6	4	8	9	8	5
	Definitely does not increase.....	3	5	2	3	3	3	3	2
	Don't know/No opinion.....	27	20	25	32	22	17	25	35
	Cancer of the mouth								
	Increases.....	40	30	40	44	32	30	34	38
	Definitely increases.....	16	10	17	18	11	9	12	16
	Probably increases.....	23	20	22	26	22	22	21	21
	Does not increase.....	22	36	22	17	37	43	32	20
	Probably does not increase.....	14	21	14	12	24	29	20	12
	Definitely does not increase.....	8	15	9	5	13	14	12	8
	Don't know/No opinion.....	37	34	38	39	31	27	34	43
	Arthritis								
	Increases.....	17	15	18	16	15	15	15	14
	Definitely increases.....	6	4	5	7	4	3	4	4
	Probably increases.....	11	11	12	9	11	12	10	10
	Does not increase.....	35	43	35	30	47	52	42	31
	Probably does not increase.....	16	20	16	15	25	29	21	14
	Definitely does not increase.....	18	23	19	15	22	23	21	17
	Don't know/No opinion.....	49	42	47	54	39	33	43	55
	Blood clots								
	Increases.....	33	37	34	30	34	39	29	26
	Definitely increases.....	12	13	12	11	10	11	9	8
	Probably increases.....	21	24	22	19	24	28	20	18
	Does not increase.....	23	29	24	20	31	33	33	21
	Probably does not increase.....	12	16	12	11	19	21	18	11
	Definitely does not increase.....	11	14	12	9	13	12	14	11
	Don't know/No opinion.....	44	34	42	50	34	28	39	52
T.9.	Does heavy drinking during pregnancy definitely increase, probably increase, probably not or definitely not increase the chances of--(Persons under 45 years of age)								
	Miscarriage								
	Increases.....	82	82	-	-	86	86	-	-
	Definitely increases.....	48	48	-	-	48	48	-	-
	Probably increases.....	34	34	-	-	38	38	-	-
	Does not increase.....	3	3	-	-	4	4	-	-
	Probably does not increase.....	2	2	-	-	3	3	-	-
	Definitely does not increase.....	1	1	-	-	1	1	-	-
	Don't know/No opinion.....	16	16	-	-	10	10	-	-

See footnotes at end of table.

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Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
ALCOHOL USE--Con.		Percent of population							
T.9.	Does heavy drinking during pregnancy definitely increase, probably increase, probably not or definitely not increase the chances of--(Persons under 45 years of age)--Con.								
	Mental retardation of the newborn								
	Increases.....	77	77	-	-	84	84	-	-
	Definitely increases.....	40	40	-	-	47	47	-	-
	Probably increases.....	37	37	-	-	37	37	-	-
	Does not increase.....	7	7	-	-	5	5	-	-
	Probably does not increase.....	4	4	-	-	4	4	-	-
	Definitely does not increase.....	3	3	-	-	1	1	-	-
	Don't know/No opinion.....	17	17	-	-	11	11	-	-
	Low birth weight of the newborn								
	Increases.....	83	83	-	-	84	84	-	-
	Definitely increases.....	41	41	-	-	46	46	-	-
	Probably increases.....	42	42	-	-	38	38	-	-
	Does not increase.....	3	3	-	-	4	4	-	-
	Probably does not increase.....	3	3	-	-	3	3	-	-
	Definitely does not increase.....	-	-	-	-	1	1	-	-
	Don't know/No opinion.....	14	14	-	-	11	11	-	-
	Birth defects								
	Increases.....	83	83	-	-	85	85	-	-
	Definitely increases.....	44	44	-	-	49	49	-	-
	Probably increases.....	39	39	-	-	36	36	-	-
	Does not increase.....	5	5	-	-	4	4	-	-
	Probably does not increase.....	4	4	-	-	3	3	-	-
	Definitely does not increase.....	1	1	-	-	1	1	-	-
	Don't know/No opinion.....	12	12	-	-	11	11	-	-
T.10.	Have you ever heard of Fetal Alcohol Syndrome? (Persons under 45 years of age) (Yes).....	54	54	-	-	56	56	-	-
DENTAL CARE									
U.1.	This next question is about preventing tooth decay. After I read each of the following, tell me if you think it is definitely important, probably important, probably not, or definitely not important in preventing tooth decay.								
	Seeing a dentist regularly								
	Important.....	93	95	95	91	96	97	95	92
	Definitely important.....	81	84	82	79	83	84	83	78
	Probably important.....	12	11	13	12	13	13	12	14
	Not important.....	2	3	2	3	2	2	3	2
	Probably not important.....	2	2	2	2	2	1	2	2
	Definitely not important.....	0	0	0	0	1	0	1	1
	Don't know/No opinion.....	4	2	3	6	2	1	2	6
	Drinking water with fluoride from early childhood								
	Important.....	70	81	72	62	80	85	77	63
	Definitely important.....	40	44	44	34	46	50	45	32
	Probably important.....	30	37	28	28	34	35	32	30
	Not important.....	9	7	9	10	8	8	8	8
	Probably not important.....	7	6	6	8	6	6	5	5
	Definitely not important.....	2	1	3	3	3	2	3	3
	Don't know/No opinion.....	21	11	19	28	12	7	15	29
	Regular brushing and flossing of the teeth								
	Important.....	96	98	97	94	98	99	97	95
	Definitely important.....	84	90	85	79	90	92	88	82
	Probably important.....	12	7	12	15	8	7	9	12
	Not important.....	1	0	0	1	1	0	1	1
	Probably not important.....	0	-	0	0	0	0	0	0
	Definitely not important.....	0	0	-	0	0	0	0	0
	Don't know/No opinion.....	4	2	3	5	2	1	2	5

See footnotes at end of table.

Table 1. Estimates of the percent of population with selected behaviors and knowledge from the 1985 National Health Interview Survey Questionnaire on Health Promotion and Disease Prevention, by diabetic status and age: United States, 1985--Con.

(Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes.)

Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
	DENTAL CARE--Con.	Percent of population							
U.1.	This next question is about preventing tooth decay. After I read each of the following, tell me if you think it is definitely important, probably important, probably not, or definitely not important in preventing tooth decay.--Con.								
	Using fluoride toothpaste or fluoride mouth rinse								
	Important.....	84	93	87	78	90	94	87	75
	Definitely important.....	53	63	56	46	62	69	54	44
	Probably important.....	31	30	31	32	28	25	32	31
	Not important.....	5	2	5	6	4	3	6	6
	Probably not important.....	3	0	3	4	3	2	4	4
	Definitely not important.....	2	1	2	2	1	1	1	2
	Don't know/No opinion.....	11	5	8	16	6	3	8	19
	Avoiding between-meal sweets								
	Important.....	89	93	91	84	89	91	89	82
	Definitely important.....	62	61	64	60	60	61	62	53
	Probably important.....	27	32	27	25	30	30	27	29
	Not important.....	5	4	4	5	6	7	6	7
	Probably not important.....	3	2	3	4	5	5	4	5
	Definitely not important.....	2	2	1	1	1	1	2	2
	Don't know/No opinion.....	7	3	4	10	4	2	5	11
U.2.	Now I'm going to ask about preventing gum disease. In your opinion, how important or not important is each of the following in preventing gum disease?								
	Seeing a dentist regularly								
	Important.....	92	97	93	90	95	97	95	90
	Definitely important.....	79	86	80	77	83	84	83	76
	Probably important.....	13	11	13	13	12	12	11	14
	Not important.....	2	1	3	2	2	2	2	2
	Probably not important.....	2	1	2	2	1	1	2	2
	Definitely not important.....	1	0	1	0	1	0	1	1
	Don't know/No opinion.....	5	2	4	8	3	1	3	8
	Drinking water with fluoride from early childhood								
	Important.....	60	66	62	54	66	71	62	53
	Definitely important.....	32	33	34	31	34	37	32	27
	Probably important.....	27	33	28	24	32	34	30	26
	Not important.....	13	20	11	12	16	17	17	11
	Probably not important.....	9	16	7	8	12	13	12	7
	Definitely not important.....	4	4	5	4	4	4	5	4
	Don't know/No opinion.....	27	14	26	33	17	11	21	36
	Regular brushing and flossing of the teeth								
	Important.....	93	96	94	91	96	98	96	91
	Definitely important.....	76	82	77	73	84	87	82	75
	Probably important.....	17	14	17	18	12	10	13	16
	Not important.....	1	1	1	2	1	1	1	1
	Probably not important.....	1	0	1	1	1	1	1	1
	Definitely not important.....	1	1	1	1	0	0	0	0
	Don't know/No opinion.....	5	3	5	7	3	2	3	8
	Using fluoride toothpaste or fluoride mouth rinse								
	Important.....	75	83	76	72	78	82	73	68
	Definitely important.....	43	46	44	41	48	53	42	39
	Probably important.....	32	36	32	30	30	29	31	29
	Not important.....	9	10	9	10	12	12	14	9
	Probably not important.....	7	6	6	7	9	9	10	6
	Definitely not important.....	3	4	3	3	3	3	4	3
	Don't know/No opinion.....	15	7	15	18	10	6	14	23
	Avoiding between-meal sweets								
	Important.....	83	84	85	81	81	83	80	76
	Definitely important.....	54	52	54	54	50	51	52	48
	Probably important.....	30	33	31	27	31	33	28	28
	Not important.....	7	10	6	6	12	12	11	9
	Probably not important.....	4	7	4	4	9	10	8	6
	Definitely not important.....	2	3	2	2	3	3	3	3
	Don't know/No opinion.....	10	6	9	13	7	5	9	15

See footnotes at end of table.

Table 1. Estimates of the percent of population with selected behaviors and knowledge from the 1985 National Health Interview Survey Questionnaire on Health Promotion and Disease Prevention, by diabetic status and age: United States, 1985--Con.

(Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes.)

Section and item number	Health behaviors and knowledge	Diabetic				Nondiabetic			
		18+ years	18-44 years	45-64 years	65+ years	18+ years	18-44 years	45-64 years	65+ years
DENTAL CARE--Con.		Percent of population							
U.3.	In your opinion, which of the following is the main cause of tooth loss in children?								
	Tooth decay.....	61	63	60	62	58	56	60	62
	Gum disease.....	9	6	10	8	9	8	9	9
	Injury to the teeth.....	23	30	25	17	29	34	27	17
	Don't know.....	8	1	5	13	4	2	5	12
U.4.	In your opinion, which of the following is the main cause of tooth loss in adults?								
	Tooth decay.....	42	41	40	43	40	39	40	44
	Gum disease.....	50	56	53	45	54	57	54	43
	Injury to the teeth.....	2	2	3	1	3	3	2	2
	Don't know.....	6	1	4	10	3	2	4	10
U.5a.	Have you ever heard of dental sealants? (Yes).....	15	25	18	9	23	25	23	14
U.5b.	Which of the following best describes the purpose of dental sealants--to prevent gum disease, to prevent tooth decay, or to hold dentures in place? (Persons who have heard of dental sealants (yes) in U.5a.)								
	Prevent gum disease.....	8	5	8	9	4	4	4	7
	Prevent tooth decay.....	76	86	69	78	80	81	81	70
	Hold dentures in place.....	11	7	16	5	12	12	10	13
	Don't know.....	6	2	7	8	4	3	5	9
OCCUPATIONAL SAFETY AND HEALTH									
V.1a.	In your present job, are you exposed to any substances that could endanger your health, such as chemicals, dusts, fumes or gases? ³ (Currently employed persons) (Yes).....	34	37	35	15	35	37	32	17
V.2a.	In your present job, are you exposed to any work conditions that could endanger your health, such as loud noise, extreme heat or cold, physical or mental stress, or radiation? ³ (Currently employed persons) (Yes).....	35	44	35	9	36	38	33	14
V.3a.	In your present job are you exposed to any risks of accidents or injuries? ³ (Currently employed persons) (Yes).....	38	44	38	18	40	42	36	26

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Symbols

- - -	Data not available
. . .	Category not applicable
-	Quantity zero
0.0	Quantity more than zero but less than 0.05
Z	Quantity more than zero but less than 500 where numbers are rounded to thousands
*	Figure does not meet standards of reliability or precision
#	Figure suppressed to comply with confidentiality requirements

Technical notes

The National Health Interview Survey (NHIS) is a continuous, cross-sectional nationwide survey conducted by household interview. Each week a probability sample of households in the civilian noninstitutionalized population is interviewed by personnel of the U.S. Bureau of the Census to obtain information on the health and other characteristics of each member of the household. The 1985 NHIS sample consisted of 36,399 eligible households. The total noninterview rate for the basic health and demographic household questionnaire was about 4 percent—about 2-3 percent of which was due to respondent refusal and the remainder primarily due to an inability to locate an eligible respondent at home after repeated calls. A more detailed description of the survey design, methods used in estimation, and general qualifications of the NHIS data is provided in *Current Estimates From the National Health Interview Survey, 1985*.³⁴

Objectives and sponsorship of the 1985 NHIS Health Promotion and Disease Prevention study

The 1985 NHIS Health Promotion and Disease Prevention (HPDP) study was designed to monitor progress toward one of the major initiatives of the Department of Health and Human Services. This initiative was described in *Healthy People—The Surgeon General's Report on Health Promotion and Disease Prevention, 1979*.³⁵ In that report, broad goals were established for the improvement of the health of Americans. The 1980 Public Health Service report, *Promoting Health/Preventing Disease: Objectives for the Nation*,³⁶ detailed specific objectives necessary for attaining those goals in each of 15 priority areas. Because the target date for achieving those objectives is 1990, current data collection plans call for readministering the 1985 HPDP questionnaire in 1990 for the purpose of monitoring progress achieved in the intervening 5 years.

The planning and development of the questionnaire used

in the 1985 HPDP study was carried out in collaboration with the following Federal agencies, some of which also provided partial funding for the study:

Office of the Assistant Secretary for Health
 Office of Disease Prevention and Health Promotion
 Office on Smoking and Health
 Alcohol, Drug Abuse, and Mental Health Administration
 National Institute on Alcohol Abuse and Alcoholism
 National Institutes of Health
 National Heart, Lung, and Blood Institute
 National Cancer Institute
 National Institute of Dental Research
 National Institute of Child Health and Human Development
 Health Resources and Services Administration
 Centers for Disease Control
 Center for Prevention Services
 Center for Infectious Diseases
 Center for Environmental Health
 Center for Health Promotion and Education
 National Institute for Occupational Safety and Health
 Food and Drug Administration
 Bureau of Foods
 Department of Transportation
 Office of Driver and Pedestrian Research
 The President's Council on Physical Fitness and Sports

HPDP questionnaire content and administration

The 1985 Health Promotion and Disease Prevention study was devoted primarily to the collection of baseline data on the following topics: general health habits (including nutrition), injury control and child safety and health, high blood pressure, stress, exercise, smoking, alcohol use, dental care, and occupational safety and health. These topics were selected after consultation with the Office of Disease Prevention and Health Promotion (Assistant Secretary for Health) as well as with the agencies designated by the Assistant Secretary for Health as having "lead" responsibility for implementing and monitoring progress toward achieving the 1990 objectives. Within

each agency, subject matter experts were consulted during the development of the questionnaire.

Self-response was required for the Health Promotion and Disease Prevention questionnaire, and one adult per family was selected randomly as the respondent. This procedure resulted in an additional nonresponse of about 7 percent. The number of completed Health Promotion and Disease Prevention questionnaires was 33,630, representing an estimated 90 percent of eligible respondents.

Populations used in the computation of percents shown in this report

The estimated population for each of the age categories of diabetics and nondiabetics used as a denominator for one of the percents or more discussed in this report is shown in table I. This information allows readers to derive estimates of the number of persons in the United States with a given characteristic by diabetic status and age.

Reliability of estimates

Because the estimates shown in the text table are based on a sample of the population rather than on the entire population, they are subject to sampling error. Some estimates in the table are small for given characteristics. When an estimate or the numerator or denominator used in the computation of a percent is small, the sampling error may be relatively high. Approximate standard errors for estimates in this report are shown in table II.

Nonsampling errors

The data presented in this report are also subject to a variety of nonsampling errors, some of which represent random measurement error; others, more systematic error. In recent years, a number of review articles have appeared codifying the current state of knowledge about these kinds of errors in the study of selected health-related behaviors and characteristics, including smoking,³⁷ alcohol use,³⁸ reported height and weight,³⁹ exercise behaviors,⁴⁰ reports of stress,⁴¹ and dietary patterns.⁴²

Table I. Estimates of selected civilian noninstitutionalized populations by diabetic status and age: United States, 1985

Selected population	Diabetic				Nondiabetic			
	18 - years	18-44 years	45-64 years	65 - years	18 + years	18-44 years	45-64 years	65 + years
Population in thousands								
Total adult population	6,144	1,036	2,580	2,528	161,589	96,765	40,994	23,830
Females	3,385	523	1,377	1,485	85,251	49,688	21,464	14,099
Population in families with children under 10 years of age	821	509	238	74	44,186	40,641	3,161	384
Population in families with children under 5 years of age	503	301	154	48	28,894	27,195	1,538	161
Currently employed population	2,212	767	1,204	241	103,330	73,525	26,848	2,957

Table II. Standard errors, expressed in percentage points, of estimated percents by diabetic status and age: National Health Interview Survey Questionnaire on Health Promotion and Disease Prevention, United States, 1985

<i>Estimated percent</i>	<i>Diabetic</i>				<i>Nondiabetic</i>			
	<i>18 + years</i>	<i>18-44 years</i>	<i>45-64 years</i>	<i>65 + years</i>	<i>18 + years</i>	<i>18-44 years</i>	<i>45-64 years</i>	<i>65 + years</i>
Standard error in percentage points								
5 or 95	0.69	1.67	1.07	1.07	0.13	0.17	0.27	0.35
10 or 90	0.95	2.30	1.47	1.47	0.18	0.24	0.37	0.48
15 or 85	1.13	2.74	1.75	1.75	0.22	0.28	0.44	0.57
20 or 80	1.26	3.07	1.96	1.97	0.25	0.32	0.49	0.64
25 or 75	1.36	3.32	2.12	2.13	0.27	0.34	0.53	0.69
30 or 70	1.44	3.52	2.24	2.25	0.28	0.36	0.56	0.73
35 or 65	1.50	3.66	2.33	2.34	0.29	0.38	0.58	0.76
40 or 60	1.54	3.76	2.40	2.41	0.30	0.39	0.60	0.78
45 or 55	1.57	3.82	2.43	2.44	0.31	0.40	0.61	0.80
50	1.58	3.84	2.45	2.46	0.31	0.40	0.61	0.80

Discharges From Nursing Homes: Preliminary Data From the 1985 National Nursing Home Survey

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This report presents information on discharged residents of nursing and related-care homes based on preliminary estimates from the 1985 National Nursing Home Survey (NNHS). The 1985 NNHS is the third in an ongoing series of sample surveys designed to provide a variety of data on nursing homes in the conterminous United States and is conducted periodically by the National Center for Health Statistics (NCHS). Previous surveys were conducted in 1973-74 (NCHS, 1977) and 1977 (NCHS, 1979).

The data presented in this report were collected between August 1985 and January 1986 and deal specifically with demographic, health, and other characteristics of persons formally discharged from nursing homes during the 12-month period immediately prior to the survey date. Other reports already published present information on nursing home residents (NCHS, 1987a) and facilities (NCHS, 1987b) based on national estimates from the same survey. Two other reports resulting from the 1985 NNHS will provide information on registered nurses employed at nursing homes and on current and discharged nursing home residents. The latter report will be based on a followup survey of the next of kin of the sample population. A summary report presenting data from all five components of the survey also will be prepared by NCHS. Because data in this report are preliminary, they may differ slightly from those published later after further edits are conducted.

Facilities included in the 1985 NNHS were nursing and related-care homes in the conterminous United States that had three beds or more set up and staffed for use by residents and that routinely provided nursing and personal care services. A facility could be freestanding or could be a nursing care unit of a hospital, retirement center, or similar institution as long as the unit maintained financial and employee records separate from the parent institution. Facilities providing only room and

board were excluded, as were those serving only persons with specific health problems (for example, mental retardation or alcoholism).

The sampling frame for the 1985 NNHS consisted of the following components:

- The 1982 National Master Facility Inventory (NMFI) (NCHS, 1986), a census of nursing and related-care homes conducted by NCHS.
- Homes identified in the 1982 Complement Survey of the NMFI as "missing" from the 1982 NMFI.
- Nursing homes opened for business from 1982 through June 1984 and identified by the NCHS Agency Reporting System (NCHS, 1968).
- Hospital-based nursing homes identified in records of the Health Care Financing Administration.

The resulting frame contained about 20,500 nursing homes, and a sample of 1,220 homes was selected. In this report, the terms "nursing homes" and "nursing and related-care homes" are used interchangeably.

Estimates in this report are based on a sample of 6,023 discharges from the 1,079 nursing homes participating in the survey. A more detailed description of the survey design, data collection methodology, and estimation procedures for the NNHS has been published elsewhere (Shimizu, 1987). A brief discussion of the standard errors associated with these data is presented in the Technical notes to this report. For convenience, this report uses the terms "discharges" and "discharged residents" interchangeably.

Background and type of data

Data in this report were obtained from personal interviews conducted in the sample nursing homes with the employees

deemed most knowledgeable of the medical records of the discharged residents. In most cases the interviewee was either a nurse or medical records person who consulted with the available medical records of the discharged resident during the interview. As was true in the NNHS of previous years, no discharges were consulted personally in this component of the survey. The full sample consisted of six or fewer discharges from each nursing home whose discharge dates fell within the 12 months prior to the survey date.

The 12-month reference period from which the discharged residents' sample was drawn for the 1985 survey ended on the date immediately preceding the survey date. Previous survey reference periods for discharges were the calendar years 1972 and 1976. The reference period of the 1985 survey was changed in an attempt to obtain more current and readily available data and to provide information on the utilization of nursing homes by both residents and discharges over a more closely related period of time. However, data from the 1985 NNHS for the discharged resident population and current resident population differ in several major areas. These differences are discussed in more detail in other NCHS publications (NCHS, 1978). Briefly, while the discharged resident estimates represent all discharges over a 12-month period, the current resident population is estimated for a single night, that immediately prior to the survey date. The discharge sample, therefore, may underestimate those nursing home residents who tend to stay for very lengthy periods, while the current resident population may underestimate those persons with very short durations of stay. While the current resident file provides for what may be considered a "snapshot" of nursing home residents on any given day, the discharged resident file provides for some indication of the over-the-year changes in the nursing home population.

Because the methodology for counting discharged residents from the 1973-74 NNHS differed from that of the 1977 (NCHS, 1981) and 1985 surveys, no comparisons will be made in this report between estimates from the 1973-74 survey and those derived from the 1985 NNHS. The 1973-74 NNHS estimated the total number of discharges from each nursing home in the sample from one question in the facility component of the survey. The 1985 NNHS obtained a complete listing of all discharges from the sample nursing home. Comparisons will be presented of estimates from the 1977 and 1985 discharged resident components of the NNHS where appropriate.

Demographic characteristics, dependency, and duration of stay

The 1985 NNHS found that an estimated 1,223,500 persons were discharged from an estimated 19,100 nursing and related-care homes during the 12 months prior to the survey date. Because the survey was conducted between August 1985 and January 1986, the 12-month reference period could have fallen anywhere beginning August 1984 and ending January 1986. The preliminary 1985 estimate represents about a 9.5-percent increase over the 1,117,500 discharges estimated by the 1977 NNHS. Of the recent total, about 37 percent were men while 63 percent were women, roughly the same as was

found in the 1977 survey (see table 1). In contrast to the discharge population of 8 years earlier, however, the distribution of discharges in the 1985 survey was more heavily weighted with persons aged 85 years and over and by persons more dependent on the nursing home staff in terms of performance of selected activities of daily living.

Although nearly 9 of every 10 discharges in both surveys were aged 65 years and over, the proportion aged 85 years or over rose from 30 to 38 percent between 1976 and 1984-85. Partly as a result of the aging of the discharge population, the proportion of all discharges who were not dependent in either mobility or continence decreased during the 8-year period from 40 to 31 percent while the proportion who were dependent in both of these functions increased from 35 to 45 percent. The proportion of all discharges who were totally bedfast also rose between surveys from about 21 to 35 percent and the proportion who were chairfast remained about 25 percent. Although in both the 1977 and 1985 surveys older discharges tended to be more dependent than were younger discharges (NCHS, 1981), increased dependencies were evident in all major age groups between surveys (see tables 2 and 3).

In the 1977 and 1985 surveys, persons who were discharged at older ages were more likely to have had lengthier durations of stay in the nursing home than persons discharged at younger ages. This was as true for men as it was for women. The median duration of stay for all discharges was 82 days according to the 1985 survey; for persons aged 85 years and over, however, it was 145 days (see table 4). Women discharges, who tend to be older than discharged men (overall median ages, 83 and 79 years, respectively), also had a longer median duration of stay, 93 as compared with 66 days, according to the 1985 survey. Older women, however, also tended to stay longer in nursing homes than older men. At least half of all women over 84 years of age had been confined to the sample nursing home for more than 4 months according to the 1985 survey, while comparable older men had a median duration of stay of a little over 3 months.

Although the estimated overall median durations of stay for all discharges, as well as those for all men and all women in the 1985 survey show observable increases over comparable estimates from the 1977 survey, none of these increases is statistically significant (according to a Z test with 0.05 level of significance). Similarly, none of the differences between surveys in the proportional distribution of discharges by similar duration-of-stay categories was significant. Nearly two-thirds of all discharges in either survey had stays of less than 6 months. About 31 percent in the 1985 survey had been discharged within 1 month of their admission, while 32 percent were discharged after stays of 1 month to less than 6 months. The remaining 37 percent of discharges in the 1985 survey had been confined to the nursing home for 6 months or more (see table 4).

Because these data represent durations of stay in a nursing home identified with a single discharge, they tend to underestimate the overall duration of stay for persons who may have had a series of admissions and discharges to the same or multiple nursing homes over one episode or more of illness. Definitions of nursing home stays used in this report coincide with

those used in the 1977 NNHS. The 1985 NNHS also attempted collection of information on multiple stays in nursing homes of the discharged residents with histories of other nursing home stays. These data will be presented in forthcoming publications on the 1985 NNHS.

The 1985 NNHS was the first in the series to obtain race and Hispanic origin information on discharged residents. According to the 1985 survey, about 92.8 percent of all discharged residents were white persons, while only 6.7 percent were black persons. Another half percent were of other racial groups including Asian and Pacific Islander, American Indian, and Alaskan native. About 3 percent of the total were known to have been of Hispanic origin, an ethnicity designation distinct from race (see table 1). These distributions are similar to the distributions by race and Hispanic origin of current nursing home residents in the 1985 survey (NCHS, 1987a). Although differences in overall durations of stay are suggested in the median estimates of white and black discharged residents, these differences are not statistically significant at the 0.05 level of significance. Similarly, no statistically significant difference exists between the median duration of stay of Hispanic persons and that for all discharges in the 1985 survey. Discharged residents of Hispanic origin, however, had a male-to-female ratio nearly the reverse of that of the overall discharged population, 66 to 34 percent.

The distribution of discharged residents by marital status did not change appreciably between the 1977 and 1985 surveys. It appears, however, that factors associated with a person being married at the time of discharge impact favorably on shorter durations of stay in a nursing home. Other studies have also found that the availability of a spouse as home caregiver is one factor in decreasing the likelihood of admission to a nursing home (for example, Butler and Newacheck, 1981), and previous NNHS's have found similar favorable impacts on short durations of stay for nursing home discharges.

Widowed persons constituted the majority of all discharges, 55 percent in the 1985 survey. Their median duration of stay was 107 days (see table 4). By contrast, the median duration of stay of married discharges, who constituted the next largest marital group, 22 percent, was only 41 days. Discharges who were never married, however, as well as divorced or separated discharges also had relatively lengthy median stays (see table 4).

Not surprisingly, widowed discharged residents, noted above as having relatively long stays, were also the oldest of the marital groups, with an overall median age of 85 years. However, married discharged residents, who as a group had relatively short durations of stay, had an older median age, 78 years, than discharges who were divorced or separated, 70 years.

The effects of age do appear to explain many of the differences in the abilities of discharged residents to perform selected activities of daily living during their final week in the nursing home. While about 40 percent of persons who were aged 65–74 years at discharge had been dependent in both mobility and continence, about half of all discharges older than 84 years were dependent in both categories. In terms of specific dependencies, about one-third of discharges between ages 65 and 84 years were bedfast in their last week in the nursing

home, while about 4 in 10 aged 85 years or over were bedfast (see table 2).

Bladder and bowel incontinence was also related to age at discharge. About half of all discharges aged 75–84 years were incontinent of bladder in their last 7 days in the nursing home. Among persons aged 85 years and over, this proportion rises to about 59 percent. Similarly, while about 39 percent of discharges aged 65–74 years were incontinent of bowel in their last week in the nursing home, the comparable proportion rises to 52 percent for persons aged 85 years or over. As might be expected, median duration of stay was longer for discharges who were dependent in both continence and mobility, 108 days, than for those not dependent in either of these daily activities, 64 days.

Differences in functional statuses in selected activities of daily living for discharges in the 1977 and 1985 NNHS are summarized in table 3. As is noted above, discharges in the 1985 survey were generally less mobile and more likely to have been incontinent of bowel, bladder, or both in their last 7 days in the nursing home than were discharges in the 1977 survey. These general increases in dependencies are partially a function of the increased proportion of discharges aged 85 years and over, who as a group are more dependent in these activities than are younger discharges. However, there were also increases in the proportions of discharges who were dependent in both mobility and continence among those under 65 years, 65–74 years, and 75–84 years, as well as those aged 85 years and over (see table 3).

Living arrangements before admission and after discharge

The 1985 NNHS collected information on the living arrangements of all discharged residents for the periods immediately prior to admission and, for live discharges, immediately after discharge. The 1977 survey obtained comparable data only for the living arrangements after discharge. Information on both prestay and poststay living arrangements of discharged nursing home residents provides for a more comprehensive understanding from a wider perspective of the population that utilizes nursing homes.

A minority, about 28 percent of all discharged residents, had been admitted to the nursing home from a private or semi-private residence (see table 5). Slightly over half of these discharged residents had been living with family members at the time of their admission.

About 69 percent of all nursing home discharges had been admitted directly from another health facility, with 8 of every 10 of them representing transfers from general or short-stay hospitals. A slightly higher proportion of female discharges had been admitted from general or short-stay hospitals than had men, 57 versus 51 percent. However, another 7 percent of the male discharges had been admitted directly from a veterans hospital. About 1 in every 10 discharges who had been admitted from another health facility came from another nursing home. The proportions were about the same for both men and women.

The median duration of stay in the sample nursing home was far longer for those discharges who had been admitted from a private or semiprivate residence, 118 days, than for those admitted from a hospital, 57 days. This was partially due to the differences in ages of those in either group. Among those discharges admitted from a residence, about 42 percent were over age 84 years at their discharges. About 37 percent of those admitted from a hospital were aged 85 years or over.

Discharges who had originally been admitted from another nursing home also tended to have long durations of stay. According to the 1985 survey, their median duration of stay was 263 days. The proportion of those discharges over 84 was comparable to that of persons admitted from private or semiprivate residences, 43 percent.

The proportion of live discharges going to private or semiprivate residences immediately following their nursing home stay decreased between the 1977 and 1985 surveys from 37 to 30 percent (see table 6). As a corollary, the proportion of live discharges who were discharged to another health facility increased from 59 to 68 percent. The latter was almost entirely the result of an increase in the proportion of live discharges going to general or short-stay hospitals, from 41 to 49 percent. (Unknown living arrangements following discharge remained about 2–4 percent of the total.)

The increase in live discharges to hospitals, although partially a result of the increased proportion of older persons among all discharged residents, is not fully explained by this shift in demographics. While the proportion of discharges aged 85 years or over going directly to hospitals is slightly larger than is the comparable proportion for discharges aged 65–84 years in both the 1977 and 1985 surveys, the increase in either proportion between surveys is greater among the younger age group. Among live discharges aged 85 years or over, the proportion discharged to hospitals did not rise significantly between the 1977 and 1985 surveys. In 1977 it was 52 percent and in 1985 it was 54 percent. Among live discharges aged 65–84 years old, however, the proportion discharged directly to hospitals increased from 39 to 50 percent over the same period.

The median duration of stay was longer for those persons discharged to another health facility, 113 days, than for those discharged to a private or semiprivate residence, 36 days. Among the former, those who were discharged to a general or short-stay hospital had a median duration of stay of 130 days. In contrast, among those discharged to a private or semiprivate residence, those who went to live with family members had a median duration of stay of 34 days.

Primary source of payment at admission and discharge

For the first time, the 1985 NNHS collected information on the primary sources of payment for all discharges for the month in which they were admitted to the sample nursing home as well as for the month in which they were discharged. The 1977 NNHS obtained primary source of payment data only for the month of discharge from the nursing home. As might be expected, primary payment sources often differed depending

on whether the payment was for the admission or the discharge month. These differences generally are greater the longer the duration of stay. When observation is made of the total discharge population as a whole, much less shifting among various payment sources is evident, partially due to the large proportion of persons with relatively short durations of stay. However, patterns are evident in shifts of primary payment sources, especially among discharges who shift to medicaid at some time during their stay.

For the month of admission, own income or family support was the primary source of payment for the largest proportion of discharges regardless of their eventual durations of stay. About 4 of every 10 discharges relied primarily on this source to pay for nursing home care in the month of admission, a ratio that was the same whether the completed stay was of short, medium, or lengthy duration (see table 7). The median duration of stay for persons whose primary source of payment for their admission month was own income or family support, 77 days, was similar to that of the overall discharge population. Their distribution by duration of stay was also similar to that for all discharges.

According to the 1985 surveys, the proportion of all discharges who relied on medicaid as the primary payment source in their month of admission totaled about 35 percent. Medicaid coverage for nursing home care is divided into two categories, skilled and intermediate, depending on the certification status of the nursing home. While about 15.5 percent of all discharges relied on medicaid skilled funds in their admission month, another 19.6 percent relied on medicaid intermediate care funds. Unlike the proportion of discharges relying on own income to pay for care in their admission month, the proportion of discharges relying primarily on medicaid differed by the eventual durations of stay. Discharges whose completed stays were relatively lengthy were more likely to have relied on a type of medicaid in their admission month than were those whose stays were relatively short (see table 7).

For example, while 12 percent of all discharges whose stays were less than 1 month in duration relied primarily on medicaid skilled care funds to pay for their nursing home care, 19 percent of those whose stays were 6 months or longer relied primarily on this source in their admission months. Comparable proportions for discharges who relied on medicaid intermediate care funds were 11 percent among those whose stays were less than 1 month and 27 percent for those whose completed stays were 6 months or more.

The median durations of stay of discharges who relied on either medicaid skilled or medicaid intermediate funds to pay for nursing home care in their admission months were 145 and 187 days, respectively, each of which is significantly above the median for the discharge population as a whole.

Medicare accounted for a smaller proportion of all discharges' primary sources of payment in their admission months than either their own income or family support, or the combined total of medicaid. Medicare, however, varied quite widely as a primary admission month payment source according to eventual completed duration of stay. Unlike similar differences outlined above for those relying on medicaid, the proportion of all discharges relying on medicare as their primary source of

payment in their admission month was greater among discharges with relatively short durations of stay and smaller for those with longer completed stays. About 18 percent of all discharges relied primarily on medicare for payment for nursing home care in their admission months. But, while the proportion was 30 percent among discharges whose stays were less than 1 month, for discharges whose completed stays were 6 months or more, only 6 percent had relied primarily on medicare in their admission month. The median duration of stay was 29 days for all discharges whose primary source of payment in the month of admission was medicare, significantly below the median for all discharges.

All other sources of payment, including other government assistance or welfare, religious organizations, volunteer agencies, Veterans Administration contracts, initial payment-for-life care funds, and others accounted for about 5 percent of all discharges' primary sources of payment for month of admission. This proportion did not vary significantly by completed duration of stay. Discharges relying on these other sources, however, tended to be younger than those whose primary payment sources were medicare, medicaid, or own income. Only about 22 percent were over age 84 years at their discharges, which is significantly below the comparable proportion for all discharges.

For the month of discharge, own income or family support was also the primary source of payment for about 4 of every 10 discharges. Although some variability exists in this ratio by duration of stay, as many as 38 percent of all discharges whose stays were 6 months or more relied primarily on this source for payment of nursing home care in their discharge month as opposed to 45 percent among discharges whose stays were 1 month to less than 6 months in length.

Medicaid, skilled and intermediate care funds combined, accounted for another 40 percent of all discharges' primary payment sources in their discharge months. The overall proportion who relied primarily on medicaid, however, was larger for those with longer stays than for those with relatively short stays. For example, while a total of 22 percent of discharges with stays of less than 1 month relied on some form of medicaid as their primary payment source, among discharges whose stays were 6 months or longer, a total of 56 percent relied on medicaid in their discharge months. About 25 percent of those who stayed 6 months or longer relied on medicaid skilled care funds, and another 31 percent relied on medicaid intermediate care funds as the primary payment sources in their discharge months.

The proportion of discharges who relied on medicare as the primary payment source in their discharge month is a reflection of the limitations of coverage for nursing home care imposed by this Federal health care program. Medicare is limited to the first 100 days of nursing home care for residents who had been admitted directly from a general, short-stay hospital. The resident must also require specific medical assistance according to criteria established by the Federal Health Care Financing Administration (Health Care Financing Administration, 1986). Reliance on medicare as the primary source of payment for the discharge month, therefore, is restricted to discharges with relatively short durations of stay.

Among all discharges, about 12 percent used medicare as their primary source of payment in their discharge months. Among those whose stays were less than 1 month, however, about 29 percent relied primarily on medicare, as opposed to about 9 percent with stays of from 1 month to less than 6 months in length.

Changes in primary sources of payment between admission and discharge months are summarized in table 8 for all discharges with a duration of stay of 1 month or more. The percent distributions show that except for those entering with medicare as their primary payment source, more than 8 of every 10 discharges relied on the same primary source of payment in their discharge month as they had utilized in their admission month. For example, among persons using primarily their own income or family support in their admission month, 85 percent relied primarily on this source also in their discharge month. The comparable proportion for medicaid (skilled and intermediate combined) is about 90 percent, while about 87 percent who primarily used other sources in their admission month also relied on those other sources in their discharge month.

Among all persons with durations of stay of 1 month or more who utilized medicare as their primary payment source in their admission month, however, only about 37 percent relied primarily on medicare in their discharge month as well. This was largely the result of the 100-day limitation for medicare coverage of nursing home care. About 32 percent of discharges who used primarily medicare in their admission month shifted to their own income or family support as primary payment source in their discharge month, while another 28 percent shifted to some form of medicaid.

As noted above, while the overall proportion of discharges relying primarily on medicare decreased between admission and discharge months, the proportion using some form of medicaid rose. Shifts to medicaid as the primary source of payment varied by both duration of stay and primary payment source in admission month (see table 9). About 11 percent of persons who entered with other than medicaid as their primary payment source shifted to medicaid by the month of their discharge. The proportions of discharges shifting in this manner varied from 10 percent for those with stays of 1 month to less than 6 months to about 22 percent for those with stays of 6 months or more in duration.

Persons entering with medicare as the primary payment source in their admission month were more likely to shift to medicaid than persons entering with own income or family support. This was especially true for discharges whose durations of stay were beyond the 100-day limit imposed by the medicare program. About 10 percent of discharges who had used their own income in their admission month shifted to medicaid by their discharge month, while 15 percent of those relying primarily on medicare in the admission month converted to medicaid. About 8 percent of persons who entered using primarily their own income or family support and had stays of from 1 month to less than 6 months shifted to medicaid, as opposed to 19 percent of those with equal durations of stay who relied primarily on medicare in their admission month. Among discharges entering with medicare whose durations of

stay were 6 months or longer, 52 percent shifted to some form of medicaid by their discharge months.

It is not possible from the discharged resident data to pinpoint, however, when during a discharged resident's stay a shift from one payment source to another may have occurred. Differences in primary sources of payment in admission and discharge months are indicative only of a change between two points in time. While a pattern is suggested in the differential proportions of discharges shifting from one primary payment source to another, especially for discharges shifting to medicaid, it is not discernible from the data when these shifts occurred. Although the disaggregation of discharges who shift to medicaid by various duration of stay categories provides some evidence of a "spend down" to medicaid, more detailed data are required to determine when during a resident's stay this shift actually occurs and, for those with multiple stays, in which stay it occurred. Data on the latter issue are available from the next-of-kin component of the survey. Data from the next-of-kin component of the 1985 NNHS will be published in a forthcoming report from NCHS.

Summary and highlights of data

The 1.22 million nursing home discharges in the 1985 NNHS represent about a 9.5-percent increase from the 1977

survey. Dependencies in both mobility and continence were more prevalent among all age groups in the most recent survey while there was also an increase of from about 30 to 38 percent in the proportion of discharges aged 85 years and over. While the overall median duration of stay, as well as those of men and women, showed observed increases between the 1977 and 1985 surveys, none of these increases is statistically significant. The rise from 41 to 49 percent in the proportion of live discharges going to a hospital, however, is statistically significant. The increase is largely the result of increased hospitalization of live nursing home discharges aged 65 to 84 years, although the proportion of discharges to a hospital remains larger among those aged 85 years and over.

About 4 of every 10 discharges used own income or family support as primary payment source in both admission and discharge months. The proportion using medicaid, however, generally rose with duration of stay, while only discharges with relatively short stays relied primarily on medicare, due to the limitations on coverage for nursing home care by the medicare program.

More detailed information from the 1985 NNHS, especially on sources of payment, diagnoses at admission and discharge, and duration of stay by admission and discharge characteristics, will be forthcoming in subsequent publications from NCHS.

Symbols

- - - Data not available
 - ... Category not applicable
 - Quantity zero
 - 0.0 Quantity more than zero but less than 0.05
 - Z Quantity more than zero but less than 500 where numbers are rounded to thousands
 - * Figure does not meet standard of reliability or precision (more than 30 percent relative standard error)
 - # Figure suppressed to comply with confidentiality requirements
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Table 1. Number and percent distribution of nursing home discharges by selected characteristics: United States, 1984-85 and 1976

<i>Characteristic</i>	<i>1984-85 discharges</i>		<i>1976 discharges</i>	
	<i>Number^{1 2}</i>	<i>Percent distribution</i>	<i>Number^{1 2}</i>	<i>Percent distribution</i>
Discharge status				
All discharges	1,223,500	² 100.0	1,117,500	² 100.0
Live discharges	877,400	71.7	825,500	73.9
Dead discharges	343,800	28.1	289,800	25.9
Sex				
Male	455,500	37.2	407,700	36.5
Female	768,000	62.8	709,800	63.5
Age at discharge				
Under 65 years	129,400	10.6	136,200	12.1
Under 45 years	33,400	2.7	33,900	3.0
45-54 years	29,200	2.4	33,500	3.0
55-64 years	66,800	5.5	68,800	6.2
65 years and over	1,094,100	89.4	981,300	87.8
65-69 years	63,500	5.2	81,300	7.3
70-74 years	119,400	9.8	122,300	10.9
75-79 years	196,500	16.1	204,600	18.3
80-84 years	255,700	20.9	241,200	21.6
85-89 years	233,900	19.1	210,100	18.8
90-94 years	155,900	12.7	90,500	8.1
95 years and over	69,200	5.7	31,100	2.8
Marital status at discharge				
Married	273,200	22.3	255,900	22.9
Widowed	669,200	54.7	628,400	56.2
Divorced or separated	84,800	6.9	75,200	6.7
Never married	151,800	12.4	127,200	11.4
Unknown	44,600	3.6	30,800	2.8
Race				
White	1,135,900	92.8	---	---
Black	82,000	6.7	---	---
Other	5,600	0.5	---	---
Hispanic origin				
Hispanic	35,500	2.9	---	---
Non-Hispanic	1,130,700	92.4	---	---
Unknown	57,400	4.7	---	---

¹Figures may not add to totals due to rounding.²Total includes small number of unknowns.**Table 2. Number of nursing home discharges by sex and age at discharge, and percent distribution by type of dependency during last 7 days in nursing home, according to sex and age at discharge: United States, 1984-85**

Sex and age	Discharges	Type of dependency				
		Total	Bedfast	Chairfast	Incontinent of bladder	Incontinent of bowel
Sex	Number	Percent distribution				
Both sexes	1,223,500	100.0	34.8	25.4	52.8	45.2
Male	455,500	100.0	33.2	26.9	54.8	46.3
Female	768,000	100.0	35.8	24.6	51.6	44.6
Age at discharge						
Under 65 years	129,400	100.0	23.9	22.6	40.4	30.2
65 years and over	1,094,100	100.0	36.1	25.8	54.2	47.0
65-74 years.	182,900	100.0	32.8	24.5	45.5	39.1
75-84 years.	452,300	100.0	32.9	27.7	52.8	44.7
85 years and over	458,900	100.0	40.6	24.3	53.1	52.4

Table 3. Number and percent distribution of nursing home discharges by partial index of dependency, according to age at discharge: United States, 1984-85 and 1976

Age	Discharges in 1984-85						Discharges in 1976						
	Total	Partial index of dependency					Total	Partial index of dependency					
		Total	Not dependent in mobility or continence	Dependent in mobility only	Dependent in continence only	Dependent in mobility and continence		Total	Total	Not dependent in mobility or continence	Dependent in mobility only	Dependent in continence only	Dependent in mobility and continence
Number	Percent distribution					Number	Percent distribution						
All discharges	1,223,500	100.0	31.0	14.8	8.8	45.4	1,117,500	100.0	40.1	12.6	12.7	34.5	
Under 65 years	129,400	100.0	44.9	13.6	8.5	33.0	136,300	100.0	52.4	13.5	9.7	24.3	
65 years and over	1,094,100	100.0	29.3	15.0	8.8	46.9	981,200	100.0	38.4	12.5	13.1	35.9	
65-74 years	182,900	100.0	35.5	17.2	7.2	40.1	203,600	100.0	43.2	11.6	13.5	31.7	
75-84 years	452,300	100.0	30.3	15.7	9.2	44.9	445,800	100.0	40.9	12.7	13.5	32.9	
85 years and over	458,900	100.0	25.9	13.5	9.1	51.5	331,800	100.0	32.3	12.8	12.3	42.6	

Table 4. Percent distribution of nursing home discharges by duration of stay, according to selected demographic characteristics, with median duration of stay: United States, 1984–85

Characteristic	Total	Duration of stay							Median duration of stay
		Less than 1 month	1 month to less than 3 months	3 months to less than 6 months	6 months to less than 12 months	1 year to less than 3 years	3 years to less than 5 years	5 years or more	
Discharge status									
		Percent distribution							Days
All discharges	100.0	31.0	20.6	11.2	11.2	15.1	5.2	5.7	82
Live discharges	100.0	32.3	23.1	12.2	11.2	13.9	3.8	3.6	70
Dead discharges	100.0	27.8	14.3	8.7	11.1	18.4	8.6	11.1	163
Sex									
Male	100.0	35.7	20.1	11.3	11.8	13.3	3.8	3.9	66
Female	100.0	28.2	20.9	11.1	10.9	16.2	6.0	6.8	93
Age at discharge									
Under 65 years	100.0	33.2	24.3	12.2	10.6	13.0	3.5	3.1	70
65 years and over	100.0	30.7	20.2	11.0	11.3	15.4	5.4	6.0	84
65–74 years	100.0	34.9	22.8	11.8	10.8	13.8	2.5	3.4	56
75–84 years	100.0	34.7	21.6	11.5	11.6	13.6	3.8	3.3	66
85 years and over	100.0	25.1	17.8	10.3	11.2	17.8	8.0	9.7	145
85–94 years	100.0	26.6	17.7	10.0	11.9	17.8	7.5	8.6	136
95 years and over	100.0	16.7	18.2	12.1	7.6	18.4	10.8	16.1	297
Marital status at discharge									
Married	100.0	44.1	21.3	9.3	10.5	10.5	2.3	2.0	41
Widowed	100.0	27.3	20.0	11.5	11.2	16.7	6.5	6.7	107
Divorced or separated	100.0	28.6	20.6	13.5	12.1	14.8	4.2	6.3	90
Never married	100.0	24.9	23.5	11.0	11.1	17.2	4.7	7.6	101
Unknown	100.0	31.2	15.6	13.2	14.6	13.2	*	*	125
Race									
White	100.0	31.1	20.6	11.0	11.1	15.1	5.2	5.8	82
Black	100.0	29.2	19.8	14.4	13.1	14.9	4.2	*	101
Other	100.0	*	*	---	*	*	*	*	44
Hispanic origin									
Hispanic	100.0	30.1	16.4	14.7	7.1	23.0	*4.9	*3.8	113
Non-Hispanic	100.0	30.7	20.9	11.3	*11.2	15.0	5.2	5.7	83
Unknown	100.0	37.4	18.4	*6.7	14.3	12.9	*4.2	*6.1	71

Table 5. Number of nursing home discharges and number and percent distribution of live discharges, by destination and living arrangement prior to admission: United States, 1984–85

<i>Living arrangement prior to admission</i>	<i>Live discharges</i>				
	<i>All discharges</i>	<i>Total</i>	<i>Destination</i>		
			<i>Total¹</i>	<i>Private or semiprivate residence</i>	<i>Other health facility</i>
	Number		Percent distribution		
All discharges.	1,223,500	877,400	100.0	30.4	67.5
Private or semiprivate residence.	340,700	238,100	100.0	40.5	58.1
Alone.	110,200	77,500	100.0	38.1	60.1
With family members.	185,100	128,400	100.0	41.8	57.3
With nonfamily members.	23,300	16,300	100.0	46.4	51.9
Unknown if with others.	22,100	16,000	100.0	35.4	61.4
Another health facility.	848,700	616,400	100.0	27.0	70.8
Another nursing home.	82,500	52,400	100.0	12.5	84.5
General or short-stay hospital, except psychiatric unit.	674,300	489,200	100.0	30.0	68.6
Veterans hospital.	33,000	26,800	100.0	18.9	75.4
Other health facility or unknown type.	59,100	48,200	100.0	17.5	75.4
Unknown or other.	34,100	22,800	100.0	15.2	74.9

¹Total includes small percent of unknown destinations

Table 6. Number and percent distribution of live discharges by living arrangement after discharge, according to year of discharges: United States, 1984–85 and 1976

<i>Living arrangement after discharge</i>	<i>Discharges in 1984–85</i>		<i>Discharges in 1976</i>	
	<i>Number</i>	<i>Percent distribution</i>	<i>Number</i>	<i>Percent distribution</i>
All live discharges.	877,000	100.0	825,500	100.0
Private or semiprivate residence.	266,400	30.4	306,700	37.2
Another health facility.	591,500	67.5	484,200	58.7
Another nursing home.	98,000	11.2	108,600	13.2
General or short-stay hospital, except psychiatric unit.	430,200	49.1	339,500	41.1
Veterans hospital.	20,800	2.4	---	---
Other health facility or unknown type.	42,600	4.9	36,000	4.4
Unknown or other.	19,000	2.2	34,700	4.2

Table 7. Number of all nursing home discharges by duration of stay and percent distribution by primary source of payment for admission and discharge months, according to duration of stay with median duration of stay and percent of persons ages 85 years and over: United States, 1984-85

Primary source of payment	Duration of stay				Median duration of stay	Persons ages 85 years and over
	All stays	Less than 1 month	1 month to less than 6 months	6 months or more		
	Number				Days	Percent
All discharges	1,233,500	379,000	388,900	455,600	82	37.5
Primary source of payment for admission month	Percent distribution					
All sources	100.0	100.0	100.0	100.0	82	37.5
Own income or family support	41.9	42.5	40.9	42.3	77	42.9
Medicare	17.6	29.8	18.9	6.4	29	33.2
Medicaid						
Skilled	15.5	11.5	15.3	19.0	145	35.2
Intermediate	19.6	10.6	19.7	27.0	187	35.8
All other sources	5.4	5.6	5.2	5.4	104	22.3
Primary source of payment for discharge month						
All sources	100.0	100.0	100.0	100.0	82	37.5
Own income or family support	41.8	43.4	45.1	37.6	67	41.4
Medicare	12.1	28.5	8.8	*	19	30.4
Medicaid						
Skilled	18.9	12.2	18.0	25.2	178	39.2
Intermediate	21.3	9.9	21.2	30.9	220	37.1
All other sources	6.0	6.1	6.9	5.1	83	21.0

Table 8. Number and percent distribution of nursing home discharges with 1 or more months' duration of stay by primary source of payment for discharge month, according to primary source of payment for admission month: United States, 1984-85

Primary source of payment for admission month	All discharges	Discharges with 1 or more months' duration of stay	Primary source of payment for discharge month					
			All sources	Own income or family support	Medicare	Medicaid		All other sources
						Skilled	Intermediate	
	Number		Percent distribution					
All sources	1,223,500	844,500	100.0	41.1	4.7	21.9	26.4	5.9
Own income or family support	512,600	351,500	100.0	84.8	*	5.9	7.9	*
Medicare	215,500	102,500	100.0	32.0	36.9	21.5	6.4	*
Medicaid								
Skilled	163,700	145,800	100.0	3.3	*	89.7	4.6	*
Intermediate	220,100	199,700	100.0	4.3	*	4.8	90.5	*
All other sources	54,900	45,100	100.0	*	*	*	*	86.6

Table 9. Number of nursing home discharges and percent shifting to medicaid by nonmedicaid primary source of payment for admission month, duration of stay, and source of payment with median duration of stay: United States, 1984-85

Source of payment	Nonmedicaid primary source in admission month		Duration of stay				Median duration of stay		
			Less than 1 month ¹		1 month to less than 6 months			6 months or more	
	Number	Percent shifting to medicaid	Number	Percent shifting to medicaid	Number	Percent shifting to medicaid		Number	Percent shifting to medicaid
All sources except medicaid ²	794,500	10.9	295,400	2.1	252,900	10.3	246,200	22.1	56
Own income or family support	512,600	9.7	161,200	*	159,000	7.6	192,500	18.9	77
Medicare	215,500	15.3	112,900	3.9	73,600	18.5	29,000	51.9	29

¹Shifts may occur in stays of less than 1 month where admission and discharge are in different calendar months

²Includes other sources not shown separately.

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Technical notes

Because the statistics presented in this report are based on a sample, they will differ somewhat from figures that would have been obtained if a complete census had been taken using the same schedules, instructions, and procedures. The standard error is primarily a measure of the variability that occurs by chance because only a sample, rather than the entire universe, is surveyed. The standard error also reflects part of the measurement error, but it does not measure any systematic biases in the data. The chances are 95 out of 100 that an estimate from the sample differs from the value that would be obtained from a complete census by less than twice the standard error.

The standard errors used in this report were approximated using the balanced repeated-replication procedure. This method yields overall variability through observation of variability among random subsamples of the total sample. A description of the development and evaluation of the replication technique for error estimation has been published (NCHS, 1966, 1969).

Although exact standard error estimates were used in tests of significance, it is impractical to present exact standard error estimates for all statistics used in this report. Thus, a generalized variance function was produced for aggregated discharge estimates by fitting the data presented in this report into a curve using the empirically determined relationship between the size of an estimate X and its relative variance ($\text{rel var } X$). This relationship is expressed as

$$\begin{aligned}\text{rel var } X &= \frac{S_x^2}{X^2} \\ &= a + \frac{b}{X}\end{aligned}$$

NOTE: A list of references follows the text.

Table I. Standard errors of percents for discharges

Base of percent (discharges)	Estimated percent					
	1 or 99	5 or 95	10 or 90	20 or 80	40 or 60	50
Standard errors in percentage points						
5,000	2.87	6.29	8.66	11.55	14.15	14.44
10,000	2.03	4.45	6.13	8.17	10.00	10.21
30,000	1.17	2.57	3.54	4.72	5.78	5.90
50,000	0.91	1.99	2.74	3.65	4.47	4.57
100,000	0.64	1.41	1.94	2.58	3.16	3.23
200,000	0.45	1.00	1.37	1.83	2.24	2.28
400,000	0.32	0.70	0.87	1.29	1.58	1.61
800,000	0.23	0.50	0.68	0.91	1.12	1.14
1,000,000	0.20	0.45	0.61	0.82	1.00	1.02
1,223,500	0.18	0.40	0.55	0.74	0.90	0.92

where a and b are regression estimates determined by an iterative procedure. Preliminary estimates of standard errors for the percents of the estimated number of discharges are presented in table I.

Preliminary estimates of relative standard errors are presented in figure I for estimated numbers of discharges. The formula for obtaining these standard error estimates is

$$\text{RSE}(N) = \sqrt{0.000797 + \frac{417.045}{N}} \times 100.0$$

where RSE is the relative standard error in percent and N is the estimated number of discharges.

The Z-test with a 0.05 level of significance was used to test all comparisons mentioned in this report. Not all observed differences were tested, so lack of comment in the text does not mean that the difference was not statistically significant.

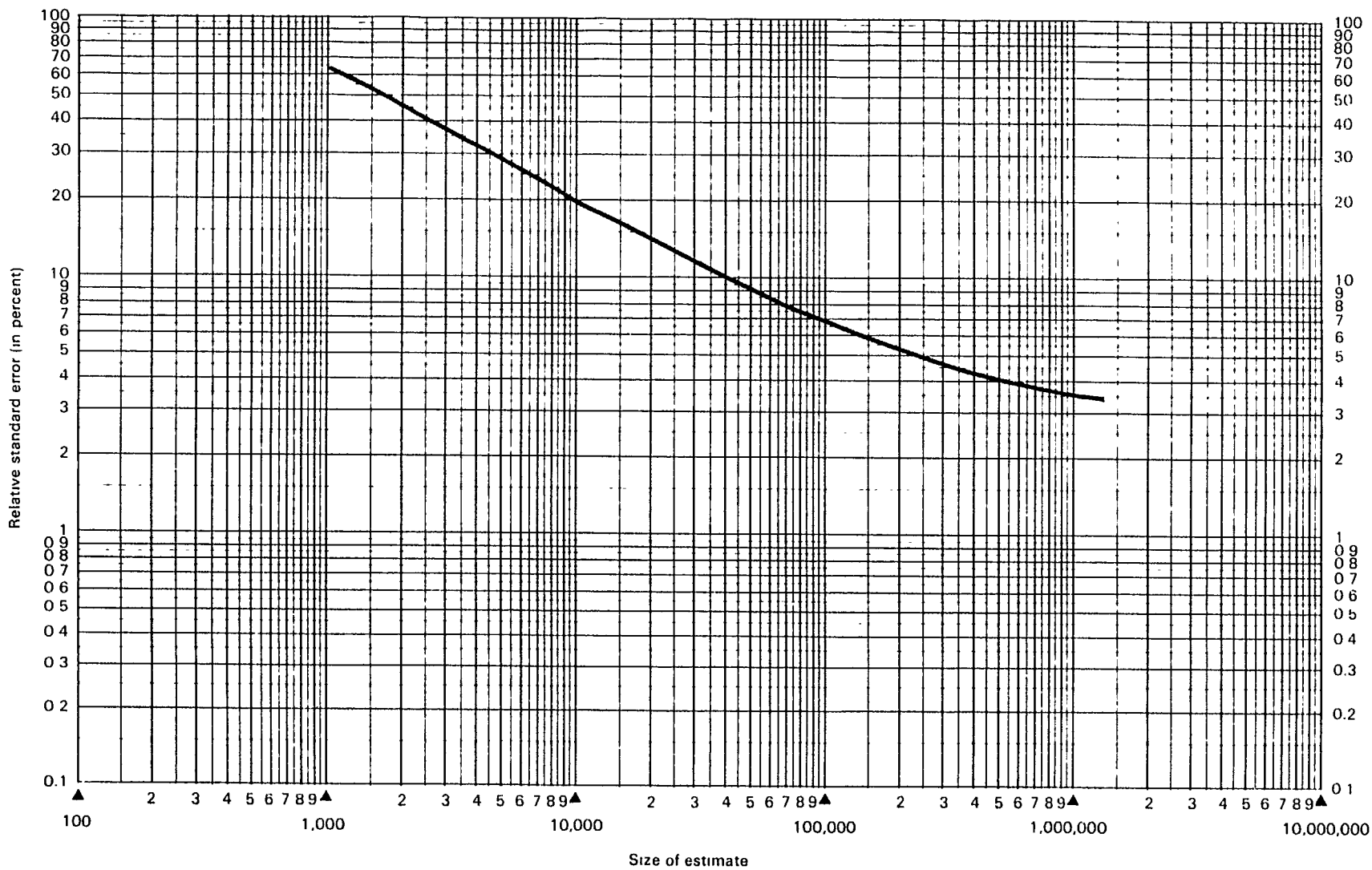


Figure 1. Provisional relative standard errors for estimated number of discharges: United States, 1984-85

The 1986 Inventory of Long-Term Care Places An Overview of Facilities for the Mentally Retarded

by Al Sirrocco, Division of Health Care Statistics

Introduction

The 1986 Inventory of Long-Term Care Places (ILTCP) is a survey of two types of facilities: nursing homes and facilities for the mentally retarded. As used in this survey, the term "nursing homes" includes nursing care homes and such residential facilities as homes for the aged, personal care homes, and board and care homes. All of these facilities must maintain three beds or more. This report deals only with facilities for the mentally retarded.

The National Center for Health Statistics (NCHS), in cooperation with the National Center for Health Services Research and the Health Care Financing Administration (HCFA), employed the U.S. Bureau of the Census to conduct the 1986 ILTCP. The purpose of the survey was to provide a current sampling frame for two portions (nursing home and mental retardation (MR) facilities) of the Institutional Population Component of the 1987 National Medical Expenditure Survey (NMES). The NMES, which was to be conducted by National Center for Health Services Research in early 1987, was on a very tight schedule. The impact of these time restraints will be mentioned in later sections of this report.

History and background

The ILTCP had never been conducted prior to the 1986 survey. However, a similar survey, the National Master Facility Inventory (NMFI), had been conducted many times between 1967 and 1982.¹ Each NMFI included a survey of nursing

homes, but MR facilities had not been surveyed since the 1976 NMFI.² Types of questions asked in the ILTCP were similar enough to NMFI questions that a decision was made to publish the ILTCP data to update the 1982 NMFI nursing home data and to give baseline information on MR facilities. The ILTCP file was constructed by the Long-Term Care Statistics Branch of NCHS. Survey procedures are described in the Technical notes.

In creating the mailing list for the MR portion of the ILTCP, NCHS started with a file produced in 1982 by the University of Minnesota's Center for Residential and Community Services (CRCS). The 15,000 MR facilities on this file were matched against current State and local directories obtained by NCHS. Due to time constraints imposed on the ILTCP, NCHS was unable to contact all local sources identified by CRCS in its study. It is believed that most of any places missed would be small MR facilities (fewer than 16 beds).

The 1982 study, conducted by CRCS for HCFA, was very detailed and allowed for extensive followback.³ Because the primary purpose of the ILTCP was to establish a sampling frame for a major survey (NMES), the information collected on MR facilities was very general. It was intended for use in stratifying and categorizing MR facilities into broad categories. As a result, data collected in the 1986 ILTCP can be compared to the 1982 CRCS study only in the broadest of terms. This report will not present data on individual States. These data will appear in a forthcoming series report.

¹National Center for Health Statistics, D. Roper. 1986. Nursing and related care homes as reported from the 1982 National Master Facility Inventory Survey. *Vital and Health Statistics*. Series 14, No. 32. DHHS Pub. No. (PHS) 86-1827. Public Health Service, Washington: U.S. Government Printing Office.

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Classification of MR facilities

Question 6 of the ILTCP questionnaire lists 14 types of facilities, 6 specifically for the mentally retarded. These six categories are intermediate care facility for the mentally retarded (ICF-MR), foster home, group residence, semi-independent living program, State institution, and other kind of MR place.

To make it easier for respondents to categorize their facilities, they were instructed to "check all that apply." Those whose facilities fell into more than one category were, therefore, not forced to check only one. If so restricted, the one category selected would very often have been "other kind of MR place" or, worse, "none of the above." In this regard, the strategy worked. Only 256 cases marked the "other MR" box without marking any other MR category. Table 1 summarizes responses to question 6.

Unfortunately, respondents from 2,020 places ultimately classified as MR facilities checked none of the six MR boxes. Many did not answer this question at all and others checked a box such as "sheltered or custodial care home."

The procedures used to classify a facility as MR were applied to all places, even those checking an MR box. Many different items from the questionnaire were used. Of almost equal importance to responses to question 6 were those to questions 5b ("Did the facility primarily serve only the mentally retarded/developmentally disabled, or the mentally retarded/mentally ill?"), 7d ("Did the facility have ICF-MR beds?"), and 11g ("Did the facility have MR residents?").

Responses were combined into matrices, incorporating another important factor: Was the name of the facility obtained from an MR source (the CRCS file or one of NCHS's State MR directories)? To qualify as an MR facility, a place had to be primarily oriented toward MR. As a result, a nursing home with a small MR wing would remain a nursing home.

Once classified as an MR facility, an institution was either subclassified as ICF-MR or MR—other. Table 1 shows how facilities classified themselves in question 6, but in this report the two classifications ICF-MR and MR—other are used.

Table 1. Number of mental retardation (MR) facilities by type of categories marked by respondents: United States, 1986

Type of MR facility	Number of facilities
Total facilities	14,639
Foster care	2,467
Group residence	5,977
Semi-independent living program	668
State institution	252
Other	256
Foster care and group residence	186
Group residence and semi-independent living program	440
Other combinations	285
Intermediate care facility for mental retardation (ICF-MR) only	2,088
No MR or ICF-MR category marked	2,020

NOTE: Each facility was allowed to check as many categories as applied. Many facilities checked ICF-MR plus one or more of the 5 basic MR categories listed. Therefore, the counts for the first 8 categories (and combinations of categories) shown above include those facilities that also checked the ICF-MR box.

Discussion

Facility characteristics

The survey found 14,639 MR facilities. These facilities had 269,954 beds and 250,472 residents. Based on actual counts plus imputations for missing data, an estimated 95 percent of the residents were mentally retarded. In other words, while a facility's primary function might be to serve the mentally retarded, it frequently serves other residents (for example, the mentally ill). All numbers and percents associated with the term "MR residents" in this report are based on the total resident count.

The average size of the MR facility was 18 beds, but the distribution showed almost 87 percent of all MR facilities with fewer than 16 beds (table 2). In fact, more than 72 percent had fewer than 10 beds. Despite this lopsided distribution, only 20 percent of MR residents were in facilities with fewer than 10 beds, and nearly half were in facilities with 100 beds or more (see table 3).

Table 3 lists the distribution of MR facilities and residents by geographic region. Although the South had the fewest MR facilities (16.3 percent), it had almost 27 percent of the residents, second only to the Midwest (30.8 percent). Table 3 depicts this distribution as the average number of residents per MR facility. There were an average of 28 residents in the South, 16 in the Northeast and Midwest, and 12 in the West. The overall U.S. average was 17 residents per MR facility.

The West had by far the fewest facilities with 100 beds or more. With 45 MR facilities, it trailed the Midwest (142), the South (136), and the Northeast (82).

Some regional differences can be explained by the relative sizes of resident population bases. The West had only 18 percent of all MR residents, but it also had only about 20 percent of the U.S. population. Similarly, the South had 27 percent of the MR residents and 34 percent of the population, the Midwest had 31 percent of the residents and 25 percent of the population, and the Northeast had 25 percent of the residents and 21 percent of the population.

As mentioned in the Introduction, during classification of facilities as MR or nursing homes, many nursing homes (8,276) were found to have MR residents. These nursing homes reported 39,527 MR residents, an average of almost 5 per home. Those nursing homes with 3–15 beds averaged 2 MR residents; those with 16–99 beds, 5 MR residents; and those with 100 beds or more, 10 MR residents.

Checking nursing home MR residents by region would indicate whether mentally retarded persons in certain regions tend to be placed in nursing homes rather than MR facilities. Table 4 reveals no dramatic tendencies in this direction. It does show that the West, with the fewest MR residents in MR facilities, also had the fewest MR residents in nursing homes (4,871). Only 12 percent of all nursing home MR residents were in the West, which has 20 percent of the U.S. population. Proportions of MR residents in nursing homes in the South (32 percent) and the Northeast (19.6 percent), were virtually identical to their shares of the U.S. population. The Midwest had the most nursing home MR residents (14,240), the largest

Table 2. Number and percent distribution of mental retardation facilities by bed size and ownership, according to geographic region: United States, 1986

Bed size and type of ownership	Type of facilities									
	All geographic regions	Northeast	Midwest	South	West	All geographic regions	Northeast	Midwest	South	West
	Number					Percent distribution				
Total	14,639	3,806	4,741	2,380	3,712	100.0	100.0	100.0	100.0	100.0
1-2 beds	1,350	445	471	135	299	9.2	11.7	9.9	5.7	8.1
3-5 beds	3,765	1,263	933	624	945	25.7	33.2	19.7	26.2	25.5
6-9 beds	5,491	1,072	1,926	772	1,721	37.5	28.2	40.6	32.4	46.4
10-15 beds	2,097	657	696	360	384	14.3	17.3	14.7	15.1	10.3
16-24 beds	604	112	247	137	108	4.1	2.9	5.2	5.8	2.9
25-49 beds	524	101	179	114	130	3.6	2.7	3.8	4.8	3.5
50-99 beds	403	74	147	102	80	2.8	1.9	3.1	4.3	2.2
100-199 beds	198	30	85	64	19	1.4	0.8	1.8	2.7	0.5
200-499 beds	126	25	39	45	17	0.9	0.7	0.8	1.9	0.5
500 beds or more	81	27	18	27	9	0.6	0.7	0.4	1.1	0.2
Type of ownership										
Profit	6,330	1,058	2,097	763	2,412	43.2	27.8	44.2	32.1	65.0
Nonprofit	6,396	2,071	2,126	1,146	1,053	43.7	54.4	44.8	48.2	28.4
Government	1,913	677	518	471	247	13.1	17.8	10.9	19.8	6.7

Table 3. Number and percent distribution of mental retardation facilities, beds, and residents, and average number of beds and residents by bed size, geographic region, and type of ownership: United States, 1986

Bed size, geographic region, and type of ownership	Facilities	Beds	Residents	Facilities	Beds	Residents	Beds	Residents
Total	Number			Percent distribution			Average number	
	14,639	269,954	250,472	100.0	100.0	100.0	18	17
Bed size								
1-9 beds	10,606	54,417	50,049	72.4	20.2	20.0	5	5
10-15 beds	2,097	24,991	23,444	14.3	9.3	9.4	12	11
16-99 beds	1,531	58,050	54,090	10.5	21.5	21.6	38	35
100 beds or more	405	132,496	122,889	2.8	49.1	49.1	327	303
Geographic region								
Northeast	3,806	65,812	61,707	26.0	24.4	24.6	17	16
Midwest	4,741	83,067	77,193	32.4	30.8	30.8	18	16
South	2,380	71,887	66,767	16.3	26.6	26.7	30	28
West	3,712	49,188	44,805	25.4	18.2	17.9	13	12
Type of ownership								
Profit	6,330	66,536	60,560	43.2	24.6	24.2	11	10
Nonprofit	6,396	78,935	75,193	43.7	29.2	30.0	12	12
Government	1,913	124,483	114,719	13.1	46.1	45.8	65	60

Table 4. Number and percent distribution of nursing homes with mental retardation (MR) residents and MR residents in nursing homes by geographic region: United States, 1986

Geographic region	Nursing homes with MR residents	MR residents	Nursing homes with MR residents	MR residents
All geographic regions	Number		Percent distribution	
	8,276	39,527	100.0	100.0
Northeast	1,686	7,753	20.7	19.6
Midwest	2,743	14,240	33.1	36.0
South	2,688	12,663	32.8	32.0
West	1,159	4,871	14.0	12.3

share of total nursing home residents (36 percent), and the greatest proportion of MR residents compared with its proportion of the U.S. population (36 versus 25 percent).

For-profit MR facilities (6,330) and nonprofit MR facilities (6,396) were equally distributed and combined for almost 87 percent of the total (table 5). The 1,913 government-owned places, which accounted for the remaining 13 percent, made up for their small number with size. These government-owned MR facilities included large State institutions and, as a result, accounted for almost 46 percent of all MR facility residents (table 6). They averaged 65 beds per facility, compared with 12 beds in nonprofit and 11 beds in for-profit facilities. Over 85 percent of residents in government-owned MR facilities were in facilities with 100 beds or more; in contrast, less than

Table 5. Number and percent distribution of mental retardation facilities by type of ownership and bed size, according to geographic region: United States, 1986

Type of ownership and bed size	Facilities									
	All geographic regions	Northeast	Midwest	South	West	All geographic regions	Northeast	Midwest	South	West
	Number					Percent distribution				
Total	14,639	3,806	4,741	2,380	3,712	100.0	100.0	100.0	100.0	100.0
Profit										
Total	6,330	1,058	2,097	763	2,412	43.2	27.8	44.2	32.1	65.0
1-9 beds	4,884	877	1,536	515	1,956	33.4	23.0	32.4	21.6	52.7
10-15 beds	737	81	313	104	239	5.0	2.1	6.6	4.4	6.4
16-99 beds	630	92	217	114	207	4.3	2.4	4.6	4.8	5.6
100 beds or more	79	8	31	30	10	0.5	0.2	0.7	1.3	0.3
Nonprofit										
Total	6,396	2,071	2,126	1,146	1,053	43.7	54.4	44.8	48.2	28.4
1-9 beds	4,567	1,533	1,474	749	811	31.2	40.3	31.1	31.5	21.8
10-15 beds	1,062	373	350	203	136	7.3	9.8	7.4	8.5	3.7
16-99 beds	683	147	262	177	97	4.7	3.9	5.5	7.4	2.6
100 beds or more	84	18	40	17	9	0.6	0.5	0.8	0.7	0.2
Government										
Total	1,913	677	518	471	247	13.1	17.8	10.9	19.8	6.7
1-9 beds	1,155	370	320	267	198	7.9	9.7	6.7	11.2	5.3
10-15 beds	298	203	33	53	9	2.0	5.3	0.7	2.2	0.2
16-99 beds	218	48	94	62	14	1.5	1.3	2.0	2.6	0.4
100 beds or more	242	56	71	89	26	1.7	1.5	1.5	3.7	0.7

20 percent of residents in nonprofit and for-profit MR facilities were housed in facilities with 100 beds or more.

As mentioned earlier, the South, which had the fewest MR facilities, was second only to the Midwest in total beds. Government-owned facilities accounted for much of the total, even though the South did not have the most government-owned facilities (471 compared with 677 in the Northeast and 518 in the Midwest). The South did have the most government-owned facilities with 100 beds or more (89 compared with 26 in the West, 56 in the Northeast, and 71 in the Midwest) (table 5).

Intermediate care facilities

An ICF-MR is a facility that has met certification requirements set forth in medicaid regulations. Two ILTCP questions were asked about ICF-MR's. Question 6, box 03, was checked when respondents considered their facilities to be ICF-MR's; question 7d was answered only if a facility had ICF-MR beds. The ILTCP counted all places responding positively to either question as ICF-MR's. The result was a total of 4,193 ICF-MR's.

This self-classification might overstate the number of ICF-MR's, but a lack of time and money made it impossible to recontact these 4,193 places to verify their ICF-MR status. As an alternative method of verification, the count was compared with figures obtained from other sources.

The 1982 MR study conducted by CRCS found 1,854 ICF-MR's. This figure represented a tremendous growth from

the 574 ICF-MR's found in its 1977 study.⁴ The 1984-85 HCFA file for ICF-MR's contained 2,968 facilities. The growth rate indicated by these three studies makes the 1986 ILTCP figure (4,193) seem reasonable. As a further check, a comparison was made of the bed-size distributions in the three studies. For those ICF-MR's with 16 beds or more, the figures for 1977, 1982, 1984-85, and 1986 were 386, 652, 837, and 885, respectively. Survey totals for facilities with fewer than 16 beds were 188, 1,202, 2,131, and 3,308. Figures for the larger facilities (16 beds or more) represented yearly increases of about 11 percent from 1977 to 1982, 10 percent from 1982 through 1985, and 6 percent from 1985 to 1986. The figures for the smaller facilities (fewer than 16 beds) represented yearly increases of about 45, 30, and 33 percent, respectively. Once again, these rates seem reasonable.

Of these 4,193 ICF-MR's, the Midwest had the most with 1,572 (37.5 percent) and the West had the fewest with 606 (14.5 percent). (See table 7.) The West also had the lowest percent of ICF-MR beds (12.1 percent), so it did not compensate by having more of the larger facilities. On the contrary, the West had only 28 ICF-MR's with 100 beds or more, compared with 128 in the South, 98 in the Midwest, and 62 in the Northeast.

Only 12.8 percent of ICF-MR's in the Northeast were owned for profit, in sharp contrast with the West (49.5 per-

⁴Lakin, K. C., and B. K. Hill. 1984. *Expansion of the Medicaid ICF-MR Program Over a Five Year Period, 1977-1982*. Brief No. 25. Minneapolis: Center for Residential and Community Services, University of Minnesota.

Table 6. Number and percent distribution of mental retardation residents by type of ownership and bed size, according to geographic region: United States, 1986

Type of ownership and bed size	Residents									
	All geographic regions	Northeast	Midwest	South	West	All geographic regions	Northeast	Midwest	South	West
	Number					Percent distribution				
Total	250,472	61,707	77,193	66,767	44,805	100.0	100.0	100.0	100.0	100.0
Profit										
Total	60,560	7,874	21,362	11,612	19,712	24.2	12.8	27.7	17.4	44.0
1-9 beds	20,127	2,918	6,640	2,147	8,422	8.0	4.7	8.6	3.2	18.8
10-15 beds	8,289	899	3,560	1,184	2,646	3.3	1.5	4.6	1.8	5.9
16-99 beds	21,390	2,748	6,971	4,236	7,435	8.5	4.5	9.0	6.3	16.6
100 beds or more	10,754	1,309	4,191	4,045	1,209	4.3	2.1	5.4	6.1	2.7
Nonprofit										
Total	75,193	20,818	28,054	15,667	10,654	30.0	33.7	36.3	23.5	23.8
1-9 beds	24,447	7,601	8,264	4,212	4,370	9.8	12.3	10.7	6.3	9.8
10-15 beds	11,922	4,190	4,039	2,212	1,481	4.8	6.8	5.2	3.3	3.3
16-99 beds	24,322	5,662	9,210	5,999	3,451	9.7	9.2	11.9	9.0	7.7
100 beds or more	14,502	3,365	6,541	3,244	1,352	5.8	5.5	8.5	4.9	3.0
Government										
Total	114,719	33,015	27,777	39,488	14,439	45.8	53.5	36.0	59.1	32.2
1-9 beds	5,475	1,981	1,401	1,325	768	2.2	3.2	1.8	2.0	1.7
10-15 beds	3,233	2,186	359	579	109	1.3	3.5	0.5	0.9	0.2
16-99 beds	8,378	1,702	3,563	2,419	694	3.3	2.8	4.6	3.6	1.5
100 beds or more	97,633	27,146	22,454	35,165	12,868	39.0	44.0	29.1	52.7	28.7

Table 7. Number and percent distribution of intermediate care facilities for the mentally retarded by type of ownership and bed size, according to geographic region: United States, 1986

Type of ownership and bed size	Facilities									
	All geographic regions	Northeast	Midwest	South	West	All geographic regions	Northeast	Midwest	South	West
	Number					Percent distribution				
Total	4,193	1,182	1,572	833	606	100.0	100.0	100.0	100.0	100.0
Profit										
Total	1,313	151	605	257	300	31.3	12.8	38.5	30.8	49.5
1-9 beds	855	118	382	138	217	20.4	10.0	24.3	16.6	35.8
10-15 beds	215	17	125	48	25	5.1	1.4	8.0	5.8	4.1
16-99 beds	195	15	82	44	54	4.7	1.3	5.2	5.3	8.9
100 beds or more	48	1	16	27	4	1.1	0.1	1.0	3.2	0.1
Nonprofit										
Total	1,992	652	783	330	227	47.5	55.2	49.8	39.6	37.5
1-9 beds	1,297	423	502	194	178	30.9	35.8	31.9	23.3	29.4
10-15 beds	415	173	156	58	28	9.9	14.6	9.9	7.0	4.6
16-99 beds	235	49	103	64	19	5.6	4.1	6.6	7.7	3.1
100 beds or more	45	7	22	14	2	1.1	0.6	1.4	1.7	0.3
Government										
Total	888	379	184	246	79	21.2	32.1	11.7	29.5	13.0
1-9 beds	364	167	69	80	48	8.7	14.1	4.4	9.6	7.9
10-15 beds	162	122	4	35	1	3.9	10.3	0.3	4.2	0.2
16-99 beds	139	36	51	44	8	3.3	3.0	3.2	5.3	1.3
100 beds or more	223	54	60	87	22	5.3	4.6	3.8	10.4	3.6

cent). Midwest (38.5 percent), and South (30.8 percent). Government-owned ICF-MR's represented a small portion of all ICF-MR's in the Midwest (11.7 percent) and West (13.0 percent), but formed a substantial portion of those in the Northwest (32.1 percent) and South (29.5 percent). (See table 7.)

The differences in capacity among ownership types were dramatic. Average bed capacity for all ICF-MR's was 39. Government-owned homes averaged 124 beds: for-profit, 18; and nonprofit, 16 (table 8). In each region, government-owned homes were much larger, but actual average bed sizes were quite different. For instance, the South had the highest and the Northeast had by far the lowest average bed capacities in government-owned homes. Government and nonprofit facilities in the Northeast were half the size of those in the South; their for-profit facilities were only a third the size. The Midwest and West had ICF-MR's much nearer in size to those in the South for all three ownership groups, but the sheer number of facilities with 100 beds or more in the South resulted in its overall average bed size being twice those of the Midwest and West (see table 8).

It is also interesting to note that the South, in addition to having more government-owned ICF-MR's with 100 beds or more than any other region, had more for-profit ICF-MR's with 100 beds or more than the other three regions combined (27 compared with a combined total of 21). The Midwest, on the other hand, had almost as many nonprofit ICF-MR's with 100 beds or more as the other three regions combined (22 compared with a combined total of 23).

Resident characteristics

There were 250,472 residents occupying the 269,954 beds in MR facilities, for an occupancy rate of 92.8 percent. Regional occupancy rates were quite close, ranging from 91.1 percent in the West to 93.8 percent in the Northeast (92.9 percent in the Midwest and 92.9 percent in the South). These rates translated into approximately 4,100 empty beds in the Northeast, 4,400 in the West, 5,100 in the South, and 5,900 in the Midwest.

There were 1.04 residents in MR facilities per 1,000 persons in the U.S. population. The Midwest had the highest rate, 1.30, followed by the Northeast (1.24), the West (0.92), and the South (0.81).

Age groups were reported for 237,145 of the 250,472 total residents in MR facilities (95 percent). As table 9 indicates, three-fourths of these residents were between 22 and 64 years

of age. The group 65 years and over was the smallest (17,963), and represented only 7.6 percent of the total. In fact, in non-profit MR facilities, its members made up only 3.6 percent of total residents.

In each age group, there were many more residents in government-owned facilities than in profit or nonprofit facilities. This was not surprising because many more residents in general were in government-owned facilities. A comparison of profit and nonprofit facilities indicated that residents 65 years and over were more than 2½ times more likely to be in for-profit facilities. This contrasts directly with the other two age groups, which have many more residents in nonprofit facilities (see table 9). Comparing these age groups and ownership categories with region, bed size, and MR facility type failed to produce any meaningful explanation for this situation.

Only 10.3 percent of MR residents 65 years and over were in the West. Each of the other regions had 2½–3 times as many MR residents in this age group. The West also had fewer residents 22–64 and under 22 years of age, but the differences were much less than those found for MR residents 65 years and over.

The group 22–64 years of age was consistent across region and ownership categories, representing in almost every instance approximately three-fourths of the total (see table 9). In every region, residents in the age group under 22 years made up a larger percent of total residents than the group 65 years and over. The largest percent differences were in nonprofit facilities and in the South and West.

Other survey questions asked about the number of black and Hispanic residents in the facility the night before the survey. Only 4.4 percent of all facilities and 4.0 percent of MR facilities left one or both of these questions blank.

Approximately 12 percent of all MR facility residents were black persons and 4 percent were of Hispanic origin. Of the 29,442 black residents, almost half (14,538) were in the South; nearly half (4,856) of the 10,181 Hispanic residents were in the West (see table 10).

The distribution of Hispanic residents among small (fewer than 16 beds), medium (16–99 beds), and large (100 beds or more) MR facilities was virtually identical to the distribution of all residents among these facilities (see tables 10 and 3). Black residents, however, were somewhat more likely to reside in large (100 beds or more) MR facilities (58.2 percent of black residents, compared with 49.1 percent of all residents and 47.9 percent of nonblack residents). This tendency occurred in every region except the West, where 28.7 percent of all black

Table 8. Average bed capacity in intermediate care facilities for the mentally retarded by type of ownership and geographic region: United States, 1986

Type of ownership	Beds				
	All geographic regions	Northeast	Midwest	South	West
Total average	39	35	31	67	33
Profit	18	9	16	29	17
Nonprofit	16	12	17	23	11
Government	124	83	137	165	158

Table 9. Number and percent distribution of residents in mental retardation facilities for which an age group was reported by type of ownership and age group, according to geographic region: United States, 1986

Type of ownership and age group	Residents									
	All geographic regions	Northeast	Midwest	South	West	All geographic regions	Northeast	Midwest	South	West
	Number					Percent distribution				
All types of ownership										
Total	237,145	57,183	73,095	64,470	42,397	100.0	100.0	100.0	100.0	100.0
Under 22 years.....	38,841	7,320	10,609	12,365	8,547	16.4	12.8	14.5	19.2	20.2
22-64 years	180,341	44,453	56,525	47,370	31,993	76.0	77.7	77.3	73.5	75.5
65 years and over.....	17,963	5,410	5,961	4,735	1,857	7.6	9.5	8.2	7.3	4.4
Profit										
Total	56,084	7,378	19,814	10,818	18,074	100.0	100.0	100.0	100.0	100.0
Under 22 years.....	8,873	1,322	2,538	1,444	3,569	15.8	17.9	12.8	13.3	19.7
22-64 years	40,728	4,643	14,851	7,956	13,278	72.6	62.9	75.0	73.5	73.5
65 years and over.....	6,483	1,413	2,425	1,418	1,227	11.6	19.2	12.2	13.1	6.8
Nonprofit										
Total	71,039	19,552	26,336	15,097	10,054	100.0	100.0	100.0	100.0	100.0
Under 22 years.....	14,159	3,846	4,618	3,405	2,290	19.9	19.7	17.5	22.6	22.8
22-64 years	54,353	15,085	20,381	11,353	7,534	76.5	77.2	77.4	75.2	74.9
65 years and over.....	2,527	621	1,337	339	230	3.6	3.2	5.1	2.2	2.3
Government										
Total	110,022	30,253	26,945	38,555	14,269	100.0	100.0	100.0	100.0	100.0
Under 22 years.....	15,809	2,152	3,453	7,516	2,688	14.4	7.1	12.8	19.5	18.8
22-64 years	85,260	24,725	21,293	28,061	11,181	77.5	81.7	79.0	72.8	78.4
65 years and over.....	8,953	3,376	2,199	2,978	400	8.1	11.2	8.2	7.7	2.8

Table 10. Number and percent distribution of black and Hispanic residents in mental retardation facilities by race, Hispanic origin, and bed size, according to geographic region: United States, 1986

Race and Hispanic origin and bed size	Residents									
	All geographic regions	Northeast	Midwest	South	West	All geographic regions	Northeast	Midwest	South	West
	Number					Percent distribution				
Black residents										
Total	29,442	5,634	6,438	14,538	2,832	100.0	100.0	100.0	100.0	100.0
1-9 beds	4,885	900	1,225	1,693	1,067	16.6	16.0	19.0	11.6	37.7
10-15 beds	1,950	732	342	592	284	6.6	13.0	5.3	4.1	10.0
16-99 beds	5,485	1,037	1,311	2,468	669	18.6	18.4	20.4	17.0	23.6
100 beds or more	17,122	2,965	3,560	9,785	812	58.2	52.6	55.3	67.3	28.7
Hispanic residents										
Total	10,181	1,578	1,079	2,668	4,856	100.0	100.0	100.0	100.0	100.0
1-9 beds	2,210	273	148	156	1,633	21.7	17.3	13.7	5.8	33.6
10-15 beds	937	324	57	162	394	9.2	20.5	5.3	6.1	8.1
16-99 beds	2,333	285	295	404	1,349	22.9	18.1	27.3	15.1	27.8
100 beds or more	4,701	696	579	1,946	1,480	46.2	44.1	53.7	72.9	30.5

residents (compared with 34.4 percent of all residents and 34.8 percent of nonblack residents) were in the large MR facilities.

Black residents were more likely to reside in government-owned MR facilities (54.3 percent) than in for-profit (22.1 percent) or nonprofit (23.6 percent) facilities (see table 11). Government-owned facilities had 45.8 percent of all residents (44.7 percent for nonblack residents). This tendency was true in every region except the West, where black residents were

more likely to be in for-profit facilities (56.3 compared with 44.0 percent for all residents and 43.2 percent for nonblack residents) (tables 11 and 6).

Hispanic residents were more likely to live in for-profit facilities (34.3 compared with 24.2 percent for all residents and 23.7 percent for non-Hispanic residents) and less likely to be in nonprofit facilities (22.7 compared with 30.0 percent for all residents and 30.3 percent for non-Hispanic residents).

Table 11. Number and percent distribution of black and Hispanic residents in mental retardation facilities by race and Hispanic origin and type of ownership, according to geographic region: United States, 1986

Race and Hispanic origin and type of ownership	Residents									
	All geographic regions	Northeast	Midwest	South	West	All geographic regions	Northeast	Midwest	South	West
Black residents	Number					Percent distribution				
Total	29,442	5,634	6,438	14,538	2,832	100.0	100.0	100.0	100.0	100.0
Profit	6,503	935	1,547	2,427	1,594	22.1	16.6	24.0	16.7	56.3
Nonprofit	6,938	1,786	1,858	2,809	485	23.6	31.7	28.9	19.3	17.1
Government	16,001	2,913	3,033	9,302	753	54.3	51.7	47.1	64.0	26.6
Hispanic residents										
Total	10,181	1,578	1,079	2,668	4,856	100.0	100.0	100.0	100.0	100.0
Profit	3,495	184	314	486	2,511	34.3	11.7	29.1	18.2	51.7
Nonprofit	2,316	647	303	465	901	22.7	41.0	28.1	17.4	18.6
Government	4,370	747	462	1,717	1,444	42.9	47.3	42.8	64.4	29.7

Technical notes

The survey identified a number of mental retardation (MR) facilities that were actually units of large mental health facilities. Treating all beds and residents in such facilities as MR beds and residents would significantly inflate MR counts. The data for these facilities were, therefore, altered by (1) changing total beds to equal the larger of either beds in intermediate care facilities for the mentally retarded or total MR residents and (2) changing total residents to equal total MR residents.

The U.S. Bureau of the Census began the first questionnaire mailout on February 14, 1986. A reminder letter followed

a week later. On March 14, a second questionnaire was sent to all nonresponding facilities, and on April 4 a third mailing was sent to remaining nonrespondents.

Nearly 3,300 postmaster returns were received and reviewed to determine which respondents would be eligible for telephone and personal interview followup. Approximately 1,900 respondents were found to be out of scope, and about 1,400 were declared eligible for field followup. Field followup was completed in July 1986. The final overall response rate was 96 percent.

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Expected Principal Source of Payment for Hospital Discharges: United States, 1985

by Edmund J. Graves, Division of Health Care Statistics

Introduction

This report presents statistics on data collected through the National Hospital Discharge Survey. The National Center for Health Statistics has conducted this survey continuously since 1965. In 1985 data were abstracted from the face sheets of medical records of approximately 194,800 patients discharged from 414 non-Federal short-stay hospitals. These data were used to produce estimates of hospital utilization by an estimated 35.1 million inpatients (excluding newborn infants) in the United States.

From 1968 through 1970 information on hospital charges and sources of payment from a subsample of the National Hospital Discharge Survey (NHDS) sample was collected (NCHS, 1974). No information on charges or sources of payment was collected from 1971 through 1976. However, beginning in 1977 data on patients' principal expected sources of payment and other expected sources of payment were collected from the face sheets of all medical records in the NHDS sample. Reports on the 1977 and 1979 data have been published (NCHS, 1980 and 1982). In addition, summary data for 1982-85 have been published (NCHS, 1984, 1985, 1986, and 1987a). Statistics in these reports, as well as in this one, reflect only the patients' principal source of payment. The 1977 report presented estimates of source of payment by age and sex of patients as well as estimates for leading diagnostic and surgical categories. The 1979 report updated the basic estimates by age and sex of patient and provided analysis by discharge status and surgical status of the patient as well as by hospital location and ownership. This report updates the data from both reports; however, the data are analyzed from a different point of view. Expected sources of payment are not analyzed separately, but are analyzed for all the different sources of payment by sex and age of

patient, by hospital characteristics, and by diagnostic and procedural categories. The survey form used to collect these data is reproduced in another publication of the National Center for Health Statistics (NCHS, 1987a).

According to the NHDS, approximately 7 percent of all patients discharged from short-stay hospitals had no health insurance (NCHS, 1987a). On the other hand, data from the National Health Interview Survey indicate that 13 percent of the noninstitutionalized population had no coverage (NCHS, 1987b). This would seem to indicate that a proportionally smaller number of the uninsured rather than the insured are hospitalized. This may be true. However, many individuals who claim they have no health insurance may find on being hospitalized that they are covered under such programs as medicaid, welfare, and Veterans Administration health benefits.

According to the NHDS, the percent of hospitalized individuals covered by private insurance was 44.9 percent (NCHS, 1987a). This is much lower than the estimated 66.5 percent of individuals covered by private insurance found in the 1984 NHIS (NCHS, 1987b). This is not unexpected because public health programs are often billed first for hospital charges, and individuals citing private coverage may be using it as a secondary insurance source. It should be noted that in some cases the expected source of payment recorded on the face sheet of the medical record may not have been the actual source of payment. For example, a patient admitted to a hospital following an automobile accident may have cited Blue Cross as the expected source of payment when, in fact, an automobile insurance company ultimately made restitution. Also, because of the manner in which this variable was collected, there is no way to determine the charge for the hospital stay or what proportions of the hospital stay and medical services were covered by the principal source of payment indicated.

Highlights

The percent of patients who expected private insurance to pay for their hospitalization decreased significantly from 1977 to 1985 (53 and 45 percent, respectively).

There was a significant increase in the percent of discharges expecting public insurance to pay for their stay.

The average length of stay for patients expecting private insurance to pay for their hospitalization was 5.3 days, which was 1.2 days less than the average of 6.5 days for all patients discharged from short-stay hospitals.

The average age of patients expecting private insurance to pay for their hospitalization was 35.9 years; for those expecting public insurance to pay for their hospitalization, it was 60.2 years.

Only 7 percent of white patients expected medicaid to pay for their hospitalization; about 25 percent of black patients expected medicaid to pay for their hospitalization.

Sixty percent of all females with deliveries expected private insurance to pay for their hospitalization.

About two-thirds of all patients under 65 years of age who had one procedure or more performed expected private insurance to pay for their hospitalization.

Overview

There are three basic types of payment used in the payment of hospital bills. These are private insurance, public insurance, and other types of hospital bill payment including self-pay and no charge. Private insurance consists of Blue Cross and other private or commercial insurance, and public insurance consists of medicare, medicaid, workmen's compensation, and other government insurance programs.

Private insurance traditionally has been the source of payment used by most hospitalized patients as their expected source of payment. However, in recent years, the percent of patients expecting to pay their hospital bills through some form of private insurance has been on the decline. The percent of patients expecting to pay their hospital bills by private insurance declined from 52.5 percent in 1979 (NCHS, 1982) to 44.9 percent in 1985.

Expected source of payment through public insurance programs has been on the increase in recent years. In 1979 approximately 40.0 percent of all hospitalized patients expected to pay their hospital bills through some form of public insurance. In 1985 this increased to 46.3 percent.

Patient characteristics

In 1985 there were 35.1 million discharges from short-stay hospitals. Of the patients discharged, 15.7 million expected private insurance to pay for their hospital stay, 16.2 million expected a government program to pay for their hospital stay, and 3.1 million expected to pay for their hospital stay through other means (table 1).

Even though the number of patients expecting private insurance to pay for their hospital stay was similar to the number of patients expecting a public insurance program to pay for their hospital stay, the number of days of care and average length of

Table 1. Number of discharges, days of care, average length of stay, and average age of patients discharged from non-Federal short-stay hospitals, by principal expected source of payment: United States, 1985

[Excludes newborn infants]

Item	All expected sources of payment	Expected sources of payment		
		Private	Public	Self-pay, no charge, and other
Total number of discharges in millions	35.1	15.7	16.2	3.1
Total days of care in millions	226.2	83.0	126.9	16.3
Average length of stay in days	6.5	5.3	8.2	5.3
Average age of patients in years	46.7	35.9	60.2	30.7

stay for those expecting public insurance to pay for their hospital stay was much larger. This is primarily because the medicare program is designed to help older people defray the cost of their medical bills. Older people tend to have more chronic ailments and longer hospital stays. The number of days of care and average length of stay for those expecting public insurance to pay for their hospital stay was 126.9 million days of care and an average length of stay of 8.2 days; for those expecting private insurance to pay for their hospital stay the figures were 83 million days of care and an average length of stay of 5.3 days. The average age of those expecting public insurance to pay for their hospital bills was 60.2 years; for those expecting private insurance to pay for their hospital stay the average age was 35.9 years.

The number and percent distribution of patients discharged from short-stay hospitals by expected source of payment according to age and sex are provided in table 2. With the exception of workmen's compensation, the number of females was greater than the number of males in each expected source of payment.

Over 50 percent of all patients discharged from short-stay hospitals in each age group, with the exception of those 65 years of age and over, expected to pay their hospital bills through some form of private insurance. Medicare is the expected source of payment for most of those over 65 years of age.

White patients tended to utilize private insurance and medicare as an expected source of payment more often than black patients while black patients tended to use medicaid as an expected source of payment more often than white patients (table 3). About 46 percent of white patients expected private insurance to pay for their hospitalization; only 35 percent of black patients expected private insurance to pay for their hospitalization. Medicare as an expected source of payment was utilized by 35 percent of the white patients but only about 21 percent of the black patients. On the other hand, only 7 percent of white patients used medicaid as an expected source of payment and about one-quarter of black patients used medicaid. These differences are partially explained by the younger age distribution of hospitalized black persons.

Table 2. Number and percent distribution of patients discharged from non-Federal short-stay hospitals by principal expected source of payment, according to sex and age: United States, 1985

[Excludes newborn infants]

<i>Sex and age</i>	<i>All expected sources of payment</i>	<i>Private insurance</i>	<i>Medicare</i>	<i>Medicaid</i>	<i>Workmen's compensation</i>	<i>Other government payments</i>	<i>Self-pay</i>	<i>No charge</i>	<i>Other payments</i>
Number in thousands									
Both sexes									
All ages	35,056	15,726	11,341	3,344	756	790	2,346	221	531
Under 15 years	2,972	1,727	35	712	---	113	316	24	46
15-44 years	13,966	8,691	332	1,985	464	446	1,569	131	349
45-64 years	7,610	5,064	1,014	551	197	196	402	65	122
65 years and over	10,508	244	9,961	96	96	36	59	*	15
Male									
All ages	14,160	5,985	5,064	967	569	332	941	79	223
Under 15 years	1,698	985	13	403	---	73	185	13	26
15-44 years	4,153	2,421	183	350	374	146	521	35	123
45-64 years	3,776	2,460	586	180	152	92	208	30	66
65 years and over	4,533	118	4,282	34	43	21	27	*	*7
Female									
All ages	20,896	9,741	6,277	2,377	187	459	1,405	142	308
Under 15 years	1,274	742	22	309	---	40	131	11	20
15-44 years	9,813	6,270	149	1,635	91	300	1,049	95	225
45-64 years	3,834	2,604	428	371	44	104	193	35	55
65 years and over	5,975	126	5,679	62	52	15	32	*	*8
Percent distribution									
Both sexes									
All ages	100.0	44.9	32.4	9.5	2.2	2.3	6.7	0.6	1.5
Under 15 years	100.0	58.1	1.2	24.0	---	3.8	10.6	0.8	1.5
15-44 years	100.0	62.2	2.4	14.2	3.3	3.3	11.2	0.9	2.5
45-64 years	100.0	66.6	13.3	7.2	2.6	2.6	5.3	0.8	1.6
65 years and over	100.0	2.3	94.8	0.9	0.9	0.3	0.6	*	0.1
Male									
All ages	100.0	42.3	35.8	6.8	4.0	2.3	6.6	0.6	1.6
Under 15 years	100.0	58.0	0.8	23.7	---	4.3	10.9	0.8	1.5
15-44 years	100.0	58.3	4.4	8.4	9.0	3.5	12.5	0.8	3.0
45-64 years	100.0	65.2	15.5	4.8	4.0	2.4	5.5	0.8	1.8
65 years and over	100.0	2.6	94.5	0.8	1.0	0.3	0.6	*	*0.2
Female									
All ages	100.0	46.6	30.0	11.4	0.9	2.2	6.7	0.7	1.5
Under 15 years	100.0	58.2	1.7	24.2	---	3.2	10.3	0.8	1.5
15-44 years	100.0	63.9	1.5	16.7	0.9	3.1	10.7	1.0	2.3
45-64 years	100.0	67.9	11.2	9.7	1.2	2.7	5.0	0.9	1.4
65 years and over	100.0	2.1	95.0	1.0	0.9	0.2	0.5	*	*0.1

Hospital characteristics

The percent of patients expecting private insurance to pay for their hospitalization was lowest in the West Region (39.9 percent) but similar in all other regions. The percent of patients expecting medicare to pay for their hospitalization was higher in the Northeast Region when compared with the South Region (35.0 versus 30.2 percent) (table 3). There were no differences by region in the percent of patients expecting medicaid to pay for their hospital stay.

For patients of profit, nonprofit, and State and local government hospitals, differences occurred in distribution of patients by source of payment. About 37 percent of all patients in State and local government hospitals expected private insurance

to pay for their hospitalization; about 10 percent of them expected to pay for their own hospitalization. On the other hand, close to 50 percent of patients in profit and nonprofit hospitals expected private insurance to pay for their hospitalization, but only 6 percent or less of the inpatients expected to pay for their own hospitalization. In addition, the percent of patients using medicaid in the government hospitals was twice that of the profit hospitals (12.9 and 5.6 percent, respectively).

Utilization by diagnosis

Table 4 provides the number and percent of discharges for selected diagnostic categories for patients discharged from short-

Table 3. Number and percent distribution of patients discharged from non-Federal short-stay hospitals by principal expected source of payment, according to race, geographic region, and type of hospital ownership: United States, 1985

[Excludes newborn infants]

<i>Race, region, and type of hospital ownership</i>	<i>All expected sources of payment</i>	<i>Private insurance</i>	<i>Medicare</i>	<i>Medicaid</i>	<i>Workmen's compensation</i>	<i>Other government payments</i>	<i>Self-pay</i>	<i>No charge</i>	<i>Other payments</i>
Number in thousands									
All ages	35,056	15,726	11,341	3,344	756	790	2,346	221	531
Race									
White	26,379	12,219	9,315	1,751	557	520	1,546	114	357
Black	5,181	1,819	1,078	1,266	112	182	534	76	114
All other	3,497	1,688	948	328	88	88	266	31	60
Geographic region									
Northeast	7,168	3,174	2,508	784	106	87	395	*8	107
Midwest	9,111	4,234	3,003	889	225	172	471	11	108
South	12,274	5,726	3,707	1,140	270	257	966	27	181
West	6,502	2,592	2,123	532	156	275	513	175	135
Type of hospital ownership									
Nonprofit	23,984	11,152	7,921	2,154	536	390	1,411	152	267
Profit	3,296	1,671	1,085	185	102	75	142	*	33
State or local government	7,776	2,903	2,335	1,006	118	325	793	65	231
Percent distribution									
Total	100.0	44.9	32.4	9.5	2.2	2.3	6.7	0.6	1.5
Race									
White	100.0	46.3	35.3	6.6	2.1	2.0	5.9	0.4	1.4
Black	100.0	35.1	20.8	24.4	2.2	3.5	10.3	1.5	2.2
All other	100.0	48.3	27.1	9.4	2.5	2.5	7.6	0.9	1.7
Geographic region									
Northeast	100.0	44.3	35.0	10.9	1.5	1.2	5.5	*0.1	1.5
Midwest	100.0	46.5	33.0	9.8	2.5	1.9	5.2	0.1	1.2
South	100.0	46.7	30.2	9.3	2.2	2.1	7.9	0.2	1.5
West	100.0	39.9	32.7	8.2	2.4	4.2	7.9	2.7	2.1
Type of hospital ownership									
Nonprofit	100.0	46.5	33.0	9.0	2.2	1.6	5.9	0.6	1.1
Profit	100.0	50.7	32.9	5.6	3.1	2.3	4.3	*	1.0
State or local government	100.0	37.3	30.0	12.9	1.5	4.2	10.2	0.8	3.0

stay hospitals by expected source of payment. Heart disease was the only first-listed diagnosis that was among the leading diagnoses in each of the expected sources of payment. Medicare and private insurance were the expected sources of payment for about 90 percent of all heart disease discharges with medicare accounting for about 62 percent of them. Except for workmen's compensation and medicare, females with deliveries was also among the leading first-listed diagnoses for each expected source of payment. Private insurance, medicaid, and self-pay accounted for about 90 percent of all the discharges for females with deliveries, with private insurance accounting for about 61 percent of them.

Other leading first-listed diagnoses in most of the expected sources of payment were fractures, all sites, and malignant neo-

plasms. Fractures, all sites, was among the leading first-listed diagnoses in each of the expected sources of payment with the exception of medicaid and other government payments; malignant neoplasms was among the leading first-listed diagnoses in each of the expected sources of payment with the exception of medicaid, workmen's compensation, and self-pay.

Workmen's compensation, as would be expected, had leading diagnoses different from the other sources. Four of the five diagnoses were injury related: intervertebral disc disorders; fractures, all sites; sprains and strains of back; and inguinal hernia. In fact, even though workmen's compensation accounted for only 2 percent of all expected sources of payment, it accounted for one-fourth of all intervertebral disc disorders and one-fifth of all sprains and strains of back (including neck).

Table 4. Number and percent of discharges for selected diagnostic categories for patients discharged from non-Federal short-stay hospitals for each principal expected source of payment: United States, 1985

[Excludes newborn infants]

<i>Diagnostic category and ICD-9-CM code</i>	<i>Number of discharges in thousands</i>	<i>Percent¹</i>
Private insurance		
Females with deliveries V27	2,366	61.4
Heart disease 391-392.0, 393-398, 402, 404, 410-416, 420-429	1,025	28.6
Other ischemic heart disease 411-413, 414.1-414.9	455	35.1
Acute myocardial infarction 410	235	31.1
Malignant neoplasms 140-208, 230-234	690	36.1
Fractures, all sites 800-829	419	37.1
Benign neoplasms and neoplasms of uncertain behavior and unspecified nature 210-229, 235-239	324	64.8
Medicare		
Heart disease 391-392.0, 393-398, 402, 404, 410-416, 420-429	2,220	61.9
Other ischemic heart disease 411-413, 414.1-414.9	715	55.2
Congestive heart failure 428.0	460	82.6
Acute myocardial infarction 410	450	59.6
Cardiac dysrhythmias 427	332	65.0
Malignant neoplasms 140-208, 230-234	1,020	53.4
Cerebrovascular disease 430-438	689	75.2
Fractures, all sites 800-829	423	37.4
Hyperplasia of prostate 600	177	72.1
Medicaid		
Females with deliveries V27	673	17.5
Psychoses 290-299	126	18.0
Heart disease 391-392.0, 393-398, 402, 404, 410-416, 420-429	117	3.3
Pneumonia, all forms 480-486	104	12.2
Asthma 493	98	21.2
Workmen's compensation		
Intervertebral disc disorders 722	117	23.0
Fractures, all sites 800-829	61	5.4
Sprains and strains of back (including neck) 846-847	52	21.9
Inguinal hernia 550	32	8.4
Heart disease 391-392.0, 393-398, 402, 404, 410-416, 420-429	30	0.8
Other government payments		
Females with deliveries V27	126	3.3
Heart disease 391-392.0, 393-398, 402, 404, 410-416, 420-429	47	1.3
Psychoses 290-299	40	5.8
Alcohol dependence syndrome 303	31	7.9
Malignant neoplasms 140-208, 230-234	26	1.4
Self-pay		
Females with deliveries V27	510	13.2
Fractures, all sites 800-829	120	10.6
Heart disease 391-392.0, 393-398, 402, 404, 410-416, 420-429	112	3.1
Psychoses 290-299	72	10.3
Abortions and ectopic and molar pregnancies 630-639	68	17.9
No charge		
Females with deliveries V27	52	1.3
Heart disease 391-392.0, 393-398, 402, 404, 410-416, 420-429	10	0.3
Malignant neoplasms 140-208, 230-234	*9	*0.4
Fractures, all sites 800-829	*6	*0.5
Other payments		
Females with deliveries V27	99	2.6
Heart disease 391-392.0, 393-398, 402, 404, 410-416, 420-429	23	0.6
Psychoses 290-299	19	2.8
Fractures, all sites 800-829	18	1.6
Malignant neoplasms 140-208, 230-234	17	0.9

¹Percent of all discharges in this diagnostic category with this expected principal source of payment.

Utilization by procedures

Approximately two-thirds of all patients under 65 years of age who had one procedure or more performed expected private insurance to pay for their hospitalization. For those 65 years of age and over, medicare was the expected source of payment for 95 percent of these patients.

About 50 percent of all patients who had one procedure or more performed expected private insurance to pay for their hospitalization (table 5). Of these almost half were women between the ages of 15–44 years. For some of the other sources of payment, the percent of women in this age group with one procedure or more performed is even higher. For example, 58 percent of patients with one procedure or more performed who expected medicaid to pay for their hospitalization and 53 per-

cent who expected to pay for their own hospital bills were females between the ages of 15–44 years.

Table 6 provides the number and percent of all-listed surgeries for patients discharged from short-stay hospitals for each expected source of payment. In each category, with the exception of medicare and workmen's compensation, the leading surgical procedures performed were female sex specific. These included procedures to assist delivery, cesarean section, hysterectomy, and oophorectomy and salpingo-oophorectomy. In addition, for patients with medicaid as a source of payment, bilateral destruction or occlusion of fallopian tubes was a leading procedure. The only two surgical procedures performed that were not sex specific were biopsy and open reduction of fracture, except face and jaw.

Table 5. Number and percent distribution of patients with procedures discharged from non-Federal short-stay hospitals by principal expected source of payment, according to sex and age: United States, 1985

[Excludes newborn infants]

<i>Sex and age</i>	<i>All expected sources of payment</i>	<i>Private insurance</i>	<i>Medicare</i>	<i>Medicaid</i>	<i>Workmen's compensation</i>	<i>Other government payments</i>	<i>Self-pay</i>	<i>No charge</i>	<i>Other payments</i>
Both sexes									
Number in thousands									
All ages	20,651	10,136	6,053	1,695	533	436	1,315	148	335
Under 15 years	1,283	799	15	256	---	51	129	10	24
15–44 years	9,104	5,955	174	1,134	323	252	946	95	226
45–64 years	4,605	3,240	517	260	148	111	211	43	76
65 years and over	5,658	142	5,347	45	63	22	29	*	*9
Male									
All ages	7,900	3,484	2,831	391	413	159	450	45	128
Under 15 years	747	462	*6	149	---	33	77	*5	14
15–44 years	2,309	1,408	94	143	266	60	252	20	66
45–64 years	2,259	1,541	297	82	118	52	109	19	42
65 years and over	2,585	72	2,434	18	29	14	13	*	*5
Female									
All ages	12,751	6,652	3,221	1,304	121	277	865	104	207
Under 15 years	537	337	*9	107	---	18	52	*5	*9
15–44 years	6,795	4,547	80	991	56	192	694	75	160
45–64 years	2,346	1,698	220	178	30	59	103	24	34
65 years and over	3,073	70	2,913	28	34	*8	16	*	*
Both sexes									
Percent distribution									
All ages	100.0	49.1	29.3	8.2	2.6	2.1	6.4	0.7	1.6
Under 15 years	100.0	62.3	1.2	19.9	---	4.0	10.0	0.8	1.8
15–44 years	100.0	65.4	1.9	12.5	3.5	2.8	10.4	1.0	2.5
45–64 years	100.0	70.4	11.2	5.6	3.2	2.4	4.6	0.9	1.7
65 years and over	100.0	2.5	94.5	0.8	1.1	0.4	0.5	*	*0.2
Male									
All ages	100.0	44.1	35.8	5.0	5.2	2.0	5.7	0.6	1.6
Under 15 years	100.0	61.9	*0.8	19.9	---	4.4	10.3	*0.7	1.9
15–44 years	100.0	61.0	4.1	6.2	11.5	2.6	10.9	0.9	2.9
45–64 years	100.0	68.2	13.1	3.6	5.2	2.3	4.8	0.8	1.9
65 years and over	100.0	2.8	94.2	0.7	1.1	0.5	0.5	*	*0.2
Female									
All ages	100.0	52.2	25.3	10.2	0.9	2.2	6.8	0.8	1.6
Under 15 years	100.0	62.8	*1.6	20.0	---	3.4	9.7	*0.9	*1.7
15–44 years	100.0	66.9	1.2	14.6	0.8	2.8	10.2	1.1	2.4
45–64 years	100.0	72.4	9.4	7.6	1.3	2.5	4.4	1.0	1.4
65 years and over	100.0	2.3	94.8	0.9	1.1	*0.3	0.5	*	*

Table 6. Number and percent of all-listed procedures for selected surgical categories for patients discharged from non-Federal short-stay hospitals for each principal expected source of payment: United States, 1985

[Excludes newborn infants]

<i>Surgical procedure category and ICD-9-CM code</i>	<i>Number in thousands</i>	<i>Percent¹</i>
Private insurance		
Procedures to assist delivery..... 72-73	1,597	64.1
Cesarean section..... 74.0-74.2, 74.4, 74.99	583	66.5
Biopsy.....	549	38.2
Hysterectomy..... 68.3-68.7	515	76.8
Oophorectomy and salpingo-oophorectomy..... 65.3-65.6	397	75.7
Medicare		
Biopsy.....	708	49.3
Prostatectomy..... 60.2-60.6	283	77.1
Arthroplasty of joints..... 81.3-81.8	239	47.2
Pacemaker insertion, replacement, removal, and repair..... 37.7-37.8	168	75.0
Open reduction of fracture (except face and jaw)..... 79.2-79.3, 79.5-79.6	157	34.8
Medicaid		
Procedures to assist delivery..... 72-73	375	15.0
Cesarean section..... 74.0-74.2, 74.4, 74.99	135	15.4
Repair of current obstetric laceration..... 75.5-75.6	95	17.3
Bilateral destruction or occlusion of fallopian tubes..... 66.2-66.3	88	19.0
Biopsy.....	79	5.5
Workmen's compensation		
Excision or destruction of intervertebral disc and spinal fusion..... 80.5, 81.0	66	20.3
Operations on muscles, tendons, fascia, and bursa..... 82-83.1, 83.3-83.9	42	12.3
Repair of inguinal hernia..... 53.0-53.1	32	7.8
Open reduction of fracture (except face and jaw)..... 79.2-79.3, 79.5-79.6	30	6.7
Arthroplasty of joints..... 81.3-81.8	28	5.4
Other government payments		
Procedures to assist delivery..... 72-73	83	3.3
Cesarean section..... 74.0-74.2, 74.4, 74.99	24	2.7
Repair of current obstetric laceration..... 75.5-75.6	19	3.4
Biopsy.....	16	1.1
Hysterectomy..... 68.3-68.7	15	2.3
Self-pay		
Procedures to assist delivery..... 72-73	327	13.1
Cesarean section..... 74.0-74.2, 74.4, 74.99	99	11.3
Repair of current obstetric laceration..... 75.5-75.6	80	14.7
Open reduction of fracture (except face and jaw)..... 79.2-79.3, 79.5-79.6	48	10.6
Biopsy.....	50	3.5
No charge		
Procedures to assist delivery..... 72-73	34	1.4
Cesarean section..... 74.0-74.2, 74.4, 74.99	12	1.3
Repair of current obstetric laceration..... 75.5-75.6	10	1.8
Bilateral destruction or occlusion of fallopian tubes..... 66.2-66.3	*6	*1.4
Other payments		
Procedures to assist delivery..... 72-73	59	2.4
Repair of current obstetric laceration..... 75.5-75.6	20	3.6
Cesarean section..... 74.0-74.2, 74.4, 74.99	18	2.0
Biopsy.....	15	1.1
Hysterectomy..... 68.3-68.7	*10	*1.5

¹Percent of all surgical procedures in this category with this expected principal source of payment.

Over 60 percent of all procedures to assist delivery, cesarean sections, hysterectomies, and oophorectomies and salpingo-oophorectomies were performed on patients expecting private insurance to pay for these surgeries.

The leading surgical procedure for patients with medicare

as an expected source of payment was biopsy. In fact, one-half of all biopsies performed were on patients with medicare. Seventy-seven percent of all prostatectomies and 75 percent of all pacemaker insertions, replacements, removals, and repairs were performed on patients using medicare as a source of payment. All

Table 7. Number and percent of all-listed procedures for selected nonsurgical categories for patients discharged from non-Federal short-stay hospitals for each principal expected source of payment: United States, 1985

[Excludes newborn infants]

<i>Nonsurgical procedure category and ICD-9-CM code</i>		<i>Number in thousands</i>	<i>Percent¹</i>
Private insurance			
Endoscopies of the digestive system	42.21-42.23, 44.11-44.13, 45.11-45.13, 45.21-45.24, 48.21-48.22, 51.11-51.21	658	42.7
Arteriography and angiocardiology using contrast material	88.4-88.5	502	44.9
Computerized axial tomography	87.03, 87.41, 87.71, 88.01, 88.38	440	31.9
Diagnostic ultrasound	88.7	431	34.9
Cardiac catheterization	37.21-37.23	351	51.6
Medicare			
Endoscopies of the digestive system	42.21-42.23, 44.11-44.13, 45.11-45.13, 45.21-45.24, 48.21-48.22, 51.11-51.21	675	43.8
Computerized axial tomography	87.03, 87.41, 87.71, 88.01, 88.38	672	48.8
Diagnostic ultrasound	88.7	536	43.4
Arteriography and angiocardiology using contrast material	88.4-88.5	496	44.4
Radioisotope scan	92.0-92.1	446	53.2
Medicaid			
Diagnostic ultrasound	88.7	108	8.7
Endoscopies of the digestive system	42.21-42.23, 44.11-44.13, 45.11-45.13, 45.21-45.24, 48.21-48.22, 51.11-51.21	90	5.9
Computerized axial tomography	87.03, 87.41, 87.71, 88.01, 88.38	77	5.6
Radioisotope scan	92.0-92.1	45	5.4
Arteriography and angiocardiology using contrast material	88.4-88.5	35	3.2
Workmen's compensation			
Contrast myelogram	87.21	113	25.9
Computerized axial tomography	87.03, 87.41, 87.71, 88.01, 88.38	59	4.2
Radioisotope scan	92.0-92.1	22	2.6
Diagnostic ultrasound	88.7	16	1.3
Endoscopies of the digestive system	42.21-42.23, 44.11-44.13, 45.11-45.13, 45.21-45.24, 48.21-48.22, 51.11-51.21	14	0.9
Other government payments			
Diagnostic ultrasound	88.7	27	2.2
Computerized axial tomography	87.03, 87.41, 87.71, 88.01, 88.38	26	1.9
Arteriography and angiocardiology using contrast material	88.4-88.5	22	1.9
Endoscopies of the digestive system	42.21-42.23, 44.11-44.13, 45.11-45.13, 45.21-45.24, 48.21-48.22, 51.11-51.21	21	1.4
Radioisotope scan	92.0-92.1	11	1.4
Self-pay			
Diagnostic ultrasound	88.7	83	6.7
Computerized axial tomography	87.03, 87.41, 87.71, 88.01, 88.38	73	5.3
Endoscopies of the digestive system	42.21-42.23, 44.11-44.13, 45.11-45.13, 45.21-45.24, 48.21-48.22, 51.11-51.21	56	3.6
Arteriography and angiocardiology using contrast material	88.4-88.5	39	3.5
Radioisotope scan	92.0-92.1	32	3.9
No charge			
Diagnostic ultrasound	88.7	13	1.1
Endoscopies of the digestive system	42.21-42.23, 44.11-44.13, 45.11-45.13, 45.21-45.24, 48.21-48.22, 51.11-51.21	*7	*0.5
Computerized axial tomography	87.03, 87.41, 87.71, 88.01, 88.38	*7	*0.5
Radioisotope scan	92.0-92.1	*6	*0.7
Other payments			
Computerized axial tomography	87.03, 87.41, 87.71, 88.01, 88.38	25	1.8
Diagnostic ultrasound	88.7	20	1.7
Endoscopies of the digestive system	42.21-42.23, 44.11-44.13, 45.11-45.13, 45.21-45.24, 48.21-48.22, 51.11-51.21	20	1.3
Radioisotope scan	92.0-92.1	14	1.7
Pyelogram	87.73-87.74	11	2.4

¹Percent of all diagnostic procedures in this nonsurgical category with this expected principal source of payment.

of the leading procedures for which workmen's compensation was the expected source of payment were for work-related injuries. These included excision or destruction of intervertebral disc and spinal fusion; operations on muscles, tendons, fascia, and bursa; repair of inguinal hernia; open reduction of fracture, except face and jaw; and arthroplasty of joints.

Table 7 provides the number and percent of all-listed diagnostic procedures for each expected source of payment. Endoscopies of the digestive system, computerized axial tomography (CAT scan), and diagnostic ultrasound were among the leading diagnostic procedures in each of the source of payment cate-

gories. Approximately 87 percent of the endoscopies of the digestive system, 81 percent of the computerized axial tomographies, and 78 percent of the diagnostic ultrasound procedures were performed on patients using private insurance or medicare as the expected source of payment.

Radioisotope scan was also among the leading diagnostic procedures in each of the different expected source of payment categories with the exception of those using private insurance as the expected source of payment. Over 50 percent of the radioisotope scans were performed on patients using medicare as the expected source of payment.

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Technical notes

Survey methodology

Source of data

The National Hospital Discharge Survey (NHDS) encompasses patients discharged from short-stay hospitals, exclusive of military and Veterans Administration hospitals, located in 50 States and the District of Columbia. Only hospitals with six beds or more and an average length of stay of less than 30 days for all patients are included in the survey. Discharges of newborn infants are excluded from this report.

The original universe for the survey consisted of 6,965 hospitals contained in the 1963 National Master Facility Inventory. New hospitals were sampled for inclusion in the survey in 1972, 1975, 1977, 1979, 1981, 1983, and 1985. In all, 558 hospitals were sampled in 1985. Data on the universe of short-stay non-Federal hospitals are now obtained from the American Hospital Association (unpublished).

Of the 558 hospitals in the 1985 sample, 82 refused to participate and 62 were out of scope either because the hospital had gone out of business or because it failed to meet the definition of a short-stay hospital. Thus, 414 hospitals participated in the survey during 1985 and provided approximately 194,800 abstracts of medical records.

Sample design and data collection

All hospitals with 1,000 beds or more in the universe of short-stay hospitals were selected with certainty in the sample. All hospitals with fewer than 1,000 beds were stratified, the primary strata being 24 size-by-region classes. Within each of these 24 primary strata, the allocation of the hospitals was made through a controlled selection technique so that hospitals in the sample would be properly distributed with regard to type of ownership and geographic division. Sample hospitals were drawn with probabilities ranging from certainty for the largest hospitals to 1 in 40 for the smallest hospitals. The within-hospital sampling ratio for selecting sample discharges varied inversely with the probability of selection of the hospital. In 1985, for the first time, there were two data collection procedures used for the survey. The first was the traditional manual system of sample selection and data abstraction. The second was an automated method used in approximately 17 percent of the sample hospitals; it involved the purchase of data tapes from commercial abstracting services.

In hospitals using the manual procedure, sample discharges were selected using the daily listing sheet of discharges as the sampling frame. These discharges were selected by a random technique, usually on the basis of the terminal digit or digits of the patient's medical record number. The sample selection and abstraction of data from the face sheet and discharge summary of the medical records were performed by the hospital staff or by representatives of the National Center for Health Statistics. The completed forms were forwarded to NCHS for coding, editing, and weighting procedures.

For hospitals using the automated procedure, tapes containing machine-readable medical record data are purchased

from commercial abstracting services. These tapes are subject to National Center for Health Statistics sampling, editing, and weighting procedures. A detailed description of the automated process is to be published.

The medical abstract form and the abstract service data tapes contain items relating to the personal characteristics of the patient, including birth date, sex, race, and marital status but not name and address; administrative information, including admission and discharge status and medical record number; and medical information, including diagnoses and surgical and nonsurgical operations or procedures. Since 1977, patient zip code, expected source of payment, and dates of surgery have also been collected. (The medical record number and patient zip code are considered confidential information and are not available to the public.)

Presentation of estimates

Statistics produced by the NHDS are derived by a complex estimating procedure. The basic unit of estimation is the sample inpatient discharge abstract. The estimating procedure used to produce essentially unbiased national estimates in the NHDS has three principal components: inflation by reciprocals of the probabilities of sample selection, adjustment for nonresponse, and ratio adjustment to fixed totals. These components of estimation are described in appendix I of two earlier publications (NCHS, 1967a and 1967b). Based on consideration of the complex sample design of the NHDS, the following guidelines are used for presenting NHDS estimates in this report:

1. If the sample size is less than 30, the value of the estimate is not reported. Only an asterisk (*) is shown in the tables.
2. If the sample size is 30–59, the value of the estimate is reported but should be used with caution. The estimate is preceded by an asterisk (*) in the tables.

Sampling errors and rounding of numbers

Because the estimates for this report are based on a sample rather than the entire universe, they are subject to sampling variability. The relative standard errors presented in tables I and II are obtained by dividing the standard error of the estimate by the estimate itself and are expressed as a percent of the estimate.

About 3.1 percent of the discharges sampled for the 1985 NHDS did not have information concerning source of payment on the face sheet of the medical record. An expected source of payment was imputed for these discharges based on the sex and age of the patient.

There were several edits performed on the raw data. When a principal expected source of payment was not indicated, but a single source of payment was listed as a secondary source of payment, the indicated secondary source of payment was assumed to be the principal expected source of payment. When workmen's compensation was listed in conjunction with other

Table I. Approximate relative standard errors of estimated numbers of discharges: United States, 1985

Size of estimate	Number of discharges	
	Region, proprietary, or State and local government hospitals	All other characteristics
5,000.....	22.4	13.2
10,000.....	18.3	10.6
50,000.....	12.0	6.7
100,000.....	10.3	5.7
500,000.....	7.5	4.0
1,000,000.....	6.6	3.5
3,000,000.....	5.6	2.9
5,000,000.....	5.2	2.7
10,000,000.....	4.8	2.4
20,000,000.....	4.4	2.2
30,000,000.....	4.2	2.1
40,000,000.....	4.1	2.1

Table II. Approximate relative standard errors of estimated numbers of all-listed procedures: United States, 1985

Size of estimate	All-listed procedures
5,000.....	18.2
10,000.....	15.1
50,000.....	10.3
100,000.....	8.9
500,000.....	6.7
1,000,000.....	6.0
3,000,000.....	5.1
5,000,000.....	4.8
10,000,000.....	4.4
20,000,000.....	4.1
30,000,000.....	4.0

insurance sources, workmen's compensation was taken as the principal expected source of payment; when medicare was listed in conjunction with other insurance sources (except workmen's compensation), medicare was taken as the principal expected source of payment. Estimates have been rounded to the nearest thousand. For this reason detailed figures within tables do not always add to the totals.

Tests of significance

In this report, the determination of statistical inference is based on the two-tailed Bonferroni test for multiple comparisons. Terms relating to differences such as "higher" and "less" indicate that the differences are statistically significant.

Terms such as "similar" or "no difference" mean that no statistically significant difference exists between the estimates being compared. A lack of comment on the difference between any two estimates does not mean that the difference was tested and found to be not significant.

Definition of terms

Private insurance—Private insurance is health insurance provided by nongovernment sources including consumers, insurance companies, private industry, and philanthropic organizations.

Workmen's compensation—Workmen's compensation is a program in all States under which employees injured on the job receive financial compensation without regard to fault.

Medicare (Title XVIII)—Medicare is a nationwide health program providing health insurance protection, regardless of income, to people 65 years of age and over, people eligible for Social Security disability payments for more than 2 years, and people with end-stage renal disease.

Medicaid—Medicaid is a joint Federal-State welfare program, available in virtually all States, that provides benefits for low-income persons, including the aged. To qualify for this program, a person must meet each State's definition of "low income."

Other government payments—Other government payments refers to government payments in which the expected source of payment cannot be classified in one of the other three government categories. These include payments made under the Title V Program, Champus (a program designed to provide medical coverage for dependents of military personnel), no-fault casualty coverage, vocational rehabilitation, Federal or State research grant (medical research), or legal hold (prisoner in medical detention).

Self-pay—Self-pay is a form of hospital payment in which the major share of the total cost is paid by the patient, spouse, family, or next of kin.

No charge—There is no charge to a patient when a patient is admitted to a hospital with the understanding that payment will not be expected because the medical services are provided free of charge by the hospital. This category includes hospital-sponsored welfare, donated staff services, hospital-sponsored special research, and patients in "teaching" hospitals.

Other payments—Other payments includes all other non-profit sources of payment such as church welfare, United Way (United Appeal), or Shriner's Crippled Children Services.

Definitions of other terms are available in appendix II of another report (NCHS, 1987a).

1986 Summary: National Hospital Discharge Survey

Hospital Care Statistics Branch, Division of Health Care Statistics

Introduction

The hospital discharge rate has continued a decline that began in 1983. The 1986 rate was 143 discharges per 1,000 civilian population—a 14 percent decrease in 3 years (figure 1). In addition, the average length of stay in 1986 was 6.4 days compared with 7.6 days a decade ago (figure 2).

During 1986 an estimated 34.3 million inpatients, excluding newborn infants, were discharged from short-stay non-Federal hospitals in the United States. These patients were hospitalized an average of 6.4 days and used 218.5 million days of inpatient hospital care. Patients hospitalized during 1986 accounted for 143 discharges per 1,000 civilian population.

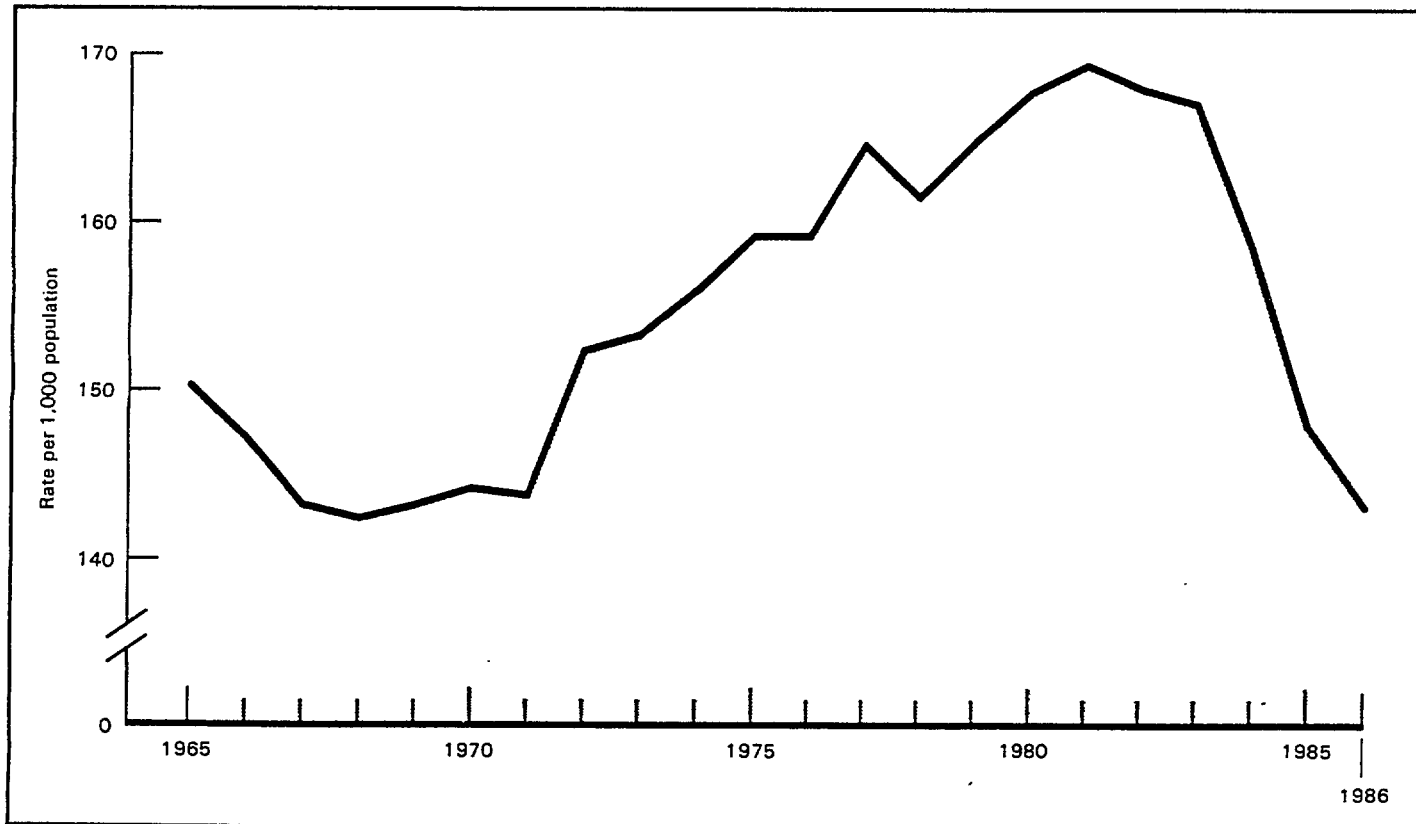


Figure 1. Discharge rate in non-Federal short-stay hospitals: United States, 1965–86

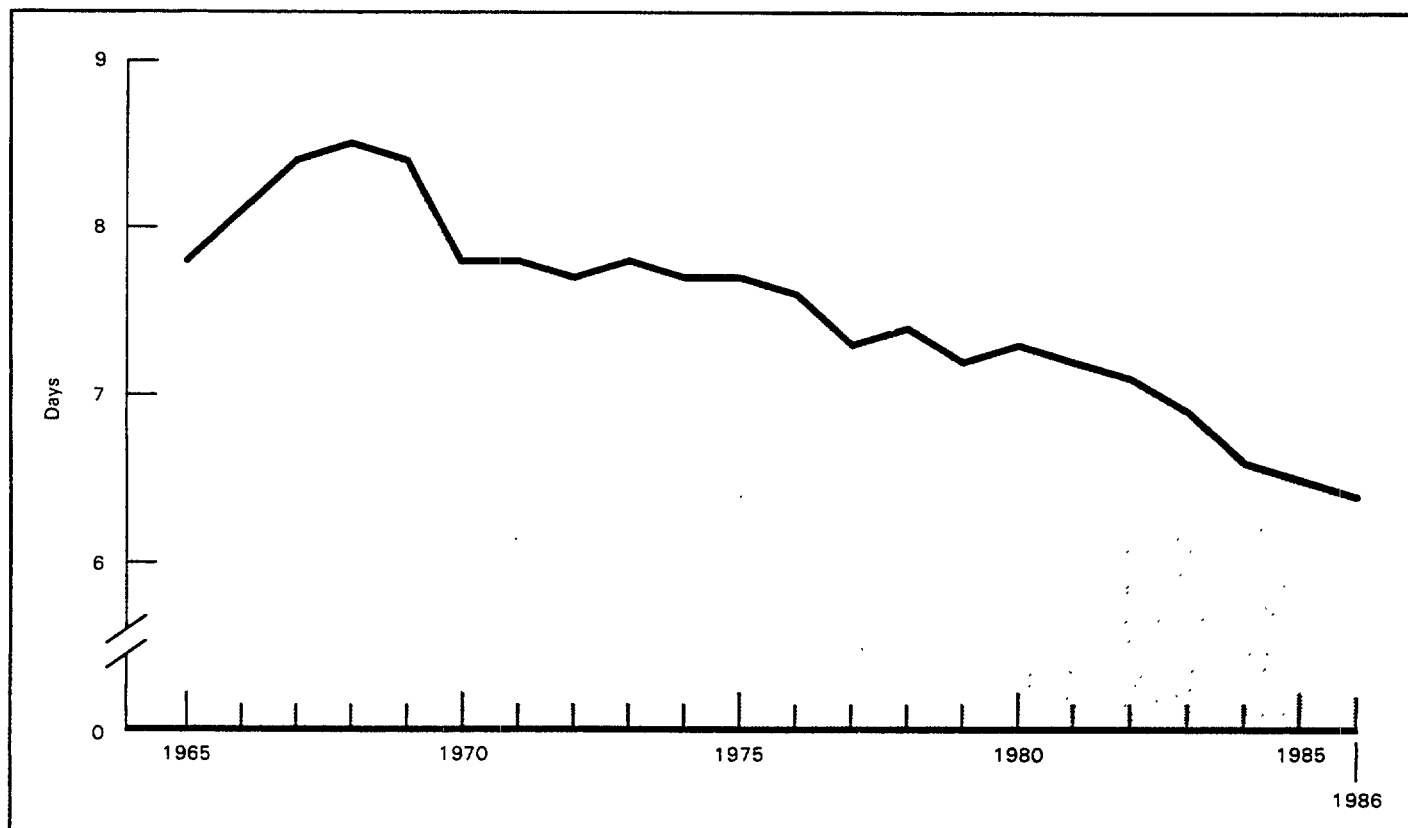


Figure 2. Average length of stay in non-Federal short-stay hospitals: United States, 1965-86

These and other statistics presented in this report are based on data collected by means of the National Hospital Discharge Survey, a continuous survey that has been conducted by the National Center for Health Statistics since 1965. In 1986, data were abstracted from the medical records of approximately 193,000 patients discharged from 418 short-stay non-Federal hospitals. A brief description of the sample design, data collection procedures, and estimation process, and definition of terms used in this report can be found in the section entitled "Technical notes." Detailed discussions of these items, as well as the survey form used to collect the data, have been published (NCHS, 1970, 1987).

Coding of medical data for patients hospitalized is done according to the *International Classification of Diseases, 9th Revision, Clinical Modification* (ICD-9-CM) (U.S. Public Health Service and Health Care Financing Administration, 1980). Up to seven diagnoses and four procedures are coded for each discharge. Although diagnoses included in the ICD-9-CM section entitled "Supplementary classification of external causes of injury and poisoning" (codes E800-E999) are used by the National Hospital Discharge Survey, these diagnoses are excluded from this report. The conditions diagnosed and procedures performed are presented here by chapter of ICD-9-CM. Within these chapters, a few diagnoses and procedures or groups thereof also are shown. These specific categories were selected primarily because of large numbers of occurrences or because they are of special interest. Residual categories of the diagnostic and procedure classes, however, are not included in the tables. More detailed analyses of these

data will be presented in later reports in Series 13 of *Vital and Health Statistics*.

In 1986, approximately 19 percent of the hospitals submitted machine-readable data tapes through commercial abstracting services. Preliminary analysis indicates that a greater number of nonsurgical procedures per patient are obtained from these hospitals than from hospitals submitting data in the traditional manual mode (see "Technical notes"). This has resulted in increases from 1984 to 1986 in the estimates for miscellaneous diagnostic and therapeutic procedures and, therefore, for total procedures.

Data highlights

Utilization by patient and hospital characteristics

The number, rate, and average length of stay of patients discharged from short-stay non-Federal hospitals are shown by selected patient and hospital characteristics in tables 1-3. The 34.3 million patients discharged from short-stay hospitals during 1986 included an estimated 13.9 million males and 20.3 million females. The rates per 1,000 population were 121 for males and 164 for females, making the rate for females about 36 percent higher than the rate for males. The number and rate of discharges are always higher for females than for males because of the large number of women in their child-bearing years (15-44 years of age) who are hospitalized for deliveries and other obstetrical conditions.

The average length of stay was 6.8 days for males and 6.1 days for females during 1986. The length of stay for females

was shorter than that for males primarily because the average length of stay of the 3.8 million women who were hospitalized for deliveries was only 3.2 days.

The number of discharges from short-stay hospitals by geographic region during 1986 ranged from 11.9 million in the South Region to 6.5 million in the West Region, and the rates per 1,000 population ranged from 151 in the Midwest Region to 134 in the West Region. Regional differences in the number of discharges are accounted for mainly by variations in population sizes.

Average lengths of stay by geographic region were 5.5 days in the West, 6.1 days in the South, 6.6 days in the Midwest, and 7.4 days in the Northeast.

Discharges from short-stay hospitals were about 40 percent male and 60 percent female in every hospital bed-size group. The average length of stay increased steadily from 5.3 days in the smallest hospitals (6–99 beds) to 7.3 days in the largest hospitals (500 beds or more) for all patients.

During 1986, voluntary nonprofit hospitals provided medical care to an estimated 23.5 million patients, or 69 percent of all patients hospitalized. Hospitals operated by State and local governments cared for 7.1 million patients, or 21 percent of all discharges, and proprietary hospitals operated for profit cared for 3.6 million patients or 11 percent of all discharges. Average lengths of stay were 6.6 days in voluntary nonprofit hospitals, 5.9 days in State and local government hospitals, and 6.0 days in proprietary hospitals.

Utilization by diagnosis

Diseases of the circulatory system ranked first in 1986 among the ICD–9–CM diagnostic chapters as a principal or first-listed diagnosis among patients discharged from non-Federal short-stay hospitals. These conditions accounted for an estimated 5.6 million discharges. Other leading ICD–9–CM diagnostic chapters were supplementary classifications (including females with deliveries) (4.2 million discharges) and diseases of the digestive system (3.7 million discharges). About 39 percent of the patients discharged from non-Federal short-stay hospitals were included in these three ICD–9–CM diagnostic chapters.

The diagnostic categories presented in this report were selected either because they appear as principal or first-listed diagnoses with great frequency or because the conditions are of special interest. Although many of these categories (such as malignant neoplasms; psychoses; and fractures, all sites) are groupings of more detailed diagnoses, they are presented as single categories without showing all of the specific diagnostic inclusions.

The number and rate of discharges and average length of stay for each ICD–9–CM diagnostic chapter and selected categories are shown by sex and age in tables 4–6. The most common diagnostic category for all patients was females with deliveries. This was followed by the diagnostic categories heart disease and malignant neoplasms. Excluding females with deliveries, these last two non-sex-specific diagnostic categories were also the most common first-listed diagnoses for each sex.

The most frequent first-listed diagnoses for 1986 varied

for the different age groups. For patients under 15 years of age, the most frequent diagnoses were pneumonia, all forms; acute respiratory infections, except influenza; chronic disease of tonsils and adenoids; and asthma. Excluding females with deliveries, the most frequent diagnoses for patients 15–44 years of age were psychoses; fractures, all sites; and abortions and ectopic and molar pregnancies. Patients 45–64 years of age were hospitalized most frequently for heart disease. The most common diagnoses for patients 65 years of age and over were heart disease and malignant neoplasms.

The average length of stay for all patients ranged from a low of 1.3 days for the diagnostic category chronic disease of tonsils and adenoids, 1.7 days for the diagnostic category of cataract, and 2.1 days for abortions and ectopic and molar pregnancies to a high of 14.4 days for psychoses and 14.2 days for fracture of neck of femur. Although the overall average length of stay for females was shorter than that for males, females stayed in the hospital longer than males for many of the specific diagnostic categories shown in this report.

The average length of stay increased with increasing age for most categories of diagnoses shown. Overall, the average length of stay ranged from 4.6 days for patients under 15 years of age to 8.5 days for patients 65 years and over.

Utilization by procedures

One or more surgical or nonsurgical procedures were performed for an estimated 20.6 million of the 34.3 million inpatients discharged from short-stay hospitals during 1986. A total of 38.0 million procedures, or an average of 1.8 per patient who underwent at least one procedure, were recorded in 1986.

Procedures are grouped in the tables of this report by the ICD–9–CM procedure chapters. Selected procedures within these chapters also are presented by specific categories. Some of these categories (such as extraction of lens and hysterectomy) are presented as single categories although they may be divided into more precise subgroups.

When grouped by chapters, miscellaneous diagnostic and therapeutic procedures with 9.8 million procedures ranked first among the surgical and nonsurgical procedures performed during 1986. These were followed by operations on the digestive system with 5.7 million procedures performed. Other leading chapters were obstetrical procedures with 4.7 million procedures, operations on the musculoskeletal system with 3.5 million procedures, and operations on female genital organs with 3.0 million procedures. Approximately two-thirds of all procedures performed in 1986 were included in these five ICD–9–CM procedure chapters.

The number and rate of all-listed procedures in 1986 for each ICD–9–CM procedure chapter and selected procedure categories are shown by sex and age in tables 7 and 8. Of the 38.0 million procedures performed during 1986, 15.3 million were for males and 22.7 million were for females. The corresponding rates per 1,000 population were 159 for both sexes, 132 for males, and 184 for females. Of the procedures shown in table 7, some common ones for males were arteriography and angiocardiology and computerized axial tomography;

the most frequently performed procedures for females were episiotomy and cesarean section.

The rate of procedures per 1,000 population increased with advancing age from 36 for patients under 15 years to 409 for patients 65 years of age and over. The most frequently performed procedures for patients under 15 years of age were ton-

sillectomy with or without adenoidectomy; for patients 15–44 years of age, episiotomy and cesarean section; for patients 45–64 years of age, arteriography and angiocardiology, computerized axial tomography, and cardiac catheterization; and for patients 65 years of age and over, computerized axial tomography and diagnostic ultrasound.

TABLE 1. NUMBER OF INPATIENTS DISCHARGED FROM SHORT-STAY HOSPITALS BY SELECTED CHARACTERISTICS: UNITED STATES, 1986

[DISCHARGES FROM NON-FEDERAL HOSPITALS. EXCLUDES NEWBORN INFANTS]

SELECTED CHARACTERISTIC	BOTH SEXES	MALE	FEMALE
NUMBER OF PATIENTS DISCHARGED IN THOUSANDS			
TOTAL.....	34,256	13,949	20,307
AGE			
UNDER 15 YEARS.....	2,783	1,603	1,179
15-44 YEARS.....	13,458	4,100	9,358
45-64 YEARS.....	7,300	3,569	3,731
65 YEARS AND OVER.....	10,716	4,677	6,039
REGION			
NORTHEAST.....	6,955	2,925	4,031
MIDWEST.....	8,931	3,712	5,219
SOUTH.....	11,892	4,758	7,134
WEST.....	6,478	2,555	3,923
BED SIZE			
6-99 BEDS.....	5,614	2,260	3,354
100-199 BEDS.....	6,243	2,444	3,799
200-299 BEDS.....	6,215	2,670	3,544
300-499 BEDS.....	8,803	3,512	5,291
500 BEDS OR MORE.....	7,381	3,063	4,318
OWNERSHIP			
NONPROFIT.....	23,506	9,578	13,928
STATE AND LOCAL GOVERNMENT.....	7,131	2,903	4,229
PROPRIETARY.....	3,618	1,468	2,150

TABLE 3. AVERAGE LENGTH OF STAY FOR INPATIENTS DISCHARGED FROM SHORT-STAY HOSPITALS BY SELECTED CHARACTERISTICS: UNITED STATES, 1986

[DISCHARGES FROM NON-FEDERAL HOSPITALS. EXCLUDES NEWBORN INFANTS]

SELECTED CHARACTERISTIC	BOTH SEXES	MALE	FEMALE
AVERAGE LENGTH OF STAY IN DAYS			
TOTAL.....	6.4	6.8	6.1
AGE			
UNDER 15 YEARS.....	4.6	4.5	4.6
15-44 YEARS.....	4.8	6.1	4.3
45-64 YEARS.....	6.8	6.7	6.9
65 YEARS AND OVER.....	8.5	8.2	8.7
REGION			
NORTHEAST.....	7.4	7.7	7.1
MIDWEST.....	6.6	7.0	6.3
SOUTH.....	6.1	6.4	5.9
WEST.....	5.5	6.0	5.1
BED SIZE			
6-99 BEDS.....	5.3	5.4	5.2
100-199 BEDS.....	5.7	5.9	5.6
200-299 BEDS.....	6.5	6.8	6.2
300-499 BEDS.....	6.7	7.2	6.4
500 BEDS OR MORE.....	7.3	8.0	6.8
OWNERSHIP			
NONPROFIT.....	6.6	7.0	6.3
STATE AND LOCAL GOVERNMENT.....	5.9	6.4	5.5
PROPRIETARY.....	6.0	6.3	5.8

TABLE 2. RATE OF INPATIENTS DISCHARGED FROM SHORT-STAY HOSPITALS, BY AGE, GEOGRAPHIC REGION, AND SEX: UNITED STATES, 1986

[DISCHARGES FROM NON-FEDERAL HOSPITALS. EXCLUDES NEWBORN INFANTS]

AGE AND REGION	BOTH SEXES	MALE	FEMALE
RATE OF PATIENTS DISCHARGED PER 1,000 POPULATION			
TOTAL.....	143.1	120.5	164.4
AGE			
UNDER 15 YEARS.....	53.5	60.3	46.5
15-44 YEARS.....	118.9	73.4	163.2
45-64 YEARS.....	162.2	166.1	158.7
65 YEARS AND OVER.....	367.3	395.6	348.1
REGION			
NORTHEAST.....	139.4	122.7	154.6
MIDWEST.....	150.9	129.2	171.4
SOUTH.....	144.9	120.4	167.6
WEST.....	134.4	107.7	160.3

TABLE 4. NUMBER OF INPATIENTS DISCHARGED FROM SHORT-STAY HOSPITALS, BY CATEGORY OF FIRST-LISTED DIAGNOSIS, SEX, AND AGE: UNITED STATES, 1986

[DISCHARGES FROM NON-FEDERAL HOSPITALS. EXCLUDES NEWBORN INFANTS. DIAGNOSTIC GROUPINGS AND CODE NUMBER INCLUSIONS ARE BASED ON THE INTERNATIONAL CLASSIFICATION OF DISEASES, 9TH REVISION, CLINICAL MODIFICATION (ICD-9-CM)]

CATEGORY OF FIRST-LISTED DIAGNOSIS AND ICD-9-CM CODE	TOTAL	SEX		AGE			
		MALE	FEMALE	UNDER 15 YEARS	15-44 YEARS	45-64 YEARS	65 YEARS AND OVER
NUMBER OF PATIENTS DISCHARGED IN THOUSANDS							
ALL CONDITIONS.....	34,256	13,949	20,307	2,783	13,458	7,300	10,716
INFECTIOUS AND PARASITIC DISEASES.....001-139	700	343	357	184	223	95	198
NEOPLASMS.....140-239	2,305	959	1,346	60	423	774	1,049
MALIGNANT NEOPLASMS.....140-208,230-234	1,860	866	994	42	222	631	964
MALIGNANT NEOPLASM OF LARGE INTESTINE AND RECTUM.....153-154,197.5	210	105	105	*	95	59	146
MALIGNANT NEOPLASM OF TRACHEA, BRONCHUS, AND LUNG.....162,197.0,197.3	290	175	115	-	15	120	155
MALIGNANT NEOPLASM OF BREAST.....174-175,198.81	216	*	214	-	35	84	96
BENIGN NEOPLASMS AND NEOPLASMS OF UNCERTAIN BEHAVIOR AND UNSPECIFIED NATURE.....210-229,235-239	445	93	353	17	201	143	85
ENDOCRINE, NUTRITIONAL AND METABOLIC DISEASES, AND IMMUNITY DISORDERS.....240-279	1,117	422	695	80	268	285	484
DIABETES MELLITUS.....250	491	205	286	20	133	159	179
DISEASES OF THE BLOOD AND BLOOD-FORMING ORGANS.....280-289	333	147	186	60	92	55	126
MENTAL DISORDERS.....290-319	1,807	962	845	53	1,111	392	251
PSYCHOSES.....290-299	766	356	410	96	422	180	158
ALCOHOL DEPENDENCE SYNDROME.....303	397	303	93	*	258	114	24
DISEASES OF THE NERVOUS SYSTEM AND SENSE ORGANS.....320-389	1,039	480	558	196	270	225	348
DISEASES OF THE CENTRAL NERVOUS SYSTEM.....320-336,340-349	401	194	206	60	134	79	127
CATARACT.....366	104	41	62	*	95	20	76
DISEASES OF THE EAR AND MASTOID PROCESS.....380-389	217	107	110	94	48	41	35
DISEASES OF THE CIRCULATORY SYSTEM.....390-459	5,563	2,846	2,717	38	468	1,717	3,341
HEART DISEASE.....391-392.0,393-398,402,404,410-416,420-429	3,731	2,002	1,729	25	247	1,219	2,240
ACUTE MYOCARDIAL INFARCTION.....410	758	467	290	*	42	263	452
ATHEROSCLEROTIC HEART DISEASE.....414.0	338	219	119	*	16	156	164
OTHER ISCHEMIC HEART DISEASE.....411-413,414.1-414.9	1,043	565	479	*	67	412	561
CARDIAC DYSRHYTHMIAS.....425	515	240	275	98	41	128	338
CONGESTIVE HEART FAILURE.....428.0	582	274	308	*	13	104	461
CEREBROVASCULAR DISEASE.....430-438	889	398	491	*	34	178	674
DISEASES OF THE RESPIRATORY SYSTEM.....460-519	3,204	1,560	1,644	772	657	585	1,189
ACUTE RESPIRATORY INFECTIONS, EXCEPT INFLUENZA.....460-466	426	213	213	169	80	60	118
CHRONIC DISEASE OF TONSILS AND ADENOIDS.....474	255	107	148	166	86	*	*
PNEUMONIA, ALL FORMS.....480-486	943	471	472	194	134	148	466
ASTHMA.....493	477	206	271	158	122	99	98
DISEASES OF THE DIGESTIVE SYSTEM.....520-579	3,732	1,696	2,036	308	1,158	977	1,288
ULCERS OF THE STOMACH AND SMALL INTESTINE.....531-534	295	149	146	*	67	80	146
GASTRITIS AND DUODENITIS.....535	196	79	117	11	77	54	54
APPENDICITIS.....540-543	250	138	112	56	153	28	13
INGUINAL HERNIA.....550	304	273	31	34	78	94	98
NONINFECTIOUS ENTERITIS AND COLITIS.....555-556,558	429	169	260	115	159	65	90
CHOLELITHIASIS.....574	494	142	352	*	171	150	170
DISEASES OF THE GENITOURINARY SYSTEM.....580-629	2,665	949	1,715	91	1,210	613	751
CALCULUS OF KIDNEY AND URETER.....592	331	219	112	*	164	114	51
HYPERPLASIA OF PROSTATE.....600	256	256	...	*	*	60	194
COMPLICATIONS OF PREGNANCY, CHILDBIRTH, AND THE PUERPERIUM 1/.....630-676	889	...	889	95	883	*	...
ABORTIONS AND ECTOPIC AND MOLAR PREGNANCIES.....630-639	343	...	343	*	341	*	...
DISEASES OF THE SKIN AND SUBCUTANEOUS TISSUE.....680-709	515	249	266	50	177	132	156
DISEASES OF THE MUSCULOSKELETAL SYSTEM AND CONNECTIVE TISSUE.....710-739	2,081	940	1,142	53	838	639	552
ARTHROPATHIES AND RELATED DISORDERS.....710-719	475	194	280	14	142	125	193
INTERVERTEBRAL DISC DISORDERS.....722	504	288	216	*	273	178	52
CONGENITAL ANOMALIES.....740-759	267	149	118	163	59	31	14
CERTAIN CONDITIONS ORIGINATING IN THE PERINATAL PERIOD.....760-779	139	79	60	138	*	*	-
SYMPTOMS, SIGNS, AND ILL-DEFINED CONDITIONS.....780-799	454	225	229	83	196	109	66
INJURY AND POISONING.....800-999	3,225	1,776	1,449	395	1,453	561	816
FRACTURES, ALL SITES.....800-829	1,100	540	560	134	381	173	413
FRACTURE OF NECK OF FEMUR.....820	252	62	190	*	98	23	218
SPRAINS AND STRAINS OF BACK (INCLUDING NECK).....846-847	192	98	95	*	118	55	16
INTRACRANIAL INJURIES (EXCLUDING THOSE WITH SKULL FRACTURE).....850-854	267	163	104	60	140	29	38
LACERATIONS AND OPEN WOUNDS.....870-904	284	219	65	35	187	36	26
SUPPLEMENTARY CLASSIFICATIONS.....V01-V82	4,222	169	4,052	55	3,973	110	84
FEMALES WITH DELIVERIES.....V27	3,762	...	3,762	11	3,748	*	...

1/ FIRST-LISTED DIAGNOSIS FOR FEMALES WITH DELIVERIES IS CODED V27, SHOWN UNDER "SUPPLEMENTARY CLASSIFICATIONS."

TABLE 5. RATE OF INPATIENTS DISCHARGED FROM SHORT-STAY HOSPITALS, BY CATEGORY OF FIRST-LISTED DIAGNOSIS, SEX, AND AGE: UNITED STATES, 1986

[DISCHARGES FROM NON-FEDERAL HOSPITALS. EXCLUDES NEWBORN INFANTS. DIAGNOSTIC GROUPINGS AND CODE NUMBER INCLUSIONS ARE BASED ON THE INTERNATIONAL CLASSIFICATION OF DISEASES, 9TH REVISION, CLINICAL MODIFICATION (ICD-9-CM)]

CATEGORY OF FIRST-LISTED DIAGNOSIS AND ICD-9-CM CODE	SEX			AGE			
	TOTAL	MALE	FEMALE	UNDER 15 YEARS	15-44 YEARS	45-64 YEARS	65 YEARS AND OVER
RATE OF INPATIENTS DISCHARGED PER 10,000 POPULATION							
ALL CONDITIONS.....	1,431.2	1,204.6	1,643.5	535.3	1,168.8	1,622.2	3,673.1
INFECTIOUS AND PARASITIC DISEASES.....001-139	29.3	29.6	28.9	35.4	19.7	21.1	68.0
NEOPLASMS.....140-239	96.3	82.8	109.0	11.5	37.3	171.9	359.6
MALIGNANT NEOPLASMS.....140-208,230-234	77.7	74.8	80.4	8.2	19.6	140.2	330.6
MALIGNANT NEOPLASM OF LARGE INTESTINE AND RECTUM.....153-154,197.5	8.8	9.1	8.5	*	20.4	13.0	50.1
MALIGNANT NEOPLASM OF TRACHEA, BRONCHUS, AND LUNG.....162,197.0,197.3	12.1	15.1	9.3	-	1.3	26.7	53.3
MALIGNANT NEOPLASM OF BREAST.....174-175,198.81	9.0	*	17.3	-	3.1	18.8	32.9
BENIGN NEOPLASMS AND NEOPLASMS OF UNCERTAIN BEHAVIOR AND UNSPECIFIED NATURE.....210-229,235-239	18.6	8.0	28.6	3.3	17.7	31.7	29.0
ENDOCRINE, NUTRITIONAL AND METABOLIC DISEASES, AND IMMUNITY DISORDERS.....240-279	46.7	36.4	56.3	15.5	23.6	63.3	165.9
DIABETES MELLITUS.....250	20.5	17.7	23.1	3.8	11.7	35.4	61.5
DISEASES OF THE BLOOD AND BLOOD-FORMING ORGANS.....280-289	13.9	12.7	15.0	11.5	8.2	12.2	43.3
MENTAL DISORDERS.....290-319	75.5	83.1	68.4	10.2	98.1	87.1	86.1
PSYCHOSES.....290-299	32.0	30.8	33.2	21.1	37.3	40.1	54.2
ALCOHOL DEPENDENCE SYNDROME.....303	16.6	26.2	7.6	*	22.8	25.4	8.1
DISEASES OF THE NERVOUS SYSTEM AND SENSE ORGANS.....320-389	43.4	41.5	45.2	37.6	23.8	50.0	119.4
DISEASES OF THE CENTRAL NERVOUS SYSTEM.....320-336,340-349	16.7	16.8	16.7	11.6	11.9	17.5	43.7
CATARACT.....366	4.3	3.6	5.0	*	20.5	4.4	26.0
DISEASES OF THE EAR AND MASTOID PROCESS.....380-389	9.1	9.3	8.9	18.0	4.2	9.0	12.0
DISEASES OF THE CIRCULATORY SYSTEM.....390-459	232.4	245.8	219.9	7.3	41.3	381.5	1,145.3
HEART DISEASE.....391-392.0,393-398,402,404,410-416,420-429	155.9	172.9	139.9	4.8	21.8	270.9	767.7
ACUTE MYOCARDIAL INFARCTION.....410	31.7	40.4	23.5	*	3.7	58.4	155.0
ATHEROSCLEROTIC HEART DISEASE.....414.0	14.1	18.9	9.6	*	1.5	34.7	56.4
OTHER ISCHEMIC HEART DISEASE.....411-413,414.1-414.9	43.6	48.8	38.8	*	5.9	91.5	192.3
CARDIAC DYSRHYTHMIAS.....427	21.5	20.7	22.3	21.5	3.6	28.5	116.0
CONGESTIVE HEART FAILURE.....428.0	24.3	23.7	24.9	*	1.2	23.1	158.2
CEREBROVASCULAR DISEASE.....430-438	37.1	34.4	39.7	*	3.0	39.5	231.0
DISEASES OF THE RESPIRATORY SYSTEM.....460-519	133.8	134.7	133.0	148.0	58.1	130.0	407.6
ACUTE RESPIRATORY INFECTIONS, EXCEPT INFLUENZA.....460-466	17.8	16.4	17.2	32.4	7.1	13.3	40.3
CHRONIC DISEASE OF TONSILS AND ADENOIDS.....474	10.6	9.2	12.0	31.9	7.0	*	*
PNEUMONIA, ALL FORMS.....480-486	39.4	40.6	38.2	37.4	11.9	32.9	159.9
ASTHMA.....493	19.9	17.8	21.9	30.3	10.8	22.0	33.7
DISEASES OF THE DIGESTIVE SYSTEM.....520-579	155.9	146.4	164.8	59.3	102.3	217.1	441.7
ULCERS OF THE STOMACH AND SMALL INTESTINE.....531-534	12.3	12.9	11.8	*	5.9	17.8	50.2
GASTRITIS AND DUODENITIS.....535	8.2	6.8	9.5	2.2	6.3	12.1	18.4
APPENDICITIS.....540-543	10.5	11.9	9.1	10.8	13.5	6.2	4.6
INGUINAL HERNIA.....550	12.7	23.6	2.5	6.5	6.9	20.8	33.7
NONINFECTIOUS ENTERITIS AND COLITIS.....555-556,558	17.9	14.6	21.1	22.1	14.1	14.5	30.8
CHOLELITHIASIS.....574	20.6	12.2	28.5	*	15.1	33.4	58.3
DISEASES OF THE GENITOURINARY SYSTEM.....580-629	111.3	82.0	138.8	17.4	106.9	136.2	257.4
CALCULUS OF KIDNEY AND URETER.....592	13.8	18.9	9.1	*	14.5	25.3	17.5
HYPERPLASIA OF PROSTATE.....600	10.7	22.1	...	*	*	13.3	66.5
COMPLICATIONS OF PREGNANCY, CHILDBIRTH, AND THE PUERPERIUM 1/.....630-676	37.1	...	72.0	20.9	78.0	*	...
ABORTIONS AND ECTOPIC AND MOLAR PREGNANCIES.....630-639	14.3	...	27.8	*	30.1	*	...
DISEASES OF THE SKIN AND SUBCUTANEOUS TISSUE.....680-709	21.5	21.5	21.5	9.6	15.0	29.4	53.5
DISEASES OF THE MUSCULOSKELETAL SYSTEM AND CONNECTIVE TISSUE.....710-739	87.0	81.2	92.4	10.2	74.0	142.0	189.1
ARTHROPATHIES AND RELATED DISORDERS.....710-719	19.8	16.8	22.7	2.7	12.6	27.9	66.0
INTERVERTEBRAL DISC DISORDERS.....722	21.0	24.8	17.5	*	24.1	39.5	17.8
CONGENITAL ANOMALIES.....740-759	11.1	12.8	9.6	31.4	5.2	6.8	4.8
CERTAIN CONDITIONS ORIGINATING IN THE PERINATAL PERIOD.....760-779	5.8	6.8	4.9	26.5	*	*	-
SYMPTOMS, SIGNS, AND ILL-DEFINED CONDITIONS.....780-799	19.0	19.4	18.5	16.0	17.3	24.3	22.7
INJURY AND POISONING.....800-999	134.7	153.4	117.3	76.0	128.3	124.6	279.8
FRACTURES, ALL SITES.....800-829	46.0	46.6	45.4	25.7	33.6	38.4	141.5
FRACTURE OF NECK OF FEMUR.....820	10.5	5.4	15.4	*	20.7	5.1	74.8
SPRAINS AND STRAINS OF BACK (INCLUDING NECK).....846-847	8.0	8.4	7.7	*	10.4	12.3	5.6
INTRACRANIAL INJURIES (EXCLUDING THOSE WITH SKULL FRACTURE).....850-854	11.1	14.1	8.4	11.6	12.3	6.4	13.0
LACERATIONS AND OPEN WOUNDS.....870-904	11.9	18.9	5.3	6.7	16.5	8.1	8.9
SUPPLEMENTARY CLASSIFICATIONS.....V01-V82	176.4	14.6	328.0	10.6	350.9	24.5	28.7
FEMALES WITH DELIVERIES.....V27	157.2	...	304.5	2.1	331.1	*	...

1/ FIRST-LISTED DIAGNOSIS FOR FEMALES WITH DELIVERIES IS CODED V27, SHOWN UNDER "SUPPLEMENTARY CLASSIFICATIONS."

TABLE 6. AVERAGE LENGTH OF STAY FOR INPATIENTS DISCHARGED FROM SHORT-STAY HOSPITALS, BY CATEGORY OF FIRST-LISTED DIAGNOSIS, SEX, AND AGE: UNITED STATES, 1986

[DISCHARGES FROM NON-FEDERAL HOSPITALS. EXCLUDES NEWBORN INFANTS. DIAGNOSTIC GROUPINGS AND CODE NUMBER INCLUSIONS ARE BASED ON THE INTERNATIONAL CLASSIFICATION OF DISEASES, 9TH REVISION, CLINICAL MODIFICATION (ICD-9-CM)]

CATEGORY OF FIRST-LISTED DIAGNOSIS AND ICD-9-CM CODE	SEX		AGE				
	TOTAL	MALE	FEMALE	UNDER 15	15-44	45-64	65 YEARS
				YEARS	YEARS	YEARS	AND OVER
AVERAGE LENGTH OF STAY IN DAYS							
ALL CONDITIONS.....	6.4	6.8	6.1	4.6	4.8	6.8	8.5
INFECTIOUS AND PARASITIC DISEASES.....001-139	7.0	7.4	6.6	3.9	6.3	8.7	9.8
NEOPLASMS.....140-239	8.4	9.0	7.9	5.4	5.9	8.2	9.6
MALIGNANT NEOPLASMS.....140-208,230-234	9.1	9.4	8.8	6.6	6.8	8.8	9.9
MALIGNANT NEOPLASM OF LARGE INTESTINE AND RECTUM.....153-154,197.5	12.8	13.1	12.5	*	*10.9	11.3	13.5
MALIGNANT NEOPLASM OF TRACHEA, BRONCHUS, AND LUNG.....162,197.0,197.3	8.8	8.6	9.2	-	8.0	8.7	9.0
MALIGNANT NEOPLASM OF BREAST.....174-175,198.81	7.1	*	7.0	-	6.2	6.8	7.7
BENIGN NEOPLASMS AND NEOPLASMS OF UNCERTAIN BEHAVIOR AND UNSPECIFIED NATURE.....210-229,235-239	5.3	4.9	5.4	2.5	4.9	5.4	6.6
ENDOCRINE, NUTRITIONAL AND METABOLIC DISEASES, AND IMMUNITY DISORDERS.....240-279	7.2	7.2	7.1	5.6	5.4	7.0	8.5
DIABETES MELLITUS.....250	7.6	7.4	7.8	4.1	5.4	8.0	9.4
DISEASES OF THE BLOOD AND BLOOD-FORMING ORGANS.....280-289	5.8	5.9	5.8	4.0	5.4	5.9	7.0
MENTAL DISORDERS.....290-319	12.3	11.9	12.7	24.2	12.0	11.5	12.2
PSYCHOSES.....290-299	14.4	13.7	15.1	*41.6	14.5	14.2	13.5
ALCOHOL DEPENDENCE SYNDROME.....303	10.7	10.5	11.2	*	10.4	10.7	13.1
DISEASES OF THE NERVOUS SYSTEM AND SENSE ORGANS.....320-389	5.6	6.0	5.3	4.0	5.8	5.4	6.5
DISEASES OF THE CENTRAL NERVOUS SYSTEM.....320-336,340-349	9.3	10.0	8.5	6.8	8.1	9.8	11.3
CATARACT.....366	1.7	1.9	1.6	*	*2.3	1.7	1.7
DISEASES OF THE EAR AND MASTOID PROCESS.....380-389	2.9	2.7	3.1	2.3	2.5	2.9	4.9
DISEASES OF THE CIRCULATORY SYSTEM.....390-459	7.5	7.2	7.8	6.8	5.7	6.7	8.1
HEART DISEASE.....391-392.0,393-39d,402,404,410-416,420-429	7.0	6.7	7.4	7.7	5.7	6.4	7.5
ACUTE MYOCARDIAL INFARCTION.....410	8.9	8.5	9.5	*	7.2	8.2	9.4
ATHEROSCLEROTIC HEART DISEASE.....414.0	6.2	6.2	6.2	*	5.0	5.5	7.0
OTHER ISCHEMIC HEART DISEASE.....411-413,414.1-414.9	5.3	5.1	5.5	*	4.2	4.9	5.8
CARDIAC DYSRHYTHMIAS.....427	5.9	5.2	6.5	*9.9	4.2	5.5	6.1
CONGESTIVE HEART FAILURE.....428.0	8.2	7.7	8.7	*	7.3	8.0	8.3
CEREBROVASCULAR DISEASE.....430-438	9.7	9.5	9.9	*	10.9	9.7	9.6
DISEASES OF THE RESPIRATORY SYSTEM.....460-519	6.0	5.9	6.1	3.2	4.0	6.7	8.6
ACUTE RESPIRATORY INFECTIONS, EXCEPT INFLUENZA.....460-466	4.7	4.4	5.1	3.2	3.6	5.9	7.0
CHRONIC DISEASE OF TONSILS AND ADENOIDS.....474	1.3	1.3	1.3	1.3	1.3	*	*
PNEUMONIA, ALL FORMS.....480-486	7.8	7.6	8.0	4.6	6.3	8.0	9.5
ASTHMA.....493	4.8	4.4	5.1	3.2	4.1	6.1	6.8
DISEASES OF THE DIGESTIVE SYSTEM.....520-579	6.1	5.5	6.5	3.4	4.8	6.2	7.8
ULCERS OF THE STOMACH AND SMALL INTESTINE.....531-534	7.1	6.6	7.7	*	5.2	7.2	8.0
GASTRITIS AND DUODENITIS.....535	4.5	4.2	4.7	2.9	3.8	4.6	5.8
APPENDICITIS.....540-543	4.9	4.7	5.0	4.1	4.2	6.8	11.3
INGUINAL HERNIA.....550	3.0	2.9	3.8	1.7	2.3	3.0	3.9
NONINFECTIOUS ENTERITIS AND COLITIS.....555-556,558	4.8	4.5	5.1	3.0	5.0	5.4	6.6
CHOLELITHIASIS.....574	6.9	7.6	6.6	*	5.3	6.5	8.8
DISEASES OF THE GENITOURINARY SYSTEM.....580-629	5.2	5.5	5.0	4.0	4.2	5.0	7.2
CALCULUS OF KIDNEY AND URETER.....592	3.6	3.3	4.0	*	2.9	3.7	5.2
HYPERPLASIA OF PROSTATE.....600	5.7	5.7	...	*	*	5.0	6.0
COMPLICATIONS OF PREGNANCY, CHILDBIRTH, AND THE PUERPERIUM 1/.....630-676	2.5	...	2.5	*2.0	2.5	*	...
ABORTIONS AND ECTOPIC AND MOLAR PREGNANCIES.....630-639	2.1	...	2.1	*	2.1	*	...
DISEASES OF THE SKIN AND SUBCUTANEOUS TISSUE.....680-709	7.9	7.7	8.0	4.4	5.9	8.1	10.9
DISEASES OF THE MUSCULOSKELETAL SYSTEM AND CONNECTIVE TISSUE.....710-739	6.6	6.3	6.9	6.3	5.1	6.4	9.3
ARTHROPATHIES AND RELATED DISORDERS.....710-719	7.8	7.0	8.4	7.2	4.4	7.0	10.9
INTERVERTEBRAL DISC DISORDERS.....722	6.9	6.4	7.5	*	6.4	7.0	8.9
CONGENITAL ANOMALIES.....740-759	5.5	5.5	5.5	5.1	4.4	8.1	8.7
CERTAIN CONDITIONS ORIGINATING IN THE PERINATAL PERIOD.....760-779	9.0	7.6	10.8	9.0	*	*	-
SYMPTOMS, SIGNS, AND ILL-DEFINED CONDITIONS.....780-799	3.4	3.2	3.5	3.0	3.2	3.2	4.7
INJURY AND POISONING.....800-999	6.4	5.8	7.2	4.2	5.2	6.4	9.8
FRACTURES, ALL SITES.....800-829	8.6	7.4	9.7	5.2	6.4	7.8	11.9
FRACTURE OF NECK OF FEMUR.....820	14.2	12.9	14.6	*	*15.1	13.0	14.2
SPRAINS AND STRAINS OF BACK (INCLUDING NECK).....846-847	5.6	5.3	5.8	*	5.4	5.8	6.5
INTRACRANIAL INJURIES (EXCLUDING THOSE WITH SKULL FRACTURE).....850-854	5.0	4.8	5.4	2.8	5.3	4.9	7.4
LACERATIONS AND OPEN WOUNDS.....870-904	4.5	4.2	5.2	3.1	4.1	5.8	7.3
SUPPLEMENTARY CLASSIFICATIONS.....V01-V82	3.3	4.3	3.2	4.0	3.2	4.2	6.8
FEMALES WITH DELIVERIES.....V27	3.2	...	3.2	3.5	3.2	*	...

1/ FIRST-LISTED DIAGNOSIS FOR FEMALES WITH DELIVERIES IS CODED V27, SHOWN UNDER "SUPPLEMENTARY CLASSIFICATIONS."

TABLE 7. NUMBER OF ALL-LISTED PROCEDURES FOR INPATIENTS DISCHARGED FROM SHORT-STAY HOSPITALS, BY PROCEDURE CATEGORY, SEX, AND AGE: UNITED STATES, 1986

[DISCHARGES FROM NON-FEDERAL HOSPITALS. EXCLUDES NEWBORN INFANTS. PROCEDURE GROUPINGS AND CODE NUMBER INCLUSIONS ARE BASED ON THE INTERNATIONAL CLASSIFICATION OF DISEASES, 9TH REVISION, CLINICAL MODIFICATION (ICD-9-CM)]

PROCEDURE CATEGORY AND ICD-9-CM CODE	TOTAL	SEX		AGE			
		MALE	FEMALE	UNDER 15 YEARS	15-44 YEARS	45-64 YEARS	65 YEARS AND OVER
NUMBER OF ALL-LISTED PROCEDURES IN THOUSANDS							
ALL PROCEDURES.....	38,000	15,318	22,682	1,887	15,192	8,976	11,946
OPERATIONS ON THE NERVOUS SYSTEM.....01-05	933	480	453	164	326	214	229
SPINAL TAP.....03.31	347	180	167	123	99	45	80
OPERATIONS ON THE ENDOCRINE SYSTEM.....06-07	101	26	75	25	41	32	23
OPERATIONS ON THE EYE.....08-16	561	252	310	37	96	132	297
EXTRACTION OF LENS.....13.1-13.6	122	48	74	2	28	23	87
INSERTION OF PROSTHETIC LENS (PSEUDOPHAKOS).....13.7	105	40	65	2	2	18	83
OPERATIONS ON THE EAR.....18-20	208	120	88	102	60	31	16
OPERATIONS ON THE NOSE, MOUTH, AND PHARYNX.....21-29	1,046	535	511	280	484	185	96
RHINOPLASTY AND REPAIR OF NOSE.....21.8	153	79	74	27	109	27	10
TONSILLECTOMY WITH OR WITHOUT ADENOIDECTOMY.....28.2-28.3	281	121	160	176	100	2	2
OPERATIONS ON THE RESPIRATORY SYSTEM.....30-34	1,011	585	426	57	199	313	442
BRONCHOSCOPY.....33.21-33.23	199	119	80	14	36	65	85
OPERATIONS ON THE CARDIOVASCULAR SYSTEM.....35-39	2,786	1,684	1,102	129	332	1,108	1,217
REMOVAL OF CORONARY ARTERY OBSTRUCTION.....36.0	133	94	39	2	15	74	44
DIRECT HEART REVASCLARIZATION.....36.1	284	214	70	-	16	144	125
CARDIAC CATHETERIZATION.....37.21-37.23	775	495	280	32	82	386	275
PACEMAKER INSERTION, REPLACEMENT, REMOVAL, REPAIR.....37.7-37.8	214	113	101	2	28	44	158
OPERATIONS ON THE HEMIC AND LYMPHATIC SYSTEM.....40-41	403	203	200	20	96	116	171
OPERATIONS ON THE DIGESTIVE SYSTEM.....42-54	5,728	2,434	3,294	221	1,798	1,471	2,238
ESOPHAGOSCOPY AND GASTROSCOPY (NATURAL ORIFICE).....42.23,44.13	194	92	102	27	38	56	93
PARTIAL GASTRECTOMY AND RESECTION OF INTESTINE.....43.5-43.8,45.6-45.8	293	128	165	25	41	80	168
ENDOSCOPY OF LARGE INTESTINE (NATURAL ORIFICE).....45.24	448	192	256	25	80	110	254
APPENDECTOMY, EXCLUDING INCIDENTAL.....47.0	275	143	132	59	174	28	15
HEMORRHOIDECTOMY.....49.43-49.46	114	60	55	2	54	40	19
CHOLECYSTECTOMY.....51.2	502	144	358	2	176	157	166
REPAIR OF INGUINAL HERNIA.....53.0-53.1	329	293	36	37	84	101	107
DIVISION OF PERITONEAL ADHESIONS.....54.5	325	54	271	2	175	67	91
OPERATIONS ON THE URINARY SYSTEM.....55-59	1,885	1,159	726	61	427	520	877
ENDOSCOPIC (NATURAL ORIFICE).....55.21-55.22,56.31,57.32,58.22	671	493	178	14	113	178	366
OPERATIONS ON THE MALE GENITAL ORGANS.....60-64	718	718	...	79	80	147	411
PROSTATECTOMY.....60.2-60.6	367	367	...	...	2	77	287
OPERATIONS ON THE FEMALE GENITAL ORGANS.....65-71	2,999	...	2,999	29	2,186	573	230
GONORRHOEA AND SALPINGO-GONORRHOECTOMY.....65.3-65.6	502	...	502	2	277	173	51
BILATERAL DYSTROPHY OR OCCLUSION OF FALLOPIAN TUBES.....66.2-66.3	423	...	423	-	421	2	...
HYSTERECTOMY.....68.3-68.7	644	...	644	-	397	191	57
DILATION AND CURETTAGE OF UTERUS.....69.0	472	...	472	2	382	66	23
REPAIR OF CYSTOCELE AND RECTOCELE.....70.5	147	...	147	-	48	60	39
OBSTETRICAL PROCEDURES.....72-75	4,701	...	4,701	15	4,682	2	...
EPISIOTOMY WITH OR WITHOUT FORCEPS.....72.1,72.21,72.31,72.71,73.6	1,741	...	1,741	27	1,732	2	...
OR VACUUM EXTRACTION.....74.0-74.2,74.4,74.99	906	...	906	2	904	2	...
CESAREAN SECTION.....75.5-75.6	612	...	612	2	609	2	...
REPAIR OF CURRENT OBSTETRIC LACERATION.....75.5-75.6	612	...	612	2	609	2	...
OPERATIONS ON THE MUSCULOSKELETAL SYSTEM.....76-84	3,521	1,754	1,767	220	1,533	862	905
OPEN REDUCTION OF FRACTURE EXCEPT JAW.....76.79,79.2-79.3,79.5-79.6	459	239	220	32	180	82	165
OTHER REDUCTION OF FRACTURE EXCEPT JAW.....76.70,76.78,79.0-79.1,79.4	214	110	104	55	73	33	53
EXCISION OR DESTRUCTION OF INTERVERTEBRAL DISC AND SPINAL FUSION.....80.5,81.0	338	211	127	2	191	115	29
ARTHROPLASTY AND REPLACEMENT OF KNEE.....81.41-81.47	185	91	94	2	75	33	74
ARTHROPLASTY AND REPLACEMENT OF HIP.....81.5-81.6	201	63	138	2	28	40	152
OPERATIONS ON MUSCLES, TENDONS, FASCIA, AND BURSA.....82-83.1,83.3-83.9	344	196	149	30	163	98	54
OPERATIONS ON THE INTEGUMENTARY SYSTEM.....85-86	1,619	651	969	93	642	446	438
MASTECTOMY.....85.4	132	2	130	-	19	51	63
EXCISION OR DESTRUCTION OF LESION OR TISSUE OF SKIN OR SUBCUTANEOUS TISSUE.....86.2-86.4	565	283	282	40	225	134	166
SKIN GRAFT (EXCEPT LIP OR MOUTH).....86.6-86.7	150	87	63	17	50	37	46
MISCELLANEOUS DIAGNOSTIC AND THERAPEUTIC PROCEDURES.....87-99	9,781	4,718	5,062	392	2,209	2,825	4,355
COMPUTERIZED AXIAL TOMOGRAPHY.....87.03,87.41,87.71,88.01,88.38	1,531	747	784	68	346	373	743
PYEOLOGRAM.....87.73-87.75	406	223	183	13	145	110	138
ARTERIOGRAPHY AND ANGIOCARDIOGRAPHY USING CONTRAST MATERIAL.....88.4-88.5	1,285	771	514	17	159	579	529
DIAGNOSTIC ULTRASOUND.....88.7	1,411	547	865	52	435	337	587
CIRCULATORY MONITORING.....89.6	799	414	385	20	104	184	492
RADIOISOTOPE SCAN.....92.0-92.1	851	389	462	18	149	254	429

TABLE 8. RATE OF ALL-LISTED PROCEDURES FOR INPATIENTS DISCHARGED FROM SHORT-STAY HOSPITALS, BY PROCEDURE CATEGORY, SEX, AND AGE: UNITED STATES, 1986

[DISCHARGES FROM NON-FEDERAL HOSPITALS. EXCLUDES NEWBORN INFANTS. PROCEDURE GROUPINGS AND CODE NUMBER INCLUSIONS ARE BASED ON THE INTERNATIONAL CLASSIFICATION OF DISEASES, 9TH REVISION, CLINICAL MODIFICATION (ICD-9-CM)]

PROCEDURE CATEGORY AND ICD-9-CM CODE	SEX		AGE				
	TOTAL	MALE	FEMALE	UNDER 15 YEARS	15-44 YEARS	45-64 YEARS	65 YEARS AND OVER
RATE OF ALL-LISTED PROCEDURES PER 100,000 POPULATION							
ALL PROCEDURES.....	15,876.0	13,228.2	18,357.7	3,629.2	13,420.4	19,946.6	40,947.9
OPERATIONS ON THE NERVOUS SYSTEM.....01-05	389.8	414.9	366.3	316.0	287.9	474.8	786.0
SPINAL TAP.....03.31	144.9	155.2	135.2	235.7	87.8	99.6	274.3
OPERATIONS ON THE ENDOCRINE SYSTEM.....06-07	42.2	22.1	61.0	10.5	36.3	70.1	78.8
OPERATIONS ON THE EYE.....08-16	234.5	217.4	250.5	71.6	84.4	292.6	1,017.8
EXTRACTION OF LENS.....13.1-13.6	51.0	41.4	60.0	*	47.1	51.8	298.1
INSERTION OF PROSTHETIC LENS (PSEUDOPHAKOS).....13.7	43.7	34.5	52.4	*	*	40.1	285.8
OPERATIONS ON THE EAR.....18-20	87.1	103.6	71.6	196.5	52.7	68.6	54.3
OPERATIONS ON THE NOSE, MOUTH, AND PHARYNX.....21-29	436.9	462.0	413.4	539.1	428.0	410.1	330.7
RHINOPLASTY AND REPAIR OF NOSE.....21.8	64.1	68.4	60.1	113.9	96.2	60.5	34.4
TONSILLECTOMY WITH OR WITHOUT ADENOIDECTOMY.....28.2-28.3	117.4	104.1	129.8	339.2	88.5	*	*
OPERATIONS ON THE RESPIRATORY SYSTEM.....30-34	422.4	505.0	345.0	109.9	176.1	694.8	1,514.8
BRONCHOSCOPY.....33.21-33.23	83.3	102.7	65.1	26.6	31.6	143.6	291.9
OPERATIONS ON THE CARDIOVASCULAR SYSTEM.....35-39	1,164.0	1,454.1	892.1	248.8	293.4	2,462.1	4,170.8
REMOVAL OF CORONARY ARTERY OBSTRUCTION.....36.0	55.8	81.5	31.7	*	13.2	164.6	150.4
DIRECT HEART REVASCULARIZATION.....36.1	118.8	185.1	56.8	-	13.9	314.1	429.0
CARDIAC CATHETERIZATION.....37.21-37.23	323.8	427.6	226.4	62.1	72.5	857.8	941.4
PACEMAKER INSERTION, REPLACEMENT, REMOVAL, REPAIR.....37.7-37.8	89.5	97.8	81.8	*	46.9	97.5	542.9
OPERATIONS ON THE HEMIC AND LYMPHATIC SYSTEM.....40-41	168.3	175.2	161.7	38.3	85.2	257.4	584.7
OPERATIONS ON THE DIGESTIVE SYSTEM.....42-54	2,393.2	2,102.1	2,666.0	424.7	1,588.5	3,268.8	7,672.5
ESOPHAGOSCOPY AND GASTROSCOPY (NATURAL ORIFICE).....42.23-44.13	81.1	79.3	82.7	113.1	33.9	124.4	318.1
PARTIAL GASTRECTOMY AND RESECTION OF INTESTINE.....43.5-43.8,45.6-45.8	122.5	110.5	133.8	48.8	36.1	177.4	576.0
ENDOSCOPY OF LARGE INTESTINE (NATURAL ORIFICE).....45.24	187.3	165.9	207.3	48.8	70.3	244.7	870.6
APPENDECTOMY, EXCLUDING INCIDENTAL.....47.0	115.0	123.3	107.1	112.7	153.5	62.3	50.7
HEMORRHOIDECTOMY.....49.43-49.46	47.7	51.5	44.2	*	48.0	89.8	64.7
CHOLECYSTECTOMY.....51.2	209.8	124.1	290.1	*	155.6	348.5	569.5
REPAIR OF INGUINAL HERNIA.....53.0-53.1	137.5	253.3	29.0	72.1	74.0	225.0	365.7
DIVISION OF PERITONEAL ADHESIONS.....54.5	135.9	46.6	219.7	*	154.7	147.9	276.0
OPERATIONS ON THE URINARY SYSTEM.....55-59	787.5	1,000.8	587.6	117.2	376.8	1,156.3	3,006.7
ENDOSCOPIES (NATURAL ORIFICE).....55.21-55.22,56.31,57.32,58.22	280.3	425.6	144.2	26.9	99.6	396.6	1,253.9
OPERATIONS ON THE MALE GENITAL ORGANS.....60-64	299.8	619.7	...	152.5	70.7	327.1	1,409.1
PROSTATECTOMY.....60.2-60.6	153.2	316.7	...	...	*	171.3	985.2
OPERATIONS ON THE FEMALE GENITAL ORGANS.....65-71	1,252.8	...	2,427.0	16.9	1,931.4	1,274.0	789.3
OOPHOORECTOMY AND SALPINGO-OOPHOORECTOMY.....65.3-65.6	209.8	...	406.4	*	244.3	385.4	173.6
BILATERAL DESTRUCTION OR OCCLUSION OF FALLOPIAN TUBES.....66.2-66.3	176.8	...	342.6	-	372.0	*	...
HYSTERECTOMY.....68.3-68.7	269.1	...	521.4	-	350.3	424.5	194.0
DILATION AND CURETTAGE OF UTERUS.....69.0	197.0	...	381.6	*	337.2	146.3	79.3
REPAIR OF CYSTOCELE AND RECTOCELE.....70.5	61.3	...	118.8	-	42.5	133.2	132.7
OBSTETRICAL PROCEDURES.....72-75	1,963.8	...	3,804.4	29.7	4,136.2	*	...
EPISIOTOMY WITH OR WITHOUT FORCEPS OR VACUUM EXTRACTION.....72.1,72.21,72.31,72.71,73.6	727.5	...	1,409.3	14.0	1,530.3	*	...
CESAREAN SECTION.....74.0-74.2,74.4,74.99	378.4	...	733.0	*	798.4	*	...
REPAIR OF CURRENT OBSTETRIC LACERATION.....75.5-75.6	255.8	-	495.6	*	537.8	*	...
OPERATIONS ON THE MUSCULOSKELETAL SYSTEM.....76-84	1,470.9	1,514.5	1,430.0	424.2	1,354.3	1,914.9	3,103.4
OPEN REDUCTION OF FRACTURE EXCEPT JAW.....76.79,79.2-79.3,79.5-79.6	191.7	206.4	177.9	61.9	158.7	182.3	565.7
OTHER REDUCTION OF FRACTURE EXCEPT JAW.....76.70,76.78,79.0-79.1,79.4	89.5	95.4	84.0	105.2	64.7	73.7	182.3
EXCISION OR DESTRUCTION OF INTERVERTEBRAL DISC AND SPINAL FUSION.....80.5,81.0	141.1	181.8	102.9	*	168.7	255.2	98.6
ARTHROPLASTY AND REPLACEMENT OF KNEE.....81.41-81.47	77.4	78.4	70.5	*	65.9	72.7	252.6
ARTHROPLASTY AND REPLACEMENT OF HIP.....81.5-81.6	83.9	54.7	111.3	*	47.1	89.7	521.2
OPERATIONS ON MUSCLES, TENDONS, FASCIA, AND BURSA.....82-83.1,83.3-83.9	143.8	169.0	120.2	57.3	143.8	217.4	184.6
OPERATIONS ON THE INTEGUMENTARY SYSTEM.....85-86	676.5	561.9	784.0	179.1	567.5	991.7	1,500.0
MASTECTOMY.....85.4	55.3	*	105.4	-	16.4	112.9	216.2
EXCISION OR DESTRUCTION OF LESION OR TISSUE OF SKIN OR SUBCUTANEOUS TISSUE.....86.2-86.4	235.9	244.0	228.4	77.2	198.6	297.4	568.9
SKIN GRAFT (EXCEPT LIP OR MOUTH).....86.6-86.7	62.6	75.4	50.7	32.2	44.3	83.0	156.6
MISCELLANEOUS DIAGNOSTIC AND THERAPEUTIC PROCEDURES.....87-99	4,086.2	4,074.7	4,097.1	754.3	1,951.1	6,276.9	14,928.9
COMPUTERIZED AXIAL TOMOGRAPHY.....87.03,87.41,87.71,88.01,88.38	639.6	645.5	634.2	131.6	305.5	829.7	2,548.1
PYELOGRAM.....87.73-87.75	169.8	192.6	148.4	25.8	127.7	244.3	474.6
ARTERIOGRAPHY AND ANGIOCARDIOGRAPHY USING CONTRAST MATERIAL.....88.4-88.5	536.7	665.7	415.8	33.3	140.3	1,287.2	1,814.2
DIAGNOSTIC ULTRASOUND.....88.7	589.7	472.1	699.8	100.8	384.2	748.8	2,012.5
CIRCULATORY MONITORING.....89.6	334.0	357.9	311.6	38.0	91.7	409.6	1,685.0
RADIOISOTOPE SCAN.....92.0-92.1	355.3	335.8	373.6	35.0	131.5	564.8	1,471.4

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Technical notes

Survey methodology

Source of data

The National Hospital Discharge Survey (NHDS) encompasses patients discharged from short-stay hospitals, exclusive of military and Veterans Administration hospitals, located in 50 States and the District of Columbia. Only hospitals with six beds or more and an average length of stay of less than 30 days for all patients are included in the survey. Discharges of newborn infants are excluded from this report.

The original universe for the survey consisted of 6,965 hospitals contained in the 1963 National Master Facility Inventory. New hospitals were sampled for inclusion in the survey in 1972, 1975, 1977, 1979, 1981, 1983, and 1985. In all, 558 hospitals were sampled in 1986. Of these hospitals, 75 refused to participate, and 65 were out of scope. The 418 participating hospitals provided approximately 193,000 abstracts of medical records.

Sample design and data collection

All hospitals with 1,000 beds or more in the universe of short-stay hospitals were selected with certainty in the sample. All hospitals with fewer than 1,000 beds were stratified, the primary strata being 24 size-by-region classes. Within each of these 24 primary strata, the allocation of the hospitals was made through a controlled selection technique so that hospitals in the sample would be properly distributed with regard to type of ownership and geographic division. Sample hospitals were drawn with probabilities ranging from certainty for the largest hospitals to 1 in 40 for the smallest hospitals. The within-hospital sampling ratio for selecting sample discharges varied inversely with the probability of selection of the hospital.

In 1985, for the first time, there were two data collection procedures used for the survey. The first was the traditional manual system of sample selection and data abstraction. The second involved the purchase of data tapes from commercial abstracting services. In 1986 this automated method was used in approximately 19 percent of the sample hospitals.

In the manual hospitals, sample discharges were selected using the daily listing sheet of discharges as the sampling frame. These discharges were selected by a random technique, usually on the basis of the terminal digit or digits of the patient's medical record number. The sample selection and abstraction of data from the face sheet and discharge summary of the medical records were performed by the hospital staff or by representatives of the National Center for Health Statistics (NCHS). The completed forms were forwarded to NCHS for coding, editing, and weighting procedures.

For the automated hospitals, tapes containing machine-readable medical record data are purchased from commercial abstracting services. These tapes are subject to NCHS sampling, editing, and weighting procedures. A detailed description of the automated process is to be published.

The Medical Abstract Form and the abstract service data tapes contain items relating to the personal characteristics of the patient, including birth date, sex, race, and marital status

but not name and address; administrative information, including admission and discharge dates, discharge status, and medical record number; and medical information, including diagnoses and surgical and nonsurgical operations or procedures. Since 1977, patient zip code, expected source of payment, and dates of surgery have also been collected. (The medical record number and patient zip code are considered confidential information and are not available to the public.)

Presentation of estimates

Statistics produced by NHDS are derived by a complex estimating procedure. The basic unit of estimation is the sample inpatient discharge abstract. The estimating procedure used to produce essentially unbiased national estimates in NHDS has three principal components: Inflation by reciprocals of the probabilities of sample selection, adjustment for nonresponse, and ratio adjustment to fixed totals. These components of estimation are described in appendix I of two earlier publications (NCHS, 1967a, 1967b).

Based on consideration of the complex sample design of NHDS, the following guidelines are used for presenting NHDS estimates in this report:

- If the sample size is less than 30, the value of the estimate is not reported. Only an asterisk (*) is shown in the tables.
- If the sample size is 30–59, the value of the estimate is reported but should be used with caution. The estimate is preceded by an asterisk (*) in the tables.

Sampling errors and rounding of numbers

The standard error is a measure of the sampling variability that occurs by chance because only a sample, rather than an entire universe, is surveyed. The relative standard error of the estimate is obtained by dividing the standard error by the estimate itself and is expressed as a percent of the estimate. Relative standard errors for first-listed diagnoses and all-listed procedures are shown in table I. The relative standard errors for region and ownership of hospital are approximately 1½ times larger. The standard errors for average lengths of stay are shown in table II.

Estimates have been rounded to the nearest thousand. For this reason detailed figures within tables do not always add to the totals. Rates and average lengths of stay were calculated from original, unrounded figures and will not necessarily agree precisely with rates or average lengths of stay calculated from rounded data.

Tests of significance

In this report, the determination of statistical inference is based on the two-tailed Bonferroni test for multiple comparisons. Terms relating to differences such as "higher" and "less" indicate that the differences are statistically significant. Terms

NOTE: A list of references follows the text.

Table I. Approximate relative standard errors of estimated numbers of first-listed discharges and all-listed procedures: United States, 1986

Size of estimate	First-listed diagnosis	All-listed procedures
5,000	13.2	18.2
10,000	10.6	15.1
50,000	6.7	10.3
100,000	5.7	8.9
500,000	4.0	6.7
1,000,000	3.5	6.0
3,000,000	2.9	5.1
5,000,000	2.7	4.8
10,000,000	2.4	4.4
20,000,000	2.2	4.1
30,000,000	2.1	4.0
40,000,000	2.1	...

Table II. Approximate standard errors of average lengths of stay by number of discharges: United States, 1986

Number of discharges	Average length of stay in days			
	2	6	10	20
	Standard error in days			
10,000	0.7	1.2	1.7	2.2
50,000	0.3	0.7	1.0	1.4
100,000	0.3	0.6	0.9	1.2
500,000	0.2	0.5	0.8	0.9
1,000,000	0.2	0.5	0.8	0.7
5,000,000	0.2	0.5	0.8	...

such as "similar" or "no difference" mean that no statistically significant difference exists between the estimates being compared. A lack of comment on the difference between any two estimates does not mean that the difference was tested and found to be not significant.

Definition of terms

Terms relating to hospitals and hospital characteristics

Hospitals—Short-stay special and general hospitals have six beds or more for inpatient use and an average length of stay of less than 30 days. Federal hospitals and hospital units of institutions are not included.

Bed size of hospital—Measured by the number of beds, cribs, and pediatric bassinets regularly maintained (set up and staffed for use) for patients; bassinets for newborn infants are not included. In this report the classification of hospitals by bed size reported by the hospitals is based on the number of beds at or near midyear.

Type of ownership of hospital—Determined by the organization that controls and operates the hospital. Hospitals are grouped as follows:

- **Voluntary*nonprofit**—Hospitals operated by a church or another nonprofit organization.
- **Government**—Hospitals operated by a State or local government.

- **Proprietary**—Hospitals operated by individuals, partnerships, or corporations for profit.

Terms relating to hospitalization

Patient—A person who is formally admitted to the inpatient service of a short-stay hospital for observation, care, diagnosis, or treatment. In this report the number of patients refers to the number of discharges during the year including any multiple discharges of the same individual from one or more short-stay hospitals. Infants admitted on the day of birth, directly or by transfer from another medical facility, with or without mention of disease, disorder, or immaturity, are included. All newborn infants, defined as those admitted by birth to the hospital, are excluded from this report. The terms "patient" and "inpatient" are used synonymously.

Discharge—The formal release of a patient by a hospital; that is, the termination of a period of hospitalization by death or by disposition to place of residence, nursing home, or another hospital. The terms "discharges" and "patients discharged" are used synonymously.

Discharge rate—The ratio of the number of hospital discharges during a year to the number of persons in the civilian population on July 1 of that year.

Days of care—The total number of patient days accumulated at time of discharge by patients discharged from short-stay hospitals during a year. A stay of less than 1 day (patient admission and discharge on the same day) is counted as 1 day in the summation of total days of care. For patients admitted and discharged on different days, the number of days of care is computed by counting all days from (and including) the date of admission to (but not including) the date of discharge.

Rate of days of care—The ratio of the number of patient days accumulated at time of discharge by patients discharged from short-stay hospitals during a year to the number of persons in the civilian population on July 1 of that year.

Average length of stay—The total number of patient days accumulated at time of discharge by patients discharged during the year, divided by the number of patients discharged.

Terms relating to diagnoses

Discharge diagnoses—One or more diseases or injuries (or some factor that influences health status and contact with health services which is not itself a current illness or injury) listed by the attending physician or the medical record of a patient. In the NHDS all discharge (or final) diagnoses listed on the face sheet (summary sheet) of the medical record for patients discharged from the inpatient service of short-stay hospitals are transcribed in the order listed. Each sample discharge is assigned a maximum of seven five-digit codes according to ICD-9-CM (U.S. Public Health Service and Health Care Financing Administration, 1980). The number of principal or first-listed diagnoses is equivalent to the number of discharges.

Principal diagnosis—The condition established after study to be chiefly responsible for occasioning the admission of the patient to the hospital for care.

NOTE: A list of references follows the text.

First-listed diagnosis—The coded diagnosis identified as the principal diagnosis or listed first on the face sheet of the medical record if the principal diagnosis cannot be identified. The number of first-listed diagnoses is equivalent to the number of discharges.

Procedures—One or more surgical or nonsurgical operations, procedures, or special treatments assigned by the physician to patients discharged from the inpatient service of short-stay hospitals. In the NHDS all terms listed on the face sheet (summary sheet) of the medical record under the captions "operation," "operative procedures," "operations and/or special treatment," and the like are transcribed in the order listed. A maximum of four procedures is coded.

Rate of procedures—The ratio of the number of all-listed procedures during a year to the number of persons in the civilian population on July 1 of that year.

Demographic terms

Age—Refers to the age of the patient on the birthday prior to admission to the hospital inpatient service.

Population—Civilian population is the resident population excluding members of the Armed Forces.

Geographic regions—One of the four geographic regions of the United States corresponding to those used by the U.S. Bureau of the Census:

<i>Region</i>	<i>States included</i>
Northeast	Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, Connecticut, New York, New Jersey, and Pennsylvania
Midwest	Michigan, Ohio, Illinois, Indiana, Wisconsin, Minnesota, Iowa, Missouri, North Dakota, South Dakota, Nebraska, and Kansas
South	Delaware, Maryland, District of Columbia, Virginia, West Virginia, North Carolina, South Carolina, Georgia, Florida, Kentucky, Tennessee, Alabama, Mississippi, Arkansas, Louisiana, Oklahoma, and Texas
West	Montana, Idaho, Wyoming, Colorado, New Mexico, Arizona, Utah, Nevada, Washington, Oregon, California, Hawaii, and Alaska.

AIDS Knowledge and Attitudes

Provisional Data From the National Health Interview Survey: United States, August 1987

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Introduction

The National Center for Health Statistics has introduced questions on the adult population's knowledge and attitudes about acquired immunodeficiency syndrome (AIDS) in the National Health Interview Survey (NHIS). This report presents provisional findings for August, the first month of data collection with the AIDS questionnaire.

The AIDS questionnaire was designed to provide baseline estimates of public knowledge and attitudes about AIDS transmission and prevention of AIDS virus infection and changes in knowledge and attitudes over time. Data also were needed for the planning and development of AIDS educational campaigns and for evaluation of educational efforts.

The AIDS questionnaire was developed by the National Center for Health Statistics and interagency working groups established by the Information, Education and Risk Factor Reduction Subcommittee of the Public Health Service Executive Task Force on AIDS. The working groups included representatives from the Centers for Disease Control; the National Institutes of Health; the Alcohol, Drug Abuse and Mental Health Administration; and the Health Resources and Services Administration.

The questionnaire includes items on self-assessment of knowledge about AIDS; sources of information about AIDS; knowledge about AIDS and AIDS-related risk factors, modes of transmission, and blood tests for the AIDS virus; plans to take such a test; recent experience with blood donation; self-assessment of chances of getting AIDS; personal knowledge of people with AIDS or the AIDS virus; and finally, the willingness of respondents to take part in a proposed national seroprevalence study.

This report presents provisional data for all AIDS questionnaire items. Table 1 displays percent distributions of persons 18 years of age and over by response categories according to age, sex, race, and marital status. In most cases, the actual question asked of the respondent is reproduced verbatim in table 1, along with the response categories. In a few cases, questions or response categories have been rephrased or combined. Refusals and other nonresponses are excluded from the denominator in the calculation of estimates, but responses of "don't know" are included.

Selected findings

Awareness of AIDS—Virtually everyone (more than 99 percent) has heard of AIDS. Almost three-fourths of adults (74 percent) last saw, heard, or read something about AIDS within 3 days of the NHIS interview.

Self-perceived knowledge—Twenty percent of adults 18 years of age and over feel that they know a lot about AIDS (compared to most people); 40 percent feel they know some; 30 percent feel they know a little; and 10 percent feel they know nothing about AIDS. Adults 50 years and over are more likely than younger adults to state that they know nothing about AIDS and less likely to think that they know a lot. Black respondents (17 percent) are almost twice as likely as white respondents (9 percent) to state that they know nothing about AIDS.

General knowledge—Figure 1 shows the percents answering "definitely true" and "probably true" to selected knowledge questions. The majority of respondents are certain that AIDS leads to death (89 percent) and that there is

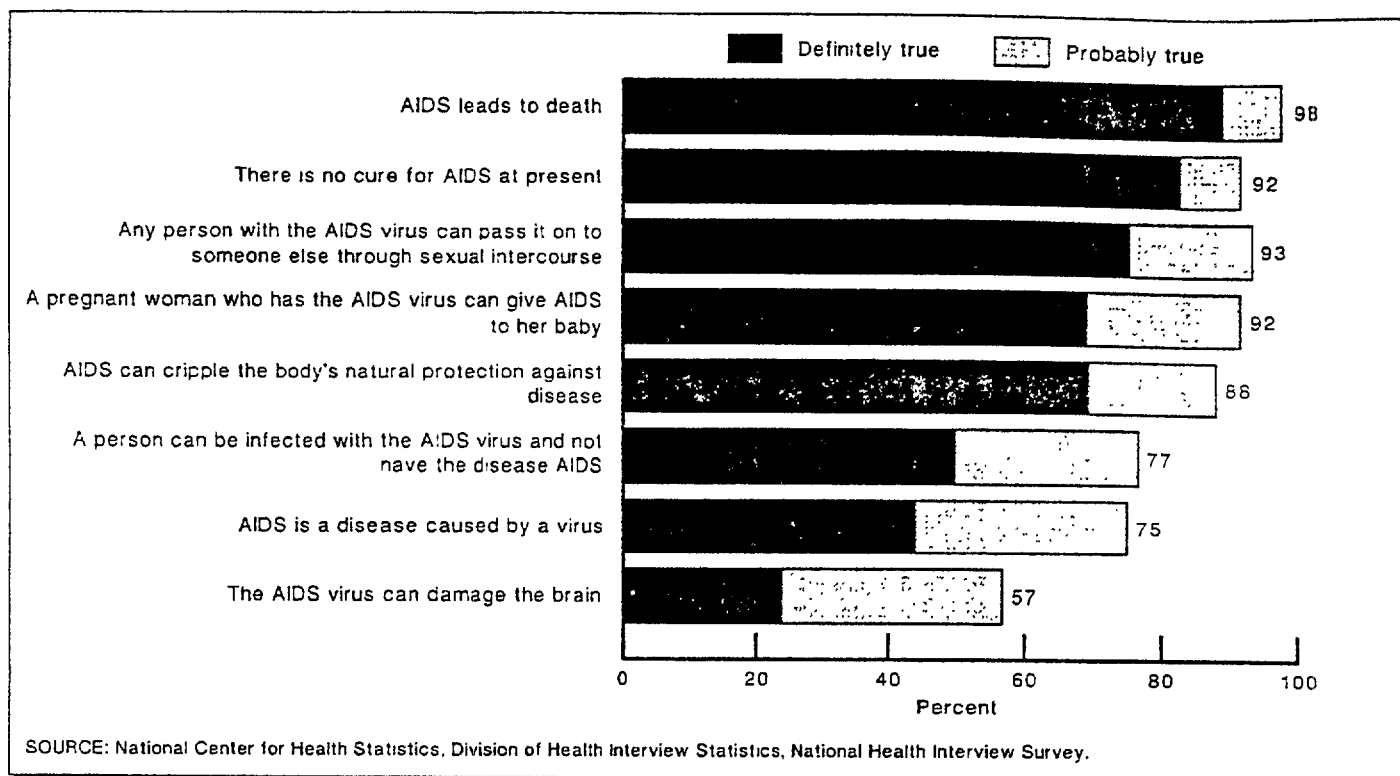


Figure 1. Provisional estimates of percent of adults 18 years of age and over who think selected statements about AIDS are definitely true or probably true: United States, August 1987

no cure for AIDS at present (83 percent). Three-fourths of adults think that it is definitely true that anyone with the AIDS virus can transmit it to other individuals through sexual intercourse; another 18 percent think that it is probably true. About two-thirds of the adults in the United States definitely think that AIDS can cripple the body's natural protection against disease and that a pregnant woman can transmit AIDS to her baby.

There is less certainty about the causes of AIDS and about the relationship between the AIDS virus and the disease AIDS: 44 percent of adults definitely believe that a virus causes AIDS, and 31 percent think that this is probably true; 50 percent are certain that a person can be infected with the AIDS virus and not have the disease AIDS, and 27 percent think that this is probably true. Adults are less informed about the specific ways that AIDS can affect its victims than about its causes; for example, 24 percent are certain that the AIDS virus can damage the brain. For the most part, the lowest levels of general knowledge are found among adults 50 years of age and over, consistent with their own self-assessment as a group that they know relatively little about the disease.

Transmission of the AIDS virus—Most Americans are aware of the ways in which the AIDS virus is most likely to be transmitted. More than 9 out of 10 adults say that it is very likely that a person will get AIDS from having sex with a person who has AIDS (92 percent) or by sharing needles for drug use with someone who has AIDS (91 percent). On the other hand, the level of misinformation about modes of transmission, particularly from casual contact, is very high. For example, donating blood is considered a likely mode of

transmission by 25 percent; working near someone with AIDS by 21 percent; sharing eating utensils with someone who has AIDS by 47 percent; using public toilets by 31 percent; and being bitten by mosquitoes or other insects by 38 percent.

Black respondents are significantly more likely than white respondents to perceive a threat of AIDS virus infection from receiving a blood transfusion, donating blood, using public toilets, or various other types of casual contact with persons who have AIDS.

There are few differences by age, sex, and marital status in knowledge or misinformation about the transmission of AIDS.

Blood test for the AIDS virus—A number of questions were asked about blood tests for the AIDS virus. Overall, 70 percent of adults have heard of the blood test. Persons 30-49 years of age are most likely (79 percent) and persons 50 years of age and over least likely (57 percent) to have heard of the test. Although there is widespread awareness that a blood test for the AIDS virus is available, there appears to be some misunderstanding about the purpose of the test. Forty-one percent of adults (58 percent of those who have heard of the test) erroneously believe that the blood test results tell whether a person has the disease AIDS.

Seven percent of respondents report having had their blood tested for the AIDS virus, including 2 percent who voluntarily said that they were tested because of a blood donation or transfusion. (On the other hand, about 12 percent report having given blood since January 1985, the approximate date when routine testing of donated blood

began.) These provisional data indicate that adults under age 30 are about four times as likely to have had the AIDS blood test as persons 50 years of age and over. In addition, 11 percent of all adults have thought about having the AIDS test, and 4 percent say that they plan to be tested in the next 12 months. Twelve percent of Americans age 18 years and over know someone who has had the AIDS blood test.

Risk of getting AIDS—Most adults believe that they (and the people that they know) are at little or no risk of AIDS virus infection. Nine in 10 feel that there is no chance (60 percent) or a low chance (30 percent) of getting AIDS themselves. Six in 10 say that the chance of someone they know getting AIDS is low (34 percent) or nonexistent (26 percent). Six percent of adults report personally knowing someone with the AIDS virus.

AIDS prevention—Almost 9 out of 10 Americans realize that both celibacy and restricting sexual activity to a

monogamous relationship with a person who does not have the AIDS virus are very effective ways to avoid infection with the AIDS virus. One-third (34 percent) think that using condoms is a very effective way to avoid the virus, and an additional 48 percent consider this method somewhat effective. Slightly more than one-half of the adults in the United States (56 percent) think that using a diaphragm is not an effective way to avoid infection with the AIDS virus. An almost equal proportion (54 percent) feel that using spermicides is ineffective in AIDS prevention.

AIDS discussion and education—Two-thirds of adults (67 percent) have discussed AIDS with friends or relatives. Persons age 50 and over are the least likely to have done so. Of adults with children between the ages of 10 and 17, 60 percent have talked with their children about AIDS (12 percent of all adults), and just over one-third of those with children in this age range report that their children have received instruction about AIDS at school.

Symbols

- Quantity zero
 - 0 Quantity more than zero but less than 0.5
-

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, August 1987

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
Percent distribution ¹										
Total	100	100	100	100	100	100	100	100	100	100
1. Have you ever heard of AIDS? When was the last time you saw, heard, or read something about AIDS?										
0-3 days ago	74	65	77	76	75	72	75	69	76	70
4-7 days ago	14	19	14	11	13	15	14	16	14	14
8-14 days ago	3	4	2	2	3	3	3	3	3	3
15-31 days ago	4	6	4	3	3	5	4	6	4	4
More than 31 days ago	2	4	2	1	2	3	2	1	2	3
Never heard of AIDS	0	0	0	0	0	1	0	-	0	1
Don't know	3	2	1	5	3	2	2	5	2	4
2. Compared to most people, how much would you say you know about AIDS?										
A lot	20	22	24	14	20	20	20	18	19	21
Some	40	43	45	31	39	40	41	33	42	36
Little	30	32	26	33	29	31	30	32	29	32
Nothing	10	3	5	22	12	9	9	17	10	11
Don't know	0	-	0	0	0	0	0	-	0	0
3a. AIDS is a disease caused by a virus.										
Definitely true	44	52	52	30	48	40	44	39	43	46
Probably true	31	33	31	29	29	32	30	39	31	30
Probably false	4	4	2	5	4	4	4	2	4	3
Definitely false	4	2	3	6	3	5	4	3	4	3
Don't know	18	9	12	31	16	19	18	17	18	17
3b. AIDS can cripple the body's natural protection against disease.										
Definitely true	69	72	76	60	70	69	72	54	71	68
Probably true	19	18	17	21	19	19	17	27	18	19
Probably false	1	1	0	1	1	1	1	1	1	1
Definitely false	1	1	1	1	1	1	1	1	1	1
Don't know	10	8	5	17	9	11	8	18	9	11
3c. AIDS is especially common in older people.										
Definitely true	1	1	0	1	1	0	0	1	0	1
Probably true	1	1	2	1	1	1	1	2	1	1
Probably false	24	26	23	23	25	23	24	20	24	23
Definitely false	65	64	70	60	63	66	66	62	66	63
Don't know	9	7	5	16	10	9	8	14	8	12
3d. The AIDS virus can damage the brain.										
Definitely true	24	22	24	25	22	26	23	30	23	25
Probably true	33	33	32	33	34	31	33	34	34	31
Probably false	8	11	10	5	9	8	9	7	8	8
Definitely false	5	6	6	4	7	4	6	2	6	5
Don't know	29	28	27	33	28	31	29	27	29	30
3e. AIDS usually leads to heart disease.										
Definitely true	7	7	6	8	6	8	6	12	7	7
Probably true	22	22	22	21	21	23	21	27	22	23
Probably false	16	17	20	12	20	14	17	11	16	17
Definitely false	14	15	18	9	16	12	14	12	14	14
Don't know	41	40	34	49	37	44	41	38	41	40
3f. AIDS leads to death.										
Definitely true	89	90	92	85	87	91	89	90	90	87
Probably true	8	9	6	10	10	7	8	7	8	9
Probably false	0	-	0	0	0	0	0	-	0	-
Definitely false	0	-	0	0	0	0	0	-	0	0
Don't know	2	1	1	4	3	2	2	3	1	4
4a. Where do you get most of your information about AIDS? ²										
Television	81	80	81	83	80	82	81	84	82	80
Newspapers	61	53	65	63	65	58	63	49	64	57
Magazines	30	29	33	26	26	33	31	21	30	29
Radio	10	12	9	9	11	9	10	8	10	10
Relatives and friends	10	15	10	7	10	10	9	17	8	14
Brochures/fliers/pamphlets	7	7	8	5	7	7	5	15	6	8
Doctor/HMO/clinic	6	6	8	5	5	8	6	7	7	5
Other	14	16	16	9	13	14	14	14	13	16
Don't know	1	1	-	1	1	1	1	2	0	1
4b. Of the sources you just told me, from which one do you get the most information?										
Television	54	57	52	55	53	56	53	62	55	53
Newspapers	23	17	24	28	27	20	25	14	24	23
Magazines	8	8	11	6	7	9	9	5	9	7
Brochures/fliers/pamphlets	2	1	2	1	2	2	1	6	2	2
Doctor/HMO/clinic	2	2	2	1	1	2	2	2	2	2
Other	9	13	9	7	9	10	9	9	8	12
Don't know	1	1	0	2	1	1	1	3	1	1

See footnotes at end of table

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, August 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
5a. If you wanted more specific information about AIDS, where would you get it? ²					Percent distribution ¹					
Doctor/HMO/clinic	60	60	60	59	56	63	59	67	60	58
Public health department	16	14	19	13	18	14	16	13	16	15
Library	12	13	16	7	11	13	12	10	13	10
AIDS hot line	9	10	9	8	9	9	9	8	8	10
Other	32	38	31	29	30	35	32	35	31	34
Don't know	11	8	7	18	12	10	11	9	11	11
5b. Which one source would you most likely use?										
Doctor/HMO/clinic	49	48	48	50	45	52	48	52	49	48
Public health department	11	9	15	9	13	9	12	8	12	10
Library	6	7	8	4	6	7	6	6	6	7
AIDS hot line	7	8	6	7	7	7	7	7	7	8
Other	15	19	15	12	16	15	15	17	15	16
Don't know	11	8	7	19	13	10	12	9	12	12
6a. A person can be infected with the AIDS virus and not have the disease AIDS.										
Definitely true	50	51	59	39	50	50	51	42	51	48
Probably true	27	26	24	31	26	27	28	24	28	26
Probably false	4	5	4	4	5	4	4	4	4	4
Definitely false	4	7	3	2	4	4	3	10	3	5
Don't know	15	12	10	23	15	15	14	19	14	17
6b. You can tell if people have the AIDS virus just by looking at them.										
Definitely true	1	1	1	1	1	1	1	2	1	1
Probably true	4	4	4	5	4	4	4	5	4	5
Probably false	18	23	15	16	19	17	18	15	18	18
Definitely false	65	64	74	56	66	65	66	64	67	63
Don't know	11	8	6	21	11	12	11	14	11	13
6c. Any person with the AIDS virus can pass it on to someone else during sexual intercourse.										
Definitely true	75	79	78	70	72	79	75	80	76	74
Probably true	18	16	18	20	21	16	19	13	18	19
Probably false	1	1	1	1	1	1	1	0	1	0
Definitely false	1	2	1	1	1	1	1	1	1	1
Don't know	5	3	2	9	5	4	5	6	4	6
6d. A pregnant woman who has the AIDS virus can give AIDS to her baby.										
Definitely true	69	71	73	63	67	71	69	75	69	69
Probably true	22	22	21	25	24	21	23	15	23	22
Probably false	1	1	0	1	0	1	0	3	0	1
Definitely false	0	0	-	-	0	0	0	-	-	0
Don't know	8	6	6	11	9	7	8	7	8	8
6e. There is a vaccine available to the public that protects a person from getting the AIDS virus.										
Definitely true	2	2	3	2	2	3	2	5	2	3
Probably true	4	4	4	5	4	5	4	8	4	5
Probably false	12	15	9	12	12	12	12	11	12	12
Definitely false	65	65	73	56	68	63	68	53	67	62
Don't know	16	14	10	24	13	19	15	23	15	19
6f. There is no cure for AIDS at present.										
Definitely true	83	82	85	81	83	83	85	77	84	80
Probably true	9	9	8	9	9	8	9	9	9	9
Probably false	1	3	1	1	2	1	1	1	1	2
Definitely false	2	2	3	2	2	3	2	3	2	2
Don't know	5	4	4	7	5	5	4	10	4	7
7. How likely do you think it is that a person will get the AIDS virus from—										
7a. Receiving a blood transfusion?										
Very likely	37	37	36	39	35	38	35	50	38	36
Somewhat likely	32	32	31	33	28	35	32	34	32	31
Somewhat unlikely	13	16	14	11	15	12	14	6	13	13
Very unlikely	13	11	16	11	16	10	15	1	13	13
Definitely not possible	1	1	1	1	1	0	1	0	1	1
Don't know	4	4	2	6	4	4	3	8	3	6
7b. Donating or giving blood?										
Very likely	10	11	9	11	10	10	8	23	10	11
Somewhat likely	15	17	15	15	15	15	14	22	16	15
Somewhat unlikely	14	15	12	16	15	14	14	11	14	13
Very unlikely	35	34	41	30	37	34	37	27	36	34
Definitely not possible	18	18	20	17	18	19	20	6	19	17
Don't know	7	5	4	11	5	8	6	11	5	9

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, August 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
7c. Living near a hospital or home for AIDS patients?					Percent distribution ¹					
Very likely	2	1	2	2	2	2	1	5	2	1
Somewhat likely	5	7	3	5	6	4	4	8	5	5
Somewhat unlikely	11	13	10	10	10	12	11	12	10	12
Very unlikely	41	43	42	39	44	39	42	41	42	41
Definitely not possible	33	32	37	31	31	36	35	24	34	33
Don't know	8	4	5	13	8	7	7	11	7	8
7d. Working near someone with AIDS?										
Very likely	5	4	5	5	5	5	4	8	5	4
Somewhat likely	16	16	15	17	15	17	16	18	18	13
Somewhat unlikely	17	18	16	17	16	18	18	14	17	17
Very unlikely	35	36	37	32	38	33	36	33	35	36
Definitely not possible	18	18	21	16	18	19	19	13	18	19
Don't know	9	7	6	14	9	8	8	14	8	11
7e. Eating in a restaurant where the cook has AIDS?										
Very likely	11	9	10	13	11	11	10	19	11	10
Somewhat likely	24	24	24	25	25	24	24	29	25	23
Somewhat unlikely	18	22	18	14	19	17	18	15	18	17
Very unlikely	25	25	28	22	25	25	26	16	24	27
Definitely not possible	11	12	12	9	10	11	11	7	11	11
Don't know	11	8	9	17	11	12	11	15	11	12
7f. Kissing—with exchange of saliva—a person who has AIDS?										
Very likely	36	31	36	40	33	38	35	42	37	33
Somewhat likely	34	39	33	31	36	32	35	28	35	33
Somewhat unlikely	10	12	12	7	11	9	10	10	10	11
Very unlikely	8	9	10	6	9	8	9	9	8	10
Definitely not possible	2	2	3	2	2	2	2	0	2	2
Don't know	10	7	6	15	9	10	9	10	9	11
7g. Shaking hands with or touching someone who has AIDS?										
Very likely	2	1	2	3	1	2	2	4	2	2
Somewhat likely	10	8	11	12	11	10	10	11	11	8
Somewhat unlikely	19	22	18	18	19	20	20	18	21	16
Very unlikely	39	38	43	35	41	37	39	41	39	39
Definitely not possible	22	26	21	21	21	24	23	16	21	26
Don't know	7	5	5	12	8	6	6	11	6	9
7h. Sharing plates, forks, or glasses with someone who has AIDS?										
Very likely	15	12	16	17	14	16	15	20	17	12
Somewhat likely	32	34	31	32	32	32	32	30	32	32
Somewhat unlikely	15	20	14	13	16	15	15	14	15	15
Very unlikely	19	17	23	16	20	18	20	16	18	20
Definitely not possible	8	8	10	8	9	8	9	6	9	8
Don't know	10	8	7	15	9	11	9	14	9	12
7i. Using public toilets?										
Very likely	9	9	9	11	9	10	8	17	10	9
Somewhat likely	22	21	20	26	22	22	22	25	22	22
Somewhat unlikely	18	21	18	16	18	19	19	18	19	16
Very unlikely	27	26	32	23	31	24	28	21	28	26
Definitely not possible	13	14	15	10	12	14	13	11	12	14
Don't know	10	9	7	15	9	11	10	10	9	12
7j. Sharing needles for drug use with someone who has AIDS?										
Very likely	91	92	94	88	91	92	92	92	92	90
Somewhat likely	5	5	4	8	6	5	6	3	5	6
Somewhat unlikely	0	1	0	-	0	1	0	1	0	0
Very unlikely	0	-	0	0	0	0	0	1	0	0
Definitely not possible	0	0	0	0	0	0	0	0	0	0
Don't know	2	2	1	4	3	2	2	4	2	3
7k. Kissing on the cheek a person who has AIDS?										
Very likely	3	3	4	4	4	3	2	11	3	4
Somewhat likely	13	12	12	14	13	12	12	15	13	11
Somewhat unlikely	21	22	22	19	22	20	22	18	22	20
Very unlikely	37	36	40	34	38	36	38	27	38	35
Definitely not possible	19	21	19	17	16	21	19	15	18	21
Don't know	8	6	4	12	8	7	6	12	6	9
7l. Being coughed or sneezed on by someone who has AIDS?										
Very likely	11	9	10	13	10	12	10	15	11	11
Somewhat likely	30	30	28	33	32	29	30	32	32	28
Somewhat unlikely	18	22	20	13	19	17	19	14	19	17
Very unlikely	22	22	24	19	24	20	23	15	23	20
Definitely not possible	9	10	10	7	8	9	9	11	7	12
Don't know	10	8	8	15	8	12	9	12	8	13

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, August 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
Percent distribution ¹										
7m. Attending school with a child who has AIDS?										
Very likely	3	2	4	4	3	3	3	8	3	3
Somewhat likely	12	11	12	13	12	12	12	11	13	10
Somewhat unlikely	17	18	17	16	18	16	17	18	18	14
Very unlikely	38	39	40	34	39	36	40	27	38	37
Definitely not possible	20	24	21	17	18	22	20	21	18	24
Don't know	9	7	5	16	9	10	8	14	9	11
7n. Mosquitoes or other insects?										
Very likely	10	11	9	11	12	9	10	16	11	10
Somewhat likely	28	29	29	26	30	27	27	36	28	28
Somewhat unlikely	12	13	13	9	12	12	12	7	13	10
Very unlikely	19	18	22	15	20	18	19	16	19	18
Definitely not possible	10	11	10	10	9	11	11	7	10	11
Don't know	21	18	16	29	18	23	21	18	20	23
7o. Pets or animals?										
Very likely	3	3	3	3	3	3	2	8	3	3
Somewhat likely	10	14	9	9	11	10	9	17	10	10
Somewhat unlikely	12	14	12	9	12	11	12	12	12	11
Very unlikely	30	31	34	24	32	27	31	25	30	28
Definitely not possible	21	20	23	19	20	21	22	13	21	21
Don't know	24	18	19	35	22	27	24	24	24	26
7p. Having sex with a person who has AIDS?										
Very likely	92	95	94	89	90	94	93	91	93	92
Somewhat likely	5	4	5	7	7	4	6	3	5	5
Somewhat unlikely	0	0	0	0	0	0	0	2	0	0
Very unlikely	0	1	0	-	0	0	0	0	0	0
Definitely not possible	-	-	-	-	-	-	-	-	-	-
Don't know	2	0	1	4	2	2	1	3	1	2
8. Have you ever heard of a blood test for infection with the AIDS virus?										
Yes	70	74	79	57	71	69	72	59	72	67
No	26	23	19	36	26	26	25	33	25	28
Don't know	4	2	2	7	3	4	3	8	3	5
9. Does this test tell whether a person has the disease AIDS?										
Yes	41	44	44	34	38	43	42	33	42	38
No	20	21	26	12	25	16	21	15	20	20
Don't know	10	10	8	11	9	10	9	11	10	8
Never heard of test (no/don't know to q. 8)	30	26	21	43	29	31	28	42	28	33
10. If a person has a positive blood test for infection with the AIDS virus, does this mean that they can give someone else the AIDS virus through sexual intercourse?										
Yes	59	63	67	47	60	58	60	49	61	55
No	4	5	5	2	5	3	4	3	4	4
Don't know	7	7	7	8	7	8	7	6	7	8
Never heard of test (no/don't know to q. 8)	30	26	21	43	29	31	28	42	28	33
11. Have you ever had your blood tested for infection with the AIDS virus?										
Yes	5	8	5	2	5	5	4	8	4	6
Yes, in blood donation/transfusion	2	3	3	1	3	2	3	1	3	2
No	62	62	69	53	62	62	63	49	64	57
Don't know	1	1	1	2	1	1	1	1	1	2
Never heard of test (no/don't know to q. 8)	30	26	21	43	29	31	28	42	28	33
12a. Have you ever thought about having this blood test?										
Already had test	8	12	9	3	9	7	8	9	7	8
Yes	11	16	14	4	12	10	10	15	9	15
No	50	45	55	49	49	51	52	31	54	42
Don't know	0	0	-	-	-	0	0	-	0	-
Never heard of test (no/don't know to q. 8)	31	27	22	44	30	33	30	45	30	35
12b. Do you plan to be tested in the next 12 months?										
Already had test	8	12	9	3	9	7	8	9	7	8
Yes	4	6	6	1	5	4	4	10	3	7
No	5	7	6	2	6	4	5	2	4	6
Don't know	2	3	2	1	1	2	2	3	2	2
Never heard of test or thought about having test (no/don't know to q. 8 or q. 12a)	81	72	77	94	79	83	82	76	84	77

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, August 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
13. Where would you go to have a blood test for the AIDS virus infection? ²										
Percent distribution ¹										
Nowhere/wouldn't take test	-	-	-	-	-	-	-	-	-	-
AIDS clinic	2	1	2	2	2	1	1	3	-	3
Other clinic	26	28	28	17	27	25	25	33	23	30
Doctor/HMO	52	49	52	60	53	50	52	57	57	46
Red Cross/blood bank	3	4	2	4	4	2	3	-	3	3
Other	10	7	11	11	9	11	10	5	8	12
Don't know	7	11	4	8	5	10	8	1	9	6
14. Where would you go to find out where to have this blood test? ^{2,4}										
AIDS hot line	9	5	23	-	9	9	10	-	-	22
AIDS clinic	-	-	-	-	-	-	-	-	-	-
Other clinic	16	16	-	51	44	-	18	-	21	9
Doctor/HMO	26	19	11	100	34	22	30	-	18	38
Friends	-	-	-	-	-	-	-	-	-	-
Public health department	6	9	-	-	-	9	7	-	10	-
Other	-	-	-	-	-	-	-	-	-	-
Nowhere	-	-	-	-	-	-	-	-	-	-
Don't know	49	50	67	-	28	61	41	100	60	32
15. Have you donated blood since 1985?										
Yes	12	15	15	5	14	10	12	12	11	13
No	88	85	85	94	86	90	88	88	89	86
Don't know	0	-	0	1	0	0	0	-	0	0
16. Have you ever personally known anyone who had the blood test for the AIDS virus infection?										
Yes	12	20	13	5	11	14	13	10	10	16
No	87	79	86	94	88	86	87	88	89	82
Don't know	1	1	1	1	1	1	1	2	1	1
17. What are the chances of someone you know getting the AIDS virus?										
High	10	12	13	6	11	10	10	16	10	11
Medium	18	25	20	11	19	18	19	18	18	18
Low	34	35	36	30	37	31	35	23	35	32
None	26	20	24	35	22	30	26	25	27	25
Refused	0	1	0	-	0	-	0	-	-	0
Don't know	11	7	7	19	11	11	10	19	10	13
18. What are your chances of getting the AIDS virus?										
High	1	1	2	0	1	2	1	2	1	2
Medium	4	4	5	3	4	4	4	3	4	5
Low	30	38	33	20	34	27	30	31	28	34
None	60	53	57	69	56	63	61	52	64	53
Refused	0	0	0	0	0	0	0	0	0	0
Don't know	5	4	3	8	5	5	4	11	4	7
19. Here are methods some people use to prevent getting the AIDS virus through sexual activity. How effective is—										
19a. Using a diaphragm?										
Very effective	2	3	1	3	2	2	2	5	1	4
Somewhat effective	11	16	9	9	10	11	10	13	10	12
Not at all effective	56	56	66	44	56	55	58	42	58	51
Don't know how effective	21	17	16	30	19	24	21	23	21	22
Don't know method	10	8	8	14	13	8	9	17	9	11
19b. Using a condom?										
Very effective	34	39	37	28	34	35	35	31	32	39
Somewhat effective	48	50	50	44	50	46	49	41	51	43
Not at all effective	6	5	7	6	4	7	5	11	6	6
Don't know how effective	8	3	5	15	7	8	8	10	8	9
Don't know method	4	2	2	8	4	4	3	7	4	4
19c. Using a spermicidal jelly, foam, or cream?										
Very effective	2	3	2	3	2	3	2	5	2	3
Somewhat effective	13	17	10	12	13	13	12	17	12	14
Not at all effective	54	55	64	42	53	55	56	43	56	50
Don't know how effective	21	16	15	30	20	21	20	21	21	21
Don't know method	10	9	8	13	12	8	9	14	9	12
19d. Being celibate, that is, not having sex at all?										
Very effective	89	88	91	87	87	90	90	82	90	87
Somewhat effective	5	8	4	4	6	4	5	6	5	5
Not at all effective	1	2	2	1	1	1	1	3	1	2
Don't know how effective	3	2	2	4	3	2	2	5	2	4
Don't know method	2	1	1	4	3	2	2	4	2	2

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, August 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Age				Sex		Race		Marital status	
	Total	18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
19e. Two people who do not have the AIDS virus having a completely monogamous relationship, that is, having sex only with each other?					Percent distribution ¹					
Very effective	84	85	87	79	84	84	85	77	86	81
Somewhat effective	9	10	9	9	9	10	9	11	8	11
Not at all effective	1	2	1	1	2	1	1	2	1	2
Don't know how effective	4	2	3	6	3	4	3	6	3	4
Don't know method	2	1	1	5	3	2	2	3	2	2
20. Have you ever discussed AIDS with a friend or relative?										
Yes	67	72	76	52	62	70	67	66	67	66
No	33	27	24	47	37	29	33	33	33	34
Don't know	0	1	0	1	1	0	0	1	0	1
21. When was the last time you discussed AIDS with a friend or relative?										
0-3 days ago	20	22	23	16	20	20	20	24	20	21
4-7 days ago	17	17	20	15	16	18	18	15	18	15
8-14 days ago	7	9	8	5	7	8	7	6	7	7
15-31 days ago	11	11	13	7	9	12	11	10	11	11
More than 31 days ago	7	9	7	4	6	7	7	5	6	7
Never discussed (no/don't know to q. 20)	35	30	25	49	39	31	34	36	34	36
Don't know	3	2	3	4	3	3	3	3	3	3
24. Have you ever discussed AIDS with [any of your children age 10-17]?										
Yes	12	1	29	3	10	15	12	14	16	7
No	8	4	16	3	11	6	8	9	11	4
Don't know	-	-	-	-	-	-	-	-	-	-
No children 10-17 years of age ⁵	79	95	55	94	79	80	79	77	74	89
25. Have your children had any instruction at school about AIDS?										
Yes	7	0	17	3	7	8	7	8	9	4
No	7	2	15	2	7	7	7	9	9	3
Don't know	6	2	14	2	8	5	7	6	8	4
No children 10-17 years of age ⁵	79	95	55	94	79	80	79	77	74	89
26. Have you ever personally known anyone with the AIDS virus?										
Yes	6	7	9	3	5	7	6	10	5	9
No	92	92	90	96	94	91	93	88	94	90
Don't know	1	1	2	1	1	1	1	2	1	2
27. Have you ever personally known anyone with AIDS?										
Yes	6	7	9	4	5	8	6	11	5	9
No	92	93	90	95	94	91	93	87	94	89
Don't know	1	1	1	1	1	1	1	2	1	2
28. The U.S. Public Health Service has said that AIDS is one of the major health problems in the country but exactly how many people it affects is not known. The Surgeon General has proposed that a study be conducted and blood samples be taken to help find out how widespread the problem is. If you were selected in this national sample of people to have their blood tested with assurances of privacy of test results, would you have the test?										
Yes	69	73	71	63	70	68	69	69	70	67
No	20	17	19	24	18	22	19	20	19	22
Other	4	4	4	4	5	3	4	3	4	4
Don't know	7	6	6	9	7	8	7	8	7	7
29. Would you want to know the results of the blood test? ⁶										
Yes	97	96	97	99	97	97	98	96	97	97
No	1	2	1	1	2	1	1	1	1	1
Don't know	1	2	1	1	1	1	1	3	1	1

¹Excludes persons for whom no response was recorded or who refused to respond. For questions 2 through 27, total also excludes persons who never heard of AIDS.

²Multiple responses may sum to more than 100 percent.

³Based on persons answering yes to question 12a.

⁴Based on persons answering don't know to question 13.

⁵Based on question 22, Do you have any children aged 10-17? Question 23 was, How many do you have?

⁶Based on persons answering yes to question 28.

NOTE: Total, age, sex, and marital status include persons of other and unknown race not shown separately under race.

Technical notes

The National Health Interview Survey (NHIS) is a continuous, cross-sectional household interview survey. Each week, a probability sample of the civilian noninstitu-

Table I. Sample size for the National Health Interview Survey of AIDS Knowledge and Attitudes and estimated adult population 18 years of age and over, by selected characteristics: United States, August 1987

<i>Characteristic</i>	<i>Sample size</i>	<i>Estimated population in thousands</i>
All adults	2,303	174,528
<i>Age</i>		
18-29 years	556	47,583
30-49 years	862	66,250
50 years and over	885	60,695
<i>Sex</i>		
Male	960	82,703
Female	1,343	91,825
<i>Race</i>		
Black	283	19,107
White	1,951	150,008
<i>Marital status</i>		
Currently married	1,241	110,746
Unmarried	1,052	63,310

tionalized population is interviewed by personnel of the U.S. Bureau of the Census to obtain information on the health and other characteristics of each member of the household. Supplemental information is collected for all or a sample of household members. The AIDS knowledge and attitudes questions were asked of a single randomly chosen adult 18 years of age or over in each household. The estimates in this report are based on completed interviews with 2,303 persons, or about 81 percent of eligible respondents.

Table I contains the estimated population size of each of the demographic subgroups included in table 1 to allow readers to derive provisional estimates of the number of people in the United States with a given characteristic, for example, the number of men who have heard of AIDS. Table II shows approximate standard errors of estimates presented in table 1. Both the estimates in table 1 and the standard errors in table II are provisional. They may differ slightly from estimates made using the final data file because they were calculated using a simplified weighting procedure that does not adjust for all the factors used in weighting the final data file. The final data file covering the entire 5-month period of data collection, August through December 1987, will be available in 1988.

Table II. Standard errors, expressed in percentage points, of estimated percents from the National Health Interview Survey of AIDS Knowledge and Attitudes, by selected characteristics: United States, August 1987

<i>Estimated percent</i>	<i>Total</i>	<i>Age</i>			<i>Sex</i>		<i>Race</i>		<i>Marital status</i>	
		<i>18-29 years</i>	<i>30-49 years</i>	<i>50 years and over</i>	<i>Male</i>	<i>Female</i>	<i>White</i>	<i>Black</i>	<i>Married</i>	<i>Unmarried</i>
5 or 95	0.6	1.1	0.9	0.9	0.9	0.9	1.7	0.6	0.8	0.8
10 or 90	0.8	1.5	1.3	1.2	1.2	1.0	2.3	0.8	1.0	1.1
15 or 85	0.9	1.8	1.5	1.4	1.4	1.2	2.7	1.0	1.3	1.3
20 or 80	1.0	2.0	1.7	1.6	1.6	1.3	3.0	1.1	1.4	1.5
25 or 75	1.1	2.2	1.8	1.8	1.7	1.4	3.3	1.2	1.5	1.6
30 or 70	1.2	2.3	1.9	1.9	1.8	1.5	3.5	1.3	1.6	1.7
35 or 65	1.2	2.4	2.0	2.0	1.9	1.6	3.6	1.3	1.7	1.8
40 or 60	1.3	2.5	2.1	2.0	1.9	1.6	3.7	1.4	1.7	1.8
45 or 55	1.3	2.5	2.1	2.0	2.0	1.7	3.8	1.4	1.8	1.9
50	1.3	2.6	2.1	2.1	2.0	1.7	3.8	1.4	1.8	1.9

Nursing and Related Care Homes as Reported From the 1986 Inventory of Long-Term Care Places

by Al Sirrocco, Division of Health Care Statistics

Introduction

The 1986 Inventory of Long-Term Care Places (ILTCP) was a survey of two types of facilities: nursing and related care homes and facilities for the mentally retarded. This report deals only with nursing and related care homes.

As used in this survey, the term "nursing and related care homes" incorporates all nursing care homes including skilled nursing facilities and intermediate care facilities, as well as all residential care facilities including homes for the aged, personal care homes, and board and care homes. All of these facilities must maintain three beds or more.

The National Center for Health Statistics, in cooperation with the National Center for Health Services Research and the Health Care Financing Administration, employed the U.S. Bureau of the Census to conduct the 1986 ILTCP. The purpose of the survey was to provide a current sampling frame for two segments of the Institutional Population Component of the 1987 National Medical Expenditure Survey. The two segments were nursing and related care homes, and facilities for the mentally retarded. The National Medical Expenditure Survey was initiated by the National Center for Health Services Research in early 1987.

History and background

The ILTCP had never been conducted prior to the 1986 survey. However, a similar survey, the National Master Facility Inventory (NMFI), had been conducted many times between 1967 and 1982 (NCHS, 1986). Although the nursing homes had been surveyed in each NMFI, the mental retardation (MR) facilities had not been surveyed since the 1976 NMFI (NCHS, 1980). The types of questions asked in the ILTCP were similar enough to the NMFI questions that a decision was made to use the ILTCP data as a means to update the NMFI.

In 1982, the University of Minnesota's Center for Residential and Community Services conducted a survey of MR facilities (Hill and Lakin, 1984). The file that resulted from that survey was used to create the MR mailing file for the 1986 ILTCP.

Descriptions of the creation of the mailing file and the survey procedures are given in the Technical notes.

Classification of facilities

The information collected in the ILTCP initially was used to separate the nursing and related care homes from the MR facilities. Because many facilities served the aged and disabled as well as the mentally retarded, it was necessary to combine many items of information to classify these facilities. Basically, to qualify as an MR facility, a place had to be primarily MR oriented. Thus, a nursing home with a small MR wing would remain a nursing home.

Once a facility was classified as a nursing and related care home, it was subclassified into nursing home or residential facility. Homes certified as skilled nursing facilities (SNF's) or intermediate care facilities (ICF's) were classified as nursing homes. Uncertified facilities that were licensed as nursing homes or provided nursing care services were also classified as nursing homes. The remaining places were classified as residential facilities.

Because the ILTCP was designed to identify MR facilities as well as nursing and related care homes, it was able to separate the residential facilities serving only the mentally retarded from the residential facilities serving the aged and disabled. The NMFI surveys from 1978 through 1982 were not designed to make this distinction and, therefore, included among their residential facilities those that served only the mentally retarded. This was especially true in California and Michigan, which had a combined total of 7,228 residential facilities in the

1982 NMFI. Based on ILTCP edit checks, it appears that as many as one-third of these might have been MR residential facilities in 1982. The 1982 NMFI report (NCHS, 1986) mentioned the existence of these MR facilities, but had no estimate as to how many there were.

The 1985 National Nursing Home Survey (NNHS) estimated a total count of 19,100 nursing homes (NCHS, 1987). This estimate was also influenced by the California and Michigan residential facilities. The inability to identify and exclude the MR places from among these facilities led to the decision to exclude all 7,228 from the universe. The NNHS estimate of 4,700 uncertified facilities compared with the ILTCP count of 12,226 (residential facilities plus uncertified nursing homes) is a difference of about 7,500. The difference between the 1986 ILTCP total count of 26,380 (including hospital-based) and the 1985 NNHS total count of 19,100 (which included hospital-based) is about 7,300. Clearly, the exclusion of residential facilities from the 1985 NNHS is the main reason for the different counts.

Discussion

Counting hospital-based facilities, there were 26,380 nursing and related care homes with 1,770,206 beds and 1,609,419 residents in 1986 (table 1). Because most of the previous NMFI surveys were unable to obtain complete counts of hospital-based facilities, these places were usually excluded from the data presented in NMFI reports. To make the 1986 data more comparable with the NMFI surveys, this report has removed the 734 hospital-based facilities from all but the first two tables.

Table 1 shows the total nursing home counts with the hospital-based facilities included, and table 2 shows the characteristics and distribution of the hospital-based facilities themselves. Using the figures from table 2, the following rates and percents can be generated. The occupancy rate for hospital-based facilities was 92 percent: they averaged 83 beds per facility, and 94 percent were certified as SNF's or ICF's. In addition, they were usually nonprofit (60 percent) or government owned (32 percent).

The remainder of this report will exclude hospital-based facilities, making the total counts 25,646 homes, 1,709,223 beds, and 1,553,253 residents. This count of homes was actually 203 less than the number of homes found in the 1982 NMFI survey. The main reason for this lies in the overcount of residential facilities in 1982, due to the presence of MR facilities primarily in California and Michigan, as mentioned earlier.

The differences in survey procedures and definitions make direct comparisons between the ILTCP and NMFI (NCHS, 1985, 1986) surveys very difficult. The removal of facilities with less than 25 beds reduces the impact of these differences and makes comparisons more meaningful. Further examination of the differences between the NMFI and ILTCP data is planned for a future Series 14 report on the ILTCP.

Table 3 separates the ILTCP facilities into nursing homes and residential facilities. To get a total count of all nursing homes, the SNF's, ICF's, and uncertified nursing homes were combined to form the nursing home category in table 3 and in the remaining tables.

There were 9,613 total homes with less than 25 beds, which represented about 37 percent of all homes (table 3). The table shows how these homes with less than 25 beds are distributed between the nursing homes and residential facilities. The 2,409 nursing homes in this bed size group represented less than 15 percent of its total, whereas the 7,204 corresponding residential facilities represented nearly 78 percent of its total.

The size difference between nursing homes and residential facilities is more apparent in table 4. The average bed size was 92 for nursing homes and 22 for residential facilities, and this big difference is found in each ownership group and each region. For nursing homes, the government-owned homes were the largest (126 beds), and the for-profit homes, the smallest (87 beds). For residential facilities, the nonprofit facilities were the largest (35 beds), and the for-profit homes, the smallest (20 beds).

Regionally the Northeast had the largest nursing homes (108 beds) and largest residential facilities (29 beds). The smallest nursing homes were in the West (72 beds), and the smallest residential facilities were in the Midwest (16 beds).

Table 4 also shows that within the nursing home category, the SNF's were the largest at 122 beds and had the highest occupancy rate (93 percent). The ICF's were next with an average of 77 beds and a 90-percent occupancy rate, followed by the uncertified homes with a 38-bed average and 86 percent occupancy. The averages and rates for the SNF's and ICF's were virtually unchanged from those reported in 1982.

The residential facilities had lower occupancy rates than the nursing homes (85 percent to 92 percent). For nursing homes, the lowest occupancy rate (86 percent) occurred in the smaller homes (under 25 beds), but for the residential facilities, the lowest rate (82 percent) was in the larger homes (200 beds or more). Table 4 shows that the highest occupancy rate for nursing homes and residential facilities occurred in the Northeast (95 and 88 percent, respectively).

The Midwest had more SNF's and more ICF's than any other region (table 5). Conversely, the West had fewer SNF's and ICF's than any other region. Just over one-third of the SNF's in the West had 100 beds or more, but in each of the other three regions two-thirds of the SNF's had 100 beds or more. Because fewer people 65 years and over lived in the West (5.2 million compared with the South's 9.9 million, the Midwest's 7.4 million, and the Northeast's 6.7 million), and because the West's population is more spread out, large facilities may not be needed.

Looking closer at the population figures, table 6 reveals that there were 51.7 nursing home beds and 6.9 residential facility beds per 1,000 population 65 years and over in 1986. Although the West had the lowest nursing home bed rate at 42.3, it was not that much lower than the South's rate of 46.9 or the Northeast's rate of 47.4. In fact, the West's SNF rate of 34.3 was considerably higher than the South's rate of 24.1. It was with the ICF's rate of 3.8 that the West fell behind. One reason for this low ICF rate is that several western States have virtually no ICF programs and therefore few ICF's.

The estimated number of residents 65 years and over that were in nursing homes was 1,249,000, and the number in residential facilities was 126,000 (table 7). In other words, 4.3 percent of the population 65 years and over resided in nursing

homes, and 0.4 percent resided in residential facilities. The nursing home rates ranged from a high of 5.6 percent in the Midwest to a low of 3.5 percent in the West. For residential facilities, the West had the highest rate at 0.8 percent.

The 1,249,000 nursing home residents that were 65 years and over represented 90.4 percent of all nursing home residents (table 8). By contrast, only 73.1 percent of persons in residential facilities were 65 years and over. The residential facilities displayed much more variation by ownership than did the nursing homes. In nonprofit residential facilities, almost 85 percent of the residents were 65 years and over, but in government-owned residential facilities only 55 percent were 65 years and over.

Table 9 shows the number of black and Hispanic residents in nursing homes and residential facilities in 1986. The 105,173 black residents in nursing homes represented 7.6 percent of the total nursing home population. The 28,101 Hispanic nursing home residents made up 2.0 percent of the total. Similarly, the black residents made up 7.8 percent and the Hispanic residents 2.6 percent of all persons in residential facilities.

More than half (55 percent) of the black nursing home residents were in the South, with the fewest (7.2 percent) in the West. The Hispanic residents were mostly in the West (41.7 percent) and the South (35.3 percent). The distribution of black and Hispanic nursing home residents in each of the ownership categories is shown in table 9.

Symbols

---	Data not available
...	Category not applicable
-	Quantity zero
0.0	Quantity more than zero but less than 0.05
Z	Quantity more than zero but less than 500 where numbers are rounded to thousands
*	Figure does not meet standard of reliability or precision
#	Figure suppressed to comply with confidentiality requirements

Table 1. Number of nursing and related care homes (including hospital-based facilities), beds, and residents, by type of facility: United States, 1986

<i>Type of facility</i>	<i>Facilities</i>	<i>Beds</i>	<i>Residents</i>
		Number	
All facilities.....	26,380	1,770,206	1,609,419
Nursing homes.....	16,388	1,507,392	1,380,777
Hospital-based facilities.....	734	60,983	56,166
Residential facilities.....	9,258	201,831	172,476

Table 2. Number of hospital-based facilities, beds, and residents, by selected characteristics: United States, 1986

<i>Characteristic</i>	<i>Facilities</i>	<i>Beds</i>	<i>Residents</i>
		Number	
Total homes.....	734	60,983	56,166
<i>Bed size</i>			
3-24 beds.....	106	1,741	1,511
25-99 beds.....	476	24,343	22,554
100-199 beds.....	91	11,732	10,779
200 beds or more.....	61	23,167	21,322
<i>Type of ownership</i>			
Profit.....	63	4,800	4,523
Nonprofit.....	437	31,747	29,195
Government.....	234	24,436	22,448
<i>Geographic region</i>			
Northeast.....	141	17,590	16,605
Midwest.....	254	18,975	17,347
South.....	164	13,763	12,834
West.....	175	10,655	9,380
<i>Certification</i>			
Skilled nursing facility.....	594	53,060	48,766
Intermediate care facility.....	98	5,235	4,960
Uncertified nursing home.....	42	2,688	2,440
Residential facility.....	-	-	-

Table 3. Number of homes and beds for nursing and related care homes by type of home and selected characteristics: United States, 1986

Characteristic	Total homes ¹		Nursing homes		Residential facilities	
	Homes	Beds	Homes	Beds	Homes	Beds
	Number					
Total homes	25,646	1,709,223	16,388	1,507,392	9,258	201,831
Bed size						
3-9 beds	5,918	32,619	1,340	7,154	4,578	25,465
10-24 beds	3,695	58,124	1,069	18,243	2,626	39,881
25-49 beds	3,135	115,469	2,061	77,839	1,074	37,630
50-74 beds	3,470	208,667	3,037	182,658	433	26,009
75-99 beds	2,526	221,647	2,335	205,384	191	16,263
100-199 beds	5,755	756,229	5,468	717,604	287	38,625
200-299 beds	858	198,215	804	186,066	54	12,149
300-499 beds	239	84,899	225	80,140	14	4,759
500 beds or more	50	33,354	49	32,304	1	1,050
Type of ownership						
Profit	20,223	1,235,413	12,336	1,078,952	7,887	156,461
Nonprofit	4,378	367,249	3,263	328,728	1,115	38,521
Government	1,045	106,561	789	99,712	256	6,849
Geographic region						
Northeast	4,863	373,841	2,948	317,505	1,915	56,336
Midwest	7,474	539,802	5,393	506,714	2,081	33,088
South	7,311	516,508	5,008	464,005	2,303	52,503
West	5,998	279,072	3,039	219,168	2,959	59,904
Certification						
Skilled nursing facility	8,045	984,113	8,045	984,113	-	-
Intermediate care facility	5,375	411,468	5,375	411,468	-	-
Uncertified nursing home	2,968	111,811	2,968	111,811	-	-
Residential facility	9,258	201,831	-	-	9,258	201,831

¹Excludes hospital-based facilities.

Table 4. Average number of beds and percent occupancy rate of nursing and related care homes by type of home and selected characteristics: United States, 1986

Characteristic	Total homes ¹		Nursing homes		Residential facilities	
	Average bed size	Occupancy rate	Average bed size	Occupancy rate	Average bed size	Occupancy rate
	Number	Percent	Number	Percent	Number	Percent
Total homes	67	91	92	92	22	85
Bed size						
3-24 beds	9	85	11	86	9	85
25-99 beds	60	92	63	92	47	87
100-199 beds	131	91	131	92	135	85
200 beds or more	276	91	277	91	260	82
Type of ownership						
Profit	61	90	87	91	20	85
Nonprofit	84	92	101	92	35	87
Government	102	93	126	94	27	85
Geographic region						
Northeast	77	94	108	95	29	88
Midwest	72	91	94	91	16	84
South	71	90	93	90	23	86
West	47	89	72	91	20	83
Certification						
Skilled nursing facility	122	93	122	93	-	-
Intermediate care facility	77	90	77	90	-	-
Uncertified nursing home	38	86	38	86	-	-
Residential facility	22	85	-	-	22	85

¹Excludes hospital-based facilities.

Table 5. Number and percent distribution of nursing and related care homes by geographic region and bed size, according to type of home and certification: United States, 1986

Geographic region and bed size	Total homes ¹	Nursing homes				Residential facilities
		Total	Skilled nursing facilities	Intermediate care facilities	Uncertified nursing homes	
Number						
United States	25,646	16,388	8,045	5,375	2,968	9,258
Northeast						
Number						
Total	4,863	2,948	1,859	647	442	1,915
Percent distribution						
Total	100.0	100.0	100.0	100.0	100.0	100.0
3-24 beds	35.1	13.3	1.8	18.7	53.8	68.7
25-99 beds	34.1	39.5	31.1	64.3	38.2	25.8
100-199 beds	23.1	35.5	50.0	14.7	5.2	3.9
200 beds or more.	7.7	11.7	17.1	2.3	2.7	1.6
Midwest						
Number						
Total	7,474	5,393	2,397	2,228	768	2,081
Percent distribution						
Total	100.0	100.0	100.0	100.0	100.0	100.0
3-24 beds	31.2	10.1	1.2	8.7	41.8	86.0
25-99 beds	39.8	50.6	34.7	70.1	43.6	11.9
100-199 beds	23.6	32.0	50.4	19.0	12.1	1.8
200 beds or more.	5.4	7.4	13.7	2.3	2.5	0.3
South						
Number						
Total	7,311	5,008	1,977	2,148	883	2,303
Percent distribution						
Total	100.0	100.0	100.0	100.0	100.0	100.0
3-24 beds	32.1	13.6	1.6	5.8	59.6	72.4
25-99 beds	36.1	41.4	32.2	55.1	28.9	24.4
100-199 beds	28.5	40.4	58.2	36.6	9.6	2.8
200 beds or more.	3.2	4.6	7.9	2.5	1.9	0.4
West						
Number						
Total	5,998	3,039	1,812	352	875	2,959
Percent distribution						
Total	100.0	100.0	100.0	100.0	100.0	100.0
3-24 beds	53.7	26.1	2.3	25.3	75.5	82.2
25-99 beds	31.0	48.3	60.6	59.9	18.1	13.3
100-199 beds	13.1	22.1	32.0	13.6	5.3	3.8
200 beds or more.	2.2	3.5	5.1	1.1	1.1	0.8

¹ Excludes hospital-based facilities.

Table 6. Percent of nursing and related care home beds per 1,000 population 65 years and over by type of home, certification, and geographic region: United States, 1986

Geographic region	Total homes ¹	Nursing homes				Residential facilities
		Total	Skilled nursing facilities	Intermediate care facilities	Uncertified nursing homes	
Beds per 1,000 population 65 years and over						
United States	58.6	51.7	33.7	14.1	3.8	6.9
Northeast	55.8	47.4	38.9	5.9	2.6	8.4
Midwest	73.0	68.5	41.5	21.8	5.2	4.5
South	52.2	46.9	24.1	19.3	3.4	5.3
West	53.8	42.3	34.3	3.8	4.2	11.6

¹Excludes hospital-based facilities.

Table 7. Estimated number of the resident population 65 years and over, and number and percent of this population in nursing and related care homes, by type of home and geographic region: United States, 1986

Geographic region	Total population 65 years and over	Estimated number of residents 65 years and over in—			
		Nursing homes ¹		Residential facilities ¹	
		Number in thousands	Percent	Number in thousands	Percent
United States	29,173	1,249	4.3	126	0.4
Northeast	6,698	279	4.2	34	0.5
Midwest	7,394	415	5.6	19	0.3
South	9,895	376	3.8	34	0.3
West	5,184	179	3.5	39	0.8

¹Excludes hospital-based facilities.

Table 8. Percent distribution of residents in nursing and related care homes by type of facility and age of resident, according to type of ownership: United States, 1986

Type of facility and age of resident	Total	Type of ownership		
		Profit	Nonprofit	Government
All homes ¹		Percent distribution		
Total	100.0	100.0	100.0	100.0
Under 65 years	11.4	12.6	6.1	17.3
65 years and over	88.6	87.4	93.9	82.7
Nursing homes ¹				
Total	100.0	100.0	100.0	100.0
Under 65 years	9.6	10.4	5.1	15.6
65 years and over	90.4	89.6	94.9	84.4
Residential facilities ¹				
Total	100.0	100.0	100.0	100.0
Under 65 years	26.9	29.1	15.4	44.9
65 years and over	73.1	70.9	84.6	55.1

¹Excludes hospital-based facilities.

Table 9. Number and percent distribution of all, black, and Hispanic residents in nursing and related care homes by type of home and geographic region, according to type of ownership: United States, 1986

Type of facility and geographic region	All residents				Black residents				Hispanic residents			
	All types of ownership	Profit	Nonprofit	Government	All types of ownership	Profit	Nonprofit	Government	All types of ownership	Profit	Nonprofit	Government
Number												
Total	1,553,253	1,116,738	337,336	99,179	118,621	97,426	13,500	7,695	32,511	27,135	4,146	1,230
Nursing homes ¹												
Total	1,380,777	983,453	303,993	93,331	105,173	86,643	11,448	7,082	28,101	23,647	3,582	872
Percent distribution												
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Northeast	21.8	19.0	27.3	33.5	13.9	10.4	30.9	28.8	14.3	11.8	26.0	34.2
Midwest	33.5	30.2	41.3	41.9	24.0	25.1	22.3	13.4	8.7	8.2	10.9	14.8
South	30.2	34.4	20.1	19.2	55.0	56.8	40.6	56.7	35.3	37.1	28.4	14.2
West	14.5	16.3	11.3	5.4	7.2	7.8	6.1	1.2	41.7	42.9	34.6	36.8
Residential facilities ¹												
Number												
Total	172,476	133,285	33,343	5,848	13,448	10,783	2,052	613	4,410	3,488	564	358
Percent distribution												
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Northeast	28.6	27.4	33.5	28.1	29.7	26.0	38.5	64.8	25.4	19.3	37.9	65.1
Midwest	16.2	13.6	21.4	46.4	12.8	12.9	12.4	10.9	4.3	3.9	8.7	2.0
South	26.3	26.9	26.4	13.0	46.6	49.1	41.3	20.9	16.1	15.5	14.4	24.3
West	28.9	32.1	18.6	12.5	10.9	12.0	7.8	3.4	54.2	61.3	39.0	8.7

¹Excludes hospital-based facilities.

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Technical notes

Creation of the Inventory of Long-Term Care Places mailing file

The file was created by the Long-Term Care Statistics Branch (LTCSB) of the National Center for Health Statistics. The starting point for nursing and related care homes was the final data tape from the 1982 National Master Facility Inventory plus new facilities added through April 1984. The starting point for facilities for the mentally retarded was a 1982 study by the University of Minnesota's Center for Residential and Community Services (CRCS) (Hill and Lakin, 1984). There were approximately 26,000 nursing and related care homes and 15,000 mental retardation (MR) facilities on these two original files.

To update the files, letters were sent to over 200 State and national agencies in July 1985 asking them to send to LTCSB any and all listings that they maintained for nursing and related care homes, and MR facilities. In September, the LTCSB sent followup letters to those agencies that had not responded. These followup letters would very often name the specific types of facilities that each agency was known to license or regulate. Additional contacts were made to nonresponding agencies during October, November, and December.

The Minnesota CRCS file included places that were obtained through contacts with local area MR sources. Because of extremely tight time constraints, LTCSB was unable to contact all of these local area sources. The only ones contacted

were those sources that were located in States where the number of MR facilities reported by LTCSB sources was significantly lower than the number reported by CRCS.

As the listings and directories of facilities were received, they were manually matched against the 26,000 nursing homes or 15,000 MR facilities. Any facility that could not be found on these two original files was considered "new" and was assigned a unique identification number. This number, along with the new facility's name and address, was added to the appropriate nursing home or MR file.

Mailout

The first questionnaire mailout was begun by the U.S. Bureau of the Census on February 14, 1986, and this was followed by a reminder letter a week later. On March 14, a second questionnaire mailout was sent to all nonresponding facilities, and on April 4 a third mailout was sent to the remaining nonrespondents.

By the end of the third mailout, nearly 3,300 questionnaires were returned by the U.S. Postal Service. These were reviewed to determine which ones would be eligible for the telephone and personal interview followup. As a result of this review, approximately 1,900 were declared out of scope and removed from the survey. About 1,400 cases were declared eligible for field followup. The field followup was completed in July, bringing the final overall response rate to 96 percent.

AIDS Knowledge and Attitudes for September 1987

Provisional Data From the National Health Interview Survey

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Introduction

The National Center for Health Statistics has introduced a special set of supplemental questions on the adult population's knowledge and attitudes about acquired immunodeficiency syndrome (AIDS) in the National Health Interview Survey (NHIS). This report presents provisional findings for September, the second month of data collection with the AIDS questionnaire. Data for August 1987 have been published in NCHS *Advance Data From Vital and Health Statistics*, No. 146.

The AIDS questionnaire was designed to provide baseline estimates of public knowledge and attitudes about AIDS transmission and prevention of AIDS virus infection and to measure changes in knowledge and attitudes over time. The data also were needed as input for the planning and development of AIDS educational campaigns and for evaluation of major educational efforts.

The AIDS questionnaire was developed by the National Center for Health Statistics and interagency working groups established by the Information, Education and Risk Factor Reduction Subcommittee of the Public Health Service Executive Task Force on AIDS. The working groups included representatives from the Centers for Disease Control; the National Institutes of Health; the Alcohol, Drug Abuse and Mental Health Administration; and the Health Resources and Services Administration.

The questionnaire includes items on self-assessment of knowledge about AIDS; sources of information about AIDS; knowledge about AIDS and AIDS-related risk factors, modes of transmission, and blood tests for the AIDS virus; plans to take such a test; recent experience with blood donation; self-assessment of chances of getting AIDS; personal knowledge of people with AIDS or the

AIDS virus; and finally, willingness of respondents to take part in a proposed national seroprevalence study.

This report presents provisional data for all AIDS questionnaire items. Table 1 displays percent distributions of persons 18 years of age and over by response categories according to age, sex, race, and marital status. In most cases, the actual question asked of the respondent is reproduced verbatim in table 1, along with the response categories. In a few cases, questions or response categories have been rephrased or combined. Refusals and other nonresponses are excluded from the denominator in the calculation of estimates, but responses of "don't know" are included.

Selected findings

There are signs that the U.S. public's knowledge about AIDS increased slightly between August and September 1987, especially in the areas of general information concerning the characteristics of the disease and its modes of transmission. The following highlights describe the September data, noting any topic areas where the results are significantly different from those obtained in August.

Awareness of AIDS—Virtually everyone (more than 99 percent) has heard of AIDS. More than three-fourths (77 percent) of adults last saw, heard, or read something about AIDS within 3 days of the NHIS interview, an increase from 74 percent in August.

Self-perceived knowledge—Twenty percent of adults 18 years of age and over feel that they know a lot about AIDS compared to most people; 43 percent feel they know some; 28 percent feel they know a little; and 9 percent feel they know nothing about AIDS. As was the case in August, adults 50 years and over are more likely than younger

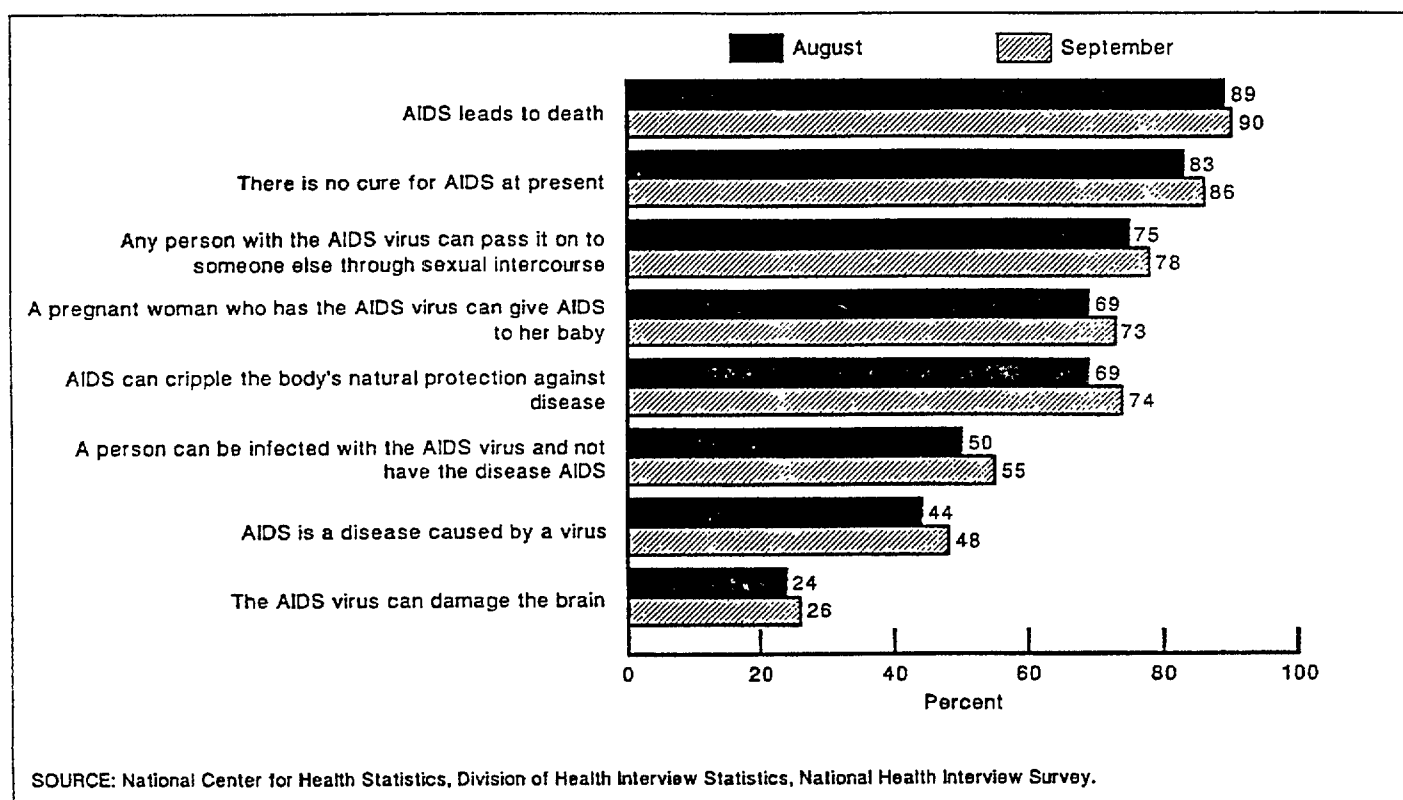


Figure 1. Provisional estimates of percent of adults 18 years of age and over who think selected statements about AIDS are definitely true: United States, August and September, 1987

adults to state that they know nothing about AIDS and less likely to think that they know a lot. Black individuals are more than twice as likely as white individuals to state that they know nothing about AIDS (20 percent compared to 8 percent).

General knowledge—Figure 1 shows the percents of adults answering “definitely true” to selected knowledge questions. For a number of these questions, there were small but statistically significant increases between August and September in the proportions of adults answering correctly. The majority of respondents (90 percent) continue to be certain that AIDS leads to death. Increased proportions think it is definitely true that there is no cure for AIDS at present (86 percent compared to 83 percent in August), that anyone with the AIDS virus can transmit it to other individuals through sexual intercourse (78 percent, up from 75 percent in August), and that a pregnant woman can transmit AIDS to her baby (73 percent, up from 69 percent). There also were increases between August and September in the percent of adults who think it is definitely true that AIDS can cripple the body’s natural protection against disease (74 percent compared to 69 percent), that a person can be infected with the AIDS virus and not have the disease AIDS (55 versus 50 percent), and that AIDS is caused by a virus (48 versus 44 percent). Another indication of improved public knowledge lies in the increased proportions of adults who think it is definitely false that AIDS is especially common in older people (69 percent in September compared to 65 percent in August), that you can tell if a person has AIDS just by looking at them (71

compared to 65 percent), and that there is a vaccine to prevent the AIDS virus (69 percent compared to 65 percent).

Despite these areas of improvement, there continues to be a great deal of uncertainty about the causes of AIDS and about the relationship between the AIDS virus and the disease AIDS. For the most part, the lowest levels of general knowledge are found among adults 50 years of age and over, confirming their own self-assessment that they know relatively little about the disease.

Transmission of the AIDS virus—Most Americans are aware of the ways in which the AIDS virus is most likely to be transmitted. More than 9 out of 10 adults say it is very likely that a person will get AIDS from having sex with a person who has AIDS (94 percent) or from sharing needles for drug use with someone who has AIDS (93 percent). The level of misinformation about modes of transmission, particularly from casual contact, continues to be high; however, there is some evidence of improvement in this area. Donating blood is still considered a likely way of getting the AIDS virus by one-fourth (26 percent) of adults, but the percent who think it is definitely not possible to transmit the virus by blood donation has increased from 18 to 21 percent. There also have been increases in the proportions of adults who think it is impossible to transmit the virus by working near someone with AIDS (21 percent in September compared to 18 percent in August), by shaking hands with or touching someone with AIDS (26 compared to 22 percent), by kissing on the cheek someone with AIDS (23 compared to 19 percent), and by attending

school with a child who has AIDS (24 compared to 20 percent).

Black adults continue to be more likely than white adults to perceive a threat of AIDS virus infection from many sources of casual contact. There are few differences by age, sex, and marital status in knowledge or misinformation about the transmission of AIDS.

Blood test for the AIDS virus—A number of questions were asked about blood tests for the AIDS virus. Overall, 72 percent of adults have heard of the blood test, about the same as in August (70 percent). Persons 30-49 years of age are most likely (82 percent) and persons 50 years of age and over least likely (57 percent) to have heard of the test. Although there is widespread awareness that a blood test for the AIDS virus is available, there appears to be some misunderstanding about the purpose of the test. Forty percent of adults (56 percent of those who have heard of the test) erroneously believe that the blood test results tell whether a person has the disease AIDS.

As was the case in August, 7 percent of respondents report having had their blood tested for the AIDS virus, including 2 percent who voluntarily said that they were tested because of a blood donation or transfusion. (On the other hand, about 12 percent report having given blood since January 1985, the approximate date when routine testing of donated blood began.) These provisional data indicate that adults under age 30 are almost four times as likely to have had the AIDS blood test as persons 50 years of age and over. In addition, 11 percent of all adults have thought about having the AIDS test, and 5 percent say they plan to be tested in the next 12 months. Thirteen percent of Americans age 18 years and over know someone who has had the AIDS blood test.

Risk of getting AIDS—Most adults believe that they (and the people that they know) are at little or no risk of AIDS infection. Nine in 10 feel that there is no chance (60 percent) or a low chance (31 percent) of getting AIDS themselves. More than 6 in 10 say that the chance of someone they know getting AIDS is low (38 percent, up from 34 percent in August) or nonexistent (26 percent). Seven percent of adults report personally knowing someone with the AIDS virus.

AIDS prevention—Almost 9 out of 10 Americans realize that both celibacy and restricting sexual activity to a monogamous relationship with a person who does not have the AIDS virus are very effective ways to avoid infection with the virus. One-third (33 percent) think that using condoms is a very effective way to avoid the virus, and an additional 49 percent consider this method somewhat effective. Fifty-nine percent of the adults in the United States think that using a diaphragm is not an effective way to avoid getting the AIDS virus, an increase over the August estimate of 56 percent. An equal proportion (59 percent compared to 54 percent in August) feel that using spermicides is ineffective in AIDS prevention.

AIDS discussion and education—Two-thirds of adults (68 percent) have discussed AIDS with friends or relatives. Persons age 50 and over are the least likely to have done so. Of adults with children between the ages of 10 and 17, 61 percent have talked with their children about AIDS (14 percent of all adults). Forty-two percent of those with children in this age range report that their children have received instruction about AIDS at school, an increase over the August estimate of 35 percent.

Symbols

- Quantity zero
 - 0 Quantity more than zero but less than 0.5
-

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, September 1987

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
Percent distribution ¹										
Total	100	100	100	100	100	100	100	100	100	100
1. Have you ever heard of AIDS? When was the last time you saw, heard, or read something about AIDS?										
0-3 days ago	77	69	79	81	78	76	79	71	79	73
4-7 days ago	13	16	13	10	12	13	13	15	13	13
8-14 days ago	3	4	3	2	2	3	2	4	3	3
15-31 days ago	3	5	3	2	3	3	3	4	2	4
More than 31 days ago	2	3	1	1	2	2	1	3	1	3
Never heard of AIDS	0	1	0	0	1	0	0	1	0	1
Don't know	3	2	2	4	2	3	2	3	2	4
2. Compared to most people, how much would you say you know about AIDS?										
A lot	20	22	26	13	23	18	21	13	20	21
Some	43	49	47	33	40	45	43	37	44	40
Little	28	25	23	35	27	28	27	30	28	28
Nothing	9	4	4	19	10	9	8	20	8	11
Don't know	0	-	-	0	0	0	0	0	0	0
3a. AIDS is a disease caused by a virus.										
Definitely true	48	58	53	34	53	44	48	49	46	52
Probably true	28	27	29	27	26	29	28	22	29	25
Probably false	4	3	2	5	3	4	4	2	4	3
Definitely false	4	3	4	6	4	5	4	6	5	3
Don't know	17	9	12	28	15	18	16	21	17	17
3b. AIDS can cripple the body's natural protection against disease.										
Definitely true	74	78	81	63	77	72	76	60	76	71
Probably true	15	14	12	20	14	16	15	17	14	17
Probably false	1	1	1	1	1	1	1	2	1	1
Definitely false	1	2	1	1	1	1	1	3	1	1
Don't know	9	5	5	15	8	9	7	19	8	9
3c. AIDS is especially common in older people.										
Definitely true	0	1	0	1	0	1	0	3	0	1
Probably true	1	2	1	1	1	1	1	3	1	2
Probably false	21	25	18	21	20	22	21	19	20	24
Definitely false	69	65	75	64	69	69	70	59	72	63
Don't know	9	7	6	13	9	8	7	16	8	11
3d. The AIDS virus can damage the brain.										
Definitely true	26	23	25	30	27	26	26	30	27	26
Probably true	32	33	31	34	32	33	32	31	32	34
Probably false	8	9	10	5	9	7	8	6	8	8
Definitely false	6	7	9	2	7	5	6	4	6	5
Don't know	27	27	25	30	26	28	27	29	28	26
3e. AIDS usually leads to heart disease.										
Definitely true	7	6	6	9	7	7	7	10	7	7
Probably true	22	20	21	24	20	23	21	27	21	22
Probably false	18	21	22	12	21	16	19	13	18	18
Definitely false	14	16	18	8	15	13	14	11	14	13
Don't know	39	37	34	48	36	42	40	39	39	40
3f. AIDS leads to death.										
Definitely true	90	92	91	89	88	92	91	89	90	91
Probably true	8	7	7	8	9	6	8	7	8	7
Probably false	0	0	0	0	0	0	0	-	0	0
Definitely false	0	0	0	-	0	0	0	0	0	0
Don't know	2	0	1	3	2	1	1	3	1	2
4a. Where do you get most of your information about AIDS? ²										
Television	82	81	80	86	82	83	82	86	83	81
Newspapers	60	46	63	68	65	56	63	41	65	52
Magazines	28	28	31	25	22	33	29	19	28	27
Radio	8	6	9	9	10	6	8	8	9	6
Relatives and friends	7	8	8	4	7	6	7	4	6	8
Brochures/fliers/pamphlets	7	8	8	5	7	7	6	12	7	8
Doctor/HMO/clinic	5	5	7	4	5	6	5	9	5	7
Other	15	20	18	8	17	14	15	15	15	17
Don't know	0	0	0	0	1	0	0	0	0	0
4b. Of the sources you just told me, from which one do you get the most information?										
Television	56	60	51	58	55	57	55	66	56	55
Newspapers	21	14	21	26	23	18	22	10	22	18
Magazines	9	9	11	7	7	11	9	6	9	9
Brochures/fliers/pamphlets	2	3	2	2	2	2	2	2	2	2
Doctor/HMO/clinic	2	2	3	1	2	2	2	5	2	3
Other	10	13	12	5	11	9	9	10	9	11
Don't know	1	0	1	1	1	1	1	0	1	1

See footnotes at end of table

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, September 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
5a. If you wanted more specific information about AIDS, where would you get it? ²					Percent distribution ¹					
Doctor/HMO/clinic	57	57	60	55	55	60	58	50	60	53
Public health department	17	14	19	17	18	16	17	15	17	16
Library	12	17	14	6	11	13	12	13	13	12
AIDS hot line	8	10	8	5	7	8	8	8	6	10
Other	26	28	29	21	28	24	25	30	25	28
Don't know	12	10	8	19	13	12	12	12	12	13
5b. Which one source would you most likely use?										
Doctor/HMO/clinic	46	46	46	48	44	48	47	42	48	43
Public health department	12	10	13	13	14	11	13	10	12	12
Library	8	12	10	4	7	9	8	10	8	8
AIDS hot line	6	7	6	4	5	6	6	7	5	8
Other	15	15	16	13	17	13	14	18	14	15
Don't know	13	10	9	19	13	12	12	13	12	14
6a. A person can be infected with the AIDS virus and not have the disease AIDS.										
Definitely true	55	54	63	45	53	56	57	40	57	50
Probably true	25	23	23	27	27	23	25	24	24	25
Probably false	3	5	3	3	4	3	3	7	3	4
Definitely false	4	7	3	2	4	4	3	8	3	5
Don't know	14	11	8	22	13	14	12	21	13	15
6b. You can tell if people have the AIDS virus just by looking at them.										
Definitely true	1	1	1	1	1	1	1	1	1	1
Probably true	4	5	2	5	3	5	4	5	3	5
Probably false	15	13	15	17	16	15	15	16	15	15
Definitely false	71	75	75	61	71	70	72	65	72	67
Don't know	10	6	6	16	9	10	9	14	8	12
6c. Any person with the AIDS virus can pass it on to someone else during sexual intercourse.										
Definitely true	78	81	79	75	76	80	78	75	79	77
Probably true	17	15	17	18	19	15	17	15	17	17
Probably false	0	0	1	1	1	0	0	0	1	0
Definitely false	1	1	1	0	1	1	1	2	0	1
Don't know	4	3	3	7	4	4	3	8	4	5
6d. A pregnant woman who has the AIDS virus can give AIDS to her baby.										
Definitely true	73	76	77	67	69	77	73	73	74	71
Probably true	19	18	16	24	23	16	20	16	18	21
Probably false	0	0	1	0	0	0	0	1	0	1
Definitely false	0	0	0	0	0	0	0	1	0	0
Don't know	7	6	6	9	8	6	7	9	7	7
6e. There is a vaccine available to the public that protects a person from getting the AIDS virus.										
Definitely true	1	1	1	2	1	1	1	2	1	1
Probably true	3	4	3	3	3	3	2	9	3	4
Probably false	11	14	9	10	11	11	10	13	10	12
Definitely false	69	70	77	60	72	67	72	51	71	66
Don't know	15	12	10	25	13	18	14	25	15	16
6f. There is no cure for AIDS at present.										
Definitely true	86	86	88	83	85	86	87	76	87	84
Probably true	8	7	7	10	9	8	8	11	7	9
Probably false	1	1	1	1	1	1	1	1	1	1
Definitely false	2	2	2	1	2	2	1	4	1	2
Don't know	4	3	3	5	4	4	3	8	4	4
7. How likely do you think it is that a person will get the AIDS virus from—										
7a. Receiving a blood transfusion?										
Very likely	36	36	31	40	33	38	32	54	34	38
Somewhat likely	32	31	32	33	30	33	33	29	32	31
Somewhat unlikely	13	15	15	8	13	12	14	5	13	12
Very unlikely	15	15	18	11	19	11	17	4	16	13
Definitely not possible	1	1	1	0	1	1	1	1	0	1
Don't know	4	3	3	7	4	4	4	7	4	4
7b. Donating or giving blood?										
Very likely	10	10	9	11	10	10	8	24	9	11
Somewhat likely	16	19	13	17	16	16	15	23	15	17
Somewhat unlikely	13	14	11	13	13	13	13	13	12	14
Very unlikely	34	35	38	30	35	33	36	21	36	31
Definitely not possible	21	19	26	19	21	21	23	10	22	20
Don't know	6	3	3	11	5	7	5	9	5	7

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, September 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
Percent distribution ¹										
7c. Living near a hospital or home for AIDS patients?										
Very likely	1	2	1	1	2	1	1	3	1	2
Somewhat likely	5	5	5	4	5	5	4	7	5	5
Somewhat unlikely	10	11	10	10	11	9	10	15	10	11
Very unlikely	40	44	41	37	43	38	41	40	41	40
Definitely not possible	36	34	38	36	33	39	38	25	37	35
Don't know	7	4	5	11	6	7	6	10	7	7
7d. Working near someone with AIDS?										
Very likely	3	3	3	4	3	4	3	7	3	3
Somewhat likely	15	15	15	16	15	15	15	18	15	16
Somewhat unlikely	16	17	16	13	17	15	15	15	16	14
Very unlikely	36	38	38	33	39	34	37	31	37	36
Definitely not possible	21	22	21	20	18	23	22	16	20	22
Don't know	9	5	6	14	7	10	8	13	9	9
7e. Eating in a restaurant where the cook has AIDS?										
Very likely	10	11	10	10	10	11	9	19	10	12
Somewhat likely	26	26	24	28	27	25	27	20	27	24
Somewhat unlikely	16	18	16	13	16	15	16	9	15	16
Very unlikely	26	25	29	22	26	25	26	23	26	24
Definitely not possible	11	12	12	10	10	12	11	10	11	11
Don't know	11	8	9	16	11	12	10	20	11	12
7f. Kissing—with exchange of saliva—a person who has AIDS?										
Very likely	35	36	33	36	36	34	34	45	35	35
Somewhat likely	34	34	34	35	34	35	35	28	35	34
Somewhat unlikely	10	11	12	7	12	9	10	8	9	11
Very unlikely	9	10	11	7	9	9	9	6	9	8
Definitely not possible	2	3	2	2	2	2	2	2	2	3
Don't know	9	7	8	13	8	11	9	10	9	9
7g. Shaking hands with or touching someone who has AIDS?										
Very likely	2	2	2	3	2	2	2	4	2	2
Somewhat likely	11	11	11	11	12	10	11	14	11	11
Somewhat unlikely	17	18	16	18	18	16	17	18	17	17
Very unlikely	38	39	41	33	39	37	38	32	39	34
Definitely not possible	26	27	27	23	24	27	26	20	25	28
Don't know	6	4	4	11	5	7	6	11	6	8
7h. Sharing plates, forks, or glasses with someone who has AIDS?										
Very likely	15	15	14	15	14	15	14	23	15	15
Somewhat likely	32	33	31	33	33	31	32	30	33	31
Somewhat unlikely	14	16	15	12	15	14	15	11	14	15
Very unlikely	19	17	23	17	20	19	20	13	20	19
Definitely not possible	10	10	11	9	8	11	10	8	10	10
Don't know	10	8	7	14	9	10	9	14	9	10
7i. Using public toilets?										
Very likely	9	11	7	11	7	11	8	17	9	10
Somewhat likely	22	22	20	25	22	22	22	26	22	22
Somewhat unlikely	16	18	17	12	17	15	16	12	15	16
Very unlikely	27	24	32	23	30	24	28	20	28	24
Definitely not possible	16	18	17	13	15	17	16	12	16	16
Don't know	10	7	8	15	8	12	9	14	10	11
7j. Sharing needles for drug use with someone who has AIDS?										
Very likely	93	95	94	89	92	93	93	87	93	93
Somewhat likely	5	4	4	6	5	4	4	6	5	5
Somewhat unlikely	0	0	—	0	—	0	0	—	0	0
Very unlikely	0	0	0	1	0	0	0	0	0	0
Definitely not possible	0	0	0	0	0	0	0	1	0	0
Don't know	2	1	1	4	2	2	2	5	2	2
7k. Kissing on the cheek a person who has AIDS?										
Very likely	4	3	4	5	4	4	3	9	4	3
Somewhat likely	14	16	12	15	16	13	14	20	14	15
Somewhat unlikely	19	21	20	17	21	18	19	19	19	21
Very unlikely	33	32	35	31	34	32	34	24	34	29
Definitely not possible	23	25	25	19	21	25	23	16	22	24
Don't know	7	4	5	13	6	9	6	12	7	7
7l. Being coughed or sneezed on by someone who has AIDS?										
Very likely	11	11	11	12	11	12	11	18	11	12
Somewhat likely	29	29	24	34	30	28	29	27	29	29
Somewhat unlikely	17	17	19	14	19	15	17	15	17	16
Very unlikely	22	23	25	17	23	21	23	17	23	21
Definitely not possible	10	11	11	8	9	11	10	9	9	11
Don't know	12	9	9	16	10	13	11	15	12	11

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, September 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
Percent distribution ¹										
7m. Attending school with a child who has AIDS?										
Very likely	2	2	2	3	2	2	2	5	2	3
Somewhat likely	12	12	12	12	13	11	11	15	12	12
Somewhat unlikely	17	17	18	15	17	17	16	17	17	16
Very unlikely	36	37	38	33	39	34	38	30	37	35
Definitely not possible	24	26	24	22	22	26	25	18	23	26
Don't know	9	6	6	14	8	10	8	15	9	9
7n. Mosquitoes or other insects?										
Very likely	10	13	9	9	11	9	9	18	9	12
Somewhat likely	25	27	25	24	26	24	24	30	26	24
Somewhat unlikely	12	15	13	9	13	12	12	11	12	12
Very unlikely	21	20	22	18	22	19	22	11	21	19
Definitely not possible	12	10	12	12	8	14	12	8	12	11
Don't know	21	15	18	28	19	22	21	22	20	22
7o. Pets or animals?										
Very likely	3	4	3	3	3	3	2	8	2	4
Somewhat likely	10	13	8	11	11	9	10	14	11	10
Somewhat unlikely	11	14	13	7	13	9	11	12	11	12
Very unlikely	30	31	33	25	31	29	31	21	32	26
Definitely not possible	23	21	26	23	21	26	24	17	24	22
Don't know	22	18	18	31	21	24	21	27	20	26
7p. Having sex with a person who has AIDS?										
Very likely	94	96	93	92	92	95	94	92	94	94
Somewhat likely	4	3	5	3	5	3	4	3	4	4
Somewhat unlikely	0	0	1	0	1	0	0	—	0	0
Very unlikely	0	—	0	0	0	0	0	0	0	0
Definitely not possible	0	0	0	—	0	0	0	0	0	0
Don't know	2	1	1	4	2	2	1	5	2	2
8. Have you ever heard of a blood test for infection with the AIDS virus?										
Yes	72	77	82	57	73	72	73	61	73	70
No	25	21	16	38	24	25	24	35	24	27
Don't know	3	2	2	5	3	3	3	5	3	3
9. Does this test tell whether a person has the disease AIDS?										
Yes	40	44	43	33	40	40	40	39	40	40
No	22	23	29	14	23	21	23	12	24	19
Don't know	10	10	9	10	9	10	10	10	9	10
Never heard of test (no/don't know to q. 8)	28	23	18	43	27	28	27	39	27	30
10. If a person has a positive blood test for infection with the AIDS virus, does this mean that they can give someone else the AIDS virus through sexual intercourse?										
Yes	63	69	74	47	64	63	65	52	64	62
No	3	3	3	2	3	3	3	4	3	3
Don't know	6	6	5	7	5	6	6	4	6	5
Never heard of test (no/don't know to q. 8)	28	23	18	43	28	29	27	39	27	30
11. Have you ever had your blood tested for infection with the AIDS virus?										
Yes	5	7	5	2	6	4	4	8	4	6
Yes, in blood donation/transfusion	2	3	3	1	3	2	2	2	2	3
No	63	65	72	52	62	64	65	49	65	60
Don't know	2	2	1	2	2	2	2	2	2	2
Never heard of test (no/don't know to q. 8)	28	23	18	43	28	29	27	39	27	30
12a. Have you ever thought about having this blood test?										
Already had test	7	10	9	3	9	6	7	10	6	9
Yes	11	15	15	5	12	11	11	19	9	15
No	53	52	57	48	52	54	55	31	57	46
Don't know	—	—	—	—	—	—	—	—	—	—
Never heard of test (no/don't know to q. 8)	29	23	19	44	28	29	27	40	28	30
12b. Do you plan to be tested in the next 12 months?										
Already had test	7	10	9	3	9	6	7	10	6	9
Yes	5	7	5	1	5	4	4	11	3	7
No	5	5	6	2	5	5	5	3	4	5
Don't know	2	3	3	1	2	3	2	4	2	3
Never heard of test or thought about having test (no/don't know to q. 8 or q. 12a)	81	75	76	92	80	83	83	71	84	76

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, September 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

<i>AIDS knowledge or attitude</i>	<i>Total</i>	<i>Age</i>			<i>Sex</i>		<i>Race</i>		<i>Marital status</i>	
		<i>18-29 years</i>	<i>30-49 years</i>	<i>50 years and over</i>	<i>Male</i>	<i>Female</i>	<i>White</i>	<i>Black</i>	<i>Married</i>	<i>Unmarried</i>
13. Where would you go to have a blood test for the AIDS virus infection? ³					Percent distribution ¹					
Nowhere/wouldn't take test	—	—	—	—	—	—	—	—	—	—
AIDS clinic	3	4	3	2	5	1	2	5	1	5
Other clinic	25	27	23	24	25	24	24	25	24	26
Doctor/HMO	49	45	50	56	44	54	51	48	52	46
Red Cross/blood bank	2	3	1	3	1	2	2	2	1	2
Other	16	16	19	7	20	13	16	17	16	16
Don't know	5	5	4	8	4	6	5	3	5	5
14. Where would you go to find out where to have this blood test? ^{2,4}										
AIDS hot line	3	—	7	—	—	5	4	—	—	6
AIDS clinic	—	—	—	—	—	—	—	—	—	—
Other clinic	14	24	15	—	29	4	13	24	15	13
Doctor/HMO	40	12	39	76	44	37	45	—	26	54
Friends	—	—	—	—	—	—	—	—	—	—
Public health department	17	10	33	—	9	23	11	76	14	20
Other	6	10	7	—	—	10	4	—	—	13
Nowhere/wouldn't take test	—	—	—	—	—	—	—	—	—	—
Don't know	29	44	21	24	19	36	34	—	45	13
15. Have you donated blood since 1985?										
Yes	12	16	14	5	15	9	12	8	11	13
No	88	84	85	95	85	91	88	91	89	87
Don't know	0	0	0	—	0	0	0	0	0	0
16. Have you ever personally known anyone who had the blood test for the AIDS virus infection?										
Yes	13	18	17	5	13	13	14	10	12	15
No	85	81	82	93	85	85	85	87	86	83
Don't know	1	1	1	2	1	2	1	2	1	2
17. What are the chances of someone you know getting the AIDS virus?										
High	9	10	12	5	9	9	9	11	9	10
Medium	17	23	17	11	17	16	16	20	15	19
Low	38	38	43	32	42	35	40	24	41	33
None	26	23	21	33	23	28	25	27	26	25
Refused	0	—	0	—	0	—	0	—	0	—
Don't know	11	6	7	19	9	12	10	18	10	13
18. What are your chances of getting the AIDS virus?										
High	1	1	1	1	1	1	1	2	1	1
Medium	4	4	4	3	4	4	4	4	4	4
Low	31	36	36	21	35	27	31	27	29	34
None	60	56	56	68	57	63	60	60	62	56
Refused	0	0	0	—	0	0	0	—	0	0
Don't know	4	2	3	7	4	5	4	8	4	5
19. Here are methods some people use to prevent getting the AIDS virus through sexual activity. How effective is—										
19a. Using a diaphragm?										
Very effective	2	3	1	2	2	2	1	5	2	2
Somewhat effective	11	13	9	11	10	11	10	13	9	13
Not at all effective	59	58	69	48	59	58	61	43	62	53
Don't know how effective	21	18	16	29	20	21	21	25	21	21
Don't know method	8	8	5	11	9	7	7	14	6	10
19b. Using a condom?										
Very effective	33	37	35	27	33	33	34	27	33	33
Somewhat effective	49	48	53	45	49	48	50	40	50	46
Not at all effective	6	6	5	7	6	6	5	10	5	7
Don't know how effective	9	6	5	17	9	9	8	16	9	9
Don't know method	3	2	2	5	2	4	3	6	2	5
19c. Using a spermicidal jelly, foam, or cream?										
Very effective	1	2	1	1	1	2	1	4	1	2
Somewhat effective	12	12	13	11	12	13	12	16	11	14
Not at all effective	59	61	67	47	59	58	61	44	61	53
Don't know how effective	20	18	14	29	21	19	19	25	20	20
Don't know method	8	7	5	11	7	8	7	12	6	10
19d. Being celibate, that is, not having sex at all?										
Very effective	90	93	92	86	90	90	91	84	90	90
Somewhat effective	4	3	4	5	4	4	4	5	4	4
Not at all effective	1	1	1	1	1	1	1	2	1	1
Don't know how effective	3	2	2	6	3	4	3	8	4	3
Don't know method	1	0	1	2	1	2	1	2	1	2

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, September 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Marital status	
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Married	Unmarried
19e. Two people who do not have the AIDS virus having a completely monogamous relationship, that is, having sex only with each other?					Percent distribution ¹					
Very effective	85	87	90	79	86	85	87	77	87	83
Somewhat effective	7	8	6	9	7	8	7	10	7	9
Not at all effective	2	3	1	2	2	2	1	3	1	2
Don't know how effective	4	2	3	7	4	5	3	8	4	4
Don't know method	1	1	1	3	1	2	1	2	1	2
20. Have you ever discussed AIDS with a friend or relative?										
Yes	68	77	77	52	64	72	69	67	68	68
No	31	23	23	47	35	28	31	33	31	32
Don't know	0	—	0	1	0	0	0	0	1	0
21. When was the last time you discussed AIDS with a friend or relative?										
0-3 days ago	20	21	23	17	19	21	20	21	21	18
4-7 days ago	18	19	22	13	18	18	18	18	18	18
8-14 days ago	8	10	9	5	7	9	8	6	8	8
15-31 days ago	11	15	12	6	11	11	11	8	11	11
More than 31 days ago	7	9	7	5	6	7	7	7	6	8
Never discussed (no/don't know to q. 20)	33	24	24	50	37	29	33	35	33	33
Don't know	3	3	2	5	3	3	3	4	3	3
24. Have you ever discussed AIDS with [any of your children age 10-17]?										
Yes	14	1	32	3	12	15	13	16	18	7
No	9	2	19	3	12	6	8	14	11	5
Don't know	—	—	—	—	—	—	—	—	—	—
No children 10-17 years of age ⁵	77	97	49	94	76	78	78	71	71	89
25. Have your children had any instruction at school about AIDS?										
Yes	10	1	22	3	10	10	9	14	13	4
No	5	1	12	1	5	6	6	4	7	3
Don't know	8	1	17	2	9	6	7	10	9	5
No children 10-17 years of age ⁵	77	97	49	94	76	78	78	71	71	89
26. Have you ever personally known anyone with the AIDS virus?										
Yes	7	7	9	4	7	7	7	9	6	8
No	91	92	89	94	91	92	92	87	92	90
Don't know	2	1	2	1	2	2	1	3	1	2
27. Have you ever personally known anyone with AIDS?										
Yes	7	6	9	4	6	7	6	10	6	8
No	92	93	89	95	92	92	92	88	93	90
Don't know	1	1	2	1	1	1	1	2	1	2
28. The U.S. Public Health Service has said that AIDS is one of the major health problems in the country but exactly how many people it affects is not known. The Surgeon General has proposed that a study be conducted and blood samples be taken to help find out how widespread the problem is. If you were selected in this national sample of people to have their blood tested with assurances of privacy of test results, would you have the test?										
Yes	71	74	74	66	73	69	72	67	73	69
No	20	16	18	24	19	20	19	21	19	20
Other	3	3	3	3	2	4	3	2	3	3
Don't know	6	6	6	7	5	7	6	9	5	8
29. Would you want to know the results of the blood test? ⁶										
Yes	97	98	97	97	97	97	97	97	97	98
No	2	2	2	2	2	2	2	3	2	1
Don't know	1	1	1	1	1	1	1	1	1	1

¹Excludes persons for whom no response was recorded or who refused to respond. For question 2 through 27, total also excludes persons who never heard of AIDS.

²Multiple responses may sum to more than 100 percent.

³Based on persons answering yes to question 12a.

⁴Based on persons answering don't know to question 13.

⁵Based on question 22, Do you have any children aged 10-17? Question 23 was, How many do you have?

⁶Based on persons answering yes to question 28.

NOTE: Total, age, sex, and marital status include persons of other and unknown race not shown separately under race.

Technical notes

The National Health Interview Survey (NHIS) is a continuous, cross-sectional household interview survey. Each week, a probability sample of the civilian noninstitutionalized population is interviewed by personnel of the

Table I. Sample size for the National Health Interview Survey of AIDS Knowledge and Attitudes and estimated adult population 18 years of age and over, by selected characteristics: United States, September 1987

<i>Characteristic</i>	<i>Sample size</i>	<i>Estimated population in thousands</i>
All adults	3,097	174,528
Age		
18-29 years.	770	47,725
30-49 years.	1,196	66,109
50 years and over	1,131	60,695
Sex		
Male	1,273	82,703
Female	1,343	91,825
Race		
White	2,545	151,003
Black	461	19,107
Marital status		
Currently married	1,670	110,968
Unmarried	1,423	63,102

U.S. Bureau of the Census to obtain information on the health and other characteristics of each member of the household. Supplemental information is collected for all or a sample of household members. The AIDS knowledge and attitudes questions were asked of a single randomly chosen adult 18 years of age or over in each household. The estimates in this report are based on completed interviews with 3,097 persons, or about 85 percent of eligible respondents.

Table I contains the estimated population size of each of the demographic subgroups included in table 1 to allow readers to derive provisional estimates of the number of people in the United States with a given characteristic, for example, the number of men who have heard of AIDS. The population figures in table I are based on first-quarter 1987 data from the NHIS; they are not official population estimates. Table II shows approximate standard errors of estimates presented in table 1. Both the estimates in table 1 and the standard errors in table II are provisional. They may differ slightly from estimates made using the final data file because they were calculated using a simplified weighting procedure that does not adjust for all the factors used in weighting the final data file. The final data file covering the entire 5-month period of data collection, August through December 1987, will be available in 1988.

Table II. Standard errors, expressed in percentage points, of estimated percents from the National Health Interview Survey of AIDS Knowledge and Attitudes, by selected characteristics: United States, September 1987

<i>Estimated percent</i>	<i>Total</i>	<i>Age</i>			<i>Sex</i>		<i>Race</i>		<i>Marital status</i>	
		<i>18-29 years</i>	<i>30-49 years</i>	<i>50 years and over</i>	<i>Male</i>	<i>Female</i>	<i>White</i>	<i>Black</i>	<i>Married</i>	<i>Unmarried</i>
5 or 95	0.5	1.0	0.8	0.8	0.7	0.6	0.5	1.2	0.6	0.7
10 or 90	0.7	1.3	1.0	1.1	1.0	0.9	0.7	1.7	0.9	1.0
15 or 85	0.8	1.6	1.2	1.3	1.2	1.0	0.9	2.0	1.1	1.2
20 or 80	0.9	1.8	1.4	1.5	1.4	1.1	1.0	2.3	1.2	1.3
25 or 75	0.9	1.9	1.5	1.6	1.5	1.2	1.0	2.5	1.3	1.4
30 or 70	1.0	2.0	1.6	1.7	1.6	1.3	1.1	2.6	1.4	1.5
35 or 65	1.0	2.1	1.7	1.7	1.6	1.4	1.1	2.7	1.4	1.6
40 or 60	1.1	2.1	1.7	1.8	1.7	1.4	1.2	2.8	1.5	1.6
45 or 55	1.1	2.2	1.7	1.8	1.7	1.4	1.2	2.8	1.5	1.6
50	1.1	2.2	1.7	1.8	1.7	1.4	1.2	2.9	1.5	1.6

Aging in the Eighties, People Living Alone—Two Years Later

Data from the 1984 and 1986 Longitudinal Study of Aging Interviews

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Introduction

There is evidence that older people who live alone are more likely to become institutionalized than people who live with others (Branch and Jette, 1982), and that the risk is greater at older ages (Cohen, Tell, and Wallack, 1986). There is also evidence that people with strong social networks are more likely to survive and remain healthy than those without such social interaction (Berkman and Syme, 1979; House, Robins, and Metzner, 1982; Berkman, 1985; Seeman, Kaplan, Knudson et al, 1987). Data from the Supplement on Aging to the National Health Interview Survey showed that many of the people living alone in 1984 did have living children or siblings, had had recent contact with family or friends, or lived in housing without major barriers to movement (NCHS, 1986). If such factors do make it possible for people to remain in the community rather than becoming residents of nursing homes, identifying those factors will furnish guidelines for supporting the positive aspects and for identifying people at high risk of institutionalization and, perhaps, postponing or averting their institutionalization.

The Supplement on Aging had advantages over many other data sources in that there were many measures of functional health status in addition to measures of barriers in housing, contact with children, and recent social contacts. It also had a large national sample. The disadvantage was that there was no information about how these people fared as they grew older. That disadvantage has been partly overcome with the first reinterview of the oldest people 2 years later as part of the Longitudinal Study of Aging.

The data

In 1984 information on 16,148 people age 55 years and over was obtained through the Supplement on Aging to the

National Health Interview Survey (NCHS, 1987a). This supplement was designed to be the basis for a family of longitudinal studies that are known collectively as the Longitudinal Study of Aging.

The Longitudinal Study of Aging is a long-term collaborative project with the National Institute on Aging that involves matches with existing records, such as death certificates, for all of the people in the Supplement on Aging, and reinterviews with samples of people who were in the 1984 study (Fitti and Kovar, 1987; NCHS, 1987b). One part of the Longitudinal Study of Aging involved selecting a sample of 5,151 people who were age 70 years and over in 1984 to be reinterviewed in 1986.

There were 5,151 people selected for reinterview in 1986. The status of 92 percent was ascertained through the reinterview; 4,130 were still living, and 604 were deceased. Another 20 persons were identified as deceased through matching with the National Death Index for 1984 and 1985.

Information about the 1,921 people in the 1986 Longitudinal Study of Aging reinterview sample who had been living alone in 1984 is the basis of this report. The status of 91 percent, 1,743 persons, was ascertained in 1986 through the reinterview or the match with the National Death Index.

All estimates are national estimates for the population age 70 years and over who were living in the United States outside of institutions in 1984. A brief description of the study and the analytic methods are in the Technical notes; a full description of the study has been published (NCHS, 1987b).

Living alone or with others

In 1984 there were about 17 million people age 70 years and over living in the community in the United States—6 million were living alone and 11 million were living with

at least one other person (table A). Of the latter, 7 million were living with a spouse only and 4 million lived with other people. A sizable proportion of the last group was living with other people because of their health (Kovar and Harris, 1987). They were already having health problems and at high risk of death or institutionalization.

Table A. Status in 1986 of people age 70 years and over living in communities in 1984, according to living arrangements in 1984: United States

Status in 1986	Living arrangement in 1984				
	Total	Alone	With others		
			Total	Spouse only	All others
Population in thousands					
Total	17,335	6,351	10,984	6,963	4,021
Percent distribution					
Total	100.0	100.0	100.0	100.0	100.0
Alive	88.2	89.8	87.3	89.0	84.3
In community . .	84.8	85.3	84.5	87.2	79.8
Alone	34.0	77.8	9.2	8.1	11.1
With others. . . .	50.8	7.4	75.3	79.1	68.8
In institution . .	3.4	4.6	2.8	1.8	4.5
Dead	11.8	10.2	12.7	11.0	15.7

Although the people who were living alone were, on the average, older than those living with others in 1984, they were not more likely to have died within the 2 years. This is partly because the majority of the people living alone were women, and women, on the average, live longer than men. However, people who had been living alone were more likely to be in nursing homes 2 years later than people who had been living with others. Again, this may be partly because of being women; older women are more likely to be in nursing homes than older men (NCHS, 1987c).

Most of the older people had the same living arrangements in 1986 that they had had 2 years earlier. Of the people who had been living alone in 1984, 78 percent were still living alone 2 years later; of those who had been living with others, 75 percent were living with others 2 years later.

The data from the 1986 Longitudinal Study of Aging reinterview confirm earlier research. Although few people were in nursing homes 2 years later, the percent of those who had been living alone who were in nursing homes was higher than the percent of those who had been living with others. Moreover, when only people who were not receiving help with one or more Activities of Daily Living in 1984 are considered, the percent remained higher (3.7 versus 1.6 percent), although the difference is not statistically significant.

People living alone

Of all the factors associated with entering a nursing home, age and functional status at the time of the original interview are the most powerful. The two are, of course, associated; people in their eighties are more likely to be in

poor health than people in their seventies. It is health status, however, not age per se, that leads to either death or institutionalization (Kovar, 1987).

People who are receiving help with one or more Activities of Daily Living (bathing, eating, dressing, transferring, walking, getting outside, using the toilet) are more likely to have died or become institutionalized 2 years later than those who were not receiving such help (Kovar, 1987). Only 7.5 percent of the people age 70 years and over living alone were receiving help with one or more Activities of Daily Living (ADL) in 1984 (table 1). Although only 10 percent of the people who had been living alone had died and only 5 percent had moved into nursing homes, 25 percent of the people living alone who had been receiving help with one or more ADL's had died and 16 percent were in nursing homes 2 years later (table B).

Table B. Status in 1986 of people age 70 years and over living alone in 1984, according to help status in 1984: United States

Help status in 1984					
Status in 1986	Total	Help with—			No difficulty
		ADL ¹	IADL's ²	Neither	
Population in thousands					
Total	6,351	478	1,204	768	3,901
Percent distribution					
Total	100.0	100.0	100.0	100.0	100.0
In community. . .	85.3	59.1	77.6	83.4	91.1
Alone	77.8	52.0	67.4	80.5	83.7
With others. . .	7.4	7.1	10.2	2.9	7.5
In institution. . . .	4.6	15.9	7.9	5.9	1.9
Dead	10.2	24.9	14.5	10.7	7.0

¹ ADL is Activity of Daily Living

² IADL is Instrumental Activity of Daily Living.

Therefore, it is important to determine whether barrier-free housing, frequency of seeing children, and contacts with family and friends are associated with receiving such help. Some of these measures were associated with functional status. People who needed to have their major living components on one floor or who needed a walk-in shower were significantly more likely than others to be receiving help with one or more ADL's (table 1). People who had at least one child who could be with them within 10 minutes or who saw or talked with at least one child daily were more likely to be receiving help than people who saw or talked with their children less frequently (table 2). People who had not gotten together or talked on the telephone with friends or neighbors or who had not gone to religious or social events were significantly more likely than those who had to be receiving help with one or more ADL's (table 3). In contrast, neither the housing characteristics shown in table 1 nor having had recent contact with relatives was significantly associated with receiving such help.

Therefore, associations between the social and environmental characteristics and survival or remaining in the community should be evaluated for people who were not already receiving help at the beginning of the study.

The data on status in 1986 for people who were living alone and who were not receiving help with any Activities of Daily Living in 1984 are shown in tables 4-6. Their status 2 years later was better than that of the total group. Only 9.0 percent of these people (rather than 10.2 percent) had died and 3.7 percent (rather than 4.6 percent) were in nursing homes 2 years later.

It is obvious from table 4 that the need for appropriate housing measures something different from the receipt of help. People needing appropriate housing were significantly more likely to have died or to be institutionalized 2 years later than people who did not have such a need. Having major living areas on one floor is not sufficient; the difference between those with and without a need for such facilities is significant even for people who had them.

The association between seeing at least one child daily and living with someone else 2 years later is statistically significant. None of the other associations in table 5 is statistically significant, although there is a suggestion that people without children or who do not live very close to at least one child are more likely to be in institutions rather than living with others 2 years later.

All of the associations between recent nonfamilial social contacts in 1984 and death 2 years later shown in table 6 are statistically significant. People who had had no contact with friends or neighbors within 2 weeks and who were still in the community 2 years later were also more likely to be living with others. However, recent contacts with relatives were not significantly associated with the older person's status 2 years later, and there were no statistically significant associations with institutionalization.

Summary

Older people who had been living alone were more likely than those living with others to be in a nursing home 2 years later. However, there is evidence of a progression; people live alone, then with other people if others are available, then they may become nursing home residents.

Older people who die or who become residents of nursing homes do so not because they are old or because they have no family to provide care but because they are sick people. Regardless of whether people had been living alone or with others, people who had been receiving help with any Activity of Daily Living were more likely to be in a nursing home or to have died 2 years later.

Even when only people who had not been receiving help with any Activity of Daily Living in 1984 are considered, the data from the Longitudinal Study of Aging 1986 reinterview show that people who had had recent contact with friends or neighbors are more likely to be alive, and people with children whom they see daily are more likely to live with others 2 years later. Although the data are not in this report, they also suggest that people who had living brothers and sisters were more likely to survive the 2-year period.

There are multiple confounders in studying aging and remaining independent. It is not sufficient to study only physical or functional health, barriers to movement, availability of family, or social contacts. All of these may function as protection against institutionalization or early death. Many may be associated with other things not measured or have interrelationships with one another that were not measured. The study included no question, for example, asking why people had no living children. It is possible that they never had children because of their ill health early in life or that their children died early. It is possible that those without living siblings had had siblings who died prematurely. The survivors may share a genetic predisposition that would leave them alive but in poor health.

Many of the relationships are only suggestive. Most of the people who were age 70 years and over and living alone in 1984, 78 percent of the people whose status in 1986 was confirmed, were still living alone 2 years later. The major reason people were not still living alone was death. The second reason was that they were now living with others, usually children. Although people who had been living alone were more likely to be in nursing homes 2 years later than those who had been living with others, only 4.6 percent were in nursing homes in contrast with 85 percent who were still living in the community outside of nursing homes. More people who had been living alone were living with others 2 years later than were in nursing homes.

Two years is a very short period in which to observe change. Older people who are not already dependent are not highly likely to die or become institutionalized in that time. Most of the people had had no change in their living arrangements; they had been living alone in 1984 and were still living alone 2 years later. It will take a longer time period, with more opportunity for change to occur, to confirm relationships that these data suggest.

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Table 1. People who were 70 years and over and living alone by housing characteristics and whether they were receiving help with one or more Activities of Daily Living in 1984: United States

Housing characteristics	Sample	Total	Whether receiving help		Percent
			No	Yes	
	Number	Population in thousands			
All people	1,921	6,351	5,873	478	7.5
Steps to outside					
No	408	1,365	1,265	99	7.3
Yes	1,513	4,986	4,607	379	7.6
Levels inside					
One	1,188	3,928	3,631	297	7.6
More than one	733	2,423	2,242	181	7.5
Need bedroom, bathroom, kitchen on same floor					
Yes	653	2,008	1,590	418	20.8
No	1,268	4,343	4,282	60	1.4
Have bedroom, bathroom, kitchen on same floor					
Yes	1,762	5,816	5,359	456	7.8
Needed ¹	627	1,911	1,502	409	21.4
Not needed	1,135	3,905	3,858	47	1.2
No	159	535	513	22	4.1
Needed ¹	26	97	89	9	8.8
Not needed	133	438	425	13	3.1
Need walk-in shower					
Yes	321	954	729	225	23.6
No	1,600	5,397	5,144	253	4.7
Have walk-in shower					
Yes	325	1,102	1,041	61	5.5
Needed ¹	79	242	208	34	14.1
Not needed	246	859	832	27	3.1
No	1,596	5,249	4,832	417	7.9
Needed	242	712	520	191	26.9
Not needed	1,354	4,537	4,312	226	5.0

¹ Fewer than 100 sample persons

Table 2. People who were 70 years and over and living alone by contacts with children and whether they were receiving help with one or more Activities of Daily Living in 1984: United States

Contact with children	Sample	Total	Whether receiving help		Percent
			No	Yes	
	Number	Population in thousands			
All people.	1,921	6,351	5,873	478	7.5
No living children	530	1,744	1,665	79	4.5
WITH LIVING CHILDREN					
Sex of children					
Sons only.	362	1,166	1,101	64	5.5
Daughters only	326	1,112	1,017	95	8.5
Both	702	2,327	2,087	241	10.3
Time for nearest child to get here					
Within 10 minutes.	406	1,338	1,159	179	13.4
10 minutes or more.	985	3,269	3,049	221	6.7
Frequency of seeing a child					
Daily	376	1,209	1,041	167	13.8
2-6 times a week	285	927	838	88	9.5
Weekly	280	948	869	80	8.4
Less than weekly	450	1,524	1,459	64	4.2
Frequency of talking with a child					
Daily	564	1,832	1,594	237	13.0
2-6 times a week	267	903	854	49	5.4
Weekly	254	866	826	40	4.6
Less than weekly	306	1,007	934	73	7.3
Frequency of seeing or talking with a child					
Daily	680	2,188	1,917	271	12.4
2-6 times a week	276	930	873	57	6.2
Weekly	236	821	786	35	4.2
Less than weekly	199	668	632	36	5.4

Table 3. People who were 70 years and over and living alone by recent social contacts and whether they were receiving help with one or more Activities of Daily Living in 1984: United States

Contacts within 2 weeks	Sample	Total	Whether receiving help		Percent
			No	Yes	
	Number	Population in thousands			
All people.	1,921	6,351	5,873	478	7.5
Got together with friends or neighbors					
Yes.	1,366	4,609	4,358	251	5.4
No	555	1,742	1,515	227	13.0
Talked on telephone with friends or neighbors					
Yes.	1,606	5,323	4,984	339	6.4
No	315	1,027	888	139	13.5
Got together with relatives					
Yes.	1,466	4,897	4,514	383	7.8
No	455	1,454	1,358	95	6.6
Talked on telephone with relatives					
Yes.	1,650	5,462	5,060	402	7.4
No	271	889	813	76	8.6
Went to church or synagogue					
Yes.	982	3,300	3,189	111	3.4
No	939	3,051	2,684	367	12.0
Went to other group event					
Yes.	488	1,724	1,688	36	2.1
No	1,433	4,627	4,185	442	9.6

Table 4. Status in 1986 of people who were 70 years and over, living alone and not receiving help with Activities of Daily Living in 1984, according to housing characteristics in 1984: United States

Housing characteristics in 1984	Status in 1986					
	In community					Dead
	Total	Total	Alone	With		
				others	Institution	
Percent distribution						
All people	100.0	87.3	79.9	7.5	3.7	9.0
Steps to outside						
No	100.0	85.8	79.3	6.5	4.9	9.3
Yes	100.0	87.8	80.0	7.7	3.3	8.9
Levels inside						
One.	100.0	87.3	80.0	7.3	3.4	9.3
More than one	100.0	87.4	79.7	7.7	4.1	8.5
Need bedroom, bathroom, kitchen on same floor						
Yes	100.0	78.2	70.0	8.2	6.7	15.1
No	100.0	90.6	83.5	7.2	2.6	6.8
Have bedroom, bathroom, kitchen on same floor						
Yes	100.0	86.7	79.5	7.3	3.8	9.4
Needed	100.0	77.2	70.1	7.1	7.1	15.7
Not needed	100.0	90.4	83.0	7.3	2.6	7.1
No	100.0	93.6	84.2	9.4	1.8	4.6
Needed ¹	100.0	94.9	68.8	26.0	0.0	5.1
Not needed	100.0	93.3	87.6	5.7	2.2	4.5
Need walk-in shower						
Yes	100.0	75.2	65.3	9.9	6.3	18.6
No	100.0	89.0	81.9	7.1	3.3	7.7
Have walk-in shower						
Yes	100.0	86.9	76.4	10.4	4.0	9.1
Needed ¹	100.0	69.4	58.9	10.4	6.7	24.0
Not needed	100.0	91.2	80.7	10.4	3.4	5.5
No	100.0	87.4	80.6	6.8	3.6	9.0
Needed	100.0	77.5	67.9	9.6	6.1	16.4
Not needed	100.0	88.6	82.1	6.5	3.3	8.1

¹Based on fewer than 100 persons in the sample.

Table 5. Status in 1986 of people who were 70 years and over, living alone, and not receiving help with Activities of Daily Living in 1984, according to contacts with children in 1984: United States

Contacts with children in 1984	Status in 1986					
	Total	In community			Institution	Dead
		Total	Alone	With		
				others		
Percent distribution						
All people.	100.0	87.3	79.9	7.5	3.7	9.0
No living children	100.0	87.2	81.6	5.6	4.0	8.8
WITH LIVING CHILDREN						
Sex of children						
Sons only.	100.0	89.6	83.6	6.0	3.6	6.9
Daughters only	100.0	88.8	82.8	6.0	2.9	8.3
Both	100.0	85.5	75.0	10.4	3.8	10.7
Time for nearest child to get here						
Within 10 minutes.	100.0	88.3	78.6	9.7	2.7	9.0
10 minutes or more.	100.0	87.0	79.4	7.6	3.8	9.2
Frequency of seeing a child						
Daily	100.0	87.9	76.8	11.1	2.8	9.3
2-6 times a week	100.0	86.2	78.5	7.7	5.4	8.4
Weekly	100.0	83.5	74.9	8.7	3.7	12.7
Less than weekly	100.0	89.9	83.7	6.2	2.9	7.2
Frequency of talking with a child						
Daily	100.0	84.4	74.8	9.6	3.9	11.7
2-6 times a week	100.0	91.0	85.2	5.8	3.9	5.1
Weekly	100.0	91.6	83.5	8.0	2.3	6.1
Less than weekly	100.0	85.3	77.2	8.1	3.7	11.1
Frequency of seeing or talking with a child						
Daily	100.0	85.2	75.3	9.9	4.2	10.7
2-6 times a week	100.0	90.2	82.2	8.0	3.5	6.3
Weekly	100.0	89.4	82.5	6.9	3.3	7.3
Less than weekly	100.0	87.4	82.3	5.1	2.1	10.5

Table 6. Status in 1986 of people who were 70 years and over, living alone and not receiving help with Activities of Daily Living in 1984, according to recent social contacts in 1984: United States

Contacts within 2 weeks in 1984	Status in 1986					
	In community					Dead
	Total	Total	Alone	With	Institution	
				others		
Percent distribution						
All people	100.0	87.3	79.9	7.5	3.7	9.0
Got together with friends or neighbors						
Yes	100.0	89.3	82.9	6.5	3.2	7.5
No	100.0	81.5	71.2	10.3	5.1	13.4
Talked on telephone with friends or neighbors						
Yes	100.0	88.7	82.0	6.7	3.3	7.9
No	100.0	78.8	67.0	11.8	5.5	15.6
Got together with relatives						
Yes	100.0	88.0	79.8	8.2	3.4	8.6
No	100.0	85.0	80.1	5.0	4.6	10.4
Talked on telephone with relatives						
Yes	100.0	87.9	80.3	7.6	3.5	8.6
No	100.0	83.2	76.6	6.6	4.8	12.0
Went to church or synagogue						
Yes	100.0	91.9	84.2	7.6	3.1	5.1
No	100.0	81.9	74.6	7.2	4.4	13.8
Went to other group event						
Yes	100.0	93.6	87.4	6.2	1.7	4.7
No	100.0	84.7	76.7	8.0	4.5	10.8

Technical notes

The National Health Interview Survey is the large continuing survey of the National Center for Health Statistics that is used to collect information about the health status of people living outside of institutions in the United States. Each year through 1984 (the sample size and design were changed in 1985) people in about 42,000 households were interviewed in the household by U.S. Bureau of the Census Interviewers (NCHS, 1985).

The National Health Interview Survey uses a basic questionnaire to collect information about everyone living in the households selected in the sample and supplements, which are usually added for 1 year, to collect information on special topics or about special populations.

In 1984 the supplement was designed to obtain information about people age 55 years and over living in households. This supplement, the Supplement on Aging, has been described and the questionnaire has been published (NCHS, 1987a). Its importance in the present context is that it was also designed to be the basis for longitudinal studies. The name, address, and telephone number of someone not living in the household was obtained along with permission to link information from the survey with other existing files of data. The longitudinal studies based on the Supplement on Aging are known collectively as the Longitudinal Study of Aging (LSOA).

The first Longitudinal Study of Aging sample was selected to be reinterviewed in 1986. The focus was on the oldest-old and their changes in functional status and living arrangements. Therefore, only people who had been age 70 years and over in 1984 were selected for this reinterview sample (table I).

Table I. Selection of the 1986 Longitudinal Study of Aging interview sample from the Supplement on Aging sample

Age and race	SOA	LSOA	
	Number	Number	Percent
Total	7,541	5,151	68.3
Age in 1984			
70-79 years	5,446	3,061	56.2
80 years and over	2,095	2,090	99.8
Race			
White	6,891	4,535	65.8
All other	650	616	94.8
Black	563	560	99.5
Other	87	56	64.4

Selection was in three stages. First, all households with a person age 80 and over were selected. Everyone age 80 years and over in these households and their relatives age 70 years and over were included. Second, all households with a black person age 70 years and over were selected. All black persons and their relatives age 70 years and older in

these households were included. Finally, the remaining households with a person age 70-79 years were randomly sorted and one-half the households were selected. If there was more than one person age 70-79 in a household that was selected, all were included. Because the sample was selected from the Supplement on Aging file before final editing, five people who would have been selected from the final edited file were not included in the 1986 Longitudinal Study of Aging reinterview sample.

The 1986 Longitudinal Study of Aging reinterviews were also conducted by the U.S. Bureau of the Census. However, data were collected by Computer Assisted Telephone Interviewing (CATI) rather than personal interviews in the household. If there was no telephone number for either the sample person or a contact person, or if there was no response to repeated telephone calls, a questionnaire with a postage-paid return envelope addressed to the U.S. Bureau of the Census was mailed.

Of the 5,151 people selected for reinterview, the status of 92.3 percent was ascertained through the 1986 reinterview (table II). Almost all of the 7.7 percent of the people whose status was not ascertained were not located by the U.S. Bureau of the Census interviewers. A few were located but could not be interviewed because they were unable to speak on the telephone due to illness or hearing or language difficulties.

Table II. Interview status of people in the Longitudinal Study of Aging 1986 interview sample, according to living arrangements in 1984

Interview status in 1986	Status in 1984		
	Total	Alone	With others
Number in sample			
Total sample	5,151	1,921	3,230
Percent distribution			
Total	100.0	100.0	100.0
Ascertained			
In community	76.5	75.6	76.9
Alone	31.0	68.3	8.8
With others	45.4	7.3	68.1
In institution	3.7	4.9	3.0
Dead	12.1	10.1	13.3
Not ascertained			
Not located	7.5	9.1	6.5
Other reason	0.2	0.2	0.2

Three-quarters of the people who were in the 1984 sample and who were still alive in 1986 answered the questions for themselves (table III). Of the people still living in the community in 1986, 79 percent answered all questions for themselves. Almost all the other respondents were residents of the sample person's household when they answered the questions. Except for people who were residents of nursing homes in 1986, very little information was obtained from contact persons.

Table III. Respondents to the 1986 Longitudinal Study of Aging interviews

Status in 1986	With interview	Total	Respondent		
			Self	Proxy	
				In same house	Contact person
	Number		Percent distribution		
Total	4,718	100.0	65.7	30.4	3.9
Alive	4,114	100.0	75.4	20.2	4.4
In community	3,938	100.0	78.7	18.4	2.9
Alone	1,597	100.0	88.4	8.3	3.3
With others	2,341	100.0	72.1	25.3	2.6
In institution	176	100.0	0	60.8	39.2
Dead	604	100.0	0	100.0	0

NOTE: An additional 20 persons were located through matching with the National Death Index. They are not included in this table.

The Longitudinal Study of Aging has been described (Fitti and Kovar, 1987) and a description of the study, which includes a written version of the Computer Assisted Telephone Interviewing questionnaire, is available from the National Center for Health Statistics and the Government Printing Office (NCHS, 1987b).

Analytic methods

The Longitudinal Study of Aging 1986 reinterview is designed to produce national estimates for people who were age 70 years and over and living in the community in 1984. The weights were recalculated to take the subsampling into account. All data in this report are national estimates for people who were age 70 years and over and living in households in the United States in 1984.

The percent distributions that show the individual's status in 1986 (tables 4-6) are based only on people whose status was ascertained in 1986. This is equivalent to assum-

ing that the people who were not located were the same as those who were. That assumption is not valid for many purposes. People who were not located in 1986 were more likely to be living alone (46 versus 37 percent) and less likely to have a telephone (87 versus 99 percent) than those whose status was ascertained. However, because the purpose of this report is to describe people who had been living alone, the first difference does not bias the data. The second one could, but there were so few people who did not have telephones themselves or give the name of a contact person with a telephone that the difference should not have much effect on the estimates.

Because the sample of people living alone is relatively small, 1,921 persons, differences that appear to be large may not be statistically significant. The average weight for the Longitudinal Study of Aging sample is 3,365. For example, the population estimate of 1.7 million people who had not gotten together with friends or neighbors within 2 weeks of the 1984 interview is based on 555 people in the sample.

For general purposes, sampling errors for estimates shown in this report can be estimated by using the formula

$$\text{Variance} = pq/n$$

where p = proportion of people with the characteristic

$$q = (1-p)$$

= proportion of people without the characteristic

n = number of people in the sample

and then taking the square root of the variance. The sample numbers are given in tables 1-3.

This approximation can be used for data in this report because the impact of the clustering due to the complex sample design is negligible for older people living alone. The approximation is not necessarily appropriate for other data from the Longitudinal Study of Aging. It may not be appropriate for people living with others because the subsampling procedure was designed to collect information about all persons age 70 years and over in every household that was selected for the Longitudinal Study of Aging 1986 reinterview sample.

NOTE: A list of references follows the text.

AIDS Knowledge and Attitudes for October 1987

Provisional Data From the National Health Interview Survey

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Introduction

The National Center for Health Statistics has introduced a special set of supplemental questions on the adult population's knowledge and attitudes about acquired immunodeficiency syndrome (AIDS) in the National Health Interview Survey (NHIS). This report presents provisional findings for October, the third month of data collection with the AIDS questionnaire. Data for August and September 1987 have been published in *Advance Data From Vital and Health Statistics* Nos. 146 and 148. This report updates the earlier reports and for the first time describes educational differences in AIDS knowledge and attitudes.

The *Advance Data* reports describing the NHIS AIDS data have been restricted to simple descriptive statistics in order to permit their timely release. Thus, these reports do not attempt to explain or interpret differences among population subgroups in AIDS knowledge or to examine relationships among various measures of knowledge, attitudes, and perceived risk. The AIDS data base will permit more complex analyses than those presented in this series of *Advance Data* reports, and such analyses currently are being undertaken by various groups in the Public Health Service.

The AIDS questionnaire was designed to provide baseline estimates of public knowledge and attitudes about AIDS transmission and prevention of AIDS virus infection and to measure changes in knowledge and attitudes over time. The data also were needed as input for the planning and development of AIDS educational campaigns and for evaluation of major educational efforts.

The AIDS questionnaire was developed by the National Center for Health Statistics and interagency working groups established by the Information, Education and Risk

Factor Reduction Subcommittee of the Public Health Service Executive Task Force on AIDS. The working groups included representatives from the Centers for Disease Control; the National Institutes of Health; the Alcohol, Drug Abuse and Mental Health Administration; and the Health Resources and Services Administration.

The questionnaire includes items on self-assessment of knowledge about AIDS; sources of information about AIDS; knowledge about AIDS and AIDS-related risk factors, modes of transmission, and blood tests for the AIDS virus; plans to take such a test; recent experience with blood donation; self-assessment of chances of getting AIDS; personal knowledge of people with AIDS or the AIDS virus; and finally, willingness of respondents to take part in a proposed national seroprevalence study.

This report presents provisional data for October 1987 for all AIDS questionnaire items. Table 1 displays percent distributions of persons 18 years of age and over by response categories according to age, sex, race, and education. In most cases, the actual question asked of the respondent is reproduced verbatim in table 1, along with the response categories. In a few cases, questions or response categories have been rephrased or combined. Refusals and other nonresponses are excluded from the denominator in the calculation of estimates, but responses of "don't know" are included.

Selected findings

Changes in knowledge

The most notable changes in knowledge between September and October 1987 were in the proportions of adults

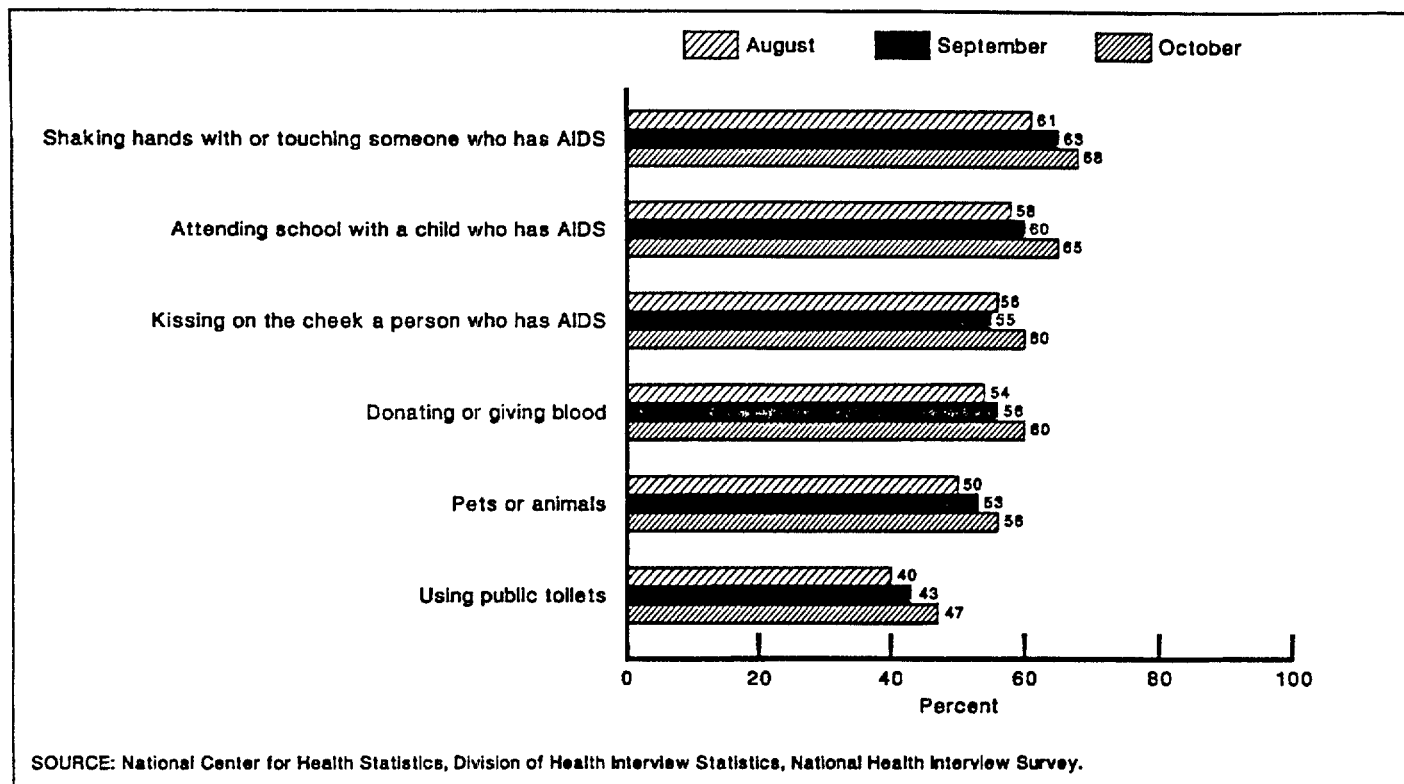


Figure 1. Provisional estimates of percent of adults who think it is very unlikely or definitely not possible to get AIDS or the AIDS virus infection from various conjectured modes of transmission: United States, August-October, 1987

who thought that it is very unlikely or definitely not possible to get AIDS or the AIDS virus through various modes of casual contact. As shown in figure 1, these changes represent the continuation of a trend that began with the August AIDS data. While all of these differences between September and October are statistically significant, some of the differences in proportions between August and September are not.

In October, 68 percent of Americans 18 years of age and over realized that it is very unlikely or impossible to get AIDS by shaking hands with someone who has AIDS, compared to 63 percent in September and 61 percent in August. The proportion of adults thinking it very unlikely or impossible to get AIDS by attending school with a child who has AIDS increased from 58 percent in August to 60 percent in September and 65 percent in October.

There were also increases in the proportions of adults thinking it very unlikely or definitely not possible to get AIDS or the AIDS virus by kissing on the cheek a person with AIDS (60 percent in October compared to 56 percent in August and 55 percent in September), donating or giving blood (54 percent in August, 56 percent in September, and 60 percent in October), and using public toilets (40, 43, and 47 percent, respectively). Smaller but statistically significant changes were observed for a number of the other forms of casual contact as well.

Following a number of statistically significant changes in the level of knowledge about other aspects of AIDS and the AIDS virus between the months of August and September 1987, there were few changes between September and

October. In October, more than 90 percent of all adults 18 years of age and over thought that it is definitely or probably true that AIDS leads to death, that there is no cure for AIDS at present, and that the AIDS virus can be transmitted via sexual intercourse, shared needles, and from a pregnant woman to her baby. Almost as many adults, 89 percent, realized that AIDS cripples the body's natural protection against disease. Approximately three-fourths of all adults thought that it is definitely or probably true that AIDS is caused by a virus and that a person can be infected with the virus without having the disease AIDS. The proportion of adults who thought it definitely false that an AIDS vaccine is available to the public increased slightly from 69 percent in September to 71 percent in October.

Differences by education

There are striking differences in AIDS knowledge according to level of education. Data from the National Health Interview Survey of AIDS Knowledge and Attitudes show that adults who have completed 12 or more years of school know more about virtually all aspects of AIDS than do individuals with less than 12 years of school completed. For many items, there also is a statistically significant difference in knowledge between persons with 12 years of school completed and those who have completed more than 12 years of school. The following highlights describe some of the differences by education as observed in the October data from the NHIS AIDS survey. All differences cited in the subsequent text are statistically significant.

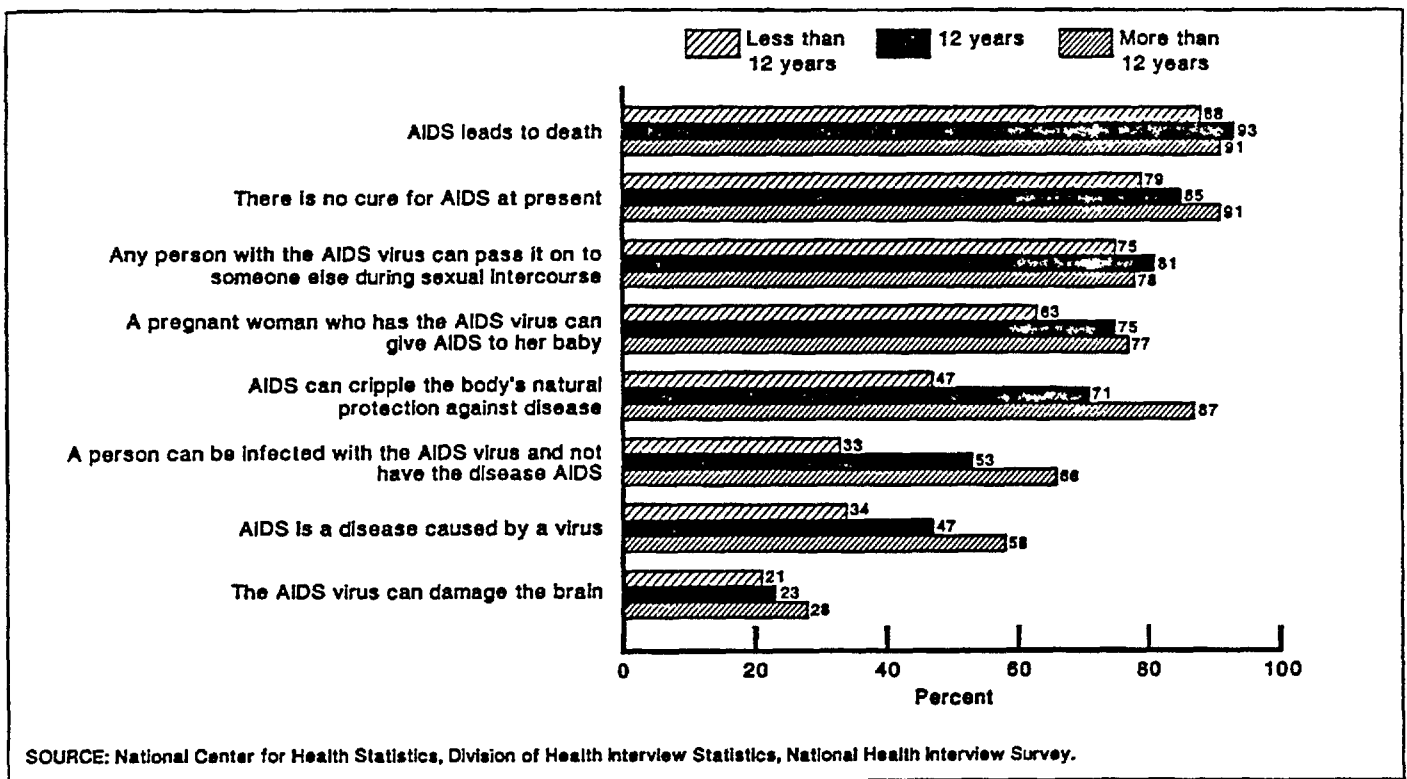


Figure 2. Provisional estimates of percent of persons 18 years of age and over who think selected statements about AIDS are definitely true, by education: United States, October 1987

Awareness of AIDS—While virtually everyone, regardless of education, has heard of AIDS, the more highly educated adults reported having last heard about the disease more recently than those with less education. Sixty-eight percent of adults with less than 12 years of school completed last saw, heard, or read about AIDS in the 3 days preceding the NHIS interview, compared to 75 percent of those with 12 years and 79 percent of those with more than 12 years of school completed.

Self-perceived knowledge—Nine percent of adults with less than 12 years of education felt that they know a lot about AIDS, compared to 16 and 33 percent, respectively, of persons with 12 and more than 12 years of education. The proportion of individuals who stated that they know “some” about AIDS increases with education as well, from 26 percent for those with less than 12 years of school completed to 48 percent for those with more than 12 years. More than one-fourth (26 percent) of adults with less than 12 years of education said that they know nothing about AIDS, compared to 7 percent of those with 12 years and 2 percent of those with more than 12 years of education.

General knowledge—Figure 2 shows the percents of adults answering “definitely true” to selected knowledge questions. In most cases, these proportions increase directly with education.

The largest differences by education are on statements that describe the cause of AIDS and the ways in which the disease affects the immune system. Thirty-four percent of adults with less than 12 years of school completed thought that it is definitely true that AIDS is caused by a virus,

compared to 47 percent of those with 12 years and 58 percent of those with more than 12 years of school completed. Likewise, the proportion of adults who thought that it is definitely true that AIDS can cripple the body's natural protection against disease varies from 47 percent (less than 12 years of school) to 87 percent (more than 12 years of school), and the proportion who thought it definitely true that a person can be infected with the AIDS virus and not have the disease AIDS varies from 33 to 66 percent, respectively. The percent of adults who stated that it is definitely false that “you can tell if people have the AIDS virus just by looking at them” also increases sharply with education, from 56 percent of persons with less than 12 years of education to 69 and 81 percent, respectively, of those with 12 and more than 12 years.

Transmission of the AIDS virus—As shown in figure 3, the probability of thinking that it is very unlikely or definitely not possible to get AIDS or the AIDS virus through casual contact with someone who has AIDS increases with education. Even among adults with more than 12 years of education, though, the level of accurate information about the risk of AIDS virus transmission is low. For instance, less than half (47 percent) of adults with more than 12 years of schooling realized that it is very unlikely or impossible to get AIDS from public toilets, and only 16 percent thought that it is very unlikely or impossible to get AIDS from kissing with exchange of saliva a person who has AIDS. Among persons with less education, the comparable proportions are even smaller.

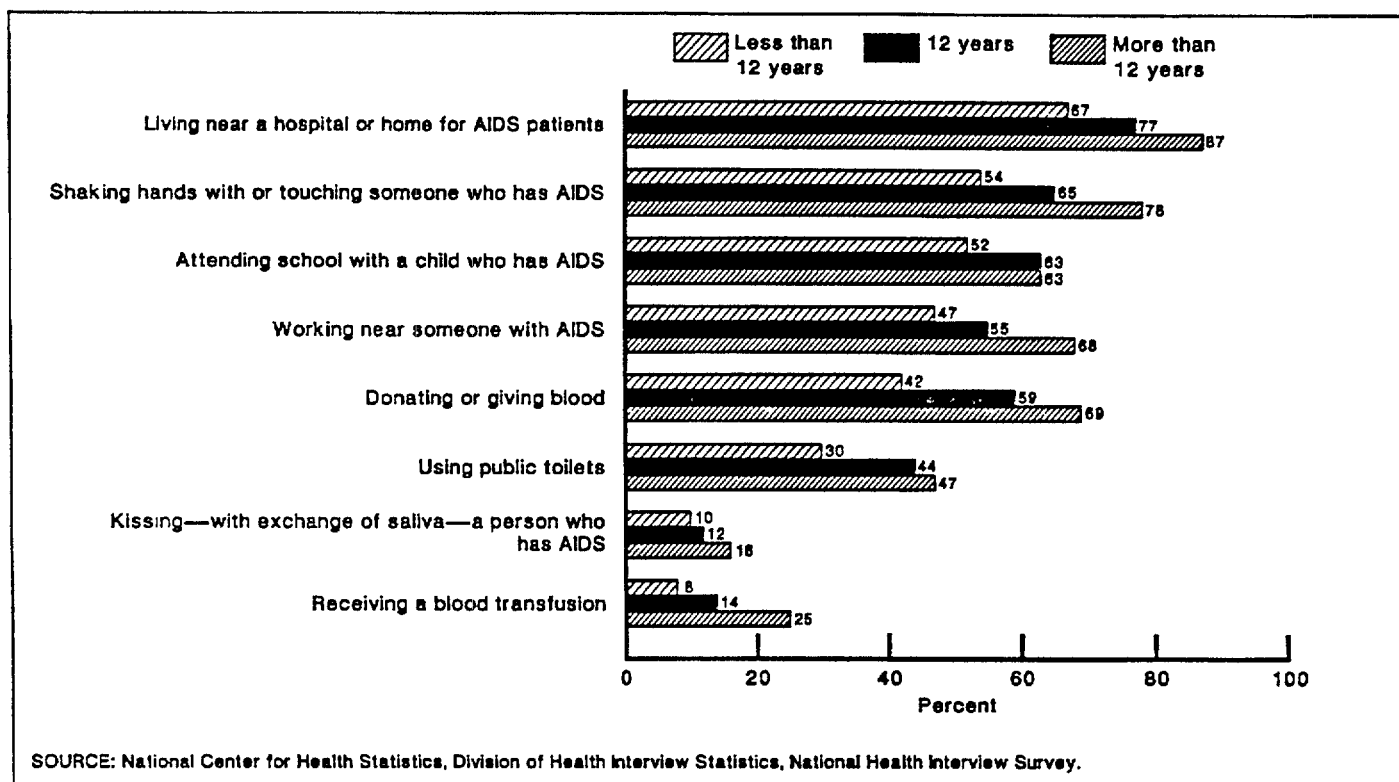


Figure 3. Provisional estimates of percent of persons 18 years of age and over who think it is very unlikely or definitely not possible to get AIDS or the AIDS virus infection from various conjectured modes of transmission, by education: United States, October 1987

In preparing figure 3, the categories "very unlikely" and "definitely not possible" were grouped for purposes of consistent presentation. Both responses are not necessarily correct for all items shown in figure 3. For some items, many AIDS researchers would argue that the only correct answer is "definitely not possible." As is evident in table 1, the proportions of adults who thought it definitely not possible to transmit AIDS via casual contact also increase with education.

Blood test for the AIDS virus—Fifty percent of all adults with less than 12 years of school completed have heard of a blood test for the AIDS virus. For persons with more education, the proportion is higher: 72 percent for individuals with 12 years of school completed and 77 percent for those with more than 12 years. The proportion of adults who realized that a positive blood test means that a person can spread the AIDS virus through sexual intercourse is 44 percent for persons with less than 12 years of education and 63 and 67 percent, respectively, for those with 12 and more than 12 years.

Regardless of education, few people have had an AIDS blood test: 4 percent of those with less than 12 years of school completed, 6 percent of those with 12 years, and 7 percent of those with more than 12 years of school completed. The proportion of adults who have thought about having the AIDS blood test increases with education, from 8 percent to 14 percent.

Risk of getting AIDS—Adults who have completed less than 12 years of school are less likely than their more well-educated peers to acknowledge the possibility that they or someone they know might get the AIDS virus. The

proportion of adults who stated that there is no chance that someone they know will get the AIDS virus decreases from 36 percent of individuals with less than 12 years of education to 26 percent of those with more than 12 years, and the proportion stating that there is no chance of getting the AIDS virus themselves decreases from 70 percent (less than 12 years) to 62 percent (more than 12 years).

AIDS prevention—Adults who have completed 12 years of school were more likely than either those with more or less education to state that the following methods are very effective in preventing transmission of the AIDS virus: using a condom (considered very effective by 34 percent of persons with 12 years of school completed), being celibate (93 percent), and maintaining a monogamous relationship with a person who does not have the AIDS virus (86 percent). For adults with less than 12 years of school completed, the respective proportions considering these methods very effective are 24, 84, and 77 percent; for those with more than 12 years of education, the proportions are 29, 89, and 84 percent.

AIDS discussion and education—The likelihood of having discussed AIDS with friends, relatives, or children increases with education. Less than half (49 percent) of all individuals with less than 12 years of school reported having discussed AIDS with a friend or relative, compared to two-thirds (66 percent) of those with 12 years of school and nearly three-fourths (72 percent) of those with more than 12 years of school. Similarly, the proportion of adults who have discussed AIDS with their children 10-17 years old increases from 50 percent of those with less than 12 years of education to 66 percent of those with more than 12 years.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, October 1987

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Age				Sex		Race		Education		
	Total	18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Less than 12 years	12 years	More than 12 years
Percent distribution ¹											
Total	100	100	100	100	100	100	100	100	100	100	100
1. Have you ever heard of AIDS? When was the last time you saw, heard, or read something about AIDS?											
0-3 days ago	75	68	76	79	79	71	76	71	68	75	79
4-7 days ago	14	18	15	11	12	16	15	13	15	14	14
8-14 days ago	3	5	4	2	2	4	3	3	2	4	3
15-31 days ago	3	6	2	2	3	3	3	5	4	3	3
More than 31 days ago	2	2	2	1	1	2	1	4	2	1	1
Never heard of AIDS	0	0	0	1	0	0	0	1	2	0	-
Don't know	2	1	1	5	2	2	2	3	7	2	1
2. Compared to most people, how much would you say you know about AIDS?											
A lot	21	22	27	14	22	21	22	13	9	16	33
Some	42	49	46	33	41	44	43	37	26	45	48
Little	27	25	23	34	27	27	26	33	39	31	17
Nothing	9	4	4	20	10	9	8	16	26	7	2
Don't know	0	-	0	0	-	0	0	0	0	-	-
3a. AIDS is a disease caused by a virus.											
Definitely true	48	58	55	34	53	44	49	46	34	47	58
Probably true	26	26	27	24	25	27	26	22	21	27	27
Probably false	3	3	3	4	3	4	3	4	4	4	3
Definitely false	4	4	4	6	3	5	4	6	6	5	3
Don't know	18	9	12	32	16	20	17	22	36	17	10
3b. AIDS can cripple the body's natural protection against disease.											
Definitely true	72	78	78	61	73	71	75	57	47	71	87
Probably true	17	13	15	21	17	17	16	23	26	18	10
Probably false	1	1	1	0	1	1	0	1	1	1	0
Definitely false	1	1	1	2	2	1	1	2	1	1	1
Don't know	9	7	4	16	8	10	8	17	24	8	2
3c. AIDS is especially common in older people.											
Definitely true	0	0	0	1	0	0	0	1	1	1	0
Probably true	1	2	1	2	1	1	1	3	3	1	1
Probably false	20	24	17	19	22	17	20	15	17	19	21
Definitely false	70	67	76	66	67	73	71	67	59	72	74
Don't know	9	7	6	13	10	8	7	15	21	7	4
3d. The AIDS virus can damage the brain.											
Definitely true	24	24	27	21	25	24	23	31	21	23	28
Probably true	31	31	29	34	32	31	31	31	32	32	30
Probably false	9	12	11	4	9	9	10	6	4	8	12
Definitely false	6	7	7	3	5	6	6	3	3	6	8
Don't know	30	26	26	37	29	31	30	29	40	31	23
3e. AIDS usually leads to heart disease.											
Definitely true	7	7	6	8	7	7	6	12	8	7	6
Probably true	21	20	21	22	19	22	20	26	23	21	20
Probably false	18	22	21	11	20	16	19	9	9	16	24
Definitely false	14	15	18	10	15	13	14	11	7	14	18
Don't know	40	36	35	50	39	42	40	43	53	43	31
3f. AIDS leads to death.											
Definitely true	91	91	93	90	89	93	91	90	88	93	91
Probably true	7	8	7	7	9	6	7	9	8	6	8
Probably false	0	0	0	0	0	0	0	-	-	0	0
Definitely false	0	0	0	0	0	0	0	-	1	0	0
Don't know	1	1	1	2	2	1	1	2	3	1	0
4a. Where do you get most of your information about AIDS? ²											
Television	82	82	81	84	81	83	82	86	88	83	78
Newspapers	61	53	64	64	66	56	63	51	49	61	68
Magazines	29	30	32	26	26	32	31	22	18	28	37
Radio	10	8	11	9	11	8	10	9	10	8	11
Relatives and friends	8	12	9	5	8	8	8	9	8	9	8
Brochures/fliers/pamphlets	7	7	8	4	7	7	6	9	4	6	9
Doctor/HMO/clinic	5	5	6	4	5	5	5	6	4	4	7
Other	15	17	20	9	13	18	15	18	9	11	24
Don't know	1	0	0	1	1	0	0	0	2	0	0
4b. Of the sources you just told me, from which one do you get the most information?											
Television	56	59	51	58	55	56	55	66	71	59	45
Newspapers	21	16	21	25	24	19	22	14	15	23	23
Magazines	9	10	11	7	9	10	9	7	4	8	14
Brochures/fliers/pamphlets	1	2	2	1	2	1	1	2	1	1	2
Doctor/HMO/clinic	2	2	2	1	1	2	1	2	1	1	2
Other	10	11	12	6	9	11	10	9	6	8	14
Don't know	1	0	1	2	1	1	1	0	2	1	1

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, October 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Education		
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Less than 12 years	12 years	More than 12 years
5a. If you wanted more specific information about AIDS, where would you get it? ²					Percent distribution ¹						
Doctor/HMO/clinic	57	58	56	57	54	59	58	51	55	60	55
Public health department	18	17	21	17	19	17	18	20	11	19	21
Library	11	14	13	6	11	11	11	9	5	11	14
AIDS hot line	8	10	10	5	7	10	8	11	7	7	10
Other	28	32	31	20	29	27	27	31	16	24	37
Don't know	12	9	9	18	12	11	12	12	21	13	6
5b. Which one source would you most likely use?											
Doctor/HMO/clinic	46	42	46	50	44	48	47	41	50	48	42
Public health department	13	13	15	12	15	12	13	15	9	15	14
Library	8	11	8	5	7	8	7	8	5	8	9
AIDS hot line	6	7	7	4	5	7	6	8	5	5	7
Other	15	18	15	11	16	13	14	16	11	11	21
Don't know	12	9	9	18	13	12	12	12	21	13	6
6a. A person can be infected with the AIDS virus and not have the disease AIDS.											
Definitely true	54	56	62	44	52	56	56	41	33	53	66
Probably true	26	25	24	30	29	23	26	26	29	28	23
Probably false	3	4	3	2	4	3	3	6	4	3	3
Definitely false	4	6	3	2	4	4	3	7	5	4	3
Don't know	13	8	8	22	12	15	12	22	30	13	5
6b. You can tell if people have the AIDS virus just by looking at them.											
Definitely true	1	1	1	1	2	1	1	3	2	1	1
Probably true	4	5	3	3	4	4	3	4	5	4	3
Probably false	15	16	14	16	17	14	16	16	17	17	13
Definitely false	71	73	77	63	69	73	72	63	56	69	81
Don't know	9	4	5	16	9	9	8	14	20	8	3
6c. Any person with the AIDS virus can pass it on to someone else during sexual intercourse.											
Definitely true	79	81	80	75	75	82	78	83	75	81	78
Probably true	16	15	15	16	18	14	16	12	17	14	16
Probably false	1	1	1	1	2	1	1	0	1	1	2
Definitely false	1	0	1	0	1	0	1	0	0	0	1
Don't know	4	3	3	7	5	4	4	5	7	4	2
6d. A pregnant woman who has the AIDS virus can give AIDS to her baby.											
Definitely true	73	77	75	69	69	77	74	70	63	75	77
Probably true	19	19	19	20	22	17	19	22	24	18	18
Probably false	0	—	1	0	0	0	0	0	1	0	0
Definitely false	0	—	0	0	0	0	0	0	0	0	0
Don't know	7	5	5	10	8	5	7	8	12	6	4
6e. There is a vaccine available to the public that protects a person from getting the AIDS virus.											
Definitely true	1	2	2	1	2	1	1	3	1	1	2
Probably true	3	3	3	3	3	3	2	7	6	2	2
Probably false	10	12	7	10	11	8	10	8	8	11	8
Definitely false	71	73	78	61	71	70	73	61	51	70	82
Don't know	15	10	11	25	13	18	14	22	33	15	7
6f. There is no cure for AIDS at present.											
Definitely true	86	85	88	84	84	87	87	81	79	85	91
Probably true	8	8	6	9	9	6	7	10	10	8	6
Probably false	1	1	1	1	1	1	1	2	1	1	1
Definitely false	2	2	2	1	2	2	2	2	2	3	1
Don't know	4	3	2	6	4	4	3	6	9	3	1
7. How likely do you think it is that a person will get the AIDS virus from—											
7a. Receiving a blood transfusion?											
Very likely	34	34	31	37	31	36	32	45	45	35	27
Somewhat likely	31	31	31	32	29	34	31	32	29	35	29
Somewhat unlikely	13	16	16	8	16	11	14	8	7	12	17
Very unlikely	16	15	18	14	19	13	17	6	6	13	24
Definitely not possible	1	1	2	1	1	1	1	2	2	1	1
Don't know	4	3	2	8	4	4	4	7	9	4	1
7b. Donating or giving blood?											
Very likely	8	8	6	10	8	8	7	16	14	8	5
Somewhat likely	14	15	13	14	13	15	12	25	19	15	10
Somewhat unlikely	12	12	13	12	12	13	13	11	11	12	14
Very unlikely	35	39	36	30	38	32	37	22	24	34	40
Definitely not possible	25	22	28	24	25	25	26	16	18	25	29
Don't know	6	4	3	11	5	7	5	10	14	5	2

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, October 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Age				Sex		Race		Education		
	Total	18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Less than 12 years	12 years	More than 12 years
Percent distribution ¹											
7c. Living near a hospital or home for AIDS patients?											
Very likely	1	2	1	1	1	1	1	3	2	1	1
Somewhat likely	4	6	3	3	5	4	3	8	5	4	3
Somewhat unlikely	9	8	11	9	10	9	9	14	10	11	8
Very unlikely	36	40	35	35	38	35	37	32	33	36	39
Definitely not possible	42	40	46	41	40	44	44	31	34	41	48
Don't know	6	4	5	10	6	7	5	12	16	6	2
7d. Working near someone with AIDS?											
Very likely	3	4	3	3	3	4	3	7	4	4	3
Somewhat likely	14	16	13	15	13	15	13	22	16	16	12
Somewhat unlikely	15	15	17	15	16	15	16	13	14	17	15
Very unlikely	33	35	33	31	33	32	34	26	27	29	39
Definitely not possible	26	26	28	24	26	26	27	20	21	26	29
Don't know	8	4	7	13	8	8	8	12	19	8	3
7e. Eating in a restaurant where the cook has AIDS?											
Very likely	9	10	9	10	9	10	8	17	11	12	6
Somewhat likely	24	23	24	25	25	22	23	26	27	24	21
Somewhat unlikely	16	18	14	16	16	16	16	12	12	16	18
Very unlikely	26	25	29	22	26	25	27	19	19	22	33
Definitely not possible	14	16	14	11	12	15	14	12	12	14	14
Don't know	12	8	10	16	11	12	12	13	19	13	7
7f. Kissing—with exchange of saliva—a person who has AIDS?											
Very likely	30	27	30	32	28	31	29	36	32	32	26
Somewhat likely	38	38	39	36	39	37	38	40	36	38	39
Somewhat unlikely	10	13	9	10	10	11	11	3	7	10	14
Very unlikely	10	11	12	7	12	9	11	7	8	9	13
Definitely not possible	3	4	3	2	3	3	3	3	3	3	3
Don't know	9	6	8	12	9	9	8	10	15	8	6
7g. Shaking hands with or touching someone who has AIDS?											
Very likely	2	3	2	3	2	2	2	3	3	3	1
Somewhat likely	8	8	8	8	7	8	7	12	9	9	6
Somewhat unlikely	16	14	15	16	17	14	15	20	18	17	13
Very unlikely	39	39	40	37	41	37	41	32	29	38	46
Definitely not possible	29	33	30	25	27	31	29	23	25	28	32
Don't know	7	2	5	11	6	7	6	10	16	6	2
7h. Sharing plates, forks, or glasses with someone who has AIDS?											
Very likely	13	13	12	14	12	14	12	19	16	14	10
Somewhat likely	31	30	33	31	32	31	31	33	32	33	29
Somewhat unlikely	15	16	14	14	14	16	16	10	11	14	18
Very unlikely	21	21	23	18	24	18	22	15	15	18	27
Definitely not possible	11	13	10	9	10	11	11	9	9	11	11
Don't know	10	6	8	14	8	11	9	13	17	10	6
7i. Using public toilets?											
Very likely	8	8	7	8	6	9	7	13	11	9	9
Somewhat likely	20	19	19	22	20	20	19	25	28	22	16
Somewhat unlikely	14	15	15	13	14	14	15	13	10	14	16
Very unlikely	29	30	33	24	32	26	31	19	16	28	29
Definitely not possible	18	20	18	17	18	18	19	12	13	16	17
Don't know	11	8	8	17	10	12	10	16	21	11	12
7j. Sharing needles for drug use with someone who has AIDS?											
Very likely	93	94	95	89	92	93	93	90	86	93	92
Somewhat likely	4	3	4	6	5	4	4	6	8	4	4
Somewhat unlikely	0	0	0	0	1	0	0	0	0	0	0
Very unlikely	0	0	0	0	0	0	0	1	1	0	1
Definitely not possible	0	0	—	0	—	0	0	—	0	0	—
Don't know	2	1	1	4	2	2	2	3	5	2	3
7k. Kissing on the cheek a person who has AIDS?											
Very likely	3	3	3	3	3	3	2	7	4	3	3
Somewhat likely	11	11	10	11	12	10	10	17	15	13	12
Somewhat unlikely	18	18	18	18	19	17	17	22	17	19	18
Very unlikely	35	33	37	33	37	33	37	23	24	33	31
Definitely not possible	25	30	27	21	23	28	26	22	23	24	28
Don't know	8	5	5	13	7	8	7	9	17	8	7
7l. Being coughed or sneezed on by someone who has AIDS?											
Very likely	9	9	9	10	9	10	9	14	13	10	13
Somewhat likely	29	24	29	32	28	29	28	35	35	30	25
Somewhat unlikely	17	19	18	14	17	17	18	13	11	17	19
Very unlikely	23	25	26	18	25	21	24	14	14	20	16
Definitely not possible	12	16	11	8	11	12	12	11	7	12	14
Don't know	11	7	8	17	10	11	10	14	19	11	12

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, October 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Age				Sex		Race		Education		
	Total	18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Less than 12 years	12 years	More than 12 years
Percent distribution ¹											
7m. Attending school with a child who has AIDS?											
Very likely	2	2	2	2	2	2	2	2	2	2	2
Somewhat likely	9	10	9	10	10	9	9	10	10	11	11
Somewhat unlikely	14	14	16	13	15	14	14	19	16	14	17
Very unlikely	37	39	38	33	41	33	38	33	29	35	30
Definitely not possible	28	31	28	25	25	31	29	23	23	28	32
Don't know	9	4	7	17	8	10	9	13	20	10	7
7n. Mosquitoes or other insects?											
Very likely	8	9	8	8	8	8	7	15	11	10	10
Somewhat likely	26	27	25	25	26	25	26	25	32	25	31
Somewhat unlikely	10	13	10	7	11	9	10	7	6	11	11
Very unlikely	21	21	22	19	22	20	22	16	13	19	15
Definitely not possible	14	14	16	13	14	15	15	12	8	14	14
Don't know	21	16	19	28	19	23	21	25	29	21	20
7o. Pets or animals?											
Very likely	3	3	2	2	3	2	2	8	5	2	2
Somewhat likely	10	11	9	8	9	10	8	16	12	11	11
Somewhat unlikely	8	11	8	8	9	8	8	8	8	8	13
Very unlikely	30	32	32	26	33	27	31	22	22	29	24
Definitely not possible	27	27	27	25	25	28	27	20	19	26	26
Don't know	23	17	22	30	21	25	23	26	34	23	24
7p. Having sex with a person who has AIDS?											
Very likely	93	94	94	91	91	95	93	92	91	95	90
Somewhat likely	5	5	5	6	7	4	5	6	5	4	6
Somewhat unlikely	0	—	0	0	0	0	0	—	—	—	—
Very unlikely	0	0	—	0	0	0	0	0	0	0	0
Definitely not possible	0	0	—	0	0	0	0	—	1	0	—
Don't know	1	1	1	3	2	1	1	2	3	1	3
8. Have you ever heard of a blood test for infection with the AIDS virus?											
Yes	73	81	81	58	74	72	75	58	50	72	77
No	24	18	18	36	23	25	22	40	45	24	18
Don't know	3	2	2	6	3	3	3	1	4	4	4
9. Does this test tell whether a person has the disease AIDS?											
Yes	39	45	41	32	38	41	40	37	31	43	43
No	23	25	29	16	27	20	25	11	8	18	25
Don't know	10	10	10	10	9	11	10	10	11	11	9
Never heard of test (no/don't know to q. 8)	27	19	19	42	26	28	25	42	50	28	23
10. If a person has a positive blood test for infection with the AIDS virus, does this mean that they can give someone else the AIDS virus through sexual intercourse?											
Yes	64	72	71	48	65	62	66	51	44	63	67
No	3	4	4	2	4	3	4	2	2	3	5
Don't know	6	5	5	8	5	6	6	6	4	6	6
Never heard of test (no/don't know to q. 8)	27	19	19	42	26	28	25	42	50	28	23
11. Have you ever had your blood tested for infection with the AIDS virus?											
Yes	6	8	6	3	7	4	5	9	4	6	7
Yes, in blood donation/transfusion	3	3	3	1	3	2	3	1	1	1	5
No	63	67	69	52	63	63	65	48	43	63	64
Don't know	2	2	2	2	2	2	2	1	2	2	1
Never heard of test (no/don't know to q. 8)	27	19	19	42	26	28	25	42	50	28	23
12a. Have you ever thought about having this blood test?											
Already had test	8	12	10	4	10	7	8	10	5	7	12
Yes	11	16	13	4	10	11	10	15	8	10	14
No	53	53	58	49	53	54	56	33	38	54	51
Don't know	—	—	—	—	—	—	—	—	—	—	—
Never heard of test (no/don't know to q. 8)	27	20	20	42	26	29	25	42	50	28	23
12b. Do you plan to be tested in the next 12 months?											
Already had test	8	12	10	4	11	7	8	10	5	7	12
Yes	4	6	5	1	3	4	3	9	3	4	4
No	5	7	6	2	5	5	5	4	2	4	7
Don't know	2	3	2	1	2	2	2	2	2	2	3
Never heard of test or thought about having test (no/don't know to q. 8 or q. 12a)	81	73	77	92	79	82	82	76	88	83	74

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, October 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Total	Age			Sex		Race		Education		
		18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Less than 12 years	12 years	More than 12 years
Percent distribution ¹											
13. Where would you go to have a blood test for the AIDS virus infection? ³											
Nowhere/wouldn't take test	0	—	—	1	—	0	0	—	—	—	—
AIDS clinic	3	3	3	3	4	3	3	3	2	4	3
Other clinic	25	28	25	19	24	26	24	37	22	30	29
Doctor/HMO	46	46	47	44	41	50	47	36	46	43	43
Red Cross/blood bank	3	2	3	3	2	3	3	—	2	3	—
Other	16	15	16	19	20	13	15	21	18	13	19
Don't know	7	6	6	11	9	5	8	3	9	8	6
14. Where would you go to find out where to have this blood test? ^{2,4}											
AIDS hot line	2	—	5	—	—	8	3	—	—	—	—
AIDS clinic	—	—	—	—	—	—	—	—	—	—	—
Other clinic	16	43	—	—	20	8	18	—	—	31	—
Doctor/HMO	37	36	31	56	22	70	32	100	43	39	21
Friends	—	—	—	—	—	—	—	—	—	—	—
Public health department	12	10	18	—	12	12	12	25	7	19	—
Other	12	14	16	—	11	15	13	—	12	11	24
Nowhere/wouldn't take test	5	7	5	—	8	—	6	—	12	—	099
Don't know	18	—	24	44	27	—	20	—	32	—	55
15. Have you donated blood since 1985?											
Yes	12	18	15	5	16	9	13	9	4	12	14
No	87	82	84	95	84	91	87	91	96	88	86
Don't know	0	—	0	0	0	0	0	0	—	0	—
16. Have you ever personally known anyone who had the blood test for the AIDS virus infection?											
Yes	14	18	19	6	13	15	15	9	7	10	17
No	85	81	81	93	86	84	84	89	91	89	83
Don't know	1	1	1	1	1	1	1	2	2	1	1
17. What are the chances of someone you know getting the AIDS virus?											
High	9	13	11	5	9	9	9	10	7	8	9
Medium	15	21	18	8	17	14	15	15	10	16	18
Low	38	40	41	33	41	35	40	24	24	38	35
None	27	21	22	37	23	29	25	32	36	28	26
Refused	0	0	—	0	0	0	0	—	—	0	0
Don't know	11	5	9	18	10	12	10	19	22	10	11
18. What are your chances of getting the AIDS virus?											
High	1	1	1	1	1	1	1	0	1	1	—
Medium	3	5	3	1	4	2	3	3	2	3	4
Low	30	37	34	19	32	28	31	25	18	30	30
None	62	54	58	73	60	64	62	65	70	63	62
Refused	0	0	—	—	0	—	0	—	—	—	0
Don't know	4	3	3	6	4	4	3	7	9	4	4
19. Here are methods some people use to prevent getting the AIDS virus through sexual activity. How effective is—											
19a. Using a diaphragm?											
Very effective	2	2	2	1	2	2	2	5	2	2	3
Somewhat effective	13	14	11	13	12	13	12	16	14	12	10
Not at all effective	58	61	65	47	57	59	61	41	40	57	59
Don't know how effective	21	18	17	28	21	21	21	26	30	23	19
Don't know method	6	5	4	10	8	5	5	12	14	6	9
19b. Using a condom?											
Very effective	33	41	34	26	35	31	33	33	24	34	29
Somewhat effective	51	49	54	50	51	51	52	46	46	50	53
Not at all effective	5	4	5	5	4	6	5	6	6	6	7
Don't know how effective	9	5	6	15	8	10	8	11	18	9	8
Don't know method	2	1	1	5	2	2	2	4	7	1	3
19c. Using a spermicidal jelly, foam, or cream?											
Very effective	1	2	2	1	2	1	1	3	2	2	2
Somewhat effective	14	15	14	13	14	14	14	16	11	14	14
Not at all effective	56	61	62	46	53	59	58	46	43	56	57
Don't know how effective	22	17	18	30	23	20	21	27	31	22	18
Don't know method	7	5	4	10	8	5	6	8	14	6	9
19d. Being celibate, that is, not having sex at all?											
Very effective	92	94	94	88	91	93	93	90	84	93	89
Somewhat effective	3	4	3	4	3	4	3	4	4	4	3
Not at all effective	1	1	1	1	1	0	1	1	1	1	0
Don't know how effective	3	2	1	5	3	2	2	3	6	2	6
Don't know method	1	0	1	3	2	1	1	2	5	1	2

See footnotes at end of table.

Table 1. Provisional estimates of the percent of persons 18 years of age and over with selected AIDS knowledge and attitudes from the 1987 National Health Interview Survey, by selected characteristics: United States, October 1987—Con.

[Data are based on household interviews of the civilian noninstitutionalized population. The survey design, general qualifications, and information on the reliability of the estimates are given in technical notes]

AIDS knowledge or attitude	Age				Sex		Race		Education		
	Total	18-29 years	30-49 years	50 years and over	Male	Female	White	Black	Less than 12 years	12 years	More than 12 years
19e. Two people who do not have the AIDS virus having a completely monogamous relationship, that is, having sex only with each other?					Percent distribution ¹						
Very effective	86	88	89	82	87	86	88	79	77	86	84
Somewhat effective	8	8	8	8	8	8	7	13	9	9	8
Not at all effective	1	1	1	1	1	1	1	1	1	1	1
Don't know how effective	3	2	1	6	3	3	3	4	7	3	5
Don't know method	2	0	1	3	2	2	1	3	6	1	3
20. Have you ever discussed AIDS with a friend or relative?											
Yes	67	75	75	51	63	70	67	65	49	66	72
No	33	24	25	48	37	29	32	35	50	34	27
Don't know	0	1	0	1	1	0	0	0	1	0	1
21. When was the last time you discussed AIDS with a friend or relative?											
0-3 days ago	16	17	18	13	13	19	15	22	13	16	13
4-7 days ago	18	19	21	14	19	17	19	14	14	18	19
8-14 days ago	8	9	10	5	7	9	8	7	6	8	10
15-31 days ago	13	16	14	8	13	13	13	11	7	13	13
More than 31 days ago	8	10	8	5	6	9	8	7	4	7	11
Never discussed (no/don't know to q. 20)	35	26	26	51	38	31	34	36	53	35	31
Don't know	3	2	2	4	3	3	3	3	3	3	4
24. Have you ever discussed AIDS with [any of your children age 10-17]? ²											
Yes	63	31	65	57	50	74	64	60	50	62	66
No	37	69	35	43	50	26	36	40	50	38	34
Don't know	0	—	0	—	1	—	0	—	—	—	—
25. Have your children had any instruction at school about AIDS? ³											
Yes	45	23	46	47	42	48	46	44	43	41	50
No	22	41	21	26	20	23	22	19	20	23	18
Don't know	33	36	33	27	38	28	32	37	38	36	31
26. Have you ever personally known anyone with the AIDS virus?											
Yes	7	7	10	5	8	7	8	6	4	4	7
No	91	92	89	94	91	92	91	92	94	95	91
Don't know	1	1	2	1	2	1	1	2	2	1	2
27. Have you ever personally known anyone with AIDS?											
Yes	8	7	10	5	8	7	8	6	4	5	6
No	91	92	88	94	91	92	91	92	94	95	93
Don't know	1	1	1	1	1	1	1	2	2	1	1
28. The U.S. Public Health Service has said that AIDS is one of the major health problems in the country but exactly how many people it affects is not known. The Surgeon General has proposed that a study be conducted and blood samples be taken to help find out how widespread the problem is. If you were selected in this national sample of people to have their blood tested with assurances of privacy of test results, would you have the test?											
Yes	70	72	75	63	72	68	71	69	62	70	70
No	21	19	18	24	19	22	20	21	25	20	22
Other	2	2	2	3	2	2	3	1	2	2	2
Don't know	7	7	5	10	6	8	7	9	11	7	6
29. Would you want to know the results of the blood test? ⁴											
Yes	97	98	97	97	97	98	97	97	97	98	96
No	2	2	2	1	2	2	2	2	2	2	2
Don't know	1	0	1	1	1	1	1	0	2	0	2

¹Excludes persons for whom no response was recorded or who refused to respond. For question 2 through 27, total also excludes persons who never heard of AIDS.

²Multiple responses may sum to more than 100 percent.

³Based on persons answering yes to question 12a.

⁴Based on persons answering don't know to question 13.

⁵Based on persons answering yes to question 22, Do you have any children aged 10-17? Question 23 was, How many do you have?

⁶Based on persons answering yes to question 28.

NOTE: Total, age, sex, and education include persons of other and unknown race not shown separately under race. Education refers to years of school completed.

Technical notes

The National Health Interview Survey (NHIS) is a continuous, cross-sectional household interview survey. Each week, a probability sample of the civilian noninstitu-

Table I. Sample size for the National Health Interview Survey of AIDS Knowledge and Attitudes and estimated adult population 18 years of age and over, by selected characteristics: United States, October 1987

<i>Characteristic</i>	<i>Sample size</i>	<i>Estimated population in thousands</i>
All adults	3,350	174,528
Age		
18-29 years.	877	47,725
30-49 years.	1,235	66,109
50 years and over	1,238	60,695
Sex		
Male	1,385	82,703
Female	1,965	91,825
Race		
White	2,754	151,003
Black	495	19,107
Education		
Less than 12 years	750	41,503
12 years.	1,292	66,475
More than 12 years.	1,276	62,363

tionalized population is interviewed by personnel of the U.S. Bureau of the Census to obtain information on the health and other characteristics of each member of the household. Supplemental information is collected for all or a sample of household members. The AIDS knowledge and attitudes questions were asked of a single randomly chosen adult 18 years of age or over in each household. The estimates in this report are based on completed interviews with 3,350 persons, or about 86 percent of eligible respondents.

Table I contains the estimated population size of each of the demographic subgroups included in table 1 to allow readers to derive provisional estimates of the number of people in the United States with a given characteristic, for example, the number of men who have heard of AIDS. The population figures in table I are based on first-quarter 1987 data from the NHIS; they are not official population estimates. Table II shows approximate standard errors of estimates presented in table 1. Both the estimates in table 1 and the standard errors in table II are provisional. They may differ slightly from estimates made using the final data file because they were calculated using a simplified weighting procedure that does not adjust for all the factors used in weighting the final data file. The final data file covering the entire 5-month period of data collection, August through December 1987, will be available in 1988.

Table II. Standard errors, expressed in percentage points, of estimated percents from the National Health Interview Survey of AIDS Knowledge and Attitudes, by selected characteristics: United States, October 1987

<i>Estimated percent</i>	<i>Total</i>	<i>Age</i>			<i>Sex</i>		<i>Race</i>		<i>Education</i>		
		<i>18-29 years</i>	<i>30-49 years</i>	<i>50 years and over</i>	<i>Male</i>	<i>Female</i>	<i>White</i>	<i>Black</i>	<i>Less than 12 years</i>	<i>12 years</i>	<i>More than 12 years</i>
5 or 95	0.5	0.9	0.8	0.8	0.7	0.6	0.5	1.2	1.0	0.7	0.7
10 or 90	0.6	1.2	1.0	1.0	1.0	0.8	0.7	1.7	1.4	1.0	1.0
15 or 85	0.7	1.5	1.2	1.2	1.2	1.0	0.8	2.0	1.6	1.2	1.2
20 or 80	0.8	1.6	1.4	1.4	1.3	1.1	0.9	2.2	1.8	1.4	1.4
25 or 75	0.9	1.8	1.5	1.5	1.4	1.2	1.0	2.4	2.0	1.5	1.5
30 or 70	1.0	1.9	1.6	1.6	1.5	1.3	1.1	2.5	2.1	1.6	1.6
35 or 65	1.0	2.0	1.7	1.7	1.6	1.3	1.1	2.6	2.2	1.6	1.6
40 or 60	1.0	2.0	1.7	1.7	1.6	1.3	1.1	2.7	2.2	1.7	1.7
45 or 55	1.0	2.0	1.7	1.7	1.6	1.4	1.1	2.8	2.3	1.7	1.7
50	1.0	2.1	1.7	1.7	1.6	1.4	1.2	2.8	2.3	1.7	1.7

*U.S. Government Printing Office: 1995 — 386-952/20004

Symbols

- Quantity zero
- 0 Quantity more than zero but less than 0.5

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