

# MPOX

## Social Gatherings: Know Before You Go

### When thinking about how to lower the chance of getting mpox at places like raves, parties, clubs, and festivals:

- Seek out information about mpox in your area from trusted sources like your local health department.
- Vaccination is an important tool in stopping the spread of mpox. Get your two-dose vaccine before attending any gathering where mpox may be present.
- Consider how much close, personal, skin-to-skin contact is likely to occur at the event you plan to attend.
- If you feel sick or have a rash, do not attend any gathering, and see a healthcare provider.



### All Social Gatherings Are Not the Same

- Festivals, events, and concerts where attendees are fully clothed and unlikely to share skin-to-skin contact are safer. However, attendees should be mindful of activities (like kissing) that might spread mpox.
- A rave, party, or club where there is minimal clothing and where there is direct, personal, often skin-to-skin contact has some risk. Avoid any rash you see on others and consider minimizing skin-to-skin contact.
- Enclosed spaces, such as back rooms, saunas, sex clubs, or private and public sex parties where intimate, often anonymous sexual contact with multiple partners occurs, may have a higher likelihood of spreading mpox.

### What should a person do if they have a new or unexplained rash or other symptoms?

- Avoid gatherings, especially if they involve close, personal, skin-to-skin contact.
- Avoid sex or being intimate with anyone until you have been checked out by a healthcare provider.
- If you don't have a provider or health insurance, visit a public health clinic near you.
- When you see a healthcare provider, wear a mask, and remind them that this virus is circulating in the area.

Scan this code for information on mpox vaccines, including where to get one.

